

Newsletter

August 2023

T'IT'Q'ET AUGUST 2023 ISSUE

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TO SUBMIT TO NEWSLETTER

Please email us at: reception@titqet.org
details on page 29


















August

Garbage Days

Mondays and Fridays

Recycle Days

Recycling will be once a week and will have to be separated

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	 2	3	 4	5
6	7 BC Day Stat Holiday Office Closed	8	 	10	 11	12
13	 14	15	 16	17	 18	19
20	 21	22	 23	24	 25	26
27	 28	29	 30	31		

RECYCLE DAYS:

Aug 2–Plastics

Aug 9–Glass

Aug 16–Tins

Aug 23–Cardboard/Paper



NURSE PRACTITIONER

IS IN T'IT'Q'ET HEALTH
DEPARTMENT

Third
MONDAY of
the month
1PM -4PM



Notice to members who send payments by E-Transfer

Please remove accountspayable@titqet.org from your e-transfer list and send all payments to Lesley Napoleon at bookkeeper@titqet.org. We prefer that you continue to use the same password that you currently use when sending a payment. Any updated or new passwords can be emailed to Lesley.

Payments include: rent, NORHA loans, loans, house insurance, etc...

Thank you,

Finance Department



SAVE THE DATE THE ST'AT'IMC (PC) 2011 TRUST

2022 Annual General Meeting

The Trustees of The St'at'imc (PC) 2011 Trust will be presenting an update to all Community Members on the Trust's fiscal year ending December 31, 2022 which includes activities of the Trust and an Investing 101 presentation. Please hold September 6th and/or 7th, 2023 in your calendars to attend the meeting(s). Everyone that hands in an evaluation form at the end of the meeting will be entered for the door prize(s) draw.

N'Quatqua

Tsal'alh

Samahquam

Ts'kw'aylaxw

Sekw'elw'as

Xaxli'p

Skatin

Xa'xtsa

T'it'q'et

Xwisten

**Wednesday
September 6, 2023**

Xaxli'p Hall

AGM
5:00 pm – 8:00 pm

**Dinner will be
provided**

**Thursday,
September 7, 2023**

SKWAH – OLD HALL
619 Wellington Avenue,
Chilliwack

AGM
5:00 pm – 8:00 pm

**Dinner will be
provided**

Wellness Matters! Please do not attend if you are experiencing flu like symptoms. Masks are welcome and will be made available.

Do you need to relax?

Do you suffer from headaches or backaches?



August 09, 2023 EVENING SESSION

COMMUNITY MASSAGE DAY 12:00 – 6:00 pm

Amawil'calahcw (T'it'q'et Health Centre)

Maytálhew (A place to Heal)

To book an appointment contact medical clerk

250-256-4118 Ext. 241

MEDICALCLERK@TITQET.ORG

Please note

Your appointment is 20 minutes long

The schedule provided for the time management for both the client as well as the Therapist.

If you know you are going to be late please call ahead to the medical clerk

There will be seating available until your appointed time in the wellness room in the health wing



T'IT'Q'ET BBQ

AUGUST, 19, 2023

START 12:00 PM

COMEDY SHOW WITH DON BURNSTICK

START 4:00PM

PEG'P'IG'LHA COMMUNITY CENTRE

T'IT'Q'ET COMMUNITY

AND MEMBERS ONLY

BRING YOUR HANDDRUMS

PARENTS MUST ACCOMPANY CHILDREN





**Dr. Bolen our Podiatrist
Will be coming into the
T'it'q'et Community**



FRIDAY AUGUST 04, 2023



**Please contact Medical Clerk
To book your appointment**

Medicalclerk@titqet.org

250-256-4118 ext.241





Director: Marie Clements

Unfolding over 100 years, BONES OF CROWS is told through the eyes of Cree Matriarch Aline Spears as she survives a childhood in Canada's residential school system to continue her family's generational fight in the face of systemic starvation, racism, and sexual abuse.

DRAMA – 2023 – 129 minutes

COMMUNITY SHOWING

on August 10, 2023

Doors Open at 6:30pm

Show starts at: 7:00pm

P'egp'ig'lha Community Centre Gym

- Supports available for those who will need it during the showing.
- Chairs are available but you are welcome to bring your lawn chairs for comfort.
- **RATED 14+ (no children under 14)**

Youth Day Camp will have concessions items available for purchase.

