

Newsletter

May 2023

T'IT'Q'ET MAY 2023 ISSUE

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TO SUBMIT TO NEWSLETTER

Please email us at: reception@titqet.org
details on page 27


















May

Garbage Days

Mondays and Fridays

Recycle Days

Recycling will be once a week and will have to be separated

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 1	2	 3	4	 5	6
7	 8 St'at'imc Gathering Day 1 <i>See page 18 for more info</i>	9 St'at'imc Gathering Day 2	 10 St'at'imc Gathering Day 3	11	 12 Dr. Verma	13
14 Mother's Day	 15	16	 17 Mobile Mammogram PCC Community Massage Day	18	 19	20
21	22 Victoria Day	23	  24	25	 26	27
28 Community Cleanup <i>see page 4 for details</i>	 29 Community Cleanup <i>see page 4 for details</i>	30 Community Cleanup <i>see page 4 for details</i>	 31 Community Cleanup <i>see page 4 for details</i> Elder's Luncheon May 31	RECYCLE DAYS: May 3–Plastics May 10–Glass May 17–Tins May 24–Cardboard/Paper 		

Save the Date
Community Meeting
June 25, 2023
PCC Gym
9am

NURSE PRACTITIONER

**IS IN T'IT'Q'ET HEALTH
DEPARTMENT**

**Third
MONDAY of
the month
1PM -4PM**



Notice to members who send payments by E-Transfer

Please remove accountspayable@titqet.org from your e-transfer list and send all payments to Lesley Napoleon at bookkeeper@titqet.org. We prefer that you continue to use the same password that you currently use when sending a payment. Any updated or new passwords can be emailed to Lesley.

Payments include: rent, NORHA loans, loans, house insurance, etc...

Thank you,

Finance Department

T'it'q'et Community Clean-Up May 28–June 7, 2023

Please have all refuse separated into individual piles and near the garbage bin. T'it'q'et O&M Dept. has 120 homes and 70 km round trip to go to all 5 IR's. Please have your refuse out by 9 a.m. There will be no tires picked up this year .

Sunday, May 28 – non-metal-based furniture, beds, tables, sofas, couches, chairs, desks, cabinets, shelves, and old school tube type TV's, scrap wood with stains, paint, varnish.

Monday, May 29 –
Domestic house hold refuse.

- all refuse has to be tied up and in a bag in the garbage bin. T'it'q'et does not have an enclosed garbage truck so we want to reduce the risk of refuse flying out. If this happens we receive a fine.
- any heavy bags will not be picked up due to the risk of personal injury to our employees, if you have a difficult time getting the bags in the bin we will have a harder time lifting the bag up 6 feet into the dump truck.

If your refuse wasn't picked up it was due to the following:

- too heavy,
- not tied up in a bag,

- there was no refuse in the bin to be picked up. (This is the most common reason.)

If we get a call asking "Why wasn't my garbage picked up?" or a "You forgot my garbage!" we will ask our employees why it wasn't picked up because there are 2 sides to a story and then we will return your call.

Tuesday, May 30th - Compostable materials, tree branches, lawn clippings, shrubs, these will be going into the community composting. Please remove any non-compostable items from the material i.e. bird houses, bird feeders, sprinklers, and wires.

Wednesday, May 31 Small Electronics TV's (non-tube type TV's) VCR's, DVD players, radios, computers, fans, old space heaters, coffee makers, lamps, telephones, microwaves, grills, clocks, scanners, printers.

Friday, June 2 Appliances, stoves, fridges/ freezers (for safety reasons please have fridge/ freezers empty and taped shut), washer/dryers, tanning beds, air conditioners, hot water tanks.

Monday, June 5 - Scrap metal, metal-based furniture, bed frames, tables, steel cabinets, steel shelves, futons, lamps, bikes.



Wednesday, June 7 – DEMO – ABSOLUTLY NO DRY WALL! There has been issues with dry wall in landfills. Because the drywall was reacting with rain water and off gassing a poisonous unseen cloud and was killing landfill workers. Contact SRLD for proper procedure on how to dispose of the drywall.


- Sinks, toilets, carpet, 2x4s, 2x6 's, plywood

The SLRD cannot accept ashes from fire places nor pellet stoves or out door burn piles. It may cause an under ground fire and smolder for a long time.

Any and all acts of aggression by homeowners, renters or pets will not be tolerated. O&M Dept does not receive any funding from any of the departments in T'it'q'et for this event.



