

## MANDATE & SERVICES

The mandate of the Mental Health & Substance Use Services Centre is to ensure the provision of core mental health and addiction services, which include assessment, treatment, consultation, support and referrals for affected people and their families.

Mental Health & Addiction services are comprehensive and may provide or coordinate the following types of services: urgent/emergent response, assessment, treatment, housing, socialization, rehabilitation, and medication. These inclusive services are delivered through coordination of care with a variety of agencies, as individuals with mental illness and addictions are sometimes unable to seek out and negotiate care arrangements.

## HOURS OF SERVICE

### Community Mental Health & Substance Use

Monday to Friday from 8:30 am – 5:00 pm  
Phone: 250-256-1319 or 250-256-1343

### Intake and Urgent Response

Monday to Friday from 8:30 am – 5:00 pm  
Phone: 250-256-1343 or 250-256-1319

### Lillooet Hospital

24 Hour Emergency  
Phone: 250-256-4233

## RESOURCES

Interior Crisis Line  
1-888-353-2273

Suicide Prevention Centre  
1-800-784-2433

Youth Crisis Line  
1-866-661-3311

Problem Gambling Help Line  
1-888-795-6111

HealthLink BC  
8-1-1

Mental Health Information  
1-800-661-2121

Alcohol & Drug Information  
1-800-663-1441

Lillooet Hospital & Health Center  
250-256-4233  
1-855-656-4233



## LILLOOET COMMUNITY MENTAL HEALTH AND SUBSTANCE USE SERVICES



PO Box 249 – 951 Murray Street  
Lillooet, BC  
V0K 1V0

Phone: 250-256-1343 or 1319  
Fax: 250-256-1330

[www.interiorhealth.ca](http://www.interiorhealth.ca)

## **INTAKE & URGENT RESPONSE PROGRAM**

Intake and urgent response provides initial assessments and subsequent referrals for adult clients to the Mental Health and Substance Use Service in addition to other appropriate community resources. Children and youth are seen on an emergency basis only and referred to local or other appropriate resources. Staff provide consultation, assessment and short-term treatment in response to self, community or hospital/ER referrals. Our staff works closely with existing community resources to provide a comprehensive response to mental health or addiction needs in the community and hospital facilities.

## **ASTAT PROGRAM**

(Adult Short-term Assessment and Treatment)

ASTAT Services offer intake assessment and short-term intervention to adult individuals experiencing acute reactions with significant symptoms and impairment in functioning or risk to health. Relevant issues may include:

- Depression & anxiety
- Complicated bereavement
- Life threatening behaviors (i.e. suicidal ideation)
- Personality disorders experiencing situational crisis

- Severe adjustment problems
- Acute symptoms related to abuse
- Acute symptoms related to a critical incident
- Symptoms related to eating disorders or disordered eating

The ASTAT Program goal is to provide responsive, sensitive and/or relevant assessment, consultation and/or individual therapy. This is done in coordination with other health and social service agencies.

## **SUBSTANCE USE SERVICES**

This program helps individuals determine whether a problem exists for them with alcohol and/or drug use. A counselor will provide individual support, education, treatment planning and referrals to residential treatment planning and referrals to residential treatment centers or detoxification facilities, if required. Services are offered to adults, and family members.

## **ACSS PROGRAM**

(Adult Community Support Services)

This program is part of a broad approach designed to help adults who require assistance because of a major long term psychiatric illness or mental health difficulty (more than 6 months). The ACSS Program assists these adults in achieving and maintaining essential life necessities such as adequate housing, nutrition, financial

resources, medical care and psychosocial activities.

This program services those who may have:

- Schizophrenia
- Major Mood Disorders such as Major Depression or Bipolar (Affective) Disorder
- Other mental illness where it has been established there is a significant and enduring functional disability.

## **ELDERLY SERVICES**

This program provides referrals for service to individuals experiencing age-related mental health problems such as but not limited to, Dementia and Alzheimer's Dementia disease. Services may include: assessment; ongoing treatment and evaluation; consultation to other professionals and care providers; education; community liaison and resource development; and follow up.

## **PSYCHIATRY**

This program provides referrals for Psychiatry services in Kamloops as well as through tele-psychiatry. Services may include: assessment, ongoing treatment, evaluation, consultation and recommendations for patients who have been referred by their case manager upon physician recommendation.