

Newsletter

Sept 2020

T'IT'Q'ET SEPT 2020 ISSUE:

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TO SUBMIT TO NEWSLETTER

Please email us at: reception@titqet.org
details on page 23



September

Garbage Days

Mondays and Fridays
O&M will also pick up garbage
on recycling days

Recycle Days

First and third Wednesday
of the month

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1	2	3	 4	5
6	 7 Labour Day Stat. Holiday Office Closed	8	 9	10	 11	12
13	 14	15	16	17	 18	19
20	 21	22	 23	24	 25	26
27	 28	29	30	1	2	3
4	5	6	7	8	9	10



First Nations Health Authority
Health through wellness

Did you know?

Your mask helps protect the people around you and their masks protect you!

Our Indigenous teachings are to take care of one another. Let's do this by wearing our masks, especially to protect our Elders and other vulnerable community members.

When to wear a mask.

Non-medical masks are recommended for use in situations where you cannot always maintain physical distance:



At the grocery store



On public transit



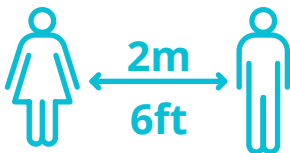
At the salon or barber



In other indoor settings

Masks are not enough.

Masking is one way we can help stop the spread of COVID-19, but it's also important to:



Maintain physical distancing



Wash hands frequently
for 20 seconds



Avoid large gatherings

Remember that others may have valid reasons for not wearing masks.
It's important to always be kind and respectful.

School District No. 74 (Gold Trail)

PO Box 250, Ashcroft, BC V0K 1A0
Phone: 250 453 9101 FAX: 250 453 2425
www.sd74.bc.ca



GOLD TRAIL 2020/21 STAGE 2 RE-START PLAN

British Columbia has established a [Five-Staged Framework](#) to guide K-12 Education during the COVID-19 pandemic. The goal of the Framework is to maximize in-class instruction for all students while adhering to the [Provincial COVID-19 Health and Safety Guidelines for K-12 Settings](#).

The Four Principles of the Framework are:

- Maintain a healthy and safe environment for all students, families and staff
- Provide the services needed to support the children of our essential workers
- Support vulnerable students who may need special assistance
- Provide continuity of educational opportunity for all students

BC schools will start the 2020/21 school year in Stage 2.

Gold Trail has created a Stage 2 plan in alignment with the guidelines established by the [Provincial Health Office](#) and the [Ministry of Education](#).

The district plan establishes the framework from which all schools have created their plan. School plans will be posted on each [school's website](#) the week of August 31st.

District COVID-19 Health and Safety Plan

Health and safety is the priority of the re-start plan. The [District COVID-19 Health and Safety Plan](#) can be found on the district website.

Learning Groups

All students have been placed into a [learning group](#). Learning Groups have been established by the Provincial Health Office to reduce the number of close in-person interactions an individual has in a day.

[What can a student and family expect at school?](#)

It is the district's hope that the protocols, procedures, and rules established within this Stage 2 plan will give families the confidence to send their children to school. Schools will be a highly controlled environment where health and safety will be our collective and individual priority.

If you have additional questions or want to discuss your [options](#) please call your local Principal or the district office.

STAGE 2 IN-CLASS
COHORT SIZE <ul style="list-style-type: none">• Elementary: 60• Middle: 60• Secondary: 120
DENSITY TARGETS Not applicable
IN-CLASS INSTRUCTION: Full-time instruction for all students for the maximum instructional time possible within cohort limits. Self-directed learning supplements in-class instruction, if required.



P'egp'ig'lha Council

OFFICE OF THE TRIBAL CHIEF

Shelley Leech

Phone (250) 256-4118

Fax (250) 256-4544

As always, August is a quiet month at the nation level. People take time out for food gathering and fishing.

Treaties – Ongoing work for the St'at'imc Chiefs Council. No new updates

Overlapping/Shared Areas – A letter to the Northern Chiefs will be reviewed today by PC (P'egp'ig'lha Council) before it is sent to the Northern Chiefs regarding areas of interest. w

Transition Paper - Shannon left a transition paper for PC to ensure operations was able to carry on the important work of PC. An ad hoc committee was formed to begin the process of going through the document. The committee members are Sarah Moberg, Marilyn Napoleon and Myself. The group has prioritized the items on the transition paper, created a task list of action that needs to be taken and will continue to work on the issues.