**T'IT'Q'ET ADMINISTRATION
BUDGET
#N/A
FOR 2022/2023
APPROVED BY COUNCIL**

FAC Meeting
MARCH 29, 2023

FAC CHAIR, Harob Pelegrin

	Budget YEAR 1	Budget YEAR 2	Budget YEAR 3	Budget YEAR 4	Budget YEAR 5
		Increase %	2		
Revenue					
Contributions - ISC	3,017,679.00	3,078,032.58	3,139,593.23	3,202,385.10	3,266,432.80
Contributions - FNHA	665,981.00	679,300.62	692,886.63	706,744.37	720,879.25
Contributions - Interior Health	47,917.00	48,875.34	49,852.85	50,849.90	51,866.90
Contributions - Prov of BC	30,000.00	30,600.00	31,212.00	31,836.24	32,472.96
Contributions - Tribal Councils	41,625.50	42,458.01	43,307.17	44,173.31	45,056.78
Contributions - Misc/Other	737,609.00	752,361.18	767,408.40	782,756.57	798,411.70
Investment/Interest income	101,060.00	103,081.20	105,142.82	107,245.68	109,390.59
Revenue - BC Hydro/St'at'imc Hydro	112,874.00	115,131.48	117,434.11	119,782.79	122,178.45
Revenue - Taxation/Other	66,000.00	67,320.00	68,666.40	70,039.73	71,440.52
Rental Revenue - Band Housing	106,464.00	108,593.28	110,765.15	112,980.45	115,240.06
Rental Revenue - Community Facilities	17,580.00	17,931.60	18,290.23	18,656.04	19,029.16
Rental Revenue - Other	355,800.00	362,916.00	370,174.32	377,577.81	385,129.36
Revenue - Garbage/Waste fees	15,000.00	15,300.00	15,606.00	15,918.12	16,236.48
Revenue - User Fees	10,000.00	10,200.00	10,404.00	10,612.08	10,824.32
Revenue - Fundraising	2,000.00	2,040.00	2,080.80	2,122.42	2,164.86
GST Recoveries	10,000.00	10,200.00	10,404.00	10,612.08	10,824.32
Other Recoveries	57,820.00	58,976.40	60,155.93	61,359.05	62,586.23
Admin Recoveries	227,381.60	231,929.23	236,567.82	241,299.17	246,125.16
	5,622,791.10	5,735,246.92	5,849,951.86	5,966,950.90	6,086,289.92
Expenses		Increase %	1		
Salaries & Wages expense	1,729,006.53	1,746,296.60	1,763,759.56	1,781,397.16	1,799,211.13
Casual labour expense	5,000.00	5,050.00	5,100.50	5,151.51	5,203.02
Employee benefits expense	318,724.40	321,911.64	325,130.76	328,382.07	331,665.89
Honoraria	41,100.00	41,511.00	41,926.11	42,345.37	42,768.82
Honoraria - C&C	87,910.00	88,789.10	89,676.99	90,573.76	91,479.50
Audit fees	20,000.00	20,200.00	20,402.00	20,606.02	20,812.08
Community meetings/events/activities	80,061.63	80,862.25	81,670.87	82,487.58	83,312.45
Contracted Services	368,363.02	372,046.65	375,767.12	379,524.79	383,320.04
Consultant fees	259,567.41	262,163.08	264,784.71	267,432.56	270,106.89
Contingency	57,412.00	57,986.12	58,565.98	59,151.64	59,743.16
Courier/Postage/Freight expense	13,900.00	14,039.00	14,179.39	14,321.18	14,464.40
Discretionary	5,400.00	5,454.00	5,508.54	5,563.63	5,619.26
Donations	1,800.00	1,818.00	1,836.18	1,854.54	1,873.09
Equipment lease	28,080.00	28,360.80	28,644.41	28,930.85	29,220.16
Facility rental	3,000.00	3,030.00	3,060.30	3,090.90	3,121.81
Fire/Security/Alarm system	15,600.00	15,756.00	15,913.56	16,072.70	16,233.42
Fuel - heating	54,000.00	54,540.00	55,085.40	55,636.25	56,192.62
Fuel - vehicles	34,500.00	34,845.00	35,193.45	35,545.38	35,900.84
GST expense	9,000.00	9,090.00	9,180.90	9,272.71	9,365.44
Insurance expense	91,168.00	92,079.68	93,000.48	93,930.48	94,869.79
Interest & bank charges expense	17,500.00	17,675.00	17,851.75	18,030.27	18,210.57
Irrigation/Landscaping expense	1,000.00	1,010.00	1,020.10	1,030.30	1,040.60
IT/Computer expense	15,500.00	15,655.00	15,811.55	15,969.67	16,129.36
Janitorial	63,600.00	64,236.00	64,878.36	65,527.14	66,182.42
Language/Culture expense	45,000.00	45,450.00	45,904.50	46,363.55	46,827.18
Legal fees	45,500.00	45,955.00	46,414.55	46,878.70	47,347.48
License, dues & subscriptions	10,700.00	10,807.00	10,915.07	11,024.22	11,134.46
Management/Administration fees expe	237,191.70	239,563.62	241,959.25	244,378.85	246,822.63