Informational Session



RED NATION CONSULTING

KEITH HARPER & LISA THUNDERBLANKET

rednationconsulting@gmail.com

Titqet Health Pegpigha Community Centre

Set up in Resource room, for informational sessions

Dinner in Hall 5:00 Gym/Hall

6:00 speak about the various forms; time and measurements of claims

AVAILABLE FRIDAY 9:00 – 3:00 FOR ANY FURTHER DISCUSSION

We, at Red Nation Consulting support & assist aboriginal communities with individual forms

We also work with Bill C92s' Program Development and Jordans' Principle forms that work within the unmet needs of aboriginal children

During our Two-Day Informational Gathering, we introduce the Lawyers handling each claim who will answer any questions the community may have.

INFORMATION ON FORMS AND REQUIREMENTS

- Water compensation claims
- Medical Claims
- Dental Claims
- Foster Care

Please come join us for yourself or other family members

THURSDAY AUGUST 3/23

1:00 - 4:00 PM

THURSDAY DINNER 5PM

FRIDAY AUGUST 4/23

9:00 -3:00 PM

TITQET HEALTH

PEGPIGLHA COMMUNITY CENTRE

JUANITA JACOB
WELLNESSCOORDINATOR@TITQET.ORG

250-256-4118 EX 242



AUGUST 2023

P'EGP'IG'HA COUNCIL

P'egp'ig'lha Council Staff Update

BY LACEY LAROCHELLE

The P'egp'ig'lha Land Guardians have continued to monitor hunting & recreation activities in the territory through the spring & summer. Their primary monitoring areas are in the West Pavilion, Yalakom, Texas Creek and Duffy Corridor. Sam Copeland is the Senior Land Guardian, and Luther Brigman & Raymond Billy are the Assistant Land Guardians.

The P'egp'ig'lha Council staff would like to introduce the two P'egp'ig'lha Fisheries Guardians that were hired this Spring: Keely Weget-Whitney & Lloyd Leech Jr. Keely & Lloyd have been building their knowledge on local waterways in the area such as Seton Lake & the Cayoose/Seton Corridor. They will be doing resident fish surveys, monitoring for invasive species, and general water testing.

Over the last few months P'egp'ig'lha Council has been working with Centre for First Nations Governance to learn more about Inherent Rights. We have hosted two community workshops, and hope to host one more in the fall.

Tákem nsnekwnúkwa (All my relations)

One line Highlights:

Next P'egp'ig'lha Council Meeting:

SEPTEMBER 26, 2023 AT 9AM

Have any questions?
HERES HOW TO REACH US!

