

Newsletter

July 2019

T'IT'Q'ET JULY ISSUE:

Tribal Chief Report– Pages 18

Land Code Report– Page 20

Strategic Forestry Initiative – Page 22

TO SUBMIT TO NEWSLETTER

Please email us at: reception@titqet.org
details on page 31



Community Events

July	
1	Mo Canada Day – Office Closed
2	Tu
3	We • Recycle Day
4	Th
5	Fr
6	Sa
7	Su
8	Mo
9	Tu
10	We
11	Th
12	Fr
13	Sa
14	Su
15	Mo • T’it’q’et Council Meeting
16	Tu
17	We • Recycle Day
18	Th
19	Fr
20	Sa
21	Su
22	Mo
23	Tu
24	We
25	Th
26	Fr
27	Sa
28	Su
29	Mo • Joint Council
30	Tu • P’egp’íg’lha Council Meeting
31	We



Recycle Days
July 3rd and 17th
Recycling is the first and third Wednesday of the month.

COMMUNITY BARBECUE

August 10, 2019
P’egp’íg’lha Community Centre
12 Noon

T’IT’Q’ET VOLUNTEER RECOGNITION DINNER

July 13, 2019 | 4–7pm
@ PCC Hall
Everyone is welcome– Information and volunteer sign up for block watch available at this event

SPEED WATCH PROGRAM

Members interested in volunteering for a speed watch program, please leave your name and contact information with the receptionist–
reception@titqet.org
or call 250.256.4118.

CULTURE NIGHTS

Every Thursday night at 5:00 pm
at P’egp’íg’lha Community Centre

A Pathway to Hope:
Better access
to mental health
and addictions care



https://news.gov.bc.ca/files/BCMentalHealthRoadmap_2019.pdf



Income Assistance Clients

CONFIRMED JOB SUPPLEMENT

Eligibility Requirements:

- Must be Income Assistance/Disability assistance/ or Hardship Assistance client.
- Must submit to BSDW, a letter of Job Confirmation from employer.
- Job offer letter or confirmation should provide the name, address and telephone number of the employer, and a contact person.
- Must submit to BSDW, a letter stating the requirement for specific employment-related item or work gear.
- Must submit estimates of such work item/work gear to BSDW, for approval.

Work Essential Examples:

- supplies required for health and safety (work boots, gloves, safety goggles...)
- Uniforms, rain gear, non-slip shoes.

Confirmed Job Supplement is not to be used for:

- Relocation, training, tools, or other implements normally provided by an employer.

—

Any questions please contact:

Shawna Riley
250-256-4118 Ext.229
socialdev@titqet.org

Friendly Reminder

Important Message From Social Development Department

**MONTHLY RENEWAL DECLARATION FORMS ARE DUE BY THE
15TH OF EACH MONTH**

****Keeping File Open**:**

- Hand in a signed Renewal form on time**
- Hand in a copy of your monthly Work Search Activities Record form**
- Hand in copies of all invoices/bills/receipts**

If you get a notice from worker about missing information, ensure the information is into worker ASAP so as not to delay monthly IA cheque
Update your worker on any changes to your situation or income as soon as possible so as not to delay monthly IA cheque.

FAILURE TO DO ANY OF THESE MAY DELAY or CANCEL YOUR I.A. Cheque

Shawna Riley

BSDW Clerk

250-256-4118 Ext 229

socialdev@titqet.org

**PLEASE FEEL FREE TO STOP IN AND CHECK OUT NEW JOB
POSTINGS AND/OR EVENTS.**

What is MOST?

MOST stands for “Medical Orders for Scope of Treatment”. It is an order that tells physician(s) and other health-care providers what health care to provide:

- if your heart stops
- if you stop breathing
- if you are in pain or need comfort care
- if you need medical or critical care treatment

In any situation, especially when you cannot speak for yourself, it is important that the health-care team understand your expressed wishes for treatment and care.



When should you have a MOST?

MOST is important for adults with an advancing illness or chronic condition that is life limiting or life threatening.

Should you have an unexpected medical event, you may be approached by your health-care team to discuss MOST.

After discussing with you, your family, and your health-care team, your physician will complete the MOST form with information that reflects the discussion and your current health condition.

Having a voice in decisions about your health-care treatment is important. Read the “My Voice” Advance Care Planning Guide to help you develop the advance care plan that best suits you.
(www.interiorhealth.ca/ACP)

How can you prepare for these discussions?

MOST starts with YOU. Think about what is important to you, your current health and what the future may look like as your health changes.

Talk with your family and significant others about your wishes and share those with your health-care team.

Your health-care team will discuss your plans and treatment options with you. Talking with them will help you to better understand your health condition, possible treatment choices, and options for care that are best for you.

The result of these discussions will be your doctor completing the MOST form with you.