	Budget YEAR 1	Budget YEAR 2	Budget YEAR 3	Budget YEAR 4	Budget YEAR 5
Materials & supplies	158,409.57	159,993.67	161,593.60	163,209.54	164,841.63
Meals/Lunches/Snacks/Catering expenses	56,072.00	56,632.72	57,199.05	57,771.04	58,348.75
Miscellaneous expenses	19,000.00	19,190.00	19,381.90	19,575.72	19,771.48
Meeting expenses	60,520.53	61,125.74	61,736.99	62,354.36	62,977.91
Meeting expenses - C&C	35,000.00	35,350.00	35,703.50	36,060.54	36,421.14
Office supplies	10,500.00	10,605.00	10,711.05	10,818.16	10,926.34
Photocopying	20,500.00	20,705.00	20,912.05	21,121.17	21,332.38
Program activities	65,000.00	65,650.00	66,306.50	66,969.57	67,639.26
R&M - Community Buildings	84,020.00	84,860.20	85,708.80	86,565.89	87,431.55
R&M - Equipment	84,700.00	85,547.00	86,402.47	87,266.49	88,139.16
R&M - Vehicles	1,500.00	1,515.00	1,530.15	1,545.45	1,560.91
Rental expense - Office/Room	234,643.50	236,989.94	239,359.83	241,753.43	244,170.97
Project expense	19,200.00	19,392.00	19,585.92	19,781.78	19,979.60
Telephone, cell, internet	60,990.00	61,599.90	62,215.90	62,838.06	63,466.44
Training/Workshops expense	70,430.00	71,134.30	71,845.64	72,564.10	73,289.74
Travel	134,256.32	135,598.88	136,954.87	138,324.42	139,707.66
Utilities	70,100.00	70,801.00	71,509.01	72,224.10	72,946.34
Vehicle expense	17,000.00	17,170.00	17,341.70	17,515.12	17,690.27
Municipal expense	161,606.00	163,222.06	164,854.28	166,502.82	168,167.85
Wellness	91,700.00	92,617.00	93,543.17	94,478.60	95,423.39
Education program expenses	178,331.30	180,114.61	181,915.76	183,734.92	185,572.27
Health program expenses	98,002.50	98,982.53	99,972.35	100,972.07	101,981.79
Housing expenses	258,579.28	261,165.07	263,776.72	266,414.49	269,078.64
O&M expenses	160,002.66	161,602.69	163,218.71	164,850.90	166,499.41
Social Assistance program expenses	625,005.35	631,255.40	637,567.96	643,943.64	650,383.07
EOC/Fire expenses	6,000.00	6,060.00	6,120.60	6,181.81	6,243.62
Lands expense	2,000.00	2,020.00	2,040.20	2,060.60	2,081.21
Tools/Equipment/Furniture purchases	112,853.00	113,981.53	115,121.35	116,272.56	117,435.28
Capital acquisitions - Other	2,000.00	2,020.00	2,040.20	2,060.60	2,081.21
Loan Payments	160,564.00	162,169.64	163,791.34	165,429.25	167,083.54
Allocation to Replacement Reserve	37,622.00	37,998.22	38,378.20	38,761.98	39,149.60
	6,755,692.70	6,823,249.63	6,891,482.12	6,960,396.94	7,030,000.91
Surplus (deficit) for year	(1,132,901.60)	(1,088,002.71)	(1,041,530.26)	(993,446.05)	(943,711.00)
Surplus (deficit) beginning of year	4,973,939.98	4,029,002.38	3,132,722.96	2,286,750.44	1,492,773.29
Transfers in/out	187,964.00	191,723.28	195,557.75	199,468.90	203,458.28
Ending surplus (deficit) end of year	4,029,002.38	3,132,722.96	2,286,750.44	1,492,773.29	752,520.57

Seabird Mobile Diabetes Team

Where: T'it'q'et Health

When: JUNE 13/14 2023



Contact: Medical clerk

Number: 256-4118 ext.241

Living • Well • Together

Clinic Notice

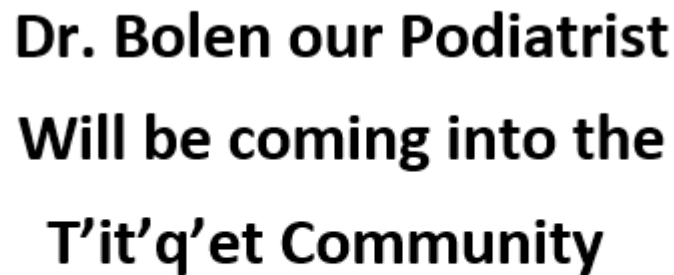
Who Is It For:

People Living with Diabetes
People Who Are Curious About It

What The Appointment Includes:

Testing Blood Sugar and Cholesterol Levels
Checking Kidney Function
Diabetes Education





To book your appointment

250-256-4118 ext.241





DR. VERMA

WILL BE IN THE T'IT'Q'ET COMMUNITY

MAY 12TH, 2023

FRIDAY 1:30 PM–4:00 PM

APPOINTMENTS WILL BE 15 MINUTES

CONTACT NICOLE NAPOLEON TO BOOK YOUR APPOINTMENT

CALL 250-256-4118 EXT.241

EMAIL: MEDICALCLERK@TITQET.ORG



Do you need to relax?

Do you suffer from headaches or backaches?



MAY 17, 2023 EVENING SESSION

COMMUNITY MASSAGE DAY 12:00 – 6:00 pm

Amawil'calalhcw (T'it'q'et Health Centre)

Maytálhcw (A place to Heal)

To book an appointment contact medical clerk

250-256-4118 Ext. 241

MEDICALCLERK@TITQET.ORG

Please note

Your appointment is 20 minutes long

The schedule provided for the time management for both the client as well as the Therapist.

If you know you are going to be late please call ahead to the medical clerk

There will be seating available until your appointed time in the wellness room in the health wing



YOU ARE INVITED TO THE
Elders Luncheon



May 31st, 2023 • 12:00-1:00 • T'it'q'et Hall

Please let Alexis or Shirley know if you can
come!

RSVP at 250-256-4118 ext. 236



T'it'q'et Administration

*P.O. Box 615
Lillooet, B.C.
VoKíVo*

*phone (250) 256 4118
fax (250) 256 4544*

Are you interested in going to
Post Secondary this year?

Applications available, please
email Susan Napoleon,
Education Coordinator at
education@titqet.org.

May 1, 2023 is the deadline to
have your applications in.

Message from T'it'q'et Housing:

Yard maintenance:

Housing Policy- 9.1.1.1 Owners and residents be encouraged to maintain and keep up their yards, properties and housing in a way that would make the community proud.

Visitors:

Friendly reminder that in the rental units as per agreement signed:

8. Except for casual guests, no other persons shall occupy the premises without written consent of the Landlord.

Housing needs to be contacted when you move someone into your rental unit.

Then it needs to get approved by administration, and council that this ok.

If approved a new rental agreement will need to get filled out and signed.

Garbage:

O&M picks garbage up on Mondays and Fridays. Wednesdays they pick up recycling. On recycling days, the garbage will be picked up as well for now.

Animals are getting into garbage, if an animal gets into your garbage it is your responsibility to pick it up.

Please do not throw food waste outside your home, throw it in the garbage. This will help from animals going into your yard, and mice trying to find a way into your home.

Thank you,

Kassandra Doss

Housing Coordinator.

Apr 20, 2023

Tell us about a special First Nations mother / mother figure in your life and you could win a gift card to treat her to a Mother's Day lunch!



Mother's Day is coming soon (Sunday, May 14), and this year, you've got a chance to win a Mother's Day gift for the First Nations mother or mother figure in your life!

Send an email to CMO.office@fnha.ca with "Mother's Day Contest" in the subject line by Sunday, May 7 telling us about a special First Nations mother figure living in British Columbia (BC) you want to honour and celebrate. They can be your own mother, grandmother, sister, auntie, or someone else you know and admire. Attach a photo of her if you can!

The winner will receive a \$100 VISA gift card to treat your mother or mother figure to a meal on or around Mother's Day, and the runners-up (up to four people) will receive \$50 each.