CALL US AT 250-256-4118

PC DIRECTOR:
CHRISTIAN AHRENKIEL EXT.233
DIRECTOR@PEGPIGLHA.ORG

PC NATURAL RESOURCE
SPECIALIST:
DENISE ANTOINE EXT.238
NATURALRESOURCES@PEGPIGLHA.ORG

PC ADMINISTRATIVE SUPPORT:
LACEY LAROCHELLE EXT.231
ADMINASSISTANT@PEGPIGLHA.ORG



P'EGP'IG'LHA COUNCIL MANDATE

- 1) CONDUCT GOVERNMENT TO GOVERNMENT AND NATION TO NATION NEGOTIATIONS RELATED TO ST'ÁT'IMC TITLE AND RIGHTS:**
- 2) FINALIZE P'EGP'IG'LHA GOVERNING DOCUMENTS INCLUDING THE CONSTITUTION, LAWS, POLICIES AND PROCEDURES.**
- 3) WORK WITH ELDERS COUNCIL TO CREATE A SYSTEM OF LAWS TO PROTECT THE TRADITIONAL TERRITORY; MAKE RULES REGARDING AND ADVOCATE FOR TRIBAL/TRADITIONAL TERRITORIES AND REPRESENT COMMUNITY ON THESE ISSUES.**
- 4) WORK WITH THE T'ÍT'Q'ET COUNCIL TO ADDRESS COMMUNITY ISSUES AS REQUIRED.**
- 5) WORK WITH THE YOUTH.**
- 6) GATHER INPUT FROM STUDIES, NEEDS ASSESSMENT, AND THE LEGAL STATUS OF ISSUES RELATED TO THE TRADITIONAL TERRITORY, AND GENERALLY KEEP INFORMED ABOUT ISSUES.**
- 7) NEGOTIATE ON BEHALF OF THE P'EGP'IG'LHA WITH ALL PARTIES WHOSE ACTIVITIES MAY IMPACT UPON THE P'EGP'IG'LHA**
- 8) COMMUNICATE, INFORM, CONSULT WITH THE PEOPLE, AND MONITOR BROAD INPUT ENSURING ALL HAVE A VOICE.**
- 9) SEEK ADVICE OF ELDERS COUNCIL TO ENSURE ST'ÁT'IMC PRINCIPLES ARE MAINTAINED.**
- 10) SEEK RATIFICATION FOR DECISIONS FROM THE P'EGP'IG'LHA.**
- 11) MAINTAIN INTRA AND INTER-TRIBAL RELATIONS ON BEHALF OF THE P'EGP'IG'LHA.**
- 12) KEEP ABREAST OF AND ADDRESS INTERNATIONAL ISSUES EFFECTING INDIGENOUS PEOPLES.**

THE TRIBAL CHIEF WILL REPORT TO AND CHAIR ALL P'EGP'IG'LHA COUNCIL MEETINGS. THE P'EGP'IG'LHA COUNCIL WILL MEET MONTHLY, AND WILL MEET WITH THE ELDERS COUNCIL AND T'ÍT'Q'ET COUNCIL QUARTERLY.



P'egp'ig'lha ASSEMBLY

SEPTEMBER 30, 2023

ACTIVITIES WILL START AROUND 9AM!

**AN AGENDA WILL BE DEVELOPED AND
SENT OUT CLOSER TO THE DATE .**

SNAPSHOT OF ACTIVITIES:

- Breakfast/Lunch/Dinner
- P'egp'ig'lha Openhouse
- Craft Displays
- Dancing/Drumming
- Stand up P'egp'ig'lha Council Family Representatives
- Council Updates
- Constitution Reading
- Honourings
- Giveaways

MORE INFORMATION CALL:

250-256-4118 EXT.233

OR EMAIL:

**ADMINASSISTANT@PEGPIGLHA.
ORG**

Notices of sign changes T'it'q'et IR #1 .

Napoleon st. / Retasket dr.



Stop sign at #50 Napoleon st. has been moved to #42 Retasket dr. This will change the flow of traffic.



T'it'q'et Administration

P.O. Box 615
Lillooet, B.C.
V0K 1V0

phone (250) 256 4118
fax (250) 256 4544

Please Note: Will not be paid unless ALL areas are completed. T'it'q'et Education School Supply List Form

10 digit

Birthdate

Status Number.	Name of Student	Yr	Mon	Day	Grade	School

Parent or Guardian

CERTIFIED CORRECT
for the School term 2023/24

Name

Address

Phone #

Signature

APPENDIX "A"
LOCAL EDUCATION AGREEMENT BETWEEN:

Sek'wel'wás (Claynose Creek), Xaxli'p (Fountain), T'it'q'et (Lillooet) and Ts'kw'aylaxw (Pavilion)
and
School District No. 74 (Gold Trail)

AUTHORIZATION TO RELEASE INFORMATION

Dear Parents/Guardian:

By completing this form you are enabling information to be shared between your child, yourself, school administrators and your child's teachers, and your education coordinator. The intent in sharing this information is to make certain that all measures are taken to ensure your child has the best chance to succeed in the school environment. Information shared is considered confidential.

WHEREAS this authorization is to be used in conjunction with the Local Education Agreement (the "LEA") with the _____ Council and is intended to facilitate communications and information sharing between the student, parent/guardian, school administrators and teachers, and the education coordinator.

AND WHEREAS this authorization is further intended to assist all aforementioned parties with addressing the educational and social needs of students covered by the LEA.

THE TERM of this authorization is for the _____ school year.