PCGAC – The P'egp'ig'lha Council Governance Advisory Committee continues to meet. The PCGAC held a 2-day retreat earlier this month to catch up on the backlog of work. Ernest Armand was hired as the facilitator to help the PCGAC in the review of the PC Strategic Plan and the work plans of PCGAC and PC operations. The outcome was a report to the PCGAC by Ernest of recommendations that came from the retreat. These recommendations will enable PCGAC to guide the PC towards their vision and mission. A copy of the report is in this package. PCGAC is also working on condensing the Fisheries Position Paper and the Water Position Paper to make it more user-friendly.

St'at'imc Chiefs Council – As I mentioned earlier in the introduction, this is a time when business is

slowed at the nation level to allow for food harvesting and fishing.

Reconciliation and Engagement – This work is ongoing. The Provincial and Federal Governments have indicated a willingness to work towards a better relationship with First Nations.

Referrals– The Referral Committee continues to meet and go through referrals. Sid is currently organizing a committee meeting before the end of the month.

Strategic Forest Initiative - This project is ongoing with Sue Sengar leading the project. The committee with members Sam Copeland, Ted Napoleon, Marie Barney and sometimes Brandon Barney continue to meet to ensure completion of the project. Leslie Riley has completed her time with the project and has moved to a new position at the nation level. Thank you Leslie for the valuable and excellent work you have done.

Grizzly Bear Business – No new information. This project was postponed for this year.

Governance Advisor position – The Personnel Committee and the P'egp'ig'lha Council met to talk about the GA position as PC has not been successful in finding a replacement. There is an individual that is interested in a position and we are waiting for this person to provide us with a proposal for the terms of the proposal. We are seeking an interim position for now. It was pointed out that it is difficult fill this position right now due to the Covid Virus. In the meantime, the revised posting will go out until we find an interim or a permanent governance advisor.

T'it'q'et Council Report

Marilyn Napoleon, Report to Council, August 17, 2020

1. Personnel Committee

- a. Finalized all Lands and Natural Resources Department Position Descriptions.
- b. Submitted the Position Descriptions to Council for review and adoption.

2. Fishing Laws working group

- a. Review of the Fisheries position paper that had been developed by P'egp'ig'lha Council: The paper is a very well documented technical paper that is also applicable to information needs of T'it'q'et Council.
- b. Missing from the position paper, important to the work of the Fishing Laws working group, as follows:
 - Historical information pertaining to T'it'q'et fisheries.
 - Role of T'it'q'et Council in day to day management.
 - Roles/mandates of the Councils in Fisheries.
 - Stewards of our fisheries is P'egp'ig'lha responsibility as a whole.
 - Oral history from our current elders to document their knowledge and experience.
 - Sam Mitchell's and other St'át'imc recordings may be helpful, these are accessible from Victoria BC Archives and Ottawa, Canadian Library and Archives.
- c. The committee agreed upon recommendations to be submitted to Council for approval, these were submitted by Dean Billy on behalf of the Group.

3. Language Revitalization

- a. I support Nora Greenway in her call for a P'egp'ig'lha Language Revitalization Group meeting. The group has not met for many months. I am requesting that Susan Napoleon host a |Zoom meeting of the PLRG or teach me how to host meetings. Questions: are there suggestions from T'it'q'et Council regarding how we may move closer to our goal of having 20 semi-fluent speakers in our community by 2024? What are the issues? How can we achieve that goal in your views? What is the role of T'it'q'et Council?
- b. From August 13th to the 15th, 2020 International Conference on Salishan and Neighbouring Languages was held online using Zoom and hosted by UBC (Henry Davis and others). I sat in on some presentations by linguists and educators appropriate to St'át'imcets. I printed copies of the presentations if anyone is interested.