We look forward to hearing from you – and don't worry about your writing, as we can work with you to polish your entry (before it is published on our social media) if you like. The important part is expressing your feelings about your mother or mother figure – and just speaking from the heart!

At the First Nations Health Authority (FNHA), [we honour and respect First Nations women](#) as life givers, knowledge keepers, and caretakers of life.

We highlight the importance of women in First Nations cultures in our 2021 report [Sacred and Strong – Upholding Our Matriarchal Roles](#).

First Nations matriarchs are keepers of culture and language, protectors of our lands and resources, experienced harvesters and hunters. This is why we want to honour the First Nations mothers or mother figures in BC and celebrate them for raising their families, being role models and leaders, and keeping communities strong and resilient.

This Mother's Day, let's celebrate the amazing First Nations women in our lives! We look forward to hearing from you!

The Power
of Collaboration

May 14 to 20
2023

Victims
and
Survivors
of Crime
Week

Creating New Stories Together

Week long activities 2-4pm each day
REC Centre Mezzanine

Monday May 15: Cyber Fraud - RCMP

Tuesday May 16: Elder Connect - Lillooet CRN

Wednesday May 17: Restorative Justice - Panel

Thursday May 18: Indigenous Court Lillooet

Friday May 19: 2- 8:30pm REC Centre Gym
Community Dinner

Keynote Speaker: Jody Wilson-Raybould
Invitation with RSVP

For more Info Contact:

Kate Aleck, LFC
250 256-8852
250 256-4146

Respectful Relationship Training
15th to 19th May / 9am - 4:30pm
T'it'qet Spiritual Centre



Lillooet Friendship Centre Society
Snek'nukwá7 Uil'usilcálcw



The Power
of Collaboration

May 14 to 20
2023

Victims
and
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COMMUNITY DINNER

Friday 19th May

2:00pm to 8:30pm

REC Centre Gym

Invitation with RSVP

2:00pm Arrivals and Networking

2:30pm Keynote Speaker: Jody Wilson-Raybould

4:00pm Community Safety Plan

5:30pm Dinner Served

6:30pm Community Conversation - Vital Signs

For more Info Contact:

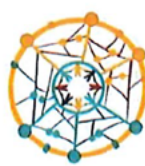
Kate Aleck, LFC

250 256-8852

250 256-4146



Lillooet Friendship Centre Society
Snek'nukwá7 Uil'Fusilcálhew





Ts'kw'aylaxw

FIRST NATION

Invites you to

Statimc Gathering 2023

May 8, 9, & 10, 2023

Location: Ts'kw'aylaxw First Nation at
Marble Canyon Arbor
Hwy 99 North

ENTERTAINMENT

- BEAR DANCERS
- HOOP DANCER - ALEX WELLS
- BRANDON PETERS
- ARCHIE PETERS
- CHILDREN'S ACTIVITIES

DANCE: May 09, 2023

AT 8:00 PM - 11:00 PM

**Band: Percy Tom, James, &
Joe
FROM LIL'WAT**

GOING GREEN!

- PLEASE BRING YOUR OWN
 - PLATES, BOWLS, CUPS, &
UTENSILS
 - CHAIRS
- ALL MEALS PROVIDED**

**SUNRISE SWEAT EACH
MORNING**



INVITING ALL DRUMMERS AND SINGERS

CAMPING| VENDORS| CONCESSION| CRAFTS| CULTURAL

**AGENDAS WILL BE AVAILABLE AT THE GATHERING
FIRST AIDE & SECURITY ONSITE**

CONTACT: STELLA ALEC



250-256-1359



WELLNESS@TSKWAYLAXW.COM



HWY 99 NORTH

DISCLAIMER: TS'KW'AYLAXW FIRST NATION IS NOT RESPONSIBLE FOR LOST, STOLEN OR DAMAGED PROPERTY



Kanukwa7stáliha Family Services

Lillooet Tribal Council
650 Industrial Place, Lillooet, BC V0K 1V0

Phone: 250-256-7523 Fax: 250-256-7582

Hours of operation: Monday to Friday 8:30 AM to 4:30 PM

The hope is to have a safe home in the community when the time is needed for the child to stay in community with family or friends.

Family Find Worker: Rosalinde Narcisse

Work: (250) 256-7523 EXT. 212 or

Email: rnarcisse@statimcltc.ca

Emergency Care providers

Short-term Care providers

Want to learn more how to become a Family Care Provider?

Start by calling the Family Find Worker to learn what is required.

What is needed: their own space, & to be available for the child.