P'egp'ígha Council

P.O. Box 615
Lillooet, B.C.
VoKíYo

phone (250) 256 4118
fax (250) 256 4544

June 6, 2019

Hello everyone,

I just wanted to give an update this month on what I been up to through the Strategic Forestry Plan Project. I recently attended a 3 day training in Merritt BC for a Forest Range Evaluation Program (FREP) Riparian stream assessment course.

This course has taught me how to evaluate the conditions of a stream in riparian management area in three cut blocks.

I learned how to record and collect data of the stream by measuring:

- Channel width
- Channel depth
- Water temperature
- Water retention on both sides
- Vegetation
- Tree stand age
- Tree species

Also I learned about all the characteristics of a stream. The characteristics of the stream are measuring and recording:

- Sediment
- Boulders
- Wood debris
- Counting invertebrates (water insects)
- Invasive plants
- If the stream contains moss or algae.

For the riparian stream assessment protocol, we must collect all this data and analyze it.

I was trained how to fill out a questionnaire to determine the stability of the stream and if the stream is properly functioning. Also evaluate if there will be enough water retention and vegetation to ensure a healthy sustainable forest and prevent wash out by natural occurrence or by manmade conditions.

Riparian management is very important and we need to pay more attention to the streams because water is sacred and it flows into all other watersheds to build healthy ecosystems, fish habitats and clean drinking water.



Other things I am currently working on for this project is educating the community on hotspots in forest resource development.

I am also working on researching historical community use identified hot spot areas.

I am familiarizing myself with the St'átimc Chief Council (SCC) Relaw project to determine how it can inform our strategic forestry plan.

I will be sending educational pieces out every month on forestry topics and see if anyone has any recommendations on what next steps we should take to continue building capacity in forestry management plan.

Please contact me at the P'egp'ígha council office 250- 256-4118 if you have any questions or input on this project.

With respect,

Lesley Riley
Forest Plan Support Worker
P'egp'ígha Council



First Nations Health Authority
Health through wellness

You're invited!

Health Benefits Information Session

The First Nations Health Authority listened to First Nations communities across BC to design a new benefits plan. **Learn about improvements to the following benefits coming in fall 2019.**

Vision care and eyeglasses
Dental coverage
Medical supplies & equipment

JULY 12, 2019 | TIME 1:00PM – 4:00PM

WHERE: PCC BUILDING, 59 RETASKET STREET, LILLOOET, BC

EVENT DETAILS: QUESTIONS CAN BE ASKED AFTER THE PRESENTATION, THERE WILL BE COFFEE AND TEA AVAILABLE

Contact Shawn Scotchman, healthmanager@titqet.org or (250)256-4118 Ext 234 for more information.

See you there!

BLOCK WATCH VOLUNTEERS NEEDED

**T'IT'Q'ET COMMUNITY HAS BEGUN THE
PROCESS OF ESTABLISHING OUR OWN
BLOCK WATCH PROGRAM.**

**THE PROGRAM OFFERS COMMUNITY
AWARENESS AND PROMOTES
NEIGHBORHOOD SECURITY.**

**THIS PROJECT IS SUPPORTED BY THE
TRIBAL POLICE.**

INTERESTED VOLUNTEERS

PLEASE CONTACT:

SHAWNA RILEY

250-256-4118 EXT.229

socialdev@titqet.org

INFORMATION BULLETIN

For Immediate Release
2019FLNR0165-001208
June 7, 2019

Ministry of Forests, Lands, Natural Resource Operations
and Rural Development
BC Wildfire Service

Fire prohibitions to start in Kamloops Fire Centre

KAMLOOPS – Effective at noon on Wednesday, June 12, 2019, Category 2 and Category 3 open fires, as well as some other activities and the use of certain equipment, will be restricted throughout the Kamloops Fire Centre to help prevent human-caused wildfires.

This prohibition will remain in effect until noon on Oct. 15, 2019, or until the order is rescinded. Anyone conducting Category 2 or Category 3 burns within the Kamloops Fire Centre's jurisdiction must extinguish those fires by the June 12 deadline.

A map of the affected area is available online at: <http://ow.ly/Ah4h30oUb2Z>

This prohibition does not ban campfires that are a half-metre high by a half-metre wide (or smaller) and does not apply to cooking stoves that use gas, propane or briquettes. A poster explaining the different categories of open burning is available online at: <http://ow.ly/znnv309kJv5>

Specifically, prohibited activities will include:

- the burning of one or more open fires larger than one metre high by two metres wide;
- stubble or grass fires of any size;
- the use of fireworks, firecrackers, sky lanterns, tiki torches (and similar kinds of torches);
- the use of burning barrels and burning cages of any size or description; and
- the use of binary exploding targets (pre-packaged or homemade explosives such as Tannerite, Thundershot, Gryphon, Firebird SS65, Sure Shot, or similar products).