The sessions I listened to are the following:

- Statives in ʔayʔaʃuθəm and St'át'imcets by Henry Davis, Marianne Huijsmans, Gloria Mellesmoen;
- Some Notes on Proto-Salish Phonology by John Lyon (answering questions on behalf of Jan Van Eijk and Hank Nater)
- Infinitives and Raising in St'át'imcets by Henry Davis
- Language Program Reports (organized by Donna Gerdt)
- The Burning Church at Shalalth: Two Eyewitness Accounts in St'át'imcets by Henry Davis
- ni' st'e 'ukw' stal'uw' 'u kwun's tatul'ut tthu sxwi'em': Learning to tell Hul'q'umi'num' stories from an Indigenous perspective by Rae Anne Claxton Baker
- Accelerated Second Language Acquisition (ASLA): A Pathway for Effective Native Language Instruction and Rejuvenation by Neyooxet Greymorning
- Accelerated Second Language Acquisition (ASLA): A History and Perspective on Practices and Theories of Language Acquisition by Madeleine Shek (pre-recorded presentation)
- A Language Community Perspective on Adopting Accelerated Second Language Acquisition (ASLA) as the Primary Teaching Method of Gumbaynggirr by Clark Webb

Talisker Resources– Bralorne Gold Mine Project

Talisker Resources acquired the Bralorne Gold Mine in December 2019 and have been undertaking an exploration evaluation and drilling program at the site northwest of Lillooet, in the traditional territory of the St'at'imc.

Terry Harbort, the CEO and President of Talisker is progressive in his approach to Indigenous Engagement, and open to communicating and building relationships. Talisker prides itself on its Indigenous Engagement policy, and the relationships it has with the surrounding Indigenous communities. We strive to collaborate with these diverse communities as much as possible. More about Talisker and the company's policies and practices can be viewed at <https://taliskerresources.com/wp-content/uploads/2020/01/TSK-Indigenous-Engagement-Policy-Revised-1.pdf>

The mine complex was one of the longest producing gold mines in British Columbia, operating for over 50 years. It has mostly been on care and maintenance since the early 1970s although under the former owner, Avino Gold and Silver, did some smaller scale underground mining and exploration over the last 10 years. During care and maintenance, staff levels are modest and the primary purpose is to ensure existing infrastructure was maintained for safety and stability, until a date when it may start producing again. Sitting adjacent to the town of Bralorne, the Bralorne mine is part of a larger complex of mines that includes the historic Pioneer and King mines.

Bralorne Mine is an underground mine, with three portals accessing over 90 veins. In order to determine where to continue mining, exploration drilling occurs in areas suspected to produce gold. Bralorne is currently operating two exploration drills that take two-inch round samples from many metres underground. The samples are tested to determine potential gold content and stored for reference for the life of the mine. Keep your eye out for another article in the future on the drilling process!

Currently there are approximately 28 staff on-site including geologists, an environmental department, drillers, water treatment plant operators, two cooks, biologists, and office staff. St'at'imc Field technicians accompany employees preparing drill sites to ensure that no cultural sites are impacted, and to monitor for environmental concerns.

The Bralorne Mine, as a formerly operational mine has a lot of existing infrastructure. This includes camp infrastructure, a tailings storage facility, office space, and a state-of-the-art water treatment plant.

Since acquiring the mine in 2019, Talisker has engaged with the local communities and participates in the Environmental Monitoring Board. Representatives from Xwísten, N'Quatqua, and T'it'q'et First Nations meet with the Ministry of Energy, Mines and Petroleum Resources, the Ministry of Environment, Bralorne's Environmental Coordinator and Talisker representatives to discuss any issues the members may have in relation to the mine. It is a great way to foster relationships and have open and transparent communication with the company and communities.

We look forward to updating you about projects and programs at Bralorne in future newsletters!



August 4, 2020

Dear Farmers and Naturalists,

Bee City Canada is a nationwide charity and growing rapidly. Communities across this country are concerned about the rapid decline of pollinators, and many are making a commitment to taking positive action. Bringing back biodiversity of plants and pollinator habitat to our cities and reducing and eventually eliminating pesticide use is part of our commitment.

Farmers feed our communities and we are very grateful for their tireless work and personal sacrifices. Farmers are the stewards of their lands and waterways and we invite our farming communities to join in and become part of the conversation.

We need unbiased science to explain what we are witnessing on the pesticide impacts to human health, waterways, soil and pollinators.

While we understand the need for economic development, financial sustainability and maximum harvest yield, especially during these challenging times, we can no longer ignore the detrimental impacts of pesticide and herbicide use on insects, bees, pollinators, wildlife, birds, soil, water and farm workers.

As a first step in our outreach efforts this season, we would like to share some links below, we hope you will find informative.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6476885/>

www.rounduprisks.com

secretingredientsmovie.com

Please feel free to circulate and share this letter with your group or with your contacts.

We appreciate your support and we look forward to hearing back from you.

With kind regards,

Shelly Candel

Director Bee City Canada

The two coyotes- Bill Edwards

Narrator

Two coyotes were going along. Then one of them said.

Coyote 1

I am a coyote, every body knows that I am a coyote. But you are not a coyote, You are another one.

Coyote 2

No way, I am also a coyote

Narrator

The other one said

Coyote 1

Not at all, you are another one, ok, you will know it right now. I am going across the garden, you listen to the people.

Narrator

Well, he went across and while he was going across he was seen by the people

Gardener

Hey there's a coyote going there

Gardener 2

It is a coyote that is going there

Narrator

He carried on, and he went out of sight. Then the other one took off, he suddenly appeared and they noticed him

Gardener

There goes another one

Gardener 2

It's another one that is going there.

Narrator

He carried on and he got to the other spot, where he met his friend.

Coyote 1

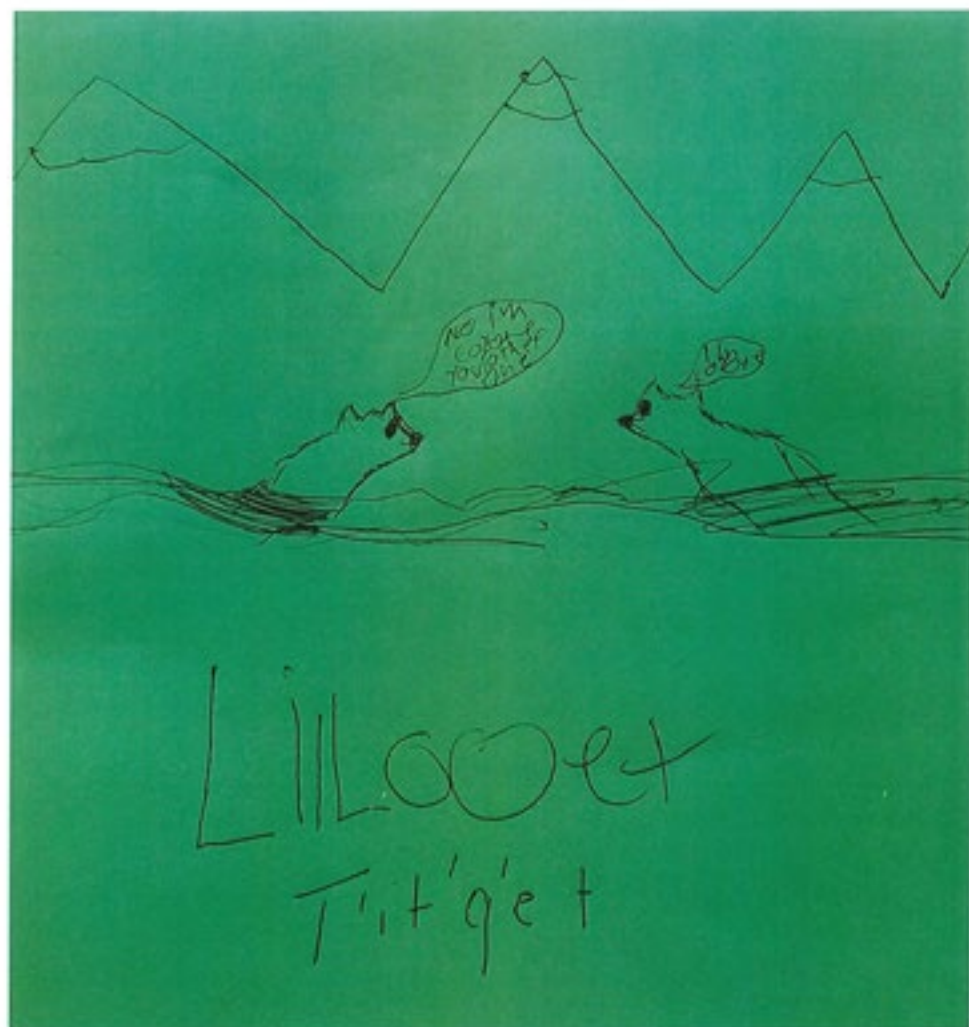
See

Narrator

He was told

Coyote 1

See? Did you hear them? I am coyote, but you are another one.



