

Newsletter

Aug 2021

T'IT'Q'ET AUG 2021 ISSUE

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TO SUBMIT TO NEWSLETTER

Please email us at: reception@titqet.org
details on page 39





















August

Garbage Days

Mondays and Fridays

Recycle Days

Recycling will be once a week and will have to be separated

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Office Closed Stat holiday	3	4  	5	6 	7
8 	9	10	11 	12	13 	14
15 	16	17	18 	19	20 	21 Annual BBQ 11:00am
22 Community Meeting 9am in PCC gym	23 	24	25 	26	27 	28
29 	30	31	1 	2	3 	4
5 	6	7	8 	9	10 	11

RECYCLE DAYS:

Aug 4–Plastics



Aug 11–Glass



Aug 18–Tins



Aug 25–Cardboard/Paper



Happy Graduation
Congratulations,
Gavin Mackenzie!

PODIATRIST

Dr. Bolen our Podiatrist
Will be coming into the
T'it'q'et Community
FRIDAY AUGUST 13 2021
Please contact Medical Clerk at the band office

To book your appointment
250-256-4118 ext.241



*Annual
T'it'q'et*

*Community
B-B-Q*

Save the date
Share a meal
and stories in
great company



Sat. August 21st

11:00 AM

@ PCC HALL

August 4, 2021
P'egp'iglha Community Centre
5pm
Dinner Provided

This past month, Dean Billy sent out a survey regarding
911 and Street Names - this meeting is to discuss
your concerns, comments, questions.

Dinner will be provided.



DOG ATTACKS

Administration has received complaints concerning vicious dog attacks and nuisance pets. Once a written complaint is received concerning dogs or other pets it goes on file.

All home owners/tenants are responsible for their dogs and pets that roam freely, bark incessantly and cause general annoyance to neighbours. Please keep dogs fenced in or tired on a run.

Dogs that bark constantly should be brought into the home especially during the evening.

Home owners/tenants are advised to put in complaints in writing to administration if an animal is causing a nuisance for example: digging up gardens, taunting neighbor's pets that are fenced in, doing their business on neighbours' lawns etc.

8.2.1.8 As per the housing policy it states:

1st Warning is a writing to the owner from Council:

2nd Warning, the owner must pay the \$50 animal control surcharge;

3rd Warning, the pet owner must meet with Council;

4th warning is the removal of the dog.

Thank you,
Kassandra Doss
Housing Coordinator



Happy Birthday on July 1, 2021

*Happy birthday to one of my
best friends, my partner.*

*Here's to another year of laughing at
our own jokes and keeping each other
sane! Words alone are not enough to
express how happy I am you are
celebrating another year of your life!*

*My wish for you on your birthday is that
you are, and will always be, happy and
healthy. Don't ever change!*

*Happy birthday Sid, from Isis, me and
the rest of the family, we love you ❤️*



P'egp'ig'lha Council

P.O. Box 615
Lillooet, B.C.
VoK iVo

phone (250) 256 4118
fax (250) 256 4544

PC Climate Action Project Coordinator, P'egp'ig'lha Council

Climate change is impacting the P'egp'ig'lha way of life. P'egp'ig'lha Council is looking for a motivated, self-directed individual to help with the Traditional Ecological Indicators for a Climate Change Adaptation Project.

The Project Coordinator will work with P'egp'ig'lha, particularly with elders and youth, to investigate the seasonal timing of traditional foods, medicines, fishing and hunting. Then we will look at the potential impacts of climate change on health and our ways of life.

This project will work with traditional knowledge, western science, language and culture to develop a climate change adaption strategy for P'egp'ig'lha.

Office Duties and Responsibilities:

- Work through the support of the project consultant and PC staff
- Work closely with the PC, elders and youth.
- Collect oral history and family traditions relating to seasonal foods and medicine.
- Coordinate 2 or 3 forums with St'at'imc Elders to gather information.
- Work with project experts and technical support people on the development of the Climate Action Strategy for PC.
- Provide written reports or summaries of meetings.
- Provide project updates to the PC.
- Promote and create a healthy team environment.

Qualifications:

- Highly Motivated, self-directing and have the ability to work independently.
- Research Skills and ability to use the computer to conduct research, including accessing historical records.
- Experience and ability for working with elders and organizing meetings.
- Knowledge of the St'at'imc Territory.
- Knowledge of P'egp'ig'lha values and traditional practices.
- Ability to communicate effectively, orally and in writing.
- Knowledge of Microsoft Office (Excel, Word, Power Point).
- Knowledge and able to use Mapping programs (Google Earth, ArcMap) would be preferred.
- Must have valid class 5 drivers license and a reliable vehicle.
- First aid Certificate is preferred.
- Be discrete and uphold T'it'q'et oath of confidentiality

Preference will be given to qualified applicants of Indigenous descent per Canada's Human Rights Act and Legislation surrounding employment equity.

Please submit your signed cover letter and resume with three references to:

P'egp'ig'lha Council Attn. Nora Greenway or Sid Scotchman
Phone: 250-256-4118 Extension 231 or Extension 233

PO Box 615
59 Retasket Drive
Lillooet BC, V0K 1V0

CONGRATULATIONS TO PRESTON RILEY

GRADUATION FROM THE RAVEN PROGRAM

Canadian Forces Certificate of Military Achievement

I AM VERY PROUD OF YOUR ACCOMPLISHMENT SON,

LOVE MOM (SHAWNA RILEY)



DENTAL BENEFITS- FNHA

Seeing an oral health care provider regularly can help you catch dental problems before they get too serious and require more extensive procedures. Oral health is directly linked to general health and wellness. Dental infections can make certain conditions, such as diabetes, heart disease and pregnancy, more complicated.

Health Benefits has partnered with Pacific Blue Cross (PBC) to offer a comprehensive dental plan to First Nations in BC.

What My Plan Covers

Your plan covers certain dental items and services under the following categories:

- bridges
- crowns, inlays, onlays, veneers
- dental surgery
- dental sedation
- dentures
- exams and x-rays
- fillings
- night guards
- orthodontic services (coverage has age restrictions and medical criteria)
- periodontal services
- preventive services
- root canals and related services

You can find detailed information about your dental benefits through your [PBC Member Profile](#), which you can access online or through the PBC app.

