

happy new year!

2018
Jan.

T'it'q'et Newsletter



HAPPY
**NEW
 YEAR**
 WELCOME TO 2018

Community Events

Jan.

2

Office reopens

18

P'egp'ig'lha Council Meeting
 Council Chambers 9am

22

T'it'q'et Council Meeting
 Council Chambers 9 am

23

Food Safe Course
 Resource room 8:30 am

29

Joint Council
 Council Chambers
 9am

29

Kyle Nobess
 Mastering Confidence
 & Self Belief
 P'egp'ig'lha Community Centre
 5 PM (Dinner Included)





Film Still: Project X (2012)

Important Notice

Attention: T'it'q'et Tenants

Please be informed, you are responsible and will be held liable if any **Underage Youth** are drinking and partying in your home, especially if any youth are injured in any way.

– Administration

Job Opportunity

Project Coordinator January to March 2018 (possibility of extension)

Seeking a highly energetic, motivated and organized individual who is interested in learning about strategic planning and the comprehensive community plan to assist developing an implementation plan including budgeting and resourcing the key action items for the upcoming fiscal year and future years. Other key tasks include working and supporting the administrator in various administrative duties and responsibilities as required.

Qualifications

- Preferably a diploma or some post-secondary
- Grade 12 diploma
- The successful applicant will have excellent writing skills
- A good working knowledge of computers
- Willingness to learn, work independently and as part of a team
- Positive attitude

Deadline

12- Noon on January 4, 2018.

Expected start date

January 8, 2018.

Interested applicants, please submit a cover letter and resume with 3 references to reception@titqet.org no later than 12- Noon on January 4, 2018.

POSITION TITLE: Security Officer – BC Hydro Assignment – Lillooet Docks
COMPANY: Paladin Security Group Ltd.

BACKGROUND:

BC Hydro will be performing upgrades to two hydroelectric turbine generators and internal penstock re-coating at its Bridge River facilities in 2018. Some of the workers on these projects will be commuting on a water taxi system from Lillooet to Seton Portage /Tsal'alh (return). The boats used for this water taxi system will be moored overnight at the BC Hydro Lillooet dam facility and will require security coverage. Two (2) candidates will be required to have a rotating shift work schedule, afterhours 7 days per week.

SPECIFIC DUTIES:

- Maintain a detailed log sheet and make daily entries into journal
- Promptly record and report safety or environmental incidents
- At all times perform duties in accordance with the Security Services Act as in accordance with BSOT

GENERAL DUTIES & RESPONSIBILITIES:

- Ensure the security of the site and the safety of the public, staff and others on site.
- Demonstrates an understanding and commitment to Paladin's comprehensive safety programs and practices including staff safety, contractor safety and environmental safety. Undertake available training to maintain a high standard of professional development.
- Utilize two-way radio and computer applications for communicating site activities.
- Patrol interior and exterior of facility/site, as assigned, to ensure personal, building, and equipment security.
- Watch for and report irregularities, such as security breaches, facility and safety hazards, and emergency situations; contact emergency responders, such as police, fire, and/or ambulance personnel, as required.
- Provide up-to-date and accurate verbal and/or written reports on all site activity and incidents that occur.
- Monitor and screen visitors, preventing unauthorized entry; be confident and composed when resolving disruptions.
- Log all activities conducted in a notebook and document incidents reported by staff, employees or contractors.
- Perform job-related duties from time to time to meet operational demand or contract obligations.

REQUIRED KNOWLEDGE, SKILLS & ABILITIES:

- Proven skills in the areas of verbal and written communication, along with basic computer skills are necessary.
- Must possess sound observation, decision making and problem solving skills, as well as the ability to respond effectively in crisis situations.
- Knowledge of or ability to learn security procedures and non-defensive communication or capable of verbal de-escalation in aggressive situations.
- Demonstrated commitment to customer service when dealing with patients, colleagues, volunteers and other members of the community and public.
- Working knowledge of appropriate legislation and provincial/national standards on fire safety, building codes, security, and protection of privacy.
- Ability to handle stressful and delicate situations with tact and diplomacy.
- Ability to demonstrate professionalism in all situations.
- Maintain a clean, well-groomed and professional appearance acceptable to BC Hydro
- Excellent verbal and written English communication skills.
- Demonstrated superior customer service skills.

MINIMUM JOB REQUIREMENTS:

- 6 months experience in the security industry and minimum 20 years of age.
- Successfully pass a criminal record and background check.
- Must possess a High School Diploma. An additional diploma/degree/certificate in criminology or a law-enforcement related study would be considered an asset.
- Flexibility to work at a variety of different sites and rotating shifts (afternoons/nights/weekends)
- Must be bondable and able to pass a security clearance.
- Must meet all other minimum requirements for a security license in the Province.
- Basic Security Training, OFA I, and CPI training would be considered an asset, however this will be provided to successful applicants.
- Physical ability to perform the duties of the position (ability to walk up to 15km per shift).