These prohibitions apply to all public and private land within the Kamloops Fire Centre, unless specified otherwise (e.g., in a local government bylaw). Before lighting any fire, people should check with local government authorities to see if any other burning restrictions are in effect.

Anyone found in contravention of an open burning prohibition may be issued a ticket for \$1,150, required to pay an administrative penalty of up to \$10,000 or, if convicted in court, fined up to \$100,000 and/or sentenced to one year in jail. If the contravention causes or contributes to a wildfire, the person responsible may be ordered to pay all firefighting and associated costs.

The Kamloops Fire Centre thanks the public for its continued help in preventing wildfires. Report a wildfire, unattended campfire or open burning violation by calling 1 800 663-5555 toll-free or *5555 on a cellphone. For the latest information on current wildfire activity, burning restrictions, road closures and air quality advisories, go to: <http://www.bcwildfire.ca>

Follow the latest B.C. wildfire news:

- on Twitter: <http://twitter.com/BCGovFireInfo>
- on Facebook: <http://facebook.com/BCForestFireInfo>



Kanukwa7staliha Family Services
'the one that is able to help'

RESPITE
•
CAREGIVER



We can help

Applications
are available:

Reaching out to the communities:

If you are interested in:

Respite care for parents who are in need of extra support for their children.

If you have time in your daily life to provide child care who are in need of extra support.

Anywhere from 1 hour to 3.5 hours to overnights during the week or weekends.

In the family home, or in your home and possibly in community depending on the needs of the family and what is approved by the social worker.

Respite care is to provide much needed care by caring family members or friends in our communities.

Contact:

Rosalinde Narcisse, Family
Find Worker.
472 Main street, Lillooet, BC

Contact Info
Telephone:
(250) 256-7525

Fax: (250) 256-7582

Email:
rnarcisse@kanukwa7staliha.org

Eagle Spirit Counselling

Brandy Kane MSW RCSW
www.eaglespiritcounselling.com



Book your appointment with a registered clinical therapist.

Brandy Kane MSW RCSW is booking day and evening appointments for July 8th and 9th. Sessions will take place at the PCC Health Wing at T'it'q'et. Brandy will be back every 2 weeks thereafter. It's best to book early for desired session times. 1-604-815-9151 or brandy@eaglespiritcounselling.com

If you need assistance booking an appointment due to long distance charges, speak with your Home care worker or Juanita Jacob.



Brandy Kane
+ 1 (604) 815-9151 or
brandy@eaglespiritcounselling.com

www.eaglespiritcounselling.com

Book your appointment with a registered clinical therapist.

Brandy Kane MSW RCSW is booking day and evening appointments for July 8th and 9th. Sessions will take place at the PCC Health Wing at T'it'q'et. Brandy will be back every 2 weeks thereafter. It's best to book early for desired session times. 1-604-815-9151 or brandy@eaglespiritcounselling.com

If you need assistance booking an appointment due to long distance charges, speak with your Home care worker or Juanita Jacob.



LILLOOET FRIENDSHIP CENTRE HOUSING SURVEY – JULY 2019

Please fill out then hand into housing box @ front desk

Welcome! This short survey is intended to obtain information regarding the need for Affordable Housing in Lillooet, B.C. It is VOLUNTARY AND ANONYMOUS. Please contact the local Friendship Centre for more information at 250-256-4146, info@lfcs.ca or drop in / mail to 357 Main St Lillooet B.C. V0K 1V0. This survey is also available online on Survey Monkey.

Please check your right answers for each set of questions below. You do not have to answer all questions.

Q. 1: What kind of housing is needed in Lillooet? Please check ☒ all that apply.

Single free-standing unit?	Multi-unit?	Both single and freestanding units?
Emergency shelter?	Transitional Housing?	Social Housing?
Affordable Rental Housing?	Market Rental Housing?	Affordable Home Ownership?
Marker Home Ownership?	Add Living Spaces to Multipurpose Buildings?	
Other? Please write in:		

Q. 2: How many people do you live with: Please check ☒ all that apply:

a) I live alone	
b) I live with my partner or spouse	
c) I live with my family	
d) I live with others, not family	
e) What is the number of people living in your home?	

Q. 3: Your current living situation: Please check ☒ all that apply.

f) I want to live in affordable or subsidized housing in Lillooet	
g) I live rough or homeless, or I couch surf, in Lillooet	
a) I live in my home with renters / I live in a shared house with others, in Lillooet	
b) I live in a trailer or RV on someone else's property in Lillooet	
r) I live in a trailer or RV on my property in Lillooet	
c) I live in an apartment, townhouse or house in or near Lillooet	
) I rent out a home or homes, or part of my house, in Lillooet	
\ I live alone on reserve land near Lillooet	
*ve with others on reserve land near Lillooet	

