

# Newsletter

Nov 2021

## **T'IT'Q'ET NOV 2021 ISSUE**

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## **TO SUBMIT TO NEWSLETTER**

Please email us at: [reception@titqet.org](mailto:reception@titqet.org)  
details on page 31





# November

## Garbage Days

Mondays and Fridays

## Recycle Days

Recycling will be once a week and will have to be separated

SUN	MON	TUE	WED	THU	FRI	SAT
31	1 	2	3 	4	5 	6
7	8 	9	10 	11 Remembrance Day	12 	13
14	15 	16	17 	18	19 	20
21	22 	23	24 	25	26 	27
28	29 	30	1 	2	3 	4
5	6 	7	8 	9	10 	11

## RECYCLE DAYS:

Nov 3–Plastics



Nov 10–Glass



Nov 17–Tins



Nov 24–Cardboard/Paper



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## GENERAL BAND MEETING:

December 5, 2021 and January 16, 2022 | 10am  
P'egp'ig'lha community centre

### Agenda:

- Election Code

*Zoom meeting information to follow*

*link to full agenda code:*

[tinyurl.com/ykv5rvmm](https://tinyurl.com/ykv5rvmm)

# *Lest we Forget*

– NOVEMBER 11 –

Cw7áoz kws lhápenem l tsícwa qvltwacwcitumúlitás  
We will not forget those that went to fight the wars for us.

**We, the P'egp'ig'lha, of the St'át'imc recognize and honour:**

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**Alfred Copeland**

Canadian Inf. 2<sup>nd</sup> Depot Bn. WWI

**Grand Chief James “Jimmy” Scotchman**

Canadian Highlanders WWII, 1943–1948

**Joseph “Joe” Scotchman Paul**

US 3rd Army, 11 Inf. Reg., WWII,  
1943–1945

**Harold “Dean” Pelegrin**

US 82<sup>nd</sup> Airborne Div. 2<sup>nd</sup> Inf. Vietnam

**Joseph Riley**

Unknown

**Wilbur Whitney**

Unknown

**Joseph Copeland**

Canadian Inf. 102<sup>nd</sup> Bn. WWI

**Harold Ostrander Sr.**

WWII Dates Unknown

**Michael Pelegrin**

Canadian Armed Forces, WWII, 1941–1945

**Paul Scotchman**

US Army, 25<sup>th</sup> Inf. Vietnam, 1966–1967

**Dustin Steeves**

US Marines

**The Ancestral Warriors**

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**Please join us in honoring our St'át'imc Veterans**

November 11<sup>th</sup>, 2021 | 12:00 PM

(After the downtown ceremony)

at the P'egp'ig'lha Community Center

\*Lunch will be provided (lunch bag to go)





Happy 11<sup>th</sup> Birthday Nov 4<sup>th</sup> to one smart, intelligent, loving, caring and helping young lady Monique Kane

Love Mom 😊

# IS THERE A DOCTOR IN THE HOUSE?

Dr. Nancy Humber  
Will be in the T'it'q'et community  
November 23, 2021

Tuesday 1:00 PM–3:30 PM  
appointment will be 15 minutes

Contact Nicole Napoleon to book your appointment

Email: [MEDICALCLERK@TITQET.ORG](mailto:MEDICALCLERK@TITQET.ORG)

Phone: (250) 256-4118 Ext. 241



**\$1500 OFF**  
A PAIR OF  
HEARING AIDS

## CARTER Hearing

HEALTH & SAFETY FIRST!



All **Clinics** are set up with  
**Plexiglass** and following **ALL** of the  
COVID WCB Protocols

### CARTER HEARING LOCATIONS

CHILLIWACK: #101- 9193 MAIN ST.  
HOPE: 591-F WALLACE ST.  
AGASSIZ: 7009 CHEAM AVE.  
PRINCETON: 131 VERMILLION AVE.  
LILLOOET: UNIT #3, 682 MAIN ST.

**Call Today To Book an Appointment**

TF: 844-234-6665 | PH: 604-392-9211 | [www.carterhearing.ca](http://www.carterhearing.ca)



CARTER HEARING in  
Lillooet

Located at Unit 3,  
682 MAIN STREET

***November dates***

**THURSDAY:**

**04<sup>th</sup>** 10:00 – 4:30 pm

**FRIDAY:**

**05<sup>th</sup>** 9:00 – 2:00 pm

PLEASE CONTACT TOLL  
FREE NUMBER TO BOOK  
**1-844-234-6665**

Providing you with the best hearing professionals for the best care



Linda Reavie, RHIP,  
Registered Hearing Instrument  
Practitioner

Linda is a Registered Hearing  
Instrument Practitioner who has lived  
in Chilliwack and worked in the hearing  
industry for over 10 years. Focused on  
customer needs and driven to excel in  
customer service.



Laura Carter, RHIP, CEO, Owner  
Of Carter Hearing Ltd., Registered  
Hearing Instrument Practitioner

Laura Carter is a Registered Hearing  
Instrument Practitioner and Owner of  
Carter Hearing. With client care as her  
primary focus, Laura is proud to be a  
100% Canadian business owner with  
seven clinics - Chilliwack, Hope,  
Agassiz, Lillooet, Princeton, Merritt and  
Chase, and as well as two full mobile  
clinics servicing remote communities  
and First Nation Health Centres.