Respite care providers

Make a difference in our community by providing a home for a child and give the parent/guardian time to regain their ability to reunite with child.

Times are a short period with the hope is to return child back with the parent & remain in community.

Family Find

We are looking for individuals who can be available on short notice. Have scheduled time for child to be with you for few hours to overnights. May required for 6 months to a year. Short-term placement maybe required. Provide safe, caring time with a child.

Mammograms Can Save Lives

The mobile mammogram coach is coming to a community near you.

Mammograms are available for women ages 40+.
Take a positive step for your health and book a free screening mammogram.

Scan this QR code or visit
www.screeningbc.ca/communityvisits
to learn more.



Upcoming visits:

MAY 17 2023
P'egp'ig'lha Community Centre
please contact medical clerk for
appointment
medicalclerk@titqet.org
250-256-4118 ext.241.



BC is Wildlife Country



Stay safe and help keep wildlife wild



Avoid surprise encounters. Make noise by clapping your hands and using your voice. Watch for scat and other signs of wildlife. Avoid walking alone, carry bear spray and know how to use it.



Keep pets on a leash in wildlife country. Not only can dogs displace wildlife, dogs that chase after bears can bring them back to their owners or be killed. Wolves and coyotes can perceive dogs as a potential threat or prey.



Keep a safe distance. View and photograph wildlife from a safe and respectful distance of at least 100m for bears and at least 30m for other large non-predatory animals. If you cause an animal to move, you are too close.



Respect wild animals. Never feed wildlife and always keep attractants secure and out of reach. Feeding wildlife can lead to conflicts and tragic consequences.

If you encounter a bear:



Stay calm, do not yell or run. Speak in a low voice. If you have bear spray, pull it out and remove the safety.



Move away slowly. If the bear charges, stand your ground and discharge the bear spray.



Leave the area slowly and report the encounter.



Bear attacks are rare but be prepared. Learn more about bears, bear spray and other wildlife safety.



Learn more about
wildlife and safety
wildsafebc.com



Report all conflicts with wildlife to the
BC Conservation Officer Service:



1.877.952.7277

THE BC NEWSLETTER MAY 2023 / 21

P'EGP'IG'LHA COMMUNITY WORKSHOPS: TRANSITIONAL STEPS TO IMPLEMENT THE INHERENT RIGHT TO SELF-GOVERNMENT



P'EGP'IG'LHA
COUNCIL



ABOUT THE WORKSHOPS:

- Inherent Rights brainstorming session
- Various topics from previous sessions will be discussed: Inherent Rights, Indian Act, Indigenous Case Law, Consultation & Accommodation.

WORKSHOP DATES:

May 27 & 28th

WORKSHOP TIME:

9:00AM - 4PM

WORKSHOP LOCATION:

P'egp'ig'lha Community Centre Gym

Lunch will be provided, each session attended you will be entered in for doorprizes at the last session, which includes two Ipads!!!



PLEASE REGISTER FOR WORKSHOPS:
ADMINASSISTANT@PEGPIGLHA.ORG OR
CALL LACEY AT 250-256-4118 EXT.231

**The Power
of Collaboration**

**May 14 to 20
2023**

**Victims
and
Survivors
of Crime
Week**

Creating New Stories Together

Respectful Relationship Training

Monday to Friday

15th to 19th May

9am - 4:30pm

T'it'qet Spiritual Centre

*5-day program that teaches offenders
how to manage their emotions and behaviour
and increase their problem-solving skills*

For more Info Contact:

Kate Aleck, LFC
250 256-8852
250 256-4146





First Nations Health Authority

CLIENT RESPONSIBILITY

Clients who access medical transportation through the FNHA Health Benefits program, either at the community level or Health Benefits Operations are responsible to:

- Give at least 5 days notice. Upon receipt of notice, transportation arrangements can be made.
Note: Clients who do not provide sufficient notice may be required to reschedule their appointment or pay for the travel and get reimbursed
- Attend their medical appointment as scheduled. Clients who do not attend medical appointments may be required to pay back any benefits they have received and/or pay for their travel costs on subsequent medical travel
- Get a signed confirmation of attendance from the health professional and return it to the Transportation Coordinator after the medical appointment.
- Give notification when cancelling an appointment prior to the date of the appointment; including 24 hours notice to cancel any hotel arrangements
- Retain and submit all necessary receipts required
- Not damage property or abuse accommodation arrangements, such as excessive noise
- Not become verbally abusive or threatening to the patient transportation clerk or coordinator

Clients may be required to pay for their own travel arrangements and submit a client reimbursement form with the appropriate documentation or may have charges deducted off their next travel arrangements, in such cases as:

- a) Client is verbally or physically abusive;
- b) Client fails to provide the required medical documentation (referral or confirmation of attendance) or receipts
- c) Client is no longer accepted in commercial establishments or on commercial transportation because of inappropriate behavior
- d) Client does not make it to their scheduled appointment
- e) When FNHA or a First Nation organization is charged for damages; billed for keys; or no shows.