Nevaeh Edwards picture August 10, 2020 – Two Coyotes by Bill Edwards



T'it'q'et Annual BBQ

Thank you to the volunteers who helped make the annual barbecue a successful event: Lesley and Thomas, Buddy and Skyler, Monique and Sarah, Val Copeland, Susan Napoleon, Mia Perez, Preston and Sasha, Jasmine O'Donaghey.

Photos by Sidney Scotchman.





Attention

Re: Medical Travel

Medical Travel, I would like to remind everyone, requests are to be submitted a week in advance to ensure your travel cheque is ready in time for your appointment.

Cheques can be picked up **Wednesdays** and **Fridays** after 9am.

A photocopy or fax of your appointment/referral:

HEALTH FAX # 778-784-4070

Date, time and whose office you are going to see is required for me to submit your travel request. **It is your responsibility to provide this information to me.**

In addition, if a driver is required and/or an overnight stay is needed, *it needs to be stated on the Medical Application form.*

Please note that it is the client's responsibility to return the confirmation card to the medical clerk in order for upcoming medical to be funded

If a gas voucher is provided for an appointment, please remember to bring back the receipt so I can calculate if all funds were used in order to determine the proper reimbursement, this is your responsibility to submit the gas receipt to the medical clerk in order to receive the full reimbursement otherwise it may be considered fully paid out.

For T'it'q'et members the Top-Up rate has been adjusted and only one will be provided for coordinated family's appointments out of town, for Kamloops appointments the Top-Up is set at \$21.34, for Vancouver appointments the rate of Top-Up is \$26.88. As the medical travel, mileage adjusted from .20 cents to .23 cents back in October 2014.

May I please remind that the First Nations Health Authority does not cover client fees for exams only medical travel, accommodations, and meal allowances for the client and the medical escort if required. There is a \$10.00 meal allowance provided to all same day trips out of town

Questions or concerns, please contact me

Nicole Napoleon
T'it'q'et Medical Clerk
Medicalclerk@titqet.org
250-256-4118 ext. 241



Government
of Canada

Gouvernement
du Canada

Canada



JORDAN'S PRINCIPLE

ENSURING FIRST NATIONS CHILDREN HAVE
ACCESS TO THE SERVICES THEY NEED

Is a First Nations child you know getting the services they need?

JORDAN'S PRINCIPLE supports substantive equality for First Nations children when accessing government services, such as:

- Education
- Medical equipment
- Mental health
- Speech therapy

...and more

First Nations children living on and off reserve are eligible.

Service coordinators are available to ensure children have access to the services they need without delay.

Families are encouraged to contact us if they have questions or new information about any submitted or denied request under Jordan's Principle since 2007.

Phone **1-855-JP CHILD (1-855-572-4453)**

TTY **1-866-553-0554**

Visit **www.canada.ca/jordans-principle**



PROVIDING RESCUE BREATHS IS STILL SAFE

How can I respond to overdose safely?

- Safety planning for drug use is as important as ever. Carry naloxone and do not use alone. Buddy up to stay safe and try to keep your physical distance (2 metres apart).
- Providing rescue breaths is safe. The face shield in the naloxone kit has a one-way valve and covers a large area of the face of the person who is overdosing. This protects you from their respiratory secretions and droplets.
- If you need to do chest compressions, place a towel or a small piece of clothing over the person's nose and mouth to protect yourself from droplets.
- After responding, dispose of the face shield take off the gloves, and then clean your hands thoroughly.



First Nations Health Authority
Hus'it'neug' wellness

Learn more at
www.fnha.ca/harmreduction

PREPARE YOUR DRUGS YOURSELF

How can I practise safer drug use during the COVID-19 pandemic?