Olivia Campbell  
Hearing Instrument Practitioner  
Student

Her main goal is to provide the best  
Customer  
Service to our patients in our five  
locations and Mobile Clinics.

# Restricted Fund Request Update

The T'it'q'et Economic Development Authority is requesting \$90,000 from the Restricted Fund for the Food Security Initiative. TEDA borrowed \$125,000 from Community Futures Development Corporation: Central Interior First Nations in 2016 to start up the Amlec food security project. The initial terms of the loan were that it be paid back in 5 year increments of 31,000. The produce sales operations have not been enough to cover the loan payments to CFDC: CIFN even after we requested the amount be lowered to 16,575/year. The food security initiative may continue but it will be in a different form because garlic sales were not as high as we expected and farming is very labour intensive. This project should become a community initiative instead of a corporate one in order to move forward.





T'it'q'et

P.O.Box 615  
Lillooet, B.C.  
V0K 1V0

phone (250) 256-4118  
fax (250) 256-4544

## T'it'q'et RESTRICTED FUND – Policy

### 1. Definitions

- a. “Member” here refers to registered T'it'q'et members;
- b. “Membership” here refers to registered T'it'q'et members;
- c. “General meeting” here refers to a meeting of the membership;
- d. “Restricted Funds” are those band revenues designated as “restricted” at a general meeting;
- e. “Clerk” – the person who is an employee of Administration and oversees restricted fund issues, including accessing and updating the Restricted Funds;
- f. “Voting Age” - In order to be entitled to vote, a person must, as of the date of the vote: have attained the age of eighteen (18) years;
- g. “T.E.D.A.” – T'it'q'et Economic Development Authority;
- h. “R.F.A.C.” – Restricted Funds Advisory Committee;
- i. “Super Majority” means 75%

### 2. The Restricted Funds:

- a. Belong to the registered T'it'q'et membership as a whole.
- b. 60 Days' notice must be given to membership before restricted funds can be brought to membership.
- c. Require the approval of 75% of a minimum of 30 eligible voters,
- d. Maximum of \$15,000.00 of Revenues would be set aside for audit and legal fees annually; if monies are not utilized, they would be carried over to next fiscal year.
- e. No less than \$750,000.00 shall be held in investment accounts.
- f. Restricted Funds Policy to be reviewed every two years.

### 3. Official documents shall be kept from the date of the formation of the Restricted Fund. Clerk will ensure official records are taken care of, documents shall include:

- a. Voting records – all relevant minutes of general meetings.
- b. Proposals; decisions; amount approved; approval conditions.
- c. Audited year-end financial statements.



T'it'q'et

P.O. Box 615  
Tillicott, B.C.  
V0K 1V0

phone (250) 256 4118  
fax (250) 256 4544

- d. A report on expenditures.
- e. Official notification to Community in newsletter
- 4. Restricted Funds may be used for:
  - a. Grants – non-repayable:
    - i. Government or community services
    - ii. Community Economic Development
- 5. There shall be a limitation to the amount that can be accessed from the fund.
  - a. The amount in the Restricted Fund will never be less than \$750,000.00
- 6. These terms may not be altered without approval from the membership at a general meeting.

Signed October 25, 2015 by T'it'q'et Chief and Council

Chief Kevin Whitney

Councillor Robert Leech

Councillor Marilyn Napoleon

Councillor Sarah Moberg

Councillor Sid Scotchman

Motion at Community Meeting – October 25, 2015

Moved by Diana Adolph/Nancy Susie Leech the community accept the new revised T'it'q'et Restricted Funds Policy with the changes:

1i. – Super Majority means 75%

2c. – Require the approval of a super majority of a minimum of 30 eligible voters to withdraw any amount from the Restricted Funds.

In Favor – 40

Against – 0

Abstention – 1



## **T'ÍT'Q'ET LANDS AND NATURAL RESOURCES**

### **Newsletter**

November 2021

- **Lands Committee**

The Committee had an introductory meeting with Dillon Consulting's Caroline Wrobel and Samantha Munns to discuss approaches to developing an Environmental Management Plan. They proposed a 2 phase approach:

1. A community survey, interviews with P'egp'ig'lha family groups, a community meeting and a site visit of T'ít'q'et lands.
2. Strategic planning sessions, a community meeting to review inputs on the draft EMP, a community approval meeting.

The EMP should be completed by spring time 2022.

The Lands Committee is working on a self evaluation form as part of the committee's Work Plan.

- **Law-Making & Enforcement**

The Lands Committee and Lands and Natural Resources Department staff met with Kevin Broughton of the Lands Advisory Board Resource Centre to discuss law development, the proposed fisheries law and the upcoming report from Patrick Kelly's and his work on law development.

- **Natural Resource Management**

The Lands Committee and Lands and Natural Resources Department staff met with Jacquie Rasmussen of the Lillooet Regional Invasive Species Society to discuss the work completed so far in addressing the wild parsnip infestation on IR #1.

- **Mapping**

Two simultaneous projects have begun: the cemetery revitalization project and a feasibility study to assess possible locations for a new cemetery for IR #1.