T'it'q'et Administration

P.O. Box 615
Lillooet, B.C.
VoK iVo

phone (250) 256 4118
fax (250) 256 4544
www.titqet.org

Notice from Housing regarding pets:

-There have been dogs roaming around on the road.
Please tie your dog's up or supervise them when you bring them out.
When they run on the road in front of vehicles it is a safety hazard for the driver and dog.

-All home owners/tenants are responsible for their dogs and pets that roam freely, bark incessantly and cause general annoyance to neighbors.
Please keep dogs fenced in or tired on a run.

-Dogs that bark constantly should be brought into the home especially during the evening.

-Home owners/tenants are advised to put in complaints in writing to administration if an animal is causing a nuisance for example: digging up gardens, taunting neighbor's pets that are fenced in, doing their business on neighbors' lawns etc.

8.2.1.8 As per the housing policy it states:

1st Warning is a writing to the owner from Council;
2nd Warning, the owner must pay the \$50 animal control surcharge;
3rd Warning, the pet owner must meet with Council;
4th warning is the removal of the dog.

Thank you,
Kassandra Doss
Housing Coordinator

Aries 2023 Horoscopes



Aries

Aries (Mar 21–April 19)

You need to be a real penny pincher over the next few weeks, Aries. If you don't truly understand the value of a dollar now, you will by the end of this Mercury Retrograde! No, you're not ~magically~ going to lose all your money now, but you will run into harsh consequences if you aren't spending responsibly.

Taurus (Apr 20–May 20)

Watch your mouth! Mercury is retrograde in your sign, so you're definitely getting hit the hardest. If you can't find the right words to say, instead of forcing it out, take a second to think before speaking. If something isn't working, don't get pissed off—take a break from it and return later. The key to surviving this retrograde is patience.

Gemini (May 21–Jun 20)

Exes of all kinds are coming back around, Gemini, and you're being asked to deal with them, quickly. There are a few messes you've made (or been exposed to) that haven't been dealt with, and before you can move forward, you have to hit pause and address them.

Cancer (Jun 21–Jul 22)

Watch out for drama with frenemies, Cancer. If someone in your squad is acting shady, don't hesitate to distance yourself from them. There could be some arguments or little mishaps, but if you keep a level head, you can avoid any major fights from happening. You're finding out who your real friends are now.

Leo (Jul 23–Aug 22)

There's no other way to put it, Leo—the pressure is on at work, and your performance right now carries major influence over your future. Do your best, and think outside of the box when you encounter problems. Turn everything in on time and don't shirk the details. It feels like you're kicking your own ass in addition to work, but the rewards will be worth it at the end of the retrograde!

Virgo (Aug 23–Sept 22)

First of all, make sure you're triple-checking everything from your tickets to your luggage to your arrival/departure times, if you're traveling at all over the next few weeks! Scheduling issues are huge during this Mercury Retrograde, and if you don't fight to stay on top of it all, it'll be easy to get overwhelmed.

Libra (Sept 23–Oct 20)

Any unpaid debts you owe need to be paid, and the bill collectors are practically knocking on your door at this point. Maybe you're debt-free (lucky you), in which case, you'll be having to hound other people to give you the money they owe you. Your checkbook better be balanced by the end of this retrograde!

Scorpio (Oct 23–Nov 21)

It's cuffing season for your sign, but thanks to Mercury Retrograde, your love life is riddled with drama. First of all, your exes are definitely coming back around. Second of all, if you're single, you're very likely to get mixed signals from potential partners. You're getting ghosted (accidentally or not), having no luck finding any fun, and you're just not getting everything you want from your love life right now. Take it slow.

Sagittarius (Nov 22–Dec 21)

Here's what I gotta say: If you sit in shit too long, it stops smelling. Take a look around, Sagittarius. There's a lot of tidying up to be done, there are tons of bad habits you need to quit, and your life is sort of in a state of disarray as a result. Get organized. Quit vaping. Stop eating fast food for every meal. It feels like a battle to quit, but it's a fight you need to win. Healthy habits you set now will last a very, very long time.