ADDITIONAL INFORMATION:

- Employment Period: May to October 2018 (subject to change)
- Work shift 18:00 to 06:00 (subject to change)
- Shift of 7 days on, 7 days off (subject to change)
- Currently open to members of the St'at'imc Nation only – proof of affiliation is required to be submitted with the application

APPLICATION DETAILS:

All interested applicants are required to apply online at www.paladinsecurity.com/careers under the posting "BC Hydro Job – Lillooet Docks". Only those applicants who are short-listed for the position will be contacted for an interview.

The Decline of Salmon in Our Territory

For a long time, fishing has played an important role in the lives of our people. We have always considered our waterways, including our fish to be sacred; and have always relied on our freshwater resources to support our existence and our traditional way of life. We believe that salmon, in particular, are a sacred gift from the Creator that gives, sustains, and nurtures our community and families. However, over the past few decades we have noted declines in fish runs, specifically, salmon runs. We have also noticed that the decreased numbers in fish are linked to pressures facing fish in our territory today.

Pressures/factors responsible for the decline in fish populations

Some of these pressures/factors that are responsible for the decline in fish are: overfishing, competing fisheries interest, hydropower development and operations, Hell's Gate slide, impacts resulting from industry, destruction of the freshwater environment, pollution, infectious diseases, sea lice, climate change, and changes to policy frameworks.

Although we have entered into some agreements and programs with other First Nations, and with the Department of Fisheries and Oceans and BC Hydro to protect and conserve wild salmon in our territory, the salmon population continues to decrease, and we fear that this fish will soon become extinct. Our community has been observ-

ing changes to the fishing season. For example, fishing has started later in the summer season and there have also been changes to the number of fish in the Fraser River. Community members have also noticed physical changes to the quality of fish. In some cases, the fish are large and appear healthy, however, in other cases, the fish appears smaller, bruised, discoloured and unhealthy. Whereas others stated overfishing, rising water temperatures, and pollution have contributed the decline in salmon.

So what can we do about this major issue?

We can:

1. Learn more about fisheries in our community

We can start by learning more about fisheries. This involves speaking to our Elders to learn what has changed over time, in relation to the abundance and quality of fish in the Fraser River. Talking to each other about this very important issue also builds awareness and knowledge which can help us make better decisions about protecting and conserving fish and fish habitats in the future.

2. Be observant

Be vigilant, record and report any observations to P'egp'ig'lha Council. This includes pollution, changes to the numbers and quality of fish etc.



Photo: Fly-Fishing BC (n.d)

Photos, videos and written notes are most welcome. We can also create a database of observations for record keeping purposes.

3. Restore riparian buffers

Salmon are known to be sensitive to rising water temperatures. Riparian buffers are vegetation found between land and river that provide shade to salmon spawning grounds and feeding areas. With leadership from the P'egp'ig'lha Council, we are actively advocating for larger and more effective riparian zones in forestry practices to ensure that we are doing our best to protect and restore the salmon in our Territory.

4. Learn more about existing fishing agreements and policies

Participate in community information sessions and meetings led by the P'egp'ig'lha Council, T'it'qet and Lillooet Tribal Council to learn more about your aboriginal right to fish, your right to protect and conserve salmon, and about existing and potential fishing policies. These sessions ensure that your voice is heard and you will be able to lobby for changes to existing agreements or policies. The Council at this point can share your views to organizations that address fishing issues at the government level.

For more information on fish and fishing activities in our territory

P'egp'ig'lha Council
(250) 256-4118 ext 233
pegpiglha.council@gmail.com



TA TMICWLHKÁLHA MÚTA7
NT'ÁKMENLHKALHA
"Our Land and Way of Life"

St'át'imc LUOS update

Dec 20, 2017

The Land Use & Occupancy Study (LUOS) is an undertaking of the St'át'imc Chief's Council (SCC) and Communities through the St'át'imc Government Services (SGS). It is intended to support St'át'imc Title and Rights, our way of life, governance, stewardship of the land, community and land use planning, education, negotiations and litigation.

Our goal is to interview St'át'imc Land Users who use or know about land use and occupancy within our territory, including homes, fishing, harvesting, hunting, trapping, spiritual/ ceremonial, travel routes, and other sites.

Using a computer mapping program, an interview team consisting of a Mapper, a Data Steward, and a Community Interviewer will record Land Users experience on the land. Land Users will be asked to show locations on a map where they have used the land, and they will be asked to answer a few questions about those places. This information can then be combined to show how communities and the Nation use the land.

This past year, the Mappers and Data Stewards were hired, and the interview equipment was purchased. They attended various training sessions, and have been preparing to carry out the interviews. We conducted a survey and gave presentations providing updates and asking for input as to what to include as part of this study. Community Reps and interviewers were invited to attend training sessions set up to help define the methodology.

We worked with a few different advisors, including Cultural Fox, Gretchen Fox and Angie Bains, who have been instrumental in developing the process, including the Interview Guide, question format, and forms. Lightship Works staff (aka Truvian) and Sue Senger have worked on inputting the questions into the mapping program to make it operational. The main documents have also been legally reviewed by Elisa Penn, (Mandell-Pinder), who assured us the questions reflect land use and occupancy and will support St'át'imc Title and Rights.

We hired a Community Interviews from each community, Xwisten and N'Quatqua, to help conduct the interviews, and the Interview Teams have started interviewing in these two communities in December. We are in the process of assessing how the interviews are proceeding in order to consider if any adjustments need to be made. We are also preparing to conduct interviews in the next two communities, Xa'xtsa and Ts'kway'laxw, and will be approaching each of the Communities as they approach their two-month interviewing time.

If you have any questions please contact me at 250.256.0425.

Kukwstum'úlhkałap, tákem nsnek'wnuk'wa7

–

Colleen Jacob
LUOS Research Manager



Looking for a CHALLENGE?

Fight B.C. wildfires.

To work in the 2018 fire season, apply online to the BC Wildfire Service between November 27, 2017 and January 15, 2018.



www.bcwildfire.ca



BC Wildfire
Service

Paul M Williams
Wildfire Technician

Lillooet Fire Zone, Kamloops Fire Centre
(d) (250) 256-1402 (c) (250) 256-9065
REPORT WILDFIRES: 1 (800) 663-5555 or *5555

MASTERING CONFIDENCE AND SELF BELIEF

1 HOUR KEYNOTE ADDRESS

BY KYLE NOBESS



WHERE: P'EGP'IG'LHA COMMUNITY CENTER

WHEN: MONDAY, JANUARY 29TH, 2018

TIME: 5:00 PM (DINNER INCLUDED)

"I'VE DREAMT OF BEING AN ACTOR SINCE I WAS 7"

Fast forward today, I have had leading roles in multiple Television shows and a web series. Acted in movies across Canada with Hollywood stars and I have written numerous screen plays. I have hosted national award shows alongside top Indigenous Actors. I am an Entrepreneur, motivational speaker and I teach seminars across the Country.

"IT'S SURREAL TO SAY I AM OFFICIALLY LIVING MY DREAMS!"

I have sacrificed a lot to be where I am today and have overcome a lot of personal challenges such as addiction, depression, anxiety and lack of self-love. Finding solutions and freedom I have made it my life's mission to share the solutions I have discovered and help people in any way I can. Helping others to find freedom within themselves and to live their dreams is what drives me everyday! (Taken from: <https://www.kylenobess.com/about/>)

Two hour film industry workshop to happen after key note speech for registered participants only.

WORKSHOP REGISTRATION FORM

MASTERING CONFIDENCE AND SELF BELIEF

2 HOUR ACTING & FILM INDUSTRY WORKSHOP

BY KYLE NOBESS

MONDAY, JANUARY 29, 2018 @ 6:30PM TO 9:PM

T'IT'Q'ET COUNCIL CHAMBERS @ #10 SCOTCHMAN ROAD

Please fill out completely so that your registration may be processed promptly.

Name _____
(last/surname) (first/given) (middle initial)

Male Female Age group (circle) 13-18 19-29 30-45 45+

Address _____
(mailing & physical) (city) (prov.) (postal code)

E-mail Address _____

Home/Cell Phone _____ Work Phone _____

What interests you most in the film industry?

Acting Special Effects and Make-up

Videographer / photographer Costume Designer

Camera operator Video or junior video editor

Production & Set designer Maintenance mechanic

Other _____

I, _____, parent of minor child(ren), hereby consent for my child(ren) to participate in the workshop at #10 Scotchman Road for the 2 hour acting and film industry Mastering confidence and self-belief workshop.

Parent's Signature

Parent's Name (Print)

Date

Please return registration forms to: reception@titqet.org, or T'it'q'et Admin #59 Retasket St, or fax to (250) 256-4544 by January 19th, 2018 12:pm (Noon). Thank you.

Bulk reference number _____

To apply for the FREE Energy Conservation Assistance Program, please complete each of the following before submitting the application:
 Complete the application in full (or we will not be able to process your application).
 Attach the Landlord Consent form (if you rent from a private landlord).
 Sign the declaration at the bottom of the page (highlighted in yellow below).
 If you require assistance completing this application form please call the program contractor Carillon Canada at 1-877-896-3242.

1. Account holder information

BC Hydro account

First name (on BC Hydro bill) _____ Last name (on BC Hydro bill) _____

Account address _____ City _____ Province _____ Postal code _____

Home phone number _____ Other phone number _____ BC Hydro account number _____

FortisBC account

First name (on FortisBC bill) _____ Last name (on FortisBC bill) _____ FortisBC account number _____

2. Property information

How many people live in your home? _____ Last name _____ Name of company (if you are a property manager) _____

What type of home do you live in?
 Detached house Duplex Town house Apartment/condominium* Mobile home
 Other _____

*Please see terms and conditions for eligible products and measures for apartment units.

Do you rent your home?
 Own Rent

(If you selected rent, and rent from a private landlord please complete and attach the Landlord Consent Form and complete the Landlord contact information below)

*If you live in a band-owned home, or non-profit housing you are NOT required to submit a Landlord Consent Form.