How Do I Access Coverage?

When you make an appointment, the best way to access your coverage and avoid out-of-pocket costs is to discuss your treatment plan and billing details with your provider.

- 1. Ask your dental provider if they are registered with PBC.** Providers who are registered can bill directly. If you see a provider who is not registered with PBC you will need to pay out of pocket and request reimbursement.
- 2. Make sure any prior approval requests for items or services have been approved.** Some items and services require prior approval, which your provider can request directly from PBC.
- 3. Check if your dental provider requires payment up front.** Some providers ask their clients to pay for items and services before undergoing treatment.
- 4. Talk to your provider about which items and services are fully covered by your plan.** Some providers charge more than the dental benefit maximums. Make sure you are aware of all charges before undergoing treatment.

If you have any questions about your dental plan, how to access coverage, or why a claim was denied, **call Health Benefits at 1-855-550-5454.**

What My Plan Does Not Cover

Some items and services are considered Exclusions. Exclusions cannot be covered as an exception and cannot be appealed. Dental benefit Exclusions include, but are not limited to:

- cosmetic treatments
- implants
- ridge augmentation

APPEALS FOR DENIED SERVICES

If you have been denied coverage for an item, service, or travel, you have the right to appeal the decision. You can submit an appeal up to 12 months from the date that your benefit was denied. Appeals can be submitted by the client, their parent or guardian, or a representative.

Call Health Benefits at 1-855-550-5454 to learn more about the appeals process.

How to Submit an Appeal

Once you have spoken to Health Benefits and are ready to appeal a decision, write a formal letter that describes the situation in detail, including the following information:

- the diagnosis of your medical condition
- the prognosis, or expected outcome, of your medical condition, including what treatments have been tried
- justification for the proposed treatment
- any additional supporting information

Your appeal also needs to include relevant documentation, such as:

- a note from your doctor or health care provider explaining your condition and need for the item, service, or travel
- diagnostic results (e.g. dental x-rays, blood test results)

Once you are ready, please **mail your appeal** to:

FNHA Health Benefits Program
#540 – 757 West Hastings Street
Vancouver, BC V6C 1A1



First Nations Health Authority
Health through wellness

CLIENT RESPONSIBILITY

Clients who access medical transportation through the FNHA Health Benefits program, either at the community level or Health Benefits Operations are responsible to:

- Give at least 5 days notice. Upon receipt of notice, transportation arrangements can be made. **Note:** Clients who do not provide sufficient notice may be required to reschedule their appointment or pay for the travel and get reimbursed
- Attend their medical appointment as scheduled. Clients who do not attend medical appointments may be required to pay back any benefits they have received and/or pay for their travel costs on subsequent medical travel
- Get a signed confirmation of attendance from the health professional and return it to the Transportation Coordinator after the medical appointment.
- Give notification when cancelling an appointment prior to the date of the appointment; including 24 hours notice to cancel any hotel arrangements
- Retain and submit all necessary receipts required
- Not damage property or abuse accommodation arrangements, such as excessive noise
- Not become verbally abusive or threatening to the patient transportation clerk or coordinator

Clients may be required to pay for their own travel arrangements and submit a client reimbursement form with the appropriate documentation or may have charges deducted off their next travel arrangements, in such cases as:

- a) Client is verbally or physically abusive;
- b) Client fails to provide the required medical documentation (referral or confirmation of attendance) or receipts
- c) Client is no longer accepted in commercial establishments or on commercial transportation because of inappropriate behavior
- d) Client does not make it to their scheduled appointment
- e) When FNHA or a First Nation organization is charged for damages; billed for keys; or no shows.



ARE YOU A BC INDIGENOUS YOUTH BETWEEN THE AGES OF 18 - 29 WHO IS INTERESTED IN AN EDUCATION OR CAREER IN THE PUBLIC SERVICE? WOULD YOU LIKE TO CONNECT WITH OTHER SIMILAR YOUTH FROM BC AND HELP TO SHAPE FNPSS' EVENTS AND OFFERINGS?

JOIN US: FNPSS' YOUTH NETWORK

FNPSS is looking for diverse Indigenous Youth from across BC to be a part of our new Youth Network. Driven by youth, the Youth Network will meet virtually to learn about FNPSS' offerings and provide feedback, brainstorm new ideas, exchange best practices, connect with other Indigenous youth across BC, and be provided with opportunities for involvement in FNPSS' work.

The overall goal of the youth network and FNPSS' work with youth is to encourage and support First Nations youth to pursue education and careers in public administration and governance.

*If you or someone you know is interested in being a part of the FNPSS Youth Network (no public service experience required!), or if you have questions, **please email us at info@fnps.ca.***



**FIRST NATIONS
PUBLIC SERVICE SECRETARIAT**
COURAGE TO EXCEL

Do you need to relax?

Do you suffer from headaches or back aches?



Come on down for a good relaxation massage

With Marilyn Charlie

August 18th 2021

Amawil'calahcw (T'it'q'et Health Centre)

Maytálhchw (A place to Heal)

Please call Medical Clerk Nicole Napoleon

250-256-4118 Ext. 241

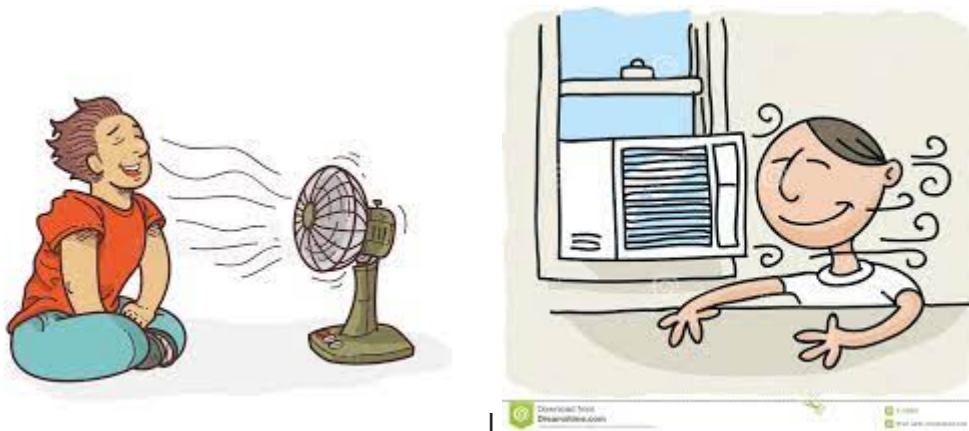
To book an appointment

Please note

Your appointment is 30 minutes long

The schedule provided for the time management for both the client as well as the Therapist.