Capricorn (Dec 22–Jan 19)

You're arguably getting the easiest Mercury Retrograde experience of all twelve signs. The biggest issue to watch for is running into an ex-flame. This isn't even a bad thing, necessari-

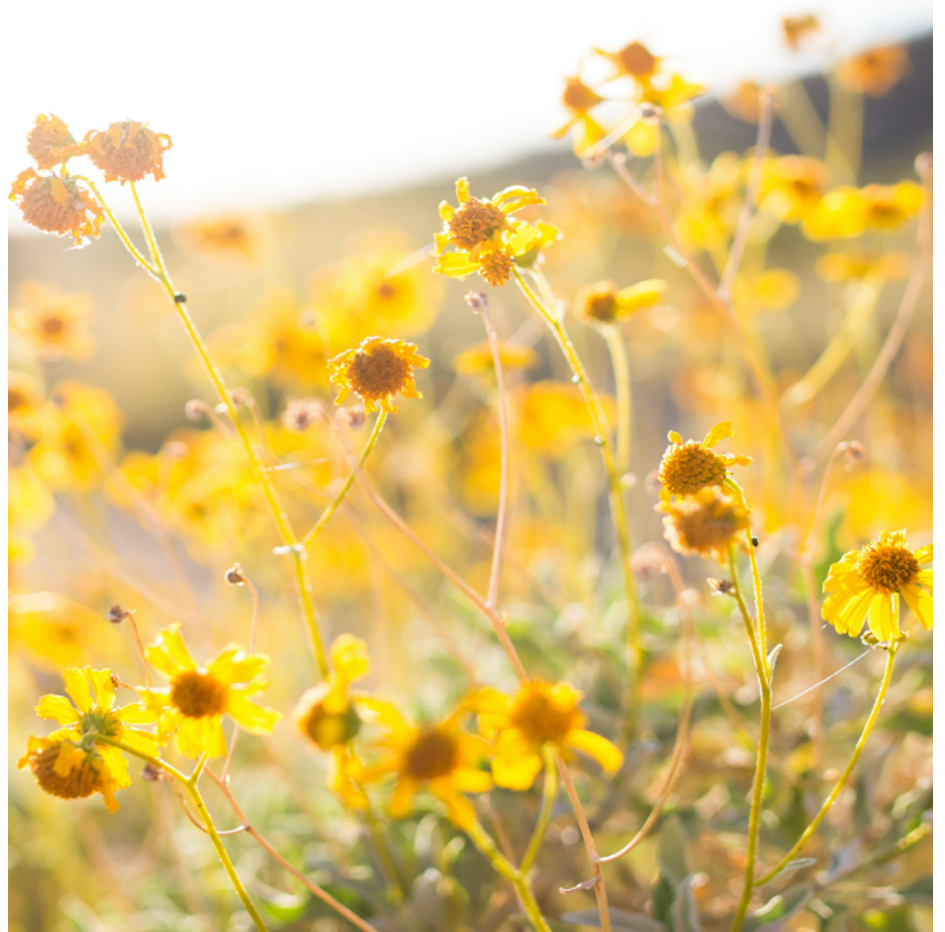
ly—this could be your chance to find that lost spark and start something new with them! Just remember to go slow.

Aquarius (Jan 20–Feb 18)

Electronics at home are more likely to break down now. Try to fix it if possible—if you buy something new during the retrograde, it'll likely be glitchy too. There's also drama with roommates/family, and you're being given the role of mediator. Stay calm and be patient while you deal with it.

Pisces (Feb 19–Mar 20)

You have so much you want to say right now, but whenever you open your mouth, it just doesn't come out right. This retrograde is here to teach you how important it is to think before speaking, or even more importantly, think before acting. PS: Car trouble is way more likely now. If your vehicle is acting funny, get it checked!



June 2023 Newsletter Submission Deadline

Thursday, May 25th at Noon

anything submitted outside of this date will not be included in the newsletter.

Want to submit to the newsletter? Please email us at reception@titqet.org

(PDF or Word documents are preferred.)



TRIBAL POLICE
(250) 256-7767

RCMP
(250) 256-4244

FIRE DEPT.
(250) 256-7222

AMBULANCE
(250) 256-7111

POISON CONTROL
1 (800) 567-8911

REPORT WILDFIRE
1 (800) 663-5555

*Please post where visible in case of emergency

EMERGENCY CONTACTS