Landlord name (please indicate if home is band owned) _____ Contact phone number _____

3. Income qualification and authorization for disclosure and collection

I understand that in order to qualify as a participant in the Energy Conservation Assistance Program, BC Hydro requires proof that my income is less than the income limits under the Terms and Conditions. By signing this form, I consent to BC Hydro collecting my personal information (including income qualification status, name, contact information, and other items listed on this application form) indirectly from my band/non-profit administration office. Furthermore, I permit my Band/Non-Profit administrative office to disclose that personal information to BC Hydro for the purpose of qualification and for the administration of the program.

MUST COMPLETE

By signing below, I certify that I understand and agree to all of the preceding declarations and all terms and conditions that follow on this application. I certify that all the information is true and complete in every respect and that any willful misstatements may cause the rejection of my application.

BC Hydro account holder signature (BC Hydro account holder) _____ Date (YYYY/MM/DD) _____

FortisBC account holder signature (if there is a FortisBC natural gas account associated with the residence.) _____ Date (YYYY/MM/DD) _____

To be eligible for this program, an applicant's combined household income must be less than the most recent income limits under the Terms and Conditions. For those applicants that meet these criteria, BC Hydro and, if applicable, FortisBC will also evaluate the applicant's annual electricity, and if applicable, gas consumption. Meeting all these criteria, however, does not necessarily guarantee acceptance into the program.

Mail completed application to:
 BC Hydro and FortisBC ECAP Operations
 PO Box 8910 5th Terminal
 Vancouver, BC V6B 6Z9

OFFICE USE ONLY

Authorized signature _____ Meets LICD threshold
 Yes No

Land Code Coordinator Report

On February 12, 1996, the Minister of Indian Affairs and Northern Development and 13 First Nations signed the Framework Agreement on First Nation Land Management. Since then, 75 First Nations across Canada have signed the Framework Agreement. These communities have begun managing their own reserve lands. T'it'q'et is one of 61 First Nations who are in the process of developing a Land Code. For a list of the communities, go to <https://labrc.com/member-communities/>

A Land Code means that T'it'q'et can choose to opt out 34 sections of the Indian Act that relate to governance of our reserve lands. In addition, T'it'q'et lands will be protected against surrender for sale. Governance decisions for our reserve lands will be assumed by T'it'q'et and enforced by a land code. A Land Code, drafted by the community, will be the basic land law of the First Nation and will replace the land management provisions of the Indian Act. The Minister of Indian Affairs and Northern Development will no longer be involved in the management of the First Nation's reserve lands. T'it'q'et must identify reserve land boundaries for this agreement and provide a list of Eligible Voters that can vote to approve a Land Code.

T'it'q'et will draft a Land Code that provides for the following matters:

- Identifies the reserve lands to be managed by T'it'q'et
- Sets out the general rules and procedures for the use and occupation of these lands by T'it'q'et members and others,
- Provides financial accountability for revenues from the lands (except oil and gas revenues, which continue under federal law),
- Provides the procedures for making and publishing T'it'q'et land laws,
- Provides conflict of interest rules,
- Provides a community process to develop rules and procedures applicable to land on the breakdown of a marriage,
- Identifies a dispute resolution process,
- Sets out procedures by which T'it'q'et can grant interests in land or acquire lands for community purposes,
- Allows the delegation of land management responsibilities,
- Sets out the procedure for amending the Land Code.

The Land Code must be approved by the T'it'q'et membership via a Community Ratification Process; this process will be guided by the Land Code Committee, the Lands Officer, the Land Code Coordinator and Chief and Council with help from the Lands Advisory Board and the Lands Advisory Board Resource Centre. For more information about the Resource Centre, go to <https://labrc.com/resources/>

—
 Dean Billy
Land Code Coordinator

General Update from the P'egg'íg'Iha Council

November 23, 2017



OFFICE OF THE TRIBAL CHIEF

Tribal Chief Report
Shelley Leech

Interior Alliance – A meeting is planned in December. No date or agenda received yet.

St'át'imc Chiefs Council (SCC) – The St'át'imc elders gathering was held in Xwisten. Feedback on St'át'imc laws and a name for the elders group was provided by attendees through stickies on the walls. Helen McLeod did a presentation on St'át'imc laws. Next steps will be for SCC to work with communities and interested participants toward establishing a process for recognition of St'át'imc laws as part of the Indigenous legal systems strategy.

Treaties – Samahquam has recently had another community vote and they are back in the treaty process.

St'át'imc Government Services – The SGS board vacancy was filled by Arnold Adolph.

St'at'imc Authority (SA) – The Steering Committee work of undertaking the 5-year review is ongoing. Communities will be contacted. Jim McArthur has been directed to contract someone to look through and categorize SNH files. The Steering Committee was asked to provide a work plan in order to access more funding to operate. There was also discussion to bring the Steering Committee under the SGS Board. Currently, the Steering Committee reports to the SA.

Sub Committee – The Steering Sub-committee has not met for a while.

Signage for Grizzly Bear Protection

This work is ongoing. SCC is taking the lead on this with the PC providing input on the signage.

Lands and Heritage – Shannon and myself have been communicating with Harriet from Lil'wat to talk about Lil'wat's conservancy and parks plans for Niháxten/Cerise Creek as there are some overlaps. A meeting is planned in Lil'wat on December 7 to further discuss plans.