If you know you are going to be late please call ahead to the medical clerk



grateful.

"The Elders would like to thank Administration and Kassandra for getting air conditioners, we are so grateful we no longer have to sit beside the fan that is blowing hot air onto our face when we are trying to cool off.

Special thanks to O&M crew for setting up the air conditioners in our homes, where we now sit and enjoy the gorgeous day with big smiles on our faces!!!

Your thoughtfulness is a gift that we will never forget as we sit in our rooms reading magazines and watching our soap operas, LOL





ENGAGING YOUTH FOR STRONGER COMMUNITIES



STEP UP

Open House



Tuesday August 3, 2021 1:30-4:30

Daily pro rated allowance per month according to attendance.
Childcare dollars provided.

Open to youth in Lillooet, St'at'imc, Goldbridge, Bralorne and surrounding Communities
Ages 15-30

Contact: Coordinator-Gail Kreiser Leech eysccoach@lfcs.ca 256-4146 ext 207
Activity Support Coach-Belinda Adolph eysc@lfcs.ca 256-4146 ext 201

Phase #2, 2021 starts August 6th –November 30th 2021



Location: Lillooet Friendship Center Society 357-Main Street Lillooet BC

Funded in part by the Government
of Canada under the Canada
Service Corps program

Canada



TEEN ON WEED

KNOW
THE
FACTS



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- *Marijuana has become more potent in the last 30 years, leading to an increase in addiction to it and to related drugs like alcohol.
- *9% of people who use Marijuana will become Dependent, especially those who start using in their teens.
- *Short term dangers of Marijuana include- **Memory Loss, Impaired Thinking, or Problem Solving, Loss of Motor Skills**
- *Long term risks of Marijuana use include- lower Academic Achievement, **Weakened executive Function (Learning and Absorption)**, and an individual is **No Longer "High"**.
- *Marijuana smokers **Cannot Process** newly learned information.
- *Use among youth can lead to **Reduction** in quality of life, and they are more likely to try **Harder Drugs**, which could lead to **Overdose**.
- *1 in 6 users will become **Addicted** to Marijuana if they continue to use.
- *Marijuana use directly **Affects** the **Brain-specific functions** like **Decision Making, Coordination, Emotions, and Reasoning**.
- *Long term or **Frequent** use of Marijuana has been linked to **Schizophrenia** in some users.
- *Research shows that Marijuana use in adolescence can affect the developing **Brain**.
- *Frequent Marijuana use is linked to **School Drop-out** and lower achievement.
- *Marijuana use has been linked to **Mental Health** issues.

****POSSIBLE ON-LINE SEARCHES
Drug Free Kids Canada
National Center for Health Education
Centers for Disease Control and Prevention
Here to Help***

CALL THE ALCOHOL AND DRUG INFORMATION

1-800-663-6633



Author is licensed

years and in turn, experts are seeing an increase in hashish.

dependent on it, rising to 17% in those

Loss, Distorted Perception, Trouble

, an Increased Heart Rate. Attention Levels later in life, Cancer,

Information to store for later use. of Life, and cause them to be more overdose and Death!

they begin using Before the age of 18. ally, Memory, Learning, Attention, Action Time.

linked to risk of Psychosis or

can have Permanent Effects on the

Out, and lower educational

issues such as, Depression or Anxiety.

ARCHES*

Canada

Research

and Prevention

IN AND REFERRAL SERVICE AT

-1441

NOW WHAT?

Know that you are not alone,

***Think about WHO, WHEN, and WHY, you are using Marijuana. WHAT led you to try Marijuana? Are you Fully Aware of the Risks involved in Marijuana use?**

***List the possible Good and Bad Experiences you've had while using Marijuana.**

***Are the people around you a Good Influence and do they make Good Decisions?**

***Have a Conversation with your Parents, a Teacher, a Counsellor, a Health Professional, a Social Worker, Peer Helper, or Community Leader. Any one of them can Offer Direction, Support, Services, Resources, and or Tools to Support your Efforts.**

***You can Find Resources - On-Line, In Person, or by Phone.**



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Virtual Wellbriety Support Group

Open Daily Zoom Meetings

EVERYONE IS WELCOME TO ATTEND

Every Day, Monday to Friday

1:00 pm to 3:00 pm Pacific Daylight Time

*Join by clicking this link or copy and paste the link into
a web browser <https://us02web.zoom.us/j/84428458473>*

Dial in option: 1-778-907-2071

Meeting ID: 844 2845 8473

For more information contact:

Dave Manuel, TteS Wellness Counsellor
250-372-5030 dave.manuel@kib.ca

Me7 knucwentwécw-kp (help one another)

**Me7 yegwyúgwt-k ell me7 yegwyúgwt ke7 pús-men
(Keep healthy and strong in body and mind)**



Engaging Youth for Stronger Communities

Step Up



Phase #2, 2021 August 6-November 30th

- ***Volunteer work experience***
- ***Work Prep and work wear***
- ***HR Downloads online work prep and in person courses***
- ***Resume with Cover letter and Work experience Portfolio.***

Daily pro rated allowance per month according to attendance. Childcare dollars provided.