## T'it'q'et Community Christmas Party

### *Registration Form*

Please be advised that this registration form must be returned to the P'egp'ig'lha Community Centre Reception desk or emailed to [reception@titqet.org](mailto:reception@titqet.org)

- Registration form is open to T'it'q'et Band members and children or grandchildren of T'it'q'et Band members, 0-12 years old. Children **MUST** be in attendance to receive a gift from Santa. If funding is available we may extend registration to 13-17 years old.
- Each household is requested to bring one side dish or dessert for the potluck table.
- Parents/Guardians are strongly encouraged to volunteer for fundraising events and/or party set up including decorating or giftwrapping.

<b>Parent/Guardian</b>	
<b>Contact information (phone or email)</b>	
<b>Potluck Item</b>	

Child(ren) Name	Age	Band Member		Gender	Gift Ideas
		Yes	No		
		Yes	No		
		Yes	No		
		Yes	No		
		Yes	No		
		Yes	No		
		Yes	No		

❖ Children are still welcome to send Santa Letters but it is not required.



## Core Logging at Bralorne Mines

Core logging is a highly specialized skill requiring careful observation and accurate recording. Exploration drillers use diamond-tipped drill bits to remove tube-shaped (cylindrical) sections of rocks and minerals from deep within the earth in order to see if there are minerals or metals to mine. These cylindrical segments are called core, and mines use them to measure and project the quality and quantity of mineral resources on their claims.

Once core is out of the ground, geologists and geological technicians work together to analyze and process the core within one of Bralorne's four on-site core tents, as seen below.



*Geology technicians gather initial data from core samples.*



*Bralorne Core Samples*

The types of information gathered from the core samples include rock type, alteration (how rocks have changed as a result of processes; ie oxidation), mineralization (existence of economically important metals), and recovery (how much of the sample was extracted from the ground). Once the data has been recorded digitally, the core is sent for cutting and sampling, and storage.

The holes left behind by the removal of the core are filled with a mixture of cement and grout, and the pad above housing the drill and drill shack are recovered and returned to their natural state.

The core a mine removes in the exploration process becomes part of its core "library" and is an asset of the company.



*Core cutting at Bralorne Mines*

Come on down for a good relaxation massage with Marilyn Charlie

**WHISPERING WATER DAY SPA**



**November 18<sup>th</sup> 2021**

**EVENING SESSION**

**12:00 pm – 6:00 pm**

**Amawil'calalhew (T'it'q'et Health Centre)**

Maytálhew (A place to Heal)

Please contact Medical Clerk

[medicalclerk@titqet.org](mailto:medicalclerk@titqet.org) or phone 250-256-4118 Ext. 241

**To book an appointment**

**Please note**

Your appointment is 20 minutes long

The schedule provided for the time management for both the client as well as the Therapist.

If you know you are going to be late please call ahead to the medical clerk

There will be seating available until your appointed time in the wellness room in the health wing



## T'it'q'et 3 yr old program/ Daycare/Preschool

### October 2021 Newsletter



It's been a good and busy year so far, we have been having fun getting to know new children in each program and doing circle time and art activities each day and teaching them new things every day.

We had lots of fun on our PJ Day, enjoying the outdoors before it gets too cold outside. We are looking forward to our Halloween party with the children next week and hot lunch is provided they can wear their Halloween costumes on the 28<sup>th</sup> and 29<sup>th</sup>. Happy **Halloween** From Caroline & Brianne (Daycare & 3 yr program)

[titgetdaycare2021@gmail.com](mailto:titgetdaycare2021@gmail.com)

250-256-0033

### **T'it'q'et Preschool**

Hello and welcome to October 2021. Preschool started September 13, 2021.

Preschool is Monday to Thursdays: 10 am to 1 pm.

Our New Preschool Bus started October 18<sup>th</sup>/ 2021; Our Preschool bus will no longer be taking students as our bus driver: Hawk Fenton has his complete bus schedule. We had some fun activities in Sept. which included: Elder Aggie Patrick joining our team. We also look forward to having a community member join us very soon for our Culture here at the Preschool. October included lots of fun activities of fall crafts, science and fieldtrip fun. We will be doing a Halloween party for the children Oct. 29<sup>th</sup>. **Please have a safe and happy Halloween** Corena & Tracy

[Titgetpreschool2021@gmail.com](mailto:Titgetpreschool2021@gmail.com) 250-256-4831

**Message from the Board:** The board is looking to recruit 2 parent volunteers to our BOD. (Letters sent home to parents) The board has also been working on restructuring some of the positions at the Daycare & Preschool. There will be a posting for an Executive Director posted very soon, Until then I, Sarah Moberg will fill that position in the interim, until it is filled. 😊 [Daycare@titget.org](mailto:Daycare@titget.org)



# Staff Introduction

October 15, 2021

Áma sqit (Good day) T'it'q'et;

I started my new position at T'it'q'et on October 12, 2021 as the Health and Social Services Manager.

In 2015, I worked at St'at'imc Outreach Health Services as the Administrative Assistant, then in 2016 I worked at Sekw'el'was as the Health Coordinator, and finally in 2018 I worked at Bonaparte First Nation as the Health Director. I have gained many lessons, skills, and knowledge in these positions and I look forward to utilizing them in my current role.

My first week has been very busy getting organized and setting things up in my office. I have been doing lots of reading of policies, reviewing funding agreements, and I attended a couple of zoom meetings already.

I look forward to getting to know the community again and I would like everyone to know, I always have an open door policy. You will find my door closed only when I am in a meeting or on a confidential phone call.