Lillooet Tribal Council – A meeting between LTC and Leadership from the T'it'q'et Community is scheduled for November 30. This is to discuss the unresolved issues that T'it'q'et has with the LTC. The meeting will be facilitated by William Trusdale from ECO Plan.

PGWG – The working group met with Jason Stafford from BC Timber Sales. The purpose was to talk about the development of an agreement between BCTS and the PC. Topics of discussion were Community, Communication, disposition agreements, revenue sharing, capacity building and the sustainability of forest activities.

Water Use Plan meetings – The 2-day session was held at the Ucwalmicw Centre. This was basically an

update on findings from the monitoring work that is happening on the Bridge/Seton waters. The presentations were very technical, but interesting.

Intergovernmental Working Group and meeting with the Leadership

– There was a Leadership Forum on Nov 15th which brought together representatives from the northern St'át'imc communities, the District of Lillooet and the Squamish Lillooet Regional District. The purpose of the day was to review the draft communication and engagement protocol and to discuss priorities for action. Thank you to the PC representatives that attended the workshop. The conversations were productive and some hard discussions were had.

Watershed 101 – Sue Senger and Alyson McHugh came into the PC on Nov 17th to present a Watershed 101 workshop. Alyson reviewed the basics of watersheds; what they are, why they are important and what ecosystem services they provide. Sue then provided the group more information about the watersheds in the northern St'át'imc Territory and key issues in a couple of the areas. Overall the workshop was very informative. Thanks to all that attended.



FOODSAFE Level 1 Training

A food handling, sanitation and work safety course designed for food service establishment operators and front line food service workers such as cooks, servers, bussers, dishwashers, and deli workers. The course covers important food safety and worker safety information including foodborne illness, receiving and storing food, preparing food, serving food, cleaning and sanitizing.

• *Certificate valid for 5 years*

Date: January 23, 2018
Time: 8:30 AM – 4:00 PM
Location: Resource room at the PCC building. 57 Retasket St.

Food Safe Certifications without an expiry date will no longer be valid after July 29, 2018. These include certificate issues prior to July 29, 2013.

LIMITED SEATING
Interested participants, please reserve your spot at reception@titqet.org

**ATTENTION ALL T'IT'Q'ET
BAND/COMMUNITY MEMBERS**
**IF YOU FEEL *UNSAFE*, WITNESSING A
DISTURBANCE, SOMEONE IS IN
DANGER, OR *VIOLENCE* OVER THE
HOLIDAYS PLEASE CALL
TRIBAL POLICE 250-256-7767
R.C.M.P. 250-256-4244
HAVE A GREAT HOLIDAY BREAK AND PLAY IT SAFE!**

Medical Travel Information

Questions or concerns,
please contact Belinda at 250-256-4118 ext. 241
or email medicalclerk@titqet.org

Medical Travel (MT) – there have been a number of misunderstandings lately with Medical Travel. Here are a few points to hopefully clear things up:

1. The MT program is a supplementary program. It is meant to assist you in getting to medical appointments; it is not meant to pay for the entire trip.
2. **MT Application** – this form assists whomever is completing your MT forms.
 - a. We NEED nearly all the information requested on the form for record keeping, as required by the agreement with FNHA. If you are unsure what to put down, please call the Clerk to assist you.
 - b. There have been instances of nicknames/aliases being put on cheques – if this happens, you will be unable to cash your cheque.
 - c. If you require accommodation – we need enough time to book a room. This is particularly important for appointments in the Lower Mainland, where booking a room on short-notice is quite challenging.
 - d. Coordinated appointments – If you have more than one appointment on the same day, please let us know for reporting purposes! This is required by FNHA.
3. **Two weeks notice** – This is to ensure there is sufficient time to get confirmation from the medical personnel of your appointment, process paper work, for finance to process the

cheque, to locate the signers, book hotel rooms, etc in a timely manner.

- a. Therefore, when we do have actual emergencies – we have sufficient time to deal with it.
4. **Escorts** – according to the Medical Travel Guidelines from FNHA:
 - a. Must have the “Medical Escort” form signed by a doctor or nurse practitioner and must be medically required;
 - b. A minor child is automatically approved for an escort;vadfs
 - c. Escort is only entitled to a \$10 same day trip meal allowance (see below for meal allowances);
 - d. Escorts are expected to share living space with the client if overnight accommodation is required.
5. **Hotels** – when at all possible, clients will be booked at a Sandman Hotel. We have a contract with them, and they provide us a much reduced rate.
 - a. IF you request to stay at an alternate location that charges more, the request must be in writing - the extra cost will be billed back to you.
 - b. Same for reimbursements – if a room was available at a Sandman nearby, you will only receive a reimbursement for that amount.
 - c. If you decide not to attend the hotel the Admin-

istration has booked for you, you are required to contact the hotel to cancel the room – according to the hotel’s policy. Any charges for no-shows will be billed back to the client who no-showed;