Open to youth in Lillooet, St'at'imc, Goldbridge, Bralorne and surrounding Communities
Ages 15-30

Workshop list

- Self Awareness
- Work Ethics
- Life Skills
- Leadership
- Communication
- Mentorship
- Networking
- Understanding Culture
- Youth Council



Contact

Gail Kreiser Leech-Coordinator

250-256-4146 ext 207 eysccoach@lfcs.ca

or

Belinda Adolph-Activity Support Coach

250-256-4146 ext 201 eysc@lfcs.ca

Lillooet Friendship Center Society
Location 357nMain Street

Lillooet BC V0K 1V0

Funded in part by the Government
of Canada under the Canada
Service Corps program

Canada



APPENDIX "A"
LOCAL EDUCATION AGREEMENT BETWEEN:

Sek'wel'wás (Cayoose Creek), Xaxli'p (Fountain), T'it'q'et (Lillooet) and Ts'kw'aylaxw (Pavilion)
and
School District No. 74 (Gold Trail)

AUTHORIZATION TO RELEASE INFORMATION

Dear Parents/Guardian:

By completing this form you are enabling information to be shared between your child, yourself, school administrators and your child's teachers, and your education coordinator. The intent in sharing this information is to make certain that all measures are taken to ensure your child has the best chance to succeed in the school environment. Information shared is considered confidential.

WHEREAS this authorization is to be used in conjunction with the Local Education Agreement (the "LEA") with the _____ Council and is intended to facilitate communications and information sharing between the student, parent/guardian, school administrators and teachers, and the education coordinator.

AND WHEREAS this authorization is further intended to assist all aforementioned parties with addressing the educational and social needs of students covered by the LEA.

THE TERM of this authorization is for the _____ school year.

Student Name:			
Address:			
Phone No.:		Message #: Or E-mail	

In addition to myself, I, the Parent/Guardian of the above named student hereby authorize _____ School, being a school within School District No. 74, to release information pertaining to: report cards, progress reports, attendance records, any social concerns regarding the above named student that may be affecting that student's success at school, and any further information required in the LEA to (please check those that apply):

_____ the Education Coordinator.

Parent/Guardian Signature

Date



T'it'q'et Administration

P.O. Box 615
Lillooet, B.C.
VoK iVo

phone (250) 256 4118
fax (250) 256 4544

Please Note: Will not be paid unless ALL areas are completed.

T'it'q'et Education School Supply List Form

10 digit

Status Number.

Name of Student

Birthdate

Yr

Mon

Day

Grade

School

Parent or Guardian (Please Print)

CERTIFIED CORRECT
for the School term
2021/22

Name

Address

Phone #

Signature

ABE UPREP ENGLISH AND MATH FALL 2021 - LILLOOET

This 13-week fully-funded TRU Uprep ENGL 0500 / 0600 and MATH 0500 allow adult learners, to return to and complete the BC Ministry of Education secondary school requirements.

Upgrading could be right for you if you want to meet TRU program requirements or get your high school diploma.

Program Dates: Sept 13 - Dec 10, 2021

Application Deadline: Aug 13, 2021

Location: TRU Lillooet

Delivery model: Face-to-face

Fee: Fully funded

Living expenses will not be provided



For more information and registration contact:

TRU Lillooet Karime Jolly

Tel: 250-256-4296 Cell: 778-209-9788

Email: kjolly@tru.ca



PERSONAL INFORMATION

First or given name(s): _____ Middle name(s) (optional): _____

Last or family name: _____ Other names: _____

Former last or family name (Optional) _____

Include maiden name or birth name prior to a legal name change

 Gender: ☐ Male ☐ Female ☐ Undisclosed Birthdate: (yyyy/mm/dd) ____ / ____ / ____

Primary language spoken at home: _____ Country of citizenship: _____

If citizenship is Non-Canadian, please indicate Visa Status:

☐ Permanent Resident/Landed Immigrant ☐ Refugee (status granted) ☐ Student Authorization/Student Visa

CONTACT INFORMATION

 Mailing Address: *Admission correspondence may be sent to your mailing address*

Street address: _____ City (full name): _____

Province: _____ Postal Code: _____ Country: _____ Email: _____

Phone: Primary: _____ Other: _____

Emergency contact (Full Name): _____ Emergency contact email: _____

Emergency contact primary phone (optional): _____ Other: _____

ADDITIONAL INFORMATION

Previous Affiliation

If you have been assigned a TRU ID number before, it is important that we link your application to it.

Have you been employed by TRU or do you have a TRU ID number?

☐ Yes

TRU ID

--	--	--	--	--	--	--	--	--	--

☐ No

Indigenous Self-Identification
☐ Please check this box if you wish to be identified as an Aboriginal person

If you have chosen to identify yourself as an Aboriginal person, for statistical purposes, we invite you to select the option(s) that best describes your Indigenous identity.

☐ First Nation (including Status, non-Status, Treaty and non-Treaty) ☐ Métis ☐ Inuit

"An Aboriginal person is identified in accordance to the Constitution Act of 1982, Part II, section 35(2)."

PROGRAM SELECTION

When do you want to start your program: *If you are applying for an online and distance program through Open Learning (OL) please select Open Learning only.*

- ☐ Open Learning only
- ☐ Winter 2021 (Jan-Apr)
- ☐ Summer 2021 (May-Aug)
- ☐ Fall 2021 (Sep-Dec)
- ☐ Winter 2022 (Jan-Apr)

Select your program level

- ☐ Bachelor Degree
- ☐ Diploma
- ☐ Certificate
- ☐ Graduate Degree
- ☐ Graduate Diploma/Certificate
- ☐ Trades Foundation
- ☐ Trades Apprenticeship
- ☐ Unclassified

For Apprenticeship applicants, enter your **ITA Individual ID** here _____

Program name: _____

Select a campus: ☐ Kamloops ☐ Williams Lake

Accessibility Services

Please refer to our website for information regarding available accommodations and services: **www.tru.ca/as** or contact:

Phone: 250-828-5023

Email: as@tru.ca

Location: Old Main Building, Room 1631

Other information:

Enter additional application information here (optional)

ACADEMIC HISTORY

Provincial Education Number (PEN)

--	--	--	--	--	--	--	--	--

High Schools you have attended, most recent first.