Q. 4: Your cost of housing: Please check ☒ all that apply

p) I am a single person receiving Income Assistance (IA), Persons with Persistent and Multiple Barriers to Employment assistance (PPMB), or Persons with Disabilities assistance (PWD), or I receive no income.	
q) I live with others so I pay the Income Assistance amount for families for my housing	
r) I pay less than \$500 a month, plus utilities, for my rented housing	
s) I pay between \$500 and \$749 a month, plus utilities, for my rented housing	
t) I pay between \$750 and \$1000 a month, plus utilities, for my rented housing	
u) I pay rent, above \$1000 a month, plus utilities	
v) I pay my taxes and utilities only	
w) I pay a mortgage, taxes and utilities for a house, townhouse or apartment, less than \$1000 a month	
x) I pay a mortgage, taxes and utilities, above \$1000 a month	
y) Other? Please write in:	

Q. 5: Are you: Please check ☒ all that apply.

Man?	Woman?	LGBT2Q+?
Youth?	Single, living alone?	Aging Out of foster care?
Indigenous?	Not Indigenous?	Fleeing violence or trauma?
Age 25 to 50?	An Elder or Senior?	Living in a Family?
A Lone Parent?	Living in poverty?	A Person with a Disability?
An Indigenous working person?	An Indigenous business owner?	Recently released from care, a hospital, an institution, or a halfway house?
A non-Indigenous worker?	A non-Indigenous business owner?	Other? Please write in below:

Comments or Questions?

THIS COMPLETES THE SURVEY, THANK YOU FOR YOUR ANSWERS.

We will make the results available when the report is finalized.



Tribal Chief Report

June 24, 2019
Tribal Chief Report
Shelley Leech

St’at’imc Political Meeting on Title, Nation Rebuilding, Working Together and Development of a Title-Focused Nation Group–Just a reminder this will be at the Ucwalmicw Centre on Saturday, July 13. Everyone welcome if you want to have input into SCC Nation Building.

5 Year Review–Ongoing.

Treaties–Ongoing work for the St’at’imc Chiefs Council. Many of the issues focus around encroachment by neighboring nations into St’at’imc Territory. The governments have said that they hope to change the treaty process. The big issue has been overlaps into neighboring territories by those communities in treaty.

St’at’imc/BC Hydro Dispute Resolution–The joint Hydro/St’at’imc group that is to work jointly on mitigation and other projects resulting from the Dispute resolution has not yet been set up. This report was included in your last report.

St’at’imc Chiefs Council / St’at’imc Government Services–The structure is now in process of being developed that, hopefully, alleviate some of the confusion and provide some clarity to allow SCC to focus on title and rights and SGS to focus on implementation of the Hydro/St’at’imc Agreement as well as to provide support to the SCC.

Timber Supply Area–The TSA was hosted by T’it’q’et. The meeting went very well with a good

turnout by forestry and other government workers. This was an opportunity for our community to show who we are and what we are about.

If anyone is interested in Forest Health, there is a short online course available on the BC Government site. There is funding available for Community Interface work (dead stands, prescribed burning).

Lillooet Tribal Council – The work of researching further impacts in preparation for our exit from LTC continues.

St’at’imc Chiefs Council–The St’at’imc Policy Advisor Report by Art Adolph and the SCC Secretariat Report and in your package. Nation workplans are still being reviewed. The SCC will have a Strategic Planning session July 31 and August 1.

Recognition and Implementation of Rights Framework–Ongoing.

Environmental Assessment Revitalization–Ongoing. .

Referrals–The Referral Committee continues to meet and go through referrals. Opportunities will be passed on to Chief and Council when they arise and Heritage issues will be brought to Elders Council.

PCGAC–The governance working group held a

OFFICE OF THE TRIBAL CHIEF
Shelley Leech
Phone (250) 256-4118
Fax (250) 256-4544

retreat and were able to complete many of the tasks. The work plan was reviewed and recommendations were made moving forward. The Strategic Plan was reviewed and recommendations will be made to PC on any changes.

Fisheries–The Fraser Salmon Management Council has negotiated an agreement. The signing will be held On July 5 in the Fraser Valley.

There is a St’at’imc Fisheries Forum on July 11. Everyone is welcome to attend. The Chinook are in severe decline and, although there is only 11 Chinook allowed for the whole territory, many are still fishing Chinook. Rod and Reel are also closed for now.

St’at’imc Eco Resources–The work of getting SER back on track is still in progress and the Interim Board will stay until all finances and work is stable.

Forestry Initiative–This work has begun. Sue Sengar is the consultant and a working group has been set up. More updates will be made once we are well into the project.



T'it'q'et Land Code Report

The Advance Poll on June 13th went well, with one minor glitch. The paper list that the Ratification Officer Drew Shaw was missing some names; the Eligible Voters that do not have their current address, email or phone number were not on the sign in sheet. They were able to vote however, as T'it'q'et staff Shawn Scotchman and Diana Adolph were in attendance to confirm all voters' identity.