- d. Any exorbitant cost or damages (room service, pay-per-view, smoking in room, missing items, etc) – will be billed back to the client.
6. **Meal allowance** – is for the patient and a medically required and approved escort. The following are the meal rates for those 10 yrs and older:
 - a. \$10 - any same day trip of more than 6 hrs
 - b. \$48 - any overnight trip – regardless of what time you choose to leave or return.
 - i. (in other words, if you choose to leave Lillooet at 7pm to go to Kamloops for an overnight stay, attend an appointment at 7am the following day, then return to Lillooet by 9 am. You will receive the same \$48 as the person who chooses to leave at 4pm the night before a 7am appointment, and/or chooses to stay until-7pm that night – for non-medical reasons)
 - c. \$163 – weekly rate – if you are required to stay out of town for medical reasons for a week or more.
 - i. Your hotel accommodation will be with a kitchenette, the \$163 is for you to purchase food to prepare in your room. It is advisable to bring some foodstuffs from home.
7. **Mileage Top-Up** – this is NOT a Health Dept program. The FNHA MT mileage rate went up 3 yrs ago; at which time the Top-up rate should have gone down – but didn’t.
8. Finally – T’it’q’et has been over budget the last two years by a hefty sum; and there has been

some talk from FNHA that they may start auditing various communities that receive this program – to ensure the program is being utilized correctly. I can’t say what might happen if we were to be audited, but I am doing what I can to ensure the T’it’q’et community has this MT program for many years to come!

Health Benefits – Please watch for an upcoming workshop.

1. Health Benefits include some medications, equipment, medical supplies, medical services, etc.
2. Balance billing – the extra cost from a dentist, optometrist, etc are NOT covered under health benefits. These costs are the responsibility of the client.

Patient travel requests need to be submitted a **minimum of two weeks in advance** to ensure your travel cheque is ready in time for your appointment. Cheque pick up days are Wednesday’s and Friday’s.

A photocopy or fax of your appointment card/referral letter with the date, time and who you are going to see is required for me to submit your travel request and for reporting purposes. It is your responsibility to provide me this information: Forms available at the office, or by email and fax.

If these forms are not filled out accordingly, can result a delay in receiving your travel. If there is, accommodations are required. I need time to book rooms, and if I wait to last minute to book room, there may not be rooms available. If an escort is required, I need a form filled by the physician stating escort is required. I would like to have everyone’s travel ready in time for appointments.

Mental Wellness Councillors

Jim Edgar

Mental Health & Addictions
Lillooet Friendship Centre

Office: 250-256-4146
and@lfcs.ca

Joanne Warren

Askom Counselling

Office: 250-256-4906
Toll Free: 1-866-884-5990
askomcounselling@gmail.com

Laura Rhodes

Mental Wellness Outreach Clinician
St'at'imc Outreach Health Services

Office: 250-256-7530 ext. 202
Cell: 250-256-3662
lrhodes@statimchealth.net

Steve Basil

Cultural Liaison

Cell: 1-250-299-6994
sbasil@statimchealth.net

Victim Services

Gloria Joseph

Victim Services
Lillooet Friendship Centre

Office: 250-256-4146
stv@lfcs.ca

Violet Dunn

Victim Services/Stop the Violence/
SAFE Home Program
Lillooet Friendship Centre

Office: 250-256-4146
stv@lfcs.ca

Crisis Intervention

Crisis Intervention & Suicide Prevention Centre

1-800-784-2433

Kuu-us Crisis Line

Provincial Aboriginal crisis line,
24/7 adults, elders, youth
1-800-588-8717

BC Nurses Line 24/7 Support

811

Kids Help Phone Line

1-800-688-6868

Nurse Practitioner

Rose Marie James, NP (F)

Call AJ Aspinall at (250) 256-4118 Ext.234 for more information on appointments

What Services can a Nurse Practitioner provide?

Nurse Practitioners are nurses with advanced training and work much like a family doctor with some limits

Client Group Includes:

1. All age groups across the lifespan
2. Families

Skills:

1. Health assessment skills
2. Diagnostic skills
3. Management of disease and illness
4. Educational skills for various disease processes and health related topics.
5. Specific clinical skills such as:
 - a. Suturing
 - b. Incision and drainage
 - c. Women's health

Tasks:

1. See people in clinic visits for management of disease and illnesses as well as preventative health.
2. Order diagnostic tests (blood-work, x-rays, ultrasounds...Etc.)
3. Prescribe medications (excluding narcotics and controlled substances)
4. Perform pap smears
5. Provide referrals

Health Dept. December Update

First, I would like to send out a friendly reminder. Medical Travel Application Forms must be fully completed; all information included and handed in. This is for reporting purposes for First Nations Health.

To make it easier? And is important to do?

1. Medical Travel Application Forms to be filled out, to EACH appointment, EACH person included in on appointments. Along with a copy of time and dates of appointments. This helps me figure out who is escorting, especially when there's an escort needed. How many lunches to provide? Is there accommodations needed? Whom the cheque is being made out to? Top ups if applicable? Which means provide band number on each form. If you need a form e-mailed to you, please don't hesitate to call and I'd be sure to get one to you. Or e-mail medicalclerk@titqet.org
2. Confirmation cards to be returned to me so they can be filed showing that you have attended.
3. If there are rooms booked and it is eligible for reimbursement, we will need a copy of the FINAL receipt so we can reimburse accordingly.