Name up to 2 entries

If you are a BC resident, locate or determine your Personal Education Number (PEN).
If you cannot find or do not know your PEN then visit bced.gov.bc.ca/pen/student/penobtain to acquire it.
Providing your PEN as part of this Program Application is optional but doing so will help streamline the application process.

	Name	Province, Country	Date Attended Start (yyyy/mm/dd)	Date Completed (yyyy/mm/dd)	Current or Completed Grade
1.					<input type="checkbox"/> Less than 12 <input type="checkbox"/> 12 or equivalent <input type="checkbox"/> IB diploma
2.					<input type="checkbox"/> Less than 12 <input type="checkbox"/> 12 or equivalent <input type="checkbox"/> IB diploma

Post-secondary institutions you have attended, most recent first:

Name up to 3 entries

	Institution	Province, Country	Date Attended Start (yyyy/mm/dd)	Date Completed (yyyy/mm/dd)	Credential Awarded	Date Credential Awarded (yyyy/mm/dd)
1.						
2.						
3.						

Education History

Any institution named in this section must also be listed as a post-secondary institution that you have attended. Any misrepresentation of information in this application may result in the cancellation of your admission or registration and such misrepresentation may be shared with other post-secondary institutions.

Has your education been interrupted for longer than six months?

☐ Yes Provide a brief outline of your activities during this period.

☐ No

Have you

☐ Been required to withdraw or ☐ Been academically suspended or ☐ Failed a year at another institution?

☐ Yes Name of institution _____

Date of Withdrawal/Suspension/Failure (yyyy/mm/dd) _____

☐ No

Agent Information and Release – INTERNATIONAL APPLICANTS ONLY

Do you have an educational representative or agent?

<input type="checkbox"/> Yes	Agent Identification Number (optional)	<input type="text"/>
Agency: _____		
Agent Name: _____		
Street Address: _____		
City (full name): _____		
Province: _____	Postal Code: _____	Country: _____
Phone: Primary _____		Other _____
Email Address: _____		Fax: (optional): _____
I hereby authorize institution to release admissions, registration, and tuition information to this organization		
<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Not specified		
<input type="checkbox"/> No		

APPLICATION FEE

Canadian/Domestic **\$30.42** International **\$100.00**

Payment Options

By mail: Payable to Thompson Rivers University by cheque or money order.

In person:

Kamloops Campus

Thompson Rivers University
Enrolment Services
805 TRU Way
Kamloops, BC V2C 0C8

Open Learning

Thompson Rivers University
Open Learning
oladmissions@tru.ca
Fax: 250-371-5960

Williams Lake Campus

Thompson Rivers University
1250 Western Ave
Williams Lake, BC V2G 1H7

Kamloops Campus: Old Main Building,
1st floor Student Street (Room 1614)

Williams Lake Library Centre

Types of payments: Cash, debit, credit card, cheque or money order payable to Thompson Rivers University

Payment Declaration: Applications received without the application fee will not be processed

CONSENT FOR DISCLOSURE AND DECLARATION OF APPLICANT

Declaration:

By signing this Application, I understand and agree that: (i) this is an application for a TRU program only and is subject to the limitation of available resources; (ii) any misrepresentation of information in this application may result in the cancellation of my admission or registration and such misrepresentation may be shared with other post-secondary institutions; (iii) my personal information will be reported as required by provincial or federal authority; (iv) my admission information may be shared with my current high school as needed and applicable; and (v) if I am admitted to a program, I am subject to the policies and rules of TRU. I certify that all statements on this application are true and complete and I authorize TRU to verify them.

Date (yyyy/mm/dd)

Signature of Applicant

Privacy Notice: Thompson Rivers University (TRU) collects, uses, discloses and retains personal information in compliance with the BC *Freedom of Information and Protection of Privacy Act* (FIPPA). Your personal information is being collected and will be used for the purposes of administration, registration and other decisions on students' academic status, and for the purposes consistent with the administration of the University and its programs and services, including the programs of student societies/student unions, alumni association and the Thompson Rivers University Foundation. The collection of this information is permitted under section 26(c) of the FIPPA.

Please report any concerning activities

Please call STP directly to report any concerning activities.

STP emergency number is 250.256.7767.

STP non-emergency number is 250.256.7784.

Directly reporting the activity will help the police respond faster in an emergency.

Friendly reminder that in the rental units as per agreement signed:

8. Except for casual guests, no other persons shall occupy the premises without written consent of the Landlord.

Housing needs to be contacted when you move someone into your rental unit. Then it needs to get approved by administration, and council that this ok. If approved a new rental agreement will need to get filled out and signed.

Thank you,
Housing.