The team of T'it'q'et Land Code Committee member Marie Barney and T'it'q'et Lands Officer Stephanie Louie travelled down to Seattle and Vancouver on the weekend of June 14 – 16 to share information on the land code for off reserve members.

The T'it'q'et Land Code Committee will hold a post vote meeting on July 9th at 9 a.m. to recap the land vote initiative and discuss what the summer and autumn hold in store; the land code is in the hands of the T'it'q'et members now as I write this.

Announcements will be posted after the vote as to whether it has been adopted or not. Members have 5 days after the close of polls on June 27th to contest the results of the vote.

Thank you to all past and present Land Code Committee members for your hard work during this process. Thanks to all the members who showed up to meetings and shared their questions, thoughts, comments and concerns. It's been an interesting 18 months!!

—

T'it'q'et Land Code Coordinator
Dean Billy

T'it'q'et Land Code June Newsletter Update

The T'it'q'et Individual Agreement has been initialed by Chief Courteney Adolph-Jones and the Minister of Indigenous Services Canada. It will be included in the voter information package that will be going out soon.

Voting days have been set: Thursday June 13th will be an advanced polling day and there will be a polling station at 59 Retasket Street, the P'egp'ig'lha Community Centre. The regular voting day will be on Thursday June 27th and again, the polling station will be at the P'egp'ig'lha Community Centre.

There are 358 eligible T'it'q'et voters who will be able to vote on the proposed land code. We have street addresses or post office box numbers for 247 members. If you would like to update me with your current address, send me a note at landcode@titqet.org.

There are scheduled meetings for off reserve members scheduled for Seattle, June 15th. This meeting will be at the Holiday Inn Express in downtown Seattle. It will start at 1 p.m. T'it'q'et Land Code Committee member Marie Barney and T'it'q'et Lands Officer Stephanie Louie will be hosting this meeting along with Shawn Speirs of the Lands Advisory Board Resource Centre.

Marie and Stephanie and Shawn will also host a meeting at the Vancouver Friendship Centre on June 16th (Sunday) at 11 a.m. We will be phoning around to see if there is interest in holding another meeting in Kamloops as well.

The T'it'q'et Land Code Committee spoke with Patrick Crowthers from Indigenous Services Canada by phone at their May 21st meeting. The Committee officially approved the Land Description Reports and approved a list of land interests in T'it'q'et reserves. This list is made up of all the CP's, leases and rights of ways. This document can be seen in the P'egp'ig'lha Community Centre.

The next Land Code Committee meeting is scheduled for June 4th at 9 a.m.

T'it'q'et Land Code Coordinator
Dean Billy



P'egp'ig'ha Council

P.O. Box 615
Lillooet, B.C.
V0K1V0

phone (250) 256 4118
fax (250) 256 4544

June 12, 2019

P'egp'ig'ha Council library, 9am

Strategic Forestry Initiative Technical Meeting

Attendees: Tribal Chief Shelly Lecch, Marie Barney, Sam Copeland, Shannon Squire, Sue Senger, Lesley Riley

Discussion: Working with consultant Sue Senger on this Strategic Forestry Initiative project and meeting with our technical meeting group regularly to provide direction to the project team.

- Hotspot definition- No go zones and no harvest zones.
 - Some of our conversations are where we want forestry and where we don't want forestry which is called Hot Spots.
 - These are usually areas of cultural significance.
- Special management zones- Areas where we have concerns that need to be protected and managed.

Sue Senger talked about the Table of Contents, purpose of the plan, community concerns and priorities, links to other policies like the Elders Heritage policy. We will be asking elders for support to ensure that St'at'imcets is used in the plan.

We are working on key pieces of the plan

- Hot Spots
- Water
- Ecosystem health
- Cultural significance
- Monitoring



As always please feel free to contact me at the P'egp'ig'ha Council office if you have any questions or concerns at 250-256 4118.

Respectfully,

Lesley Riley
Forestry Plan Support Worker
P'egp'ig'ha Council

Stl'atl'imx Tribal Police Service

Are you going away?

If you are going away and would like your house patrolled by on occasion by the Stl'atl'imx Tribal Police Service, all you do is ask. If you call the Stl'atl'imx Tribal Police Service and provide the dates that you will be away, we will patrol your house when we can. The fact that you are away will be kept confidential.

This is just one of the many services offered by the Stl'atl'imx Tribal Police Service that you may not be aware of.