I am honored to be back at T'it'q'et; where my health career first started back in 2002. It feels like I never left!!

You can contact me at (250)-256-4118 ext. 234 or email [healthmanager@titqet.org](mailto:healthmanager@titqet.org)

S7atśxstsút (Take care),

Vanessa Thevarge



# T'IT'Q'ET CEMETERY REVITALIZATION



T'it'q'et has received two grants for projects related to our cemetery:

- 1 Existing Cemetery Revitalization Project – to help us make improvements to our cemetery
- 2 New Cemetery Site Selection Project – to identify a new cemetery site to use when our cemetery is full

Both projects will involve elders and community members. Please help by getting involved! We want to base the cemetery plans on the community's wishes.



Photo © Tabitha Leech

## COMPLETE A SURVEY

You can do this by meeting or talking with **Char Napoleon** or you can do it online. A link will be sent out by email and posted on our Facebook page. Char will be contacting members of each family. There will be a draw for a gift from those who complete the survey online or talk to Char.

## COME TO A MEETING

There will be a lunch meeting and a dinner meeting on November 9, 2021. Our consultant from Urban Systems will be here to present the projects and get your input.

- Lunch at noon
- Dinner at 5pm

Full report can be found here:  
<https://tinyurl.com/cnbrzjbr>

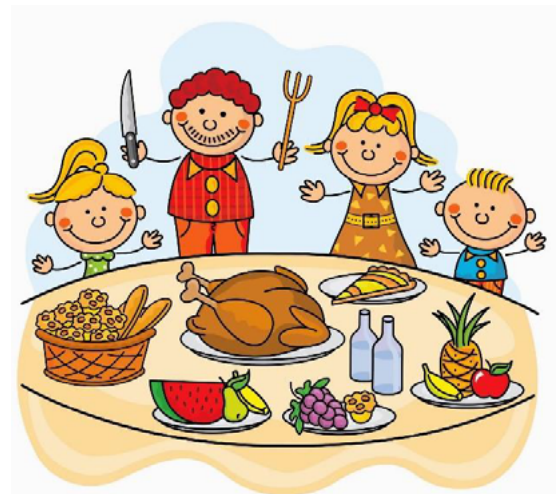
# We Need Your Help with filling the Hamper boxes for the 4<sup>th</sup> Annual T'it'q'et Children's Party Raffle

Our goal is to gather as many items to raffle off the 3 hampers prizes, which will include two turkey's and two ham's donated by T'it'q'et Health department. We are encouraging members, community members, and staff members to contribute towards the hampers. I have attached a sample list of Hamper items.

If you bring in any non-perishable food items, small or big, that costs a minimum of \$10 or more, **your name will be entered in to win one of the two \$100 Buy Low Foods gift cards**. You are able to enter more than once as long as you bring in an item(s) that is \$10 or more each time.

If you would like to help by donating items, we have donation boxes located at the front desk at the P'egp'ig'lha community Center Building. No donation is too big or too small. Please inform the receptionist when dropping off items, so your name will be entered in to win one of the two prizes.

Thank you  
Team T'it'q'et





# Fulling the Dream of P'egp'ig'lha-Looking After our Children

October 22, 2021

I would like to take this opportunity to introduce this new project and ourselves, for this fairly new and exciting project for T'it'q'et; Fulling the Dream of P'egp'ig'lha-Looking After our Children. The project is funded by ISC through Capacity building funding application process. This will allow T'it'q'et to start the development and planning process to prepare the community jurisdiction over your own Child and Family services.

The project is multi-year, the first year will involve a comprehensive community needs assessment that will engage the community, which will help develop the program, policies and laws for Child and Family services for T'it'q'et members. As well the first few years will involve extensive research on the historical stories, customs and traditions of T'it'q'et and St'at'imc people of the laws and values that were in place around caring for the children.

The initiative is a result of the legislation Bill C-92 Indigenous Authority for Child and Family services, that was passed June 21 2019 and officially came into force January 1 2020. This is a historic piece of legislation, that represents a critical step in recognizing Indigenous jurisdiction over the provision of child and family services. The project is in accordance with Section 35 of the Canadian Constitution Act 1982. I have the opportunity to work with Gena Edwards BSW/MSW who will be the researcher for the project. Gena has extensive knowledge, experience and qualifications in the field of child protection, family services, and research background for Indigenous history, culture and traditions.

My back ground is in the field of community health care and band administration, with 40 years in community services, I've always had the interest in Child protection and believe this should be community owned and controlled. I look forward to working in the community again, and meeting you in the near future.