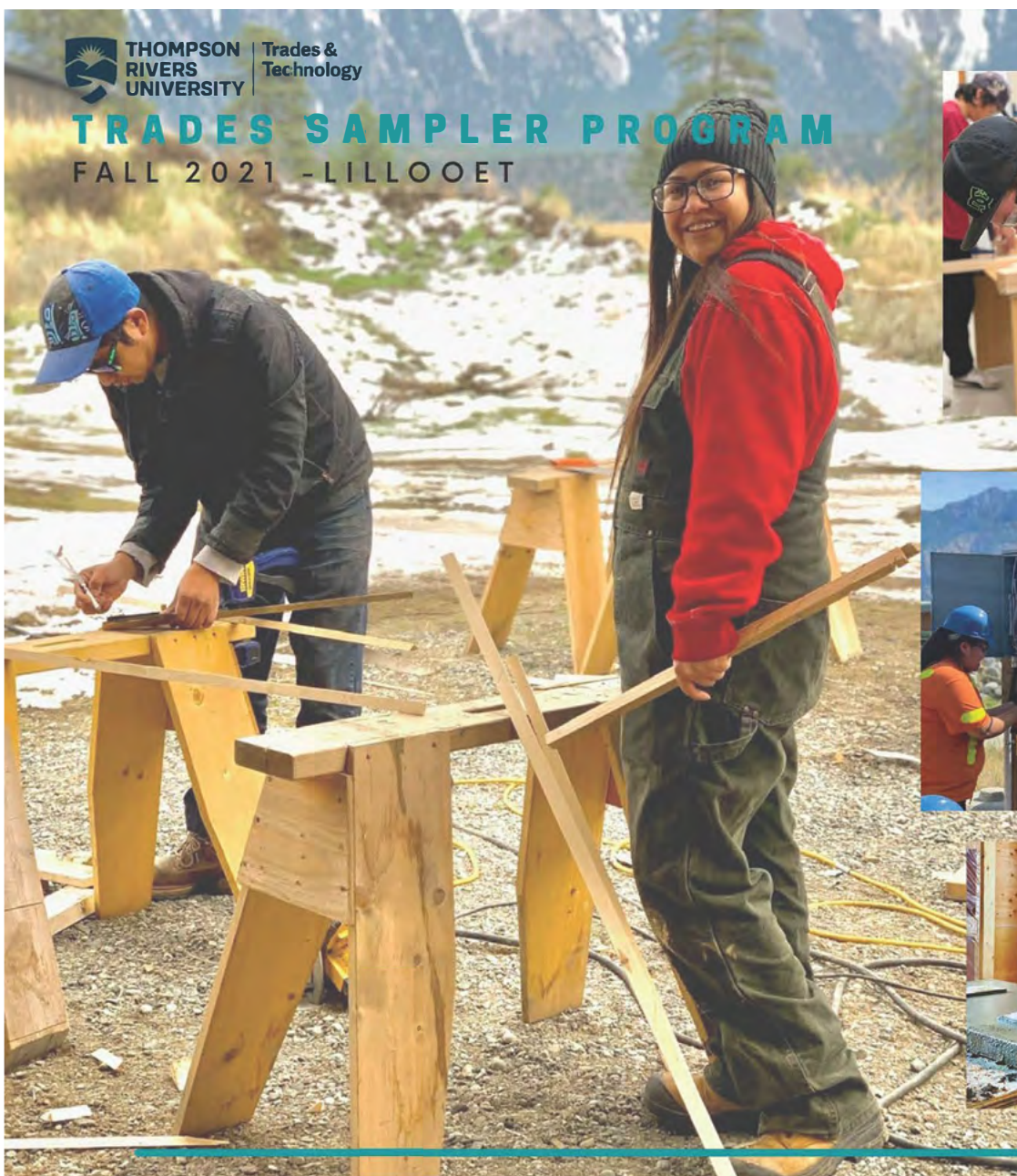


THOMPSON
RIVERS
UNIVERSITY

Trades &
Technology

TRADES SAMPLER PROGRAM

FALL 2021 - LILLOOET



This fully-funded Indigenous Trades Sampler Program gives students the hands-on experience to gain a basic understanding of three common construction trades: carpentry, plumbing, and electrical.

This program is fully funded for those who qualify, including personal protective equipment, books, and some tools. Living expenses will not be provided.

- Program Dates: Sept. 27 - Dec. 22, 2021**
- Application Deadline: Aug. 20, 2021**

For more information and registration contact:

TRU Lillooet Karime Jolly
Tel: 250-256-4296 Cell: 778-209-9788
Email: kjolly@tru.ca

Willi Fortier
Tel: 250-828-5433 Cell: 250-851-1132
Email: wfortier@tru.ca



Canada



Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.

ita

Lillooet Community Adult Learning Centre (CALC)

Phone: 250 256-6007

Address: 472 Main Street, Lillooet BC

Email: ylarochelle@lillooettribalcouncil.ca

Email: calccordinator@lillooettribalcouncil.ca

ONGOING PROGRAMS:

Adult Dogwood

Offered online

South Central Interior Distance

Education School (SCIDES)

18 years of age and older

Adult Upgrading

Offered in person and online

Nicola Valley Institute of Technology

Offered in communities and at the

Lillooet Community Adult Centre.

Tutoring

Offered in person and online through the CALC

18 years of age and older

Lillooet Tribal Council St'át'imc Education Institute in Partnership with the Nicola Valley Institute of Technology 2021-2022



"To Provide educational services and support in a culturally sensitive environment, that enriches the individual and the community at large." - St'át'imc Education Institute



Lillooet Tribal Council / St'át'imc Education Institute

Post-Secondary Education Programs offered in Partnership with Nicola Valley Institute of Technology

St'át'imc Language Fluency Program Certificate level courses

Email:

languagecoord@lillooettribalcouncil.ca

LCPTechnician@lillooettribalcouncil.ca

Phone: (250) 256-0452

Offered online (1st year)

Free tuition pilot program starting with four St'át'imc language courses.

Course Date

STLG 110 March 23 – April 24

STLG 111 May 04 – June 05

STLG 112 June 15 – July 17

STLG 120 July 27 – August 28

Environmental Resources Technology (Environmental Studies)

Email:

education@lillooettribalcouncil.ca

Phone: (250) 256-3538

Certificate level courses (1st year)

Part-time studies (3 courses each semester)

Semester One: Sept - Dec 2021

Semester Two: Jan - May 2022

Offered online and/or in person.

Aboriginal Governance and Leadership Diploma Program (Business)

Email:

education@lillooettribalcouncil.ca

Phone: (250) 256-3538

Diploma level courses (2nd year)

Offered online and/or in person

Semester One: Sept – Dec 2021

Semester Two: Jan – May 2022

Offered online and/or in person.

These programs were made possible by the support of the First Nations Education Steering Committee and the Indigenous Adult Higher Learning Association.