Call for more information (250) 256-7784



Xaxli'p / Xwisten / Tsal'alh / T'it'q'et / Ts'kw'aylaxw / Sekw'el'was



ST'ÁT'IMC OUTREACH HEALTH SERVICES

LILLOOET TRIBAL COUNCIL

PO Box 1420 | 650 Industrial Place | Lillooet, BC V0K 1V0

Phone:(250) 256-7530 | **Fax:** (250) 256-7535

statimchealth.net

HOURS OF OPERATION

Monday – Friday

8am – 5pm (closed for lunch from Noon–1pm)

Closed on Statutory Holidays

URGENT or CRISIS LINE PHONE NUMBERS

Mental Health and Addiction Services:

Lillooet Hospital and Health Centre, 951 Murray Street, Lillooet, BC

- Health Centre, Intake and Urgent Response, Monday to Friday, 8:30–4:30pm, 250-256-1343
- **Lillooet Hospital, 24 Hour Emergency, 250-256-4233**

Ministry of Children & Family Development, 514 Main St., Monday-Friday, 9:00-4:00, 250-256-2710

Crisis and Health Lines – Toll Free:

- Kuu-us Crisis Line, Provincial Aboriginal Crisis Line 24/7.....1-800-588-8717
- Native Youth Crisis Hotline, 24/7, Canada & USA.....1-877-209-1266
- Interior Crisis Line.....1-888-353-2273
- Crisis Intervention & Suicide Prevention, 24/7.....1-800-784-2433
- Adult & Youth Distress Line.....1-866-661-3311
- Alcohol & Drug options for treatment.....1-800-663-1441
- Kids Help Line, for children & youth,24/7, phone.....1-800-668-6868
or by text, CONNECT 686868
- BC Nurses Line, Health questions.....811
- Indian Residential School Crisis Line, 24/7.....1-866-925-4419
- VictimLINK, 24 Hour help & Information.....1-800-563-0808
- Kamloops Sexual Assault Counselling Centre.....250-372-0179
or ksacc@ksacc.ca
- Women's Emergency Shelter.....250-455-2284
or toll free 1-800-318-4455

Emergency – Call 911 in service area

or

Stl'atl'imx Tribal Police – 250-256-7767

RCMP – 250-256-4244

Ambulance – 250-256-7111

Mental Wellness Councillors

Lorrinda Casper

Youth Mental Health Clinician,
St'át'imc Health Outreach Services

Office: (250) 256-7530 ext.206

Cell: (778) 209-7055

lcasper@statimchealth.net

Joanne Warren SSW, BA, MLIS, MACP, RCC

Askom Counselling

Office: (250) 256-4906

Toll free: 1 (866) 884-5990

counsellor@askomcounselling.org

Ricardo Pickering

St'át'imc Health Outreach Services

Cell: (250) 842-8552

rpickering@statimchealth.net

Matilda Brown

Addictions Worker

Office: (250) 256-7530 ext.209

mbrown@statimchealth.net

Yolanda Hall MSW, RCSW

Private Clinician/ Counsellor

Lillooet (Mondays and some Tuesday afternoon)

Office: 1 (866) 414-2300

yjhall@telus.net

Victim Services

Gloria Joseph

Victim Services

Lillooet Friendship Centre

Office: 250-256-4146

stv@lfcs.ca

Violet Dunn

Victim Services/Stop the Violence/

SAFE Home Program

Lillooet Friendship Centre

Office: 250-256-4146

stv@lfcs.ca

Communication With Staff

For communication purposes, please contact staff through email or phone.

Staff will **not** respond to Facebook messages regarding business related questions.

For general inquiries, please contact Reception at (250) 256-4118 ext. 220.

Susan will be happy to direct you to the relevant staff member who may answer your questions or provide information.

Staff List		Extension	Email
Administrator	Janice Whitney	223	tfnadmin@titqet.org
Finance Manager	Sabrina James	226	tfnfinance@titqet.org
Finance	Betty Larson	227	bettyl@titqet.org
Payables Clerk	Lesley Napoleon	232	accountspayable@titqet.org
Education	Susan Napoleon	225	education@titqet.org
Social Development	Shawna Riley	229	socialdev@titqet.org
Building Maint.	Ken Taylor	247	maintenance@titqet.org
Reception		220	reception@titqet.org
Health Manager	Shawn Scotchman	234	healthmanager@titqet.org
Medical Clerk	Lloyd Jr. Napoleon	241	medicalclerk@titqet.org
Home & Com. Care	Joni Doss/Lauren W	236	hccworker@titqet.org
Nurse	subject to change	258	changes with ind. nurse
Housing Coord.	Mona Bill	240	housing@titqet.org
Lands	Stephanie B.-Louie	243	stephanieb@titqet.org
O&M Supervisor	George Napoleon	248	omforeman@titqet.org
O&M	Murray Barney	239	murrayb@titqet.org
Gov. Advisor	Shannon Squire	233	pegpiglha.council@gmail.com
Referrals Clerk	Sidney Scotchman	231	pegpiglha.c.assistant@gmail.com
Food Security		230	
Wellness Coor	Juanita Jacob	242	wellnesscoordinator@titqet.org
Public Phone		229	

BC PharmaCare Special Authority Coverage

PharmaCare covers some drugs and medical devices only in **specific medical circumstances**. For these items, your prescriber must send a Special Authority request to PharmaCare.