I need notice prior to the appointment, preferably a weeks notice. Cheques can not be made up last minute on the same day or day before. Please respect the procedures.

Thank you all for your patience.

For the Christmas holidays, office will be closed as of December 22nd, at noon, and reopening January 2nd, 2018. If you know you have an appointment during this time or beginning of January, please submit to me by December 15th at the very latest. Just so I have time to have everyone's travel done accordingly.

Merry Christmas to all & please stay safe.

Thank You

Belinda Adolph

T'it'q'et office is closed from noon on December 22, 2017 and will reopen on January 2, 2018 at 8 a.m.

Emergency list for holidays:

PCC/Kwekwa7 Building Ken Taylor	(250) 256-3447
Health emergencies AJ Aspinall	(250) 256-3804
Child welfare emergencies Ina Williams	(250) 256-8887 (cell) or (250) 256-7302
Janice Whitney (housing etc)	(778) 209-0414
Counselling emergencies Joanne Warren	(250) 256-4906 askomcounselling@gmail.com
Stl'atl'imx Tribal Police, emergency	(250) 256-7767
RCMP	(250) 256-4244
Lillooet Ambulance	(250) 256-7111
Poison Control Centre	1 (800) 567-8911

If you have a medical emergency that needs immediate attention, you are advised to go directly to the emergency room at the Lillooet District Hospital.

Administrator's Report

December 18, 2017

Violence in Workplace Policies & Procedures

T'it'q'et will be working with First Nation Health Authority (FNHA) for some free training around violence in the workplace. Violence in Workplace policies have been developed and are still in draft. FNHA will be working with administration to improve the draft policies.

ACRES Funding Approved 2017/18

The ACRES project funding approved by Indigenous Northern Affairs Canada (INAC) for infrastructure funding is \$145, 448. It was discovered that the PRV for upper Scotchman Road subdivision was added in the ACRES budget; however, this is a capital cost and not an ACRES item. Therefore, T'it'q'et requested to utilize the portion of funds set for the PRV design for other purposes. We are still waiting for approval. The PRV costs will be submitted as a capital cost in the new fiscal period.

BC Rural Divident Project

The current BC Rural Divident project is underway for a Feasibility and Market Analysis for the Expansion of T'it'q'et Agricultural/Food Business that was approved in the amount of \$100,000 is near completion.

The second proposal for the BC Rural Divident for Seton Lake IR 5 Development Phase 2 Preliminary

Design was approved. Additional planning work needs to be completed prior to applying for construction funding for infrastructure through INAC. The \$20,000 to consult with community and other agencies was not approved so a submission; therefore, a request was sent to INAC under the community opportunities readiness program funds for this cost.

INAC CORP Application

The BC Rural Divident first project included developing a draft Preliminary Design of Site Servicing Infrastructure report including Feasibility Study and Market Analysis for the Expansion of T'it'q'et Agricultural/Food Business:

- T'it'q'et Greenhouse
- Business Development Plan
- The detailed design must be

completed for the infrastructure required to support the creation of the new businesses. Construction-ready drawings can be produced, along with accurate cost estimates based on supplier quotes.

The Corp application submission for \$250,000 included the request for funding to complete a detailed design for infrastructure for the greenhouse business this fiscal year 2017/18.

INAC LEDSP Earth Day Grant

An application was submitted to Naut'sa mawt Tribal Council who recommends to INAC to approve submission for Earth Day 2018 LEDSP \$5000 grant. T'it'q'et's application is approved. The application was for the community garden. This is in addition to the \$5000 that was approved and submitted to the same organization for composting workshops.

ANTCO – Firefighting Business Plan

A firefighting business plan funding application was submitted to ANTCO. ANTCO supports 75% of a business plan. If the funding is not approved this fiscal, ANTCO will support it for April 1, 2017. Once the plan is developed we will be able to access other grant funding.

P&ID Funding Application

A funding submission sent in to INAC through P&ID funding to request staff training for dealing with violence prevention has been approved. Staff will be training on January 12, 2018.

CCP Workplan Funding Approved

Recently, INAC approved additional funding and contacted me regarding the application to fund the completion of an implementation plan for Council's strategic plan and Comprehensive Com-

munity Plan. The project will be funded partially in current fiscal and the new fiscal 2018/19. Funding for current fiscal work includes consultant and hiring a member to assist with the project.

BC Hydro Parking Spaces – Seton Lake

BC Hydro is requesting to rent 10 parking spaces at Seton Lake from May to end of October 2018 because of the work in Seton next year. Discussions for this are ongoing.

CHRISTMAS OFFICE HOUR CLOSURE

The administration office will be closed December 22, 2017 at 12-Noon and will reopen on January 2, 2018

Communication With Staff

For communication purposes, please contact staff through email or phone.

Staff will **not** respond to Facebook messages regarding business related questions.

For general inquiries, please contact Reception at (250) 256-4118 ext. 220.