Xaxli'p / Xwisten / Tsal'alh / T'it'q'et / Ts'kw'aylaxw / Sekw'el'was



ST'ÁT'IMC OUTREACH HEALTH SERVICES

LILLOOET TRIBAL COUNCIL

PO Box 1420 | 650 Industrial Place | Lillooet, BC V0K 1V0
Phone:(250) 256-7530 | **Fax:** (250) 256-7535
statimhealth.net

HOURS OF OPERATION

Monday – Friday
8am – 5pm (closed for lunch from Noon–1pm)
Closed on Statutory Holidays

URGENT or CRISIS LINE PHONE NUMBERS

Mental Health and Addiction Services:

Lillooet Hospital and Health Centre, 951 Murray Street, Lillooet, BC

- Health Centre, Intake and Urgent Response, Monday to Friday, 8:30–4:30pm, 250-256-1343
- **Lillooet Hospital, 24 Hour Emergency, 250-256-4233**

Ministry of Children & Family Development, 514 Main St., Monday-Friday, 9:00-4:00, 250-256-2710

Crisis and Health Lines – Toll Free:

- Kuu-us Crisis Line, Provincial Aboriginal Crisis Line 24/7.....1-800-588-8717
- Native Youth Crisis Hotline, 24/7, Canada & USA.....1-877-209-1266
- Interior Crisis Line.....1-888-353-2273
- Crisis Intervention & Suicide Prevention, 24/7.....1-800-784-2433
- Adult & Youth Distress Line.....1-866-661-3311
- Alcohol & Drug options for treatment.....1-800-663-1441
- Kids Help Line, for children & youth,24/7, phone.....1-800-668-6868
or by text, CONNECT 686868
- BC Nurses Line, Health questions.....811
- Indian Residential School Crisis Line, 24/7.....1-866-925-4419
- VictimLINK, 24 Hour help & Information.....1-800-563-0808
- Kamloops Sexual Assault Counselling Centre.....250-372-0179
or ksacc@ksacc.ca
- Women's Emergency Shelter.....250-455-2284
or toll free 1-800-318-4455
- BC COVID 19 Mental health Network..... bccovidtherapists@gmail.com
With name contact info and availability for free online appointment

Emergency – Call 911 in service area

or

Stl'atl'imx Tribal Police – 250-256-7767

RCMP – 250-256-4244

Ambulance – 250-256-7111

Cultural Wellness/ A & D/ Mental Health Supports

Lillooet Friendship Center: Working at office & by phone, online		
Victim Services	Violet Dunn (working in office) Stop the Violence/ SAFE Home Program	250-256-4146 stv@lfcs.ca
Addictions & Mental Health	<ul style="list-style-type: none"> Carol Camille Riley Aleck 	Cell #'s <ul style="list-style-type: none"> 250-256-4146 250-256-9336
Cultural Wellness	Riley Aleck – Counselling Support	Cell: 250-256-3086
Shelter Support & Food Bank	Everett Tom	Cell: 250-256-1574 Office: 250-256-4146
PEACE (CWWA) Prevention, Education, Advocacy, Counseling, Empowerment for children and youth experiencing violence.	Karen Kauffman	250-256-4146 karen@lfcs.ca
EYSC Engaging Youth for Stronger Communities	Gail Kreiser-Leech: Job Coach	250-256-8893 eysccoach@lfcs.ca
Private Practitioners:		
Eagle Spirit Counselling	Brandi Kane MSW, RCSW	604-728-1574 brandy@eaglespiritcounselling.com
	Yolanda Hall MSW, RCSW Private Clinician/ Counsellor Lillooet (Mondays and some Tuesday afternoon)	1 (866) 414-2300 yjhall@telus.net
Askom Counselling	Joanne Warren SSW, BA, MLIS, MACP, RCC	Office: 250-256-4906 Toll Free: 1 (866) 884-5990 counsellor@askomcounselling.org
Interior Health, Lillooet Hospital and Health Centre		250-256-4233
Mental Health & Substance Use Monday–Friday 8:30am-4:30pm Clinician 1 on site/1 working remotely. Both are available M-F	AJ – 250-256-1319 Allanah – 250-256-1343 Currently offering phone and Zoom app'ts to existing clients. In-person app'ts are on case-by-case. New intakes being screened via phone on a priority basis. Crisis response to Lillooet ED in person. Mandate: Moderate to Severe Mental Illnesses, including psychiatry referrals to Kamloops. Substance Use services, including referrals to treatment centers.	OAT Clinic (Phone app'ts only) 250-256-1345

St'at'imc Health Outreach: Working in Shifts & from Home, phone & online 250-256-7530		
Cultural Support	Darrell Bob	<u>Cell:</u> 250-256-3086
Day Treatment Manager	Christian Ahrenkiel	<u>Office:</u> 250-256-7530 <u>Cell:</u> 250-256-3625 daytreatmentmgr@statimchealth.net
Adult Mental Health Clinician	Ricardo Pickering	rpickering@statimchealth.net
Addictions Supports	Matilda Brown	<u>Office:</u> 250-256-7530 Ext. 209 mbrown@statimchealth.net
Mental Outreach Health Clinician	Cole Levitt	<u>Cell:</u> 778-220-1410 clevitt@statimchealth.net
Youth Clinician	Ellie Madeley	778-209-8552 youthclinician@statimchealth.net
Peer Supports	Rocker Brady	rbrady@statimchealth.net
T'i'tq'et Health: Working from Home, phone & online		
Community Wellness Counselling & Addictions Supports	Juanita Jacob	<u>Office:</u> 250-256-4118 250-256-9410 wellnesscoordinator@titqet.org
Sekw'el'was Health & Wellness: Working from Home, phone & online		
Mental Health & Addictions Support	Andrea Lebourdais	<u>Office:</u> 250-256-4136 Ext: 216
Counselling Supports for Community members		<u>Office:</u> 250-256-4136 <u>Cell:</u> 250-267-3389 mp.levitt@outlook.com
Xaxlip Health & Wellness: Working In Office		
Cultural Wellness, Addictions & Mental Health	Linda McDonald	250-256-4800 mentalhealth@xaxlip.ca

Xwisten Health & Wellness: Phasing Out of Office to Work at Home		
Mental Health & Addictions Counselling Support	Gary Dunn	250-256-7423 communitywellness@xwisten.ca
Cultural Wellness	Andrew Tom	250-256-7423
Ts'kw'aylaxw Health & Wellness: Working from Office 250-256-4204		
Health Admin.	Shannon McDonald	250-256-1459
	Stella Aleck	250-256-4204 culturalwellness@ts'kw'aylaxw.ca
Shalalth Rose Casper Health: Working from Home		
Contracted Support from SOHS Addictions counselling support	Matilda Brown	250-259-8232 mbrown@statimchealth.net
Kanukwa7staliha Family Services: Working from Home, phone and online		
CYMH Clinician	Sean O'Donaghey	Office: 250-256-7525 Cell: 604-722-1453



https://www.virtualhospice.ca/en_US/Main+Site+Navigation/Home.aspx

August 2021 Horoscopes



Leo (Jul 23–Aug 22)

Happy birthday! You're always the star of the show in your mind, but the spotlight's on you for real right now. Who or what do you want to include in your life? How can you achieve that? If there are any major relationships, jobs, or projects that you want to start, now's the time, Leo!