If the request is approved, **your coverage begins as soon as approval is entered in PharmaNet**, a computer network that links all B.C. pharmacies.

Special Authority must be in place before you buy the item; PharmaCare cannot cover it retroactively.

The actual coverage you receive is based on the rules of your PharmaCare plan, including any deductible requirements.

Which drugs need Special Authority?

See the list of Special Authority drugs at www.gov.bc.ca/pharmacarespecialauthority. This list includes drugs that are not usually the first choice of treatment, or for which there may be less expensive alternatives. Drugs not included on this list are not usually eligible for coverage.

Note:

Some private insurers base their coverage on PharmaCare coverage. Please check with your private insurer if you have any questions about their policies. If you require proof of PharmaCare Special Authority to obtain reimbursement through your private insurer, please contact Health Insurance BC at the numbers given below.

If Special Authority coverage is not granted, can my physician re-apply?

Your prescriber can submit a new request for Special Authority coverage only if he/she is providing additional information showing that you meet the criteria for coverage or if your medical situation has changed, making you eligible.

How long does the coverage last?

It depends on the drug you are taking and the condition for which you are being treated. Check with your health care provider, your pharmacist, or Health Insurance BC, to find out when and if renewal might be needed.

Need more information?

Call Health Insurance BC (HIBC) Monday to Friday 8AM - 8PM and Saturday 8AM - 4PM:

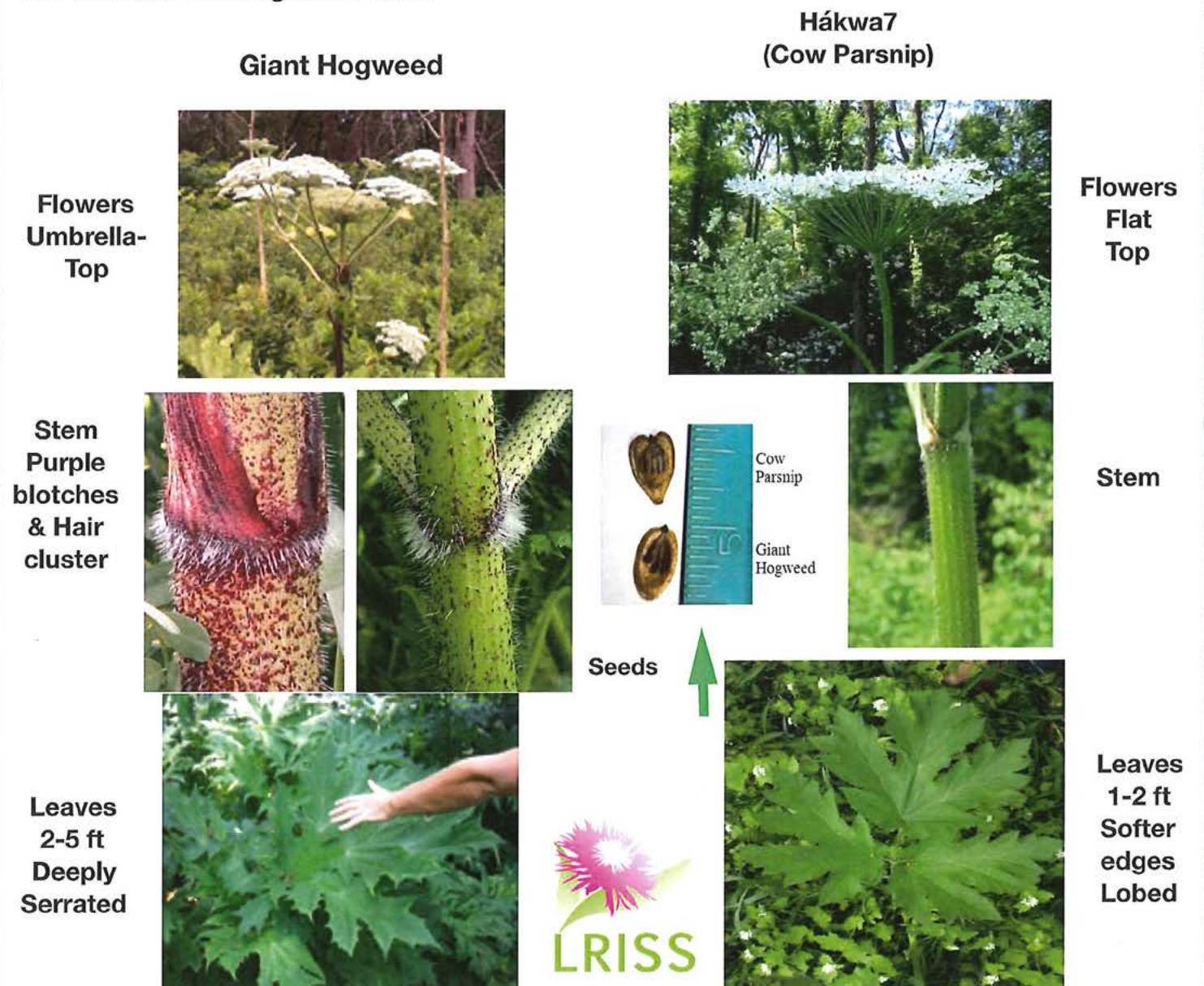
- From Vancouver, call 604 683-7151
- From the rest of B.C., call toll-free 1 800 663-7100