Kukwstumckal'ap  
Franny Alec

# Pool Schedule November 2021, starting November 1

Time	Monday	Tuesday	Wednesday	Thursday	Friday
1:00 PM	1:00	1:00	1:00	1:00	1:00
1:15 PM	Lanes & Leisure	Lanes & Leisure	Lanes & Leisure	Lanes & Leisure	Lanes & Leisure
1:30 PM					
1:45 PM	2:00	2:00	2:00	2:00	2:00
2:00 PM	2:00	2:00	2:00	2:00	2:00
2:15 PM	Parent & Tot Swim	Parent & Tot Swim	Parent & Tot Swim	Parent & Tot Swim	Parent & Tot Swim
2:30 PM					
2:45 PM	3:00	3:00	3:00	3:00	3:00
3:00 PM	3:00	3:00	3:00	3:00	3:00
3:15 PM					
3:30 PM		Swim Lessons		Swim Lessons	
3:45 PM	Everyone Welcome		Everyone Welcome		Everyone Welcome
4:00 PM		4:15		4:15	
4:15 PM		4:15		4:15	
4:30 PM					
4:45 PM	5:00 AM		5:00 AM	Everyone Welcome	5:00 AM
5:00 PM		Everyone Welcome		Everyone Welcome	
5:15 PM	5:15		5:15	5:30	5:15
5:30 PM	Swim Team		Program	5:30	Swim Team
5:45 PM					
6:00 PM	6:15 AM	6:15	6:15 AM	Program	6:15 AM
6:15 PM	6:15		6:15		6:15
6:30 PM		6:30		6:45	
6:45 PM	Lane Swim	Lane Swim	Lane Swim	6:45 Lane Swim	Lane Swim
7:00 PM					
7:15 PM	7:45 AM		7:45 AM		7:45 AM
7:30 PM					
7:45 PM	Closed	8:00	Closed	8:00	Closed
8:00 PM					
8:15 PM		Closed		Closed	

**Admission Policy:** Children 6 years of age or under must always be accompanied in the water and remain within arm's reach of a parent or responsible person 16 years of age or older. Ratio of children 6 years or under to adult must be no greater than three to one.

## SWIM & PROGRAM TYPES...

**CLOSED:** For cleaning/maintenance, swim level evaluations/lessons & other programs.

**Parent & Tot Swim:** For parents & preschool-age children.

**Lanes & Leisure:** This is a quiet swim with space for lap swimming, water walking, exercise and casual swimming. Diving board and slide are closed.

**Everyone Welcome:** Diving board, slide and rope available. Up to 2 lap lanes available at lifeguard's discretion. Children under 7yrs must be accompanied into the water by a responsible adult age 16+ and stay within arm's length reach.

**Lane Swim:** The pool is divided into 6 lanes, 2 lanes each for casual, slow and medium lane swimming. Swimmers are responsible for choosing the correct lane for their workout and speed. Diving board and slide are closed.

**All admissions payable at the office.**

**Note:** The sauna will not be available while the current Interior Health COVID-19 exercise restrictions are in place.

930 Main Street

250-256-7527

Check us out on Facebook!

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**Medical Transportation Policy Framework  
Non-Insured Health Benefits Program**

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**2. COORDINATED TRAVEL**

- 2.1 When more than one client is travelling to the same location, where practical and economical, appointments and travel arrangements will be coordinated to ensure optimum cost-effectiveness.
- 2.2 When more than one medically required service is required in a week and/or more than one family member needs to access a medically required service in the same week, where practical and economical, appointments and travel arrangements will be scheduled for the same day to ensure optimum cost-effectiveness.
- 2.3 When more than one client is travelling in the same vehicle, the rate reimbursed will be for one trip only. Where applicable, an appropriate schedule of fixed rates will be established.

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**Notice to members who send payments by E-Transfer**

Please remove [bettyl@titqet.org](mailto:bettyl@titqet.org) from your e-transfer list and send all payments to Lesley Napoleon at [accountspayable@titqet.org](mailto:accountspayable@titqet.org). We prefer that you continue to use the same password that you currently use when sending a payment. Any updated or new passwords can be emailed to Lesley.

**Payments include:** rent, NORHA loans, loans, house insurance, etc...

Thank you,

Finance Department



# Virtual Wellbriety Support Group

Open Daily Zoom Meetings

**EVERYONE IS WELCOME TO ATTEND**

**Every Day, Monday to Friday**

**1:00 pm to 3:00 pm Pacific Daylight Time**

*Join by clicking this link or copy and paste the link into  
a web browser <https://us02web.zoom.us/j/84428458473>*

**Dial in option:** 1-778-907-2071

Meeting ID: 844 2845 8473

*For more information contact:*

Dave Manuel, TteS Wellness Counsellor  
250-372-5030 [dave.manuel@kib.ca](mailto:dave.manuel@kib.ca)

**Me7 knucwentwécw-kp (help one another)**

**Me7 yegwyúgwt-k ell me7 yegwyúgwt ke7 púsmen  
(Keep healthy and strong in body and mind)**



# T'it'q'et Environmental Management Plan

Newsletter



October 2021



## T'it'q'et is starting a planning process to develop an Environmental Management Plan for our reserve lands!

### What is an Environmental Management Plan?

The Environmental Management Plan will help us to identify existing environmental issues and concerns in the community, and actions and strategies to address them.

It will also include strategies to prevent future issues, including community information sharing and outreach, and policy and law development.

The plan will help us to honour our role as stewards of our lands and resources for the benefit of our future generations.



We have partnered with Dillon Consulting Limited to help us develop the plan.

## We need your perspectives to guide the plan

The success of our plan depends on community engagement to identify the issues we need to understand better, the resources we need to protect, and how best to do this.

## We need your input on how best to engage our members

We have proposed a survey to reach as many members as we can, as well as targeted meetings with our family groups (virtual or in-person, depending on your comfort level).

We want to confirm that our members agree with this approach and if not, we need to hear from you about how you want to be engaged!