- Using with a buddy is safer than using alone but try to stay an arm's length apart (2 metres) to avoid spreading the virus.
- Wash your hands or use wipes before preparing or using your drugs. Prepare your drugs yourself.
- Clean surfaces with soap/water, alcohol wipes, bleach, or hydrogen peroxide before preparing drugs if possible.
- Do not share supplies. If you have to share, wipe pipes with alcohol wipes or use a new mouthpiece.
- If you are self-isolating, connect with a buddy who can bring you food, harm reduction supplies, medicine, and substances so you can stay well. You can also be a buddy to someone who needs extra support. Check in on your buddies regularly.



First Nations Health Authority
Hus'uk'wugw' wellness

Learn more at
www.fnha.ca/harmreduction



Virtual Wellbriety Support Group

Open Daily Zoom Meetings

EVERYONE IS WELCOME TO ATTEND

Every Day, Monday to Friday

1:00 pm to 3:00 pm Pacific Daylight Time

*Join by clicking this link or copy and paste the link into
a web browser <https://us02web.zoom.us/j/84428458473>*

Dial in option: 1-778-907-2071

Meeting ID: 844 2845 8473

For more information contact:

**Dave Manuel, TteS Wellness Counsellor
250-372-5030 dave.manuel@kib.ca**

Me7 knucwentwécw-kp (help one another)

**Me7 yegwyúgwt-k ell me7 yegwyúgwt ke7 púsmen
(Keep healthy and strong in body and mind)**

Steps to become a Family Foster Care Provider



**Rosalinde Narcisse,
Family Find Worker**

Kanukwa7staliha Family
Services (KFS)

Tel. (250) 256-7525

Cell: (250) 256-8633

Email:

rnarcisse@kanukwa7staliha.org

Here are some things to consider for yourself and your family before you take the next steps to become a caregiver for a child who may need a place for temporary care or permanent place.

- In good physical and emotional health to cope with the added stress of taking care of a child placed in your care.
- Financially stable without the foster care payment as there will be times when there are no children placed in your home or children will be moved unexpectedly and payments will end.
- Be willing to attend mandatory training as there is a 'pre-service training' to help prepare prospective childcare provider for the challenges of taking care of a child placed in your care.
- A child may live with you for an unknown period of time, help that child grow and be able to let that child go on short notice.
- Work with the social workers and other professionals and work cooperatively with them even if there may not always agree on what is best for the child.
- Be a family that uses positive parenting techniques and no physical discipline with the child placed in your care.

The steps after filling out an Intake form, Criminal record check, Consent to Collect Information and Prior Contact check:

- Answer some questions, as a Social Worker will visit the home.
- Be willing to work with Kanukwa7staliha Family Services (KFS), the child's family & community representative, and MCFD Social Worker
- If the references, criminal record check, medical report & assessment interview are satisfactory, the home is approved then a Family Care Home contract will be signed.
- Based on discussions and assessment regarding your abilities, the Social Worker will talk with you about specific children who may be appropriate for you and take into account your preferences.



Xaxli'p / Xwisten / Tsal'alh / T'it'q'et / Ts'kw'aylaxw / Sekw'el'was



ST'ÁT'IMC OUTREACH HEALTH SERVICES

LILLOOET TRIBAL COUNCIL

PO Box 1420 | 650 Industrial Place | Lillooet, BC V0K 1V0

Phone:(250) 256-7530 | **Fax:** (250) 256-7535

statimhealth.net

HOURS OF OPERATION

Monday – Friday

8am – 5pm (closed for lunch from Noon–1pm)

Closed on Statutory Holidays

URGENT or CRISIS LINE PHONE NUMBERS

Mental Health and Addiction Services:

Lillooet Hospital and Health Centre, 951 Murray Street, Lillooet, BC

- Health Centre, Intake and Urgent Response, Monday to Friday, 8:30–4:30pm, 250-256-1343
- **Lillooet Hospital, 24 Hour Emergency, 250-256-4233**

Ministry of Children & Family Development, 514 Main St., Monday-Friday, 9:00-4:00, 250-256-2710