INVASIVE PLANT SPOTLIGHT

How do you tell the difference between Giant Hogweed and Hákwa7 (Cow Parsnip)?

The invasive plant called Giant Hogweed is the cousin to the native Cow Parsnip known locally as Hákwa7. Both plants can cause burns to the skin but Giant Hogweed is invasive and is not known to be found in our area. Only the native Hákwa7 is found locally and we'd like to make sure that Giant Hogweed does not spread here from the coastal areas. **REPORT ALL SIGHTINGS: 250-256-4292. www.LRISS.ca**

It is important to know how to tell the difference between these two cousin plants so that the terrible invasive can be reported and removed if found. The following photos show the different plant parts and their differences. For a very good video, please search Invasive Species Council of Metro Vancouver, Hogweed versus Cow Parsnip on Youtube starring Jen Grenz.



July 2019 Horoscopes



Cancer (Jun 21–Jul 22)

The Cancer zodiac sign is one that will accomplish great things with the help of family and society. You will have to work harder to ensure that the rest of the months are not as challenging as this month.

Aries (Mar 21–Apr 19)

It is a month that showcases your ability to achieve success without procrastinating anything. You will enjoy a sense of well-being due to the closeness that will materialize between you and your family as a whole.

Taurus (Apr 20–May 20)

The success of the Taurus personality is guaranteed via the backing of the people around him or her. Singles will be able to enter into love relationships that may, in the end, lead to marriages. There is a possibility that you will get a promotion due to your hard work and determination.

Gemini (May 21–June 20)

The July 2019 horoscope for Gemini reveals that the Mercury retrograde provides you with more poise and appeal in this month. Your good health will enable you to achieve a lot that you have wanted to since the beginning of the year.

Leo (Jun 23–Aug 22)

Based on the July horoscope 2019, spiritual growth will also be on your agenda this month as you have been failing spiritually. This will be an excellent period for you to seek divine intervention.

Virgo (Aug 23–Sept 22)

The Virgo compatibility foretells that this month you will have a great connection with people that share the same profession as you. You are willing to fight hard to greatly develop professionally.

Libra (Sept 23–Oct 22)

July 2019 will see the Libra personality bursting with self-confidence. Romance in your marriage will be at its peak during the early dates of July. With the assistance of other talented people, you will achieve more success than you ever expected.

Scorpio (Oct 23–Nov 21)

The Scorpio sun sign should anticipate a wonderful month ahead. With an increased growth level at the workplace, you will be eligible for a promotion in no time. This month you will work even harder to be at the top of your class.

Sagittarius (Nov 22–Dec 21)

The Sagittarius sun sign is also expected to have good relations with family and friends for excellent emotional and mental health. Money flow will start again, and matters finances will now be bright.

Capricorn (Dec 22–Jan 19)

The Capricorn personality will make sure that his family matters are in order and the financial success you achieve this month will be for the sake of your family. Make sure to take appropriate diet and medical attention when needed.

Aquarius (Jan 20–Feb 18)

The Aquarius zodiac sign will replace family interests with career objectives and personal desires. The chances of forming new love relationships are high towards the end of the month.

Pisces (Feb 19–Mar 20)

The Pisces zodiac sign is an independent individual but as the month progresses you will realize that you need the help of other people to achieve your objectives. Success does not come easily without the involvement of family and friends.



Narcotics Anonymous Meeting

7pm on Wednesday nights at the Better Living Centre (Seven Day Adventists Church) 603 Main Street, Lillooet. “Open meeting” for anyone who would like to come and listen in or to share.

Please call Rocker for more information at cell# (250) 256-3662 or (250) 256-7302 or Tim (250)256-6509

August 2019 Newsletter Submission Deadline

Friday, July 26th at Noon

anything submitted outside of this date will not be included in the newsletter

Want to submit to the newsletter? Please email us at reception@titqet.org

(PDF or Word documents are preferred)



TRIBAL POLICE
(250) 256-7767

RCMP
(250) 256-4244

FIRE DEPT.
(250) 256-4225

AMBULANCE
(250) 256-7111

POISON CONTROL
1 (800) 567-8911

REPORT WILDFIRE
1 (800) 663-5555



*Please post where visible in case of emergency

EMERGENCY CONTACTS