Virgo (Aug 23–Sept 22)

You stress and stress and stress about how useful you are to other people. You love to take care of them. You often take better care of them than you do yourself, though, and end up burned out. Focus on you. Take care of you. Clean up, figure out a better self-care routine, and fix your sleep sched! Everyone else can handle being alone without your help, I promise.



Libra (Sept 23–Oct 20)

This next month is one of the most social times of year for you! You're feeling more popular than ever, not only because your squad is constantly hitting you up, but because everywhere you go there are new faces trying to connect. Your social life's getting a major glow up—enjoy!

Scorpio (Oct 23–Nov 21)

You're reaching a critical moment in your development, Scorpio, especially in regards to work. You're really in the spotlight this month, and your boss is keeping a super close eye on you. There's work to be done, so go do it! Your performance has long-term rewards (or consequences!) so if you do well, a bonus or promotion is likely.

Sagittarius (Nov 22–Dec 21)

You pride yourself in how well-rounded you are, and this month is here to help you become an even more well-rounded person. Whether it's through travel, a class, or just a new interest you discover, you're learning tons and growing even more this month, Sagittarius!

Capricorn (Dec 22–Jan 19)

Commitment is very important to you, Cap. This month you're focusing in on your tightest, strongest relationships, and learning how to make them even more secure. The super emotional, erotic vibe is perf for getting intimate with someone special. Just know that if you're fooling around with a fling, you're probably gonna catch feelings!

Aquarius (Jan 20–Feb 18)

Leo season = cuffing season for your sign, Aquarius, so your love life is taking over this month! All of your relationships—including the platonic ones—are your biggest focus. You're strengthening your connections, making new relationships happen, and living it up with your boo, bestie, or both!

Pisces (Feb 19–Mar 20)

Leo vibes can be very self-centered, as we all know. But y'know what, Pisces? Own it! This season is all about focusing on yourself and your health—physical and mental. Start healthier, more productive behaviors, up your self-care game, and you'll be surprised at the long-term benefits that come your way.

Aries (Mar 21–April 19)

Love is in the air! Your chart's zone of romance, sex, and fun is getting lit up by Leo season's fiery vibes. You're feeling luckier than ever right now when it comes to, well, getting lucky! You have an action-packed month ahead of you. Have fun, bb—just don't get too reckless!

Taurus (Apr 20–May 20)

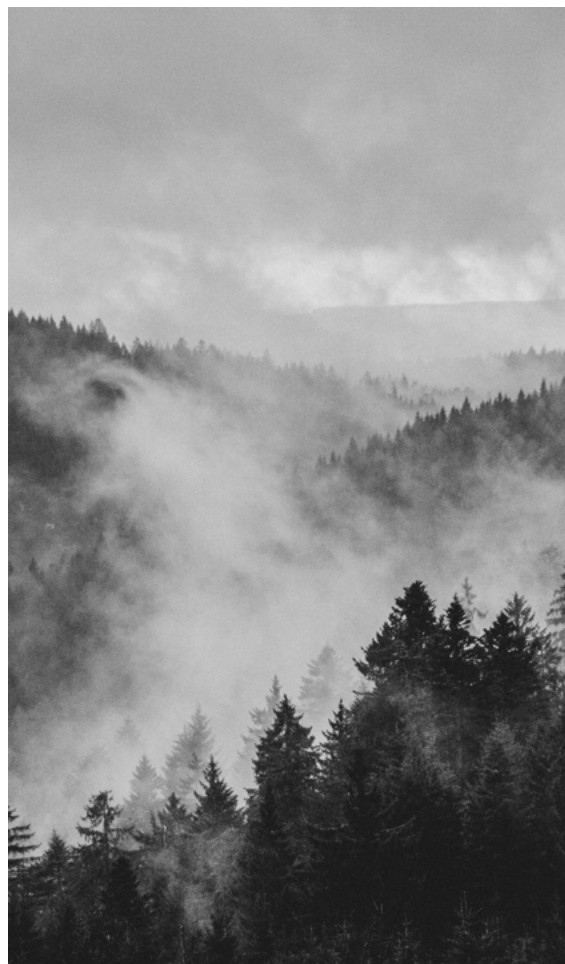
Life at home is your top priority right now. Tidy up! Redecorate! Connect with your family! Leo season is asking you to take a bit of a cat nap right now and get in touch with your roots, so sit back and relax!

Gemini (May 21–Jun 20)

You're feeling chattier than ever this Leo season! Your innate gift of gab is amplified this month, and whether you're with old friends or new connections, all eyes are on you! Flirt! Tell jokes! Speak up! If you have something to say, say it—people want to hear your voice, Gem!

Cancer (Jun 21–Jul 22)

Now that Cancer season is over, you're settling into your day-to-day routine and getting back to work. This next month is pretty busy, but with all that work comes extra cash! Try to save when you can, because even though you're making more money now, you're also more likely to overspend.



September 2021 Newsletter Submission Deadline

Wed, August 25th at Noon

anything submitted outside of this date will not be included in the newsletter.

Want to submit to the newsletter? Please email us at reception@titqet.org

(PDF or Word documents are preferred.)



TRIBAL POLICE
(250) 256-7767

RCMP
(250) 256-4244

FIRE DEPT.
(250) 256-7222

AMBULANCE
(250) 256-7111

POISON CONTROL
1 (800) 567-8911

REPORT WILDFIRE
1 (800) 663-5555

*Please post where visible in case of emergency

EMERGENCY CONTACTS