Crisis and Health Lines – Toll Free:

- Kuu-us Crisis Line, Provincial Aboriginal Crisis Line 24/7.....1-800-588-8717
- Native Youth Crisis Hotline, 24/7, Canada & USA.....1-877-209-1266
- Interior Crisis Line.....1-888-353-2273
- Crisis Intervention & Suicide Prevention, 24/7.....1-800-784-2433
- Adult & Youth Distress Line.....1-866-661-3311
- Alcohol & Drug options for treatment.....1-800-663-1441
- Kids Help Line, for children & youth,24/7, phone..... 1-800-668-6868
or by text, CONNECT 686868
- BC Nurses Line, Health questions.....811
- Indian Residential School Crisis Line, 24/7.....1-866-925-4419
- VictimLINK, 24 Hour help & Information.....1-800-563-0808
- Kamloops Sexual Assault Counselling Centre.....250-372-0179
or ksacc@ksacc.ca
- Women's Emergency Shelter.....250-455-2284
or toll free 1-800-318-4455

Emergency – Call 911 in service area

or

Stl'atl'imx Tribal Police – 250-256-7767

RCMP – 250-256-4244

Ambulance – 250-256-7111

Mental Wellness Councillors

Lorrinda Casper

Youth Mental Health Clinician,
St'át'imc Health Outreach Services

Office: (250) 256-7530 ext.206

Cell: (778) 209-7055

lcasper@statimchealth.net

Joanne Warren SSW, BA, MLIS, MACP, RCC

Askom Counselling

Office: (250) 256-4906

Toll free: 1 (866) 884-5990

counsellor@askomcounselling.org

Ricardo Pickering

St'át'imc Health Outreach Services

Cell: (250) 842-8552

rpickering@statimchealth.net

Matilda Brown

Addictions Worker

Office: (250) 256-7530 ext.209

mbrown@statimchealth.net

Yolanda Hall MSW, RCSW

Private Clinician/ Counsellor

Lillooet (Mondays and some Tuesday afternoon)

Office: 1 (866) 414-2300

yjhall@telus.net

Victim Services

Gloria Joseph

Victim Services

Lillooet Friendship Centre

Office: 250-256-4146

stv@lfcs.ca

Violet Dunn

Victim Services/Stop the Violence/

SAFE Home Program

Lillooet Friendship Centre

Office: 250-256-4146

stv@lfcs.ca

Sept 2020 Horoscopes



Virgo (Aug 23–Sept 22)

Sometimes it's the reflection of yourself in another's gaze that makes you feel like YOU. And you're particularly like that, Virgo, as you like to please and support others. The Six of Coins sees you helping out those you care for, and making their lives better or easier, this month ahead. You are a natural-born helper, and it makes you feel good to be useful and needed. The Queens of Cups and Swords shows what a positive boost this brings to your self-esteem and mood overall. Knowing that you are leaned on, relied on, and valued helps you feel secure and strong in yourself. Keep on doing as much good to as many people for as long as you can. You help make the world a better place.

Aries (Mar 21–Apr 19)

Other people have been getting you down recently, as shown by the overwhelmed and overworked Ten of Wands. You are kind and warm, and offer help readily. This can be taken advantage of, and perhaps it's time to re-assess some of your relationships, and regain a more equitable balance. The King of Swords shows someone has been a bit clever and manipulative towards you, so



that might take some untangling because you can't see it for what it is right now. The Knight of Coins asks you to put your guard up higher, and put your needs ahead of others for now. Restore the balance.

Taurus (Apr 20–May 20)

Sometimes the best distraction from our own troubles and stress is to get involved in helping others. It's a tonic in itself. The Emperor and Six of Coins are a recommendation, from the Universe, to throw yourself into acts of random kindness, good causes, charity efforts and campaigning this month. Do good, and feel good about it. The Two of Wands shows this is the best and easiest route away from your own bad mood, and back towards feeling valued, in control, and like you make a difference. Because you do!

Gemini (May 21–June 20)

One of your closest relationships, represented by the loving Two of Cups, needs to be taken back behind closed doors and dealt with privately. The Hermit is a task-master card, showing up when there's serious work to do, and work that requires solitary time and space. Stop blabbing to all and sundry about what's going on, and deal with it at the source i.e. the other person.