**Please share your comments with us on our Facebook page or call or email us to share your opinions – our contact info is below.**

## Contact Information:

**Dean Billy:** (250) 256-4118 Extension #251 or [landcode@titqet.org](mailto:landcode@titqet.org)

**Caroline Wrobel:** 604-787-1331 or [cwrobel@dillon.ca](mailto:cwrobel@dillon.ca)

# Medical Transportation Meal Rates to Increase October 1

First Nations Health Benefits (FNHB) is increasing meal rates for clients using the Medical Transportation (MT) benefit. The change goes into effect on October 1, 2021.

The MT benefit provides supplemental coverage for transportation, accommodation and meals to clients who need to access medically-necessary health services that are not available in their communities of residence.

The new rates support increased choice for clients while traveling for medical appointments.

Meal Rates	Current Rate	New Rate
<b>Overnight rate</b> for overnight trips up to six nights duration for clients over 4 years old	\$53.10	\$60.00
<b>Weekly rate</b> for overnight trips of seven nights or more (including escorts)	\$222.20	\$236.00

## New Rate Eligibility for Children

FNHB has lowered the age for children to qualify for the MT adult meal rate. Children ages five and over are now entitled to the full adult meal rate. Prior to the change, children over the age of nine qualified for the rate.

The Day Trip meal rate for same-day trips lasting more than six hours remains unchanged at \$15.10 and the Overnight Rate for trips up to six nights in duration for clients under four years of age remains unchanged at \$25.

This will be the second meal rate increase of 2021. The previous increase came into effect on Jan 1. The increases represent investments of approximately \$2 million in annual meal benefits. These changes bring FNHB on par with meal rates provided through the federal Non-Insured Health Benefits program.

## Medical Transportation Transformation Project

Meal rate increases are part of a multi-year initiative to improve and transform the MT program. The project vision is to support First Nations in BC in their health and wellness journeys by improving access to health services that are outside their communities of residence, while ensuring sustainability of the program. For more information about the MT Project, please email [mtproject@fnha.ca](mailto:mtproject@fnha.ca).

The FNHA invites clients who have questions about MT coverage to speak to their Patient Travel administrator or contact FNHB at 1.855.550.5454 or [healthbenefits@fnha.ca](mailto:healthbenefits@fnha.ca).

# **Please report any concerning activities**

Please call STP directly to report any concerning activities.

STP emergency number is 250.256.7767.

STP non-emergency number is 250.256.7784.

Directly reporting the activity will help the police respond faster in an emergency.

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Friendly reminder that in the rental units as per agreement signed:

8. Except for casual guests, no other persons shall occupy the premises without written consent of the Landlord.

Housing needs to be contacted when you move someone into your rental unit. Then it needs to get approved by administration, and council that this ok. If approved a new rental agreement will need to get filled out and signed.

Thank you,  
Housing.



## P'eg'p'ig'lha Council

P.O. Box 615  
Lillooet, B.C.  
VoK iVo

phone (250) 256 4118  
fax (250) 256 4544

October 22, 2021

The PC would like to welcome two new staff that were recently hired.

### Entry Level Clerk

Nadine Larochelle was hired as the Entry Level Clerk. Her clerical duties will include filing, photocopying, scanning data entry and processing mail. Under the guidance of PC staff, she will begin digitizing documents that have not been digitized such as meeting packages prior to 2018. Nadine will work closely with PC and PC staff for any additional training she may need while she is with us.



### Natural Resources/Environmental Specialist

Christian Ahenkiel was hired as the Natural Resource/Environmental Specialist. His focus will be on lands, resources and the environment that are of critical importance to Title and Rights as well as to the wellbeing of the P'eg'p'ig'lha. His duties include assisting Dr. Senger in the Strategic Forestry Initiative (SFI) project, and the Indigenous Climate Health Action Program (ICHAP) Project alongside the ICHAP Coordinator Brandon Barney.

Christian will also be overseeing the implementation and monitoring of ongoing and future natural resources project grants.

The PC is very excited to work with these two enthusiastic individuals and look forward to the hard work they will accomplish.





Hello I am Gena Edwards from Ts'kw'aylaxw. My parents are Sharon and Jolly Edwards. I have a Bachelor and Masters Degree in Social Work. I have been a front line Social Worker for 14 years for both MCFD and DAA's. I worked with Chiefs in other regions with their work to implement Bill C-92. I am happy and excited to have to opportunity to come to the St'at'imc area to share my knowledge and be part of such a monumontois project for your people.

Lillooet Dental is a dental practice that provides oral health services to patients in Lillooet and area.