Susan will be happy to direct you to the relevant staff member who may answer your questions or provide information.

Staff List		Extension	Email
Administrator	Janice Whitney	223	tfnadmin@titqet.org
Finance Manager	Sabrina James	226	tfnfinance@titqet.org
Finance	Betty Larson	227	bettyl@titqet.org
Payables Clerk	Lesley Napoleon	232	accountspayable@titqet.org
Education	Susan Napoleon	225	education@titqet.org
Social Development	Shawn Scotchman	229	shawns@titqet.org
Building Maint.	Ken Taylor	247	maintenance@titqet.org
Reception		220	reception@titqet.org
Health Manager	AJ Aspinall	234	healthmanager@titqet.org
Medical Clerk	Belinda Adolph	241	medicalclerk@titqet.org
Home & Com. Care	Joni & Janita	236	hccworker@titqet.org
Nurse	subject to change	258	changes with ind. nurse
Housing Coord.	Charlene Napoleon	240	housing@titqet.org
Lands	Stephanie Louie	243	stephanieb@titqet.org
O&M Supervisor	George Napoleon	248	omforeman@titqet.org
O&M	Murray Barney	239	murrayb@titqet.org
Gov. Advisor	Shannon Squire	233	pegpiglha.council@gmail.com
Referrals Clerk	Jasmine O'Donaghey	231	pegpiglha.c.assistant@gmail.com
Food Security	Matthew Davidson	230	
Public Phone		229	

January 2018 Horoscopes

Capricorn (Dec 22–Jan 19)

Capricorn star sign can expect a progressive month for career as well as family affairs. You will accomplish your career goals and financial earnings will grow enormously. Love life will be harmonious for the married in pregnancy issues and singles will make new relationships. Health will be good with proper diet and exercise.

Aries (Mar 21–Apr 19)

January 2018 for Aries sun sign predicts that career interests will dominate over family concerns. Saturn will create problems in career development. Earnings will be good with the help of social contacts. Love relationships are in the background and health will face some problems initially.

Taurus (Apr 20–May 20)

The only bright aspect of life for Taurus star sign for the month of January 2018 will be the excellent health you enjoy. Family environment is turbulent, finances face rough weather and career prospects are not very bright without the support of the family.

Gemini (May 21–Jun 20)

Career development will be good for Gemini zodiac during the month of January 2018. Social and family lives will be stimulating. While health is showing some progress, finances tend to be sluggish. Singles can look forward to form new relationships.

Cancer (Jun 21–Jul 22)

Predictions for Cancer zodiac sign indicate that your life is governed by others this month. Finances and career will be under turmoil and you have to be patient. Mars and Pluto are creating confusion in family life. You have to struggle to maintain your health.

Leo (Jul 23–Aug 22nd)

Leo sun sign has to limit his aggression in the month of January and can achieve results by being flexible. Life with your spouse and family will be quite fabulous and finances are profitable. Career is hindered by Mars, but health prospects are wonderful.

Virgo (Aug 23–Sept 22)

Virgo sun sign should use their social skills and adaptability to succeed in the month of January 2018. Health will be fabulous and love life will be very peaceful. Health will be without blemishes, but career environment is volatile.

Libra (Sept 23–Oct 22)

Life for Libra zodiac will be affected by the solar eclipse and emotional factors in the month of January 2018. Financial earnings will be wonderful and at the same time your expenses also will also mount. Love life and social environment will be chaotic. Health prospects are better after the third week.

Scorpio (Oct 23–Nov 21)

January 2018 forecast for Scorpio sun sign predicts a fantastic time for finances and marital life. Career issues will be in the planning stage. Health will be very good till the 20th. For people in relationship, your active social life will create problems.

Sagittarius (Nov 22–Dec 21)

Sagittarius astrology sign can expect many wonderful things in the month of January 2018. With some diligence, you can achieve your financial goals. Jupiter promises happiness and fun in personal life. Love life with your spouse will be fantastic, but the retrograde of Mercury will affect your career growth.

Aquarius (Jan 20–Feb 18)

Financial prosperity will be fabulous for Aquarius star sign in January 2018. Life with your spouse will be turbulent, while health will be normal. Career growth requires more hard work. Jupiter will help you to accomplish your financial objectives.

Pisces (Feb 19–Mar 20)

Jupiter will ensure financial success with good earnings for Pisces zodiac sign in January 2018. Solar eclipse will affect your social life, but single will succeed in getting into new love relationships. Health will improve with a good fitness routine and career will progress with family support.

February 2018 Newsletter Submission Deadline Monday, January 22nd at Noon

anything submitted outside of this date will not be included in the newsletter

Want to submit to the newsletter? Please email us at reception@titqet.org

(PDF or Word documents are preferred)



TRIBAL POLICE
(250) 256-7767

RCMP
(250) 256-4244

FIRE DEPT.
(250) 256-4225

AMBULANCE
(250) 256-7111

POISION CONTROL
1 (800) 567-8911

REPORT WILDFIRE
1 (800) 663-5555

*Please post where visible in case of emergency

EMERGENCY CONTACTS