The Ace of Swords shows that you need a ~show down~, a ~cards on the table~ session where you BOTH vent your grievances, and clear the air. You can move on from this, but only if you talk and listen to each other, away from others.

Cancer (Jun 21–Jul 22)

You can make a fresh start, with the first card of the tarot- The Fool. You are itching to get going, and your plans are forming nicely. The Five of Wands shows that a fly will appear in this particular ointment this month, though, and you should (briefly) pause a minute. The Moon reveals there's something you don't know (that you need to). Do some digging, ask questions, get to the bottom of it, and use this information wisely. It might change your plans, so don't act until you've done more homework.

Leo (Jun 23–Aug 22)

Your feelings about something, or someone, are going to radically change this month, and it's all for the best. Death is a card of personal transformation, of growth and expansion. Something will end and something new will take its place. The King of Cups reveals this is an emotional matter, your feelings are shifting and you should

just go with that flow, don't resist this process. The Eight of Swords shows it has been a long time coming. You've been trapped in a cycle of ~growing pains~, but now you can escape and move on, feeling more positive and in control.

Libra (Sept 23–Oct 20)

The Four of Cups shows that you need to realise you already have everything you need, right under your nose, much like Dorothy in The Wizard of Oz! The skills, strengths and advantages already gifted to you are more than enough to get you where you need to go, so stop dwelling on what you think you lack. The Page and Queen of Coins shows that this is career-related angst, and that actually when you use your strengths, you can go further faster than you currently believe is possible.

Scorpio (Oct 23–Nov 21)

You are a natural-born boss, Scorpio, and full of confidence and leadership qualities, so head to the front of the pack and show the others the way! Two Kings (Swords and Coins) grant you great powers this month ahead to become a leader in your chosen area. You have both intellect and strength, you have both the ideas and the resilience to execute them, even in adversity. Get on with your plans, because the time is ripe,

as shown by the rewarding and prosperous Ten of Coins, to make something of it all. Go for it, on every level! your feet!

Sagittarius (Nov 22–Dec 21)

An abrupt but necessary ending in your life, as shown by the no-nonsense Ten of Swords, prompts a little pause in proceedings. You decide to sit and think about what you really, truly want to do next. Good for you. The Seven of Coins shows that this is a cosmic turning point, and you can honestly go in ANY direction from here. The Four of Wands reveals an upwards path is awaiting. One which is challenging and requires hard work, but will lead to fulfilment, rewards and material wealth. What are you waiting for?

Capricorn (Dec 22–Jan 19)

Hard work and graft lie ahead this month, but that's okay, Cap, because you're the hardest worker in the zodiac anyway. You eat work for breakfast! The Eight of Coins shows that you're close to a breakthrough, but there's more energy and effort required this September. The Pages of Cups and Swords reveal your intellectual and creative skills will be tested, rather than brute force or confidence, so get out your ~thinking cap~ and prepare to show them just what a smart cookie you are.

Aquarius (Jan 20–Feb 18)

What you've been daydreaming about is actually set to become a reality - are you ready? The Seven of Cups shows your fertile imagination has been running on overdrive, and the Three of Coins shows that someone is actually in a position to offer you something which will enable you to manifest these dreams. Do not hesitate, Aquarius, because this is a golden ticket! The Two of Swords reveals it will require a tough decision, and you may have to sacrifice something, but it will be worth it. Say YES.

Pisces (Feb 19–Mar 20)

A wonderful new opportunity awaits this month ahead, Pisces, with the loving Ace of Cups. It could actually be a new romance, it might be a creative idea or scheme, it could be the role of a lifetime- it's big and beautiful anyway! Say YES. I mean it. The Hanged Man and Four of Coins are a double whammy of ~limbo~ and hint you've gotten into a rut recently, stagnating and stalling. Enough of this energy. It's time to open up and broaden your horizons, and let new, fresh energy flow into your life.

October 2020 Newsletter Submission Deadline

Friday, Sept 25th at Noon

anything submitted outside of this date will not be included in the newsletter

Want to submit to the newsletter? Please email us at reception@titqet.org

(PDF or Word documents are preferred)



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