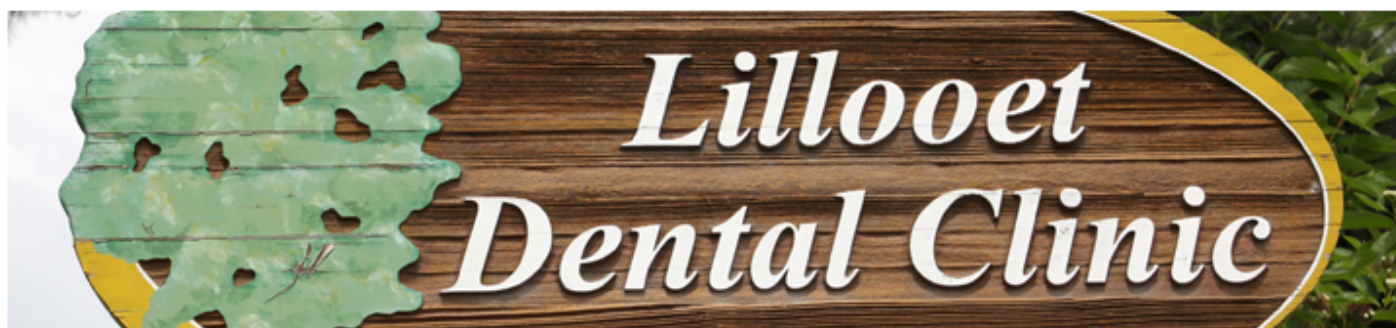
Dr. Warner has created a team of cheerful professionals that aim to have their patients feel informed and taken care of. “We care for their health and well-being and listen to their concerns,” said Dr. Warner, “we give patients all the information that they require to make informed decisions.”

Lillooet Dental strives for a team of professionals whose number one goal is to maximize your oral health, well having a positive experience. “We want everyone to have the most stress free experience possible,” said Dr. Warner, “we truly care for our patients.”

Dr. Warner has assembled a dental team that is committed to staying educated for you. “In fact, I’m addicted to learning,” said Dr. Warner. She takes continued education very seriously and takes her team to dental conferences and has in-office training frequently. “We want to stay in the know for you, so we can provide the best services and products for our patients.”

Lillooet Dental provides preventive dentistry, dental restorations (both composite and amalgam), root canal treatment, crowns, bridges, digital X-rays, teeth bleaching, and implant restorations. Lillooet Dental can conduct sedation in their office and in a hospital setting and offers orthodontic treatment as well.

**Lillooet Dental is a member of the Lillooet & District Chamber of Commerce, Canadian Dental Association, BC Dental Association, and the College of Dental Surgeons of BC.**



# Meet Dr. Courtney Warner

Dr. Courtney Warner was pleased to purchase Lillooet Dental in 2015 as it was a long time business in the community that had been in operation since 1983. "I saw the need in the community and the opportunity to make a difference," explained Courtney. She really enjoys owning a dental practice in Lillooet because she is able to get to know so many of her patients on a personal level and finds that the small town connection helps her to better understand her patients' wants and needs. Owning her own dental practice allows Courtney the freedom to decide what the office needs and the flexibility to lead a dynamic team. She is very proud of her staff and says they are a wonderful team of caring ladies whose professional service allows for a positive dental experience every time.

Courtney loves to spend time with her family. "I have two beautiful daughters that mean the world to me and a husband that supports me and puts up with my to-do lists," said Courtney. She enjoys that her new hometown has no traffic congestion and loves the hot weather in Lillooet. The scenery is great too - even the view out her office window is incredible.







The Lillooet Dental Clinic offers services including general family dentistry, crown and bridge services (including Lumineers), complete and partial dentures, invisalign orthodontics; root canal therapy; preventive care; treatment of gum disease; and tooth whitening.

**Hours of operation:**

Monday - 8 am to 5 pm

Tuesday - 8 am to 7 pm

Wednesday - 8 am to 6 pm

Thursday - 7:30 am to 5 pm

Friday - 8 am to 4 pm

Times may differ, please call our office for current weekly hours.

**Contact us:**

Dr. Courtney Warner Inc. & Associates

Phone: 250-256-4616 (24 hour answering service)

Fax: 250-256-4757

Email: [lillooetdental@shaw.ca](mailto:lillooetdental@shaw.ca)

119 – 8th Avenue

Lillooet, BC V0K 1V0

# DOG ATTACKS

Administration has received complaints concerning vicious dog attacks and nuisance pets. Once a written complaint is received concerning dogs or other pets it goes on file.

All home owners/tenants are responsible for their dogs and pets that roam freely, bark incessantly and cause general annoyance to neighbours. Please keep dogs fenced in or tired on a run.

Dogs that bark constantly should be brought into the home especially during the evening.

Home owners/tenants are advised to put in complaints in writing to administration if an animal is causing a nuisance for example: digging up gardens, taunting neighbor's pets that are fenced in, doing their business on neighbours' lawns etc.

8.2.1.8 As per the housing policy it states:

1st Warning is a writing to the owner from Council:

2nd Warning, the owner must pay the \$50 animal control surcharge;

3rd Warning, the pet owner must meet with Council;

4th warning is the removal of the dog.

Thank you,  
Kassandra Doss  
Housing Coordinator

# Nov 2021 Horoscopes

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## Scorpio (Oct 23–Nov 21)

Your birthday represents the beginning of a new cycle, so focus on yourself, your wants, your needs, and your goals—Scorpio season is all about you, baby! Whether it's a job, a relationship, a hobby, or some other project, this is the best time of year to shoot your shot and start working towards that goal. The things you initiate now will likely have long-term significance, so get to it! Tons of doors are opening for you!

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## Sagittarius (Nov 22–Dec 21)

The deep, intimate, emotional nature of Scorpio season is not a fit for your fiery, free-as-a-bird, flighty personality. But that doesn't mean this month will be a bad one, necessarily. You're not a huge fan of commitment, but you're actually holding onto several past attachments—ex-friends, ex-lovers, maybe even an old job—and they're keeping you from being the best you that you can be! Meditate, dream, and dive deep this month, Sagittarius. You're removing a ton of baggage, and before you know it, you'll be back to your light, airy self!

## Capricorn (Dec 22–Jan 19)

You're really picky when it comes to who you consider part of your squad, but Scorpio season's actually giving you plenty of chances to form new relationships of all kinds! Network, hang out with friends, and focus on connecting with as many people as you can. This is a time where you come off as more charismatic, social, and unique, so make the most of it!

## Aquarius (Jan 20–Feb 18)

You're being thrust into the spotlight this month, Aquarius. All eyes are on you, especially at work, so it's important that you do the best that you can! This is the best month of the year to get a promotion, and all of the accomplishments you make now are helping streamline your upwards mobility. Slay the game at work, Aquarius, and you won't regret it. Work hard now, and you can play even harder later!

## Pisces (Feb 19–Mar 20)

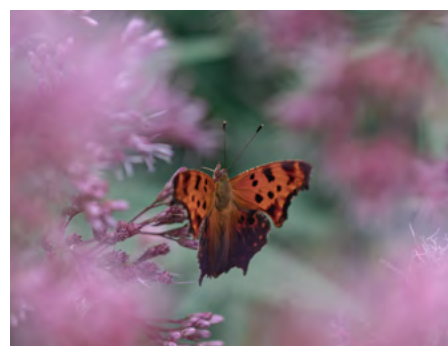
This Scorpio season is helping you to connect more deeply than ever with others. Whether it's an old friend, your S.O., or someone new, you're able to feel an intimate sense of entanglement and discover all sorts of things you never knew about them. Stay open-minded. Connect with people who aren't your usual type. Try to learn something new. This is a time for broadening your horizons, gaining more self-awareness, and becoming a more well-rounded person.

## Aries (Mar 21–April 19)

If Libra season was cuffing season, then Scorpio season is super-duper cuffing season. You're as independent as they come, but you're learning that everyone, including you, is reliant on others. What are your most important relationships? And I'm not just talking about your romantic relationships—think about your platonic and even business or financial-related connections, too. Recognize how you depend on the other person, how they depend on you, and think about how you can work together to form the most solid, secure connection that you can. PS: life in the bedroom is totally 🔥🔥🔥 rn!

## Taurus (Apr 20–May 20)

All of your "b" relationships—your bestie, your boo, your business partners, and people you're beefing with—are your biggest focus this Scorpio season. Repairing and revamping your relationships is the theme of the next month, so spend as much time with your friends, colleagues, and partners as possible! Remember—teamwork makes the dream work! Also, you should send that "I'm sorry" text to your frenemy—this is the best time of year to squash drama.



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### Gemini (May 21–Jun 20)

You're seriously working your ass off right now, Gemini, and if you're not careful, it could start to really take a toll on you. This month is all about restructuring your routine. You hate routines, but you're learning that having a set schedule makes your live-fast-die-young lifestyle way easier and more fun, too. Make a to-do list, and then actually finish everything on it. Clean up after yourself. Start getting more active. Eat some vegetables. All this might seem like chores at first, but the healthy habits you create now will seriously improve your life in the future.



### Cancer (Jun 21–Jul 22)

Love is in the air! I always say that Cancer and Scorpio are the two most compatible signs, so you're truly vibing right now. Scorpio's intimate, deep, emotional style of loving matches up perfectly with your Cancerian traits, and you're finding it way easier to both express and receive affection. Romance is finding its way to you more easily, and it's a great time to start dating. Your dates might not all be successful, but who knows—you could meet your next boo soon!

### Leo (Jul 23–Aug 22)

This month is all about resting, relaxing, recharging your batteries, and hitting the “reset” button. Enjoy life at home, spend time with your family, and reconnect with your roots. This is an introverted, introspective month. You're reflecting on tons of past memories, both good and bad; dealing with your baggage; and working on becoming the best version of yourself as a result. You got this!

### Virgo (Aug 23–Sept 22)

If there are any important messages you need to send or major convos you need to have—like if you're thinking about starting The Talk with your boo—now's the time! Scorpio season's energy is activating your chart's communication zone, so you're able to flawlessly choose the right words to get your point across. You're also becoming a much more careful listener, and you're easily making new connections all month long. It's a busy month, sure, but it's also a social, fun month if you can make the most of it!

### Libra (Sept 23–Oct 20)

Do you need it? Or do you just really want it? This next month is all about sorting out who and what is truly important to you, and figuring out what you could do without. This applies to your finances, too—it's a great time to redo your budget, figuring out how to spend less and save more! PS: Keep up the good work on the job. If you do your best, this could be a big month for a potential raise or a bonus.

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## December 2021 Newsletter Submission Deadline Fri, Nov 26<sup>th</sup> at Noon

anything submitted outside of this date will not be included in the newsletter.

Want to submit to the newsletter? Please email us at [reception@titqet.org](mailto:reception@titqet.org)

(PDF or Word documents are preferred.)





**TRIBAL POLICE**  
**(250) 256-7767**

**RCMP**  
**(250) 256-4244**

**FIRE DEPT.**  
**(250) 256-7222**

**AMBULANCE**  
**(250) 256-7111**

**POISON CONTROL**  
**1 (800) 567-8911**

**REPORT WILDFIRE**  
**1 (800) 663-5555**



\*Please post where visible in case of emergency

**EMERGENCY CONTACTS**