Student Name:			
Address:			
Phone No.:		Message #: Or E-mail	

In addition to myself, I, the Parent/Guardian of the above named student hereby authorize _____ School, being a school within School District No. 74, to release information pertaining to: report cards, progress reports, attendance records, any social concerns regarding the above named student that may be affecting that student's success at school, and any further information required in the LEA to (please check those that apply):

_____ the Education Coordinator.

Parent/Guardian Signature

Date

Message from T'it'q'et Housing:

Yard maintenance:

Housing Policy- 9.1.1.1 Owners and residents be encouraged to maintain and keep up their yards, properties and housing in a way that would make the community proud.

Visitors:

Friendly reminder that in the rental units as per agreement signed:

8. Except for casual guests, no other persons shall occupy the premises without written consent of the Landlord.

Housing needs to be contacted when you move someone into your rental unit.

Then it needs to get approved by administration, and council that this ok.

If approved a new rental agreement will need to get filled out and signed.

Garbage:

O&M picks garbage up on Mondays and Fridays. Wednesdays they pick up recycling. On recycling days, the garbage will be picked up as well for now.

Animals are getting into garbage, if an animal gets into your garbage it is your responsibility to pick it up.

Please do not throw food waste outside your home, throw it in the garbage. This will help from animals going into your yard, and mice trying to find a way into your home.

Thank you,

Kassandra Doss

Housing Coordinator.

CARTER Hearing

Book your appointment now
at any of our clinics
or mobile clinic

LOCAL: 604 - 392 - 9211

TOLL FREE: 1 - 844 - 234 - 6665

Come in for your *Free* Hearing Screening!



RL-1111
INFO@CARTERHEARING.CA
VISIT: CARTERHEARING.CA



CHILLIWACK

UNIT #101-9193 MAIN ST

AGASSIZ

7069 CHEAM AVE

HOPE

591-F WALLACE ST

PRINCETON

131 VERMILION AVE

LILLOOET

UNIT #3, 632 MAIN ST

MERRITT

#101-2102 NICOLA AVE

CHASE

#10, 1342 THOMPSON AVE

2 MOBILE CLINICS

SERVING THE COMMUNITY

T'ít'q'et Open House

September 20, 2023

10am-4pm

PCC gym

Door Prizes

Snacks & Lunch Provided





T'it'q'et Administration

P.O. Box 615
Lillooet, B.C.
VoK iVo

phone (250) 256 4118
fax (250) 256 4544
www.titqet.org

T'it'q'et Community/Members:

There have been many vehicles parked on the side of the road on Scotchman Road. This is a safety hazard.

Please park your vehicles in your driveway so other vehicles can use the road safely.

Thank you in advance for your cooperation,

Kassandra Doss
Housing Coordinator
250-256-4118 ext. 240



STARTS
SEPT
2023



REGENERATIVE AGRICULTURE

Many of us have lost our traditional ways around food. Food Sovereignty and our ability to take control over our food, is so important to make sure our children do not lose the traditions of the past. We are hoping this course will build capacity in our communities because we have always known that Food is Medicine.

—Elder

FOOD SOVEREIGNTY MICRO-CREDENTIAL

- A **3 week course delivered remotely** through video conference in Sept/Oct, with 2 additional weeks of practicum during September 2023.
- Are you interested in learning skills to **improve access to locally grown food** and develop a food Sovereignty work plan for your community.
- This course will give you the skills to build a Food Sovereignty program using the community development approach. You will learn about hosting a **learning circle**, explore the various successful **food action projects, develop a proposal, work plan, secure funding** while understanding the importance of partnerships and communications.
- In addition to all the community planning, students will develop **practical skills in vegetable and greenhouse production** using regenerative agriculture principles.
- This course will make you marketable as there is an **rising demand for Food Sovereignty workers** in communities.



For more information or help with registration contact
Gillian Watt, Program Coordinator
gwatt@tru.ca or call **250 319 2367**



Schedule for Food Sovereignty Micro-Credential September / October 2023

**\$1450
PER
STUDENT**

Sept 11	Location: Skeetchestn Indian Band (Savona, BC)
	Orientation and Overview of Food Sovereignty Micro-Credential Laura Kalina , Dietitian & Food Sovereignty Lead, Q'wemtsin Health Society Tiffany Hunko , graduate, TRU Sustainable ranching, producer and entrepreneur <i>Topic covered:</i> <ul style="list-style-type: none"> • What is food Sovereignty and household food insecurity • Food Systems approach and Traditional food ways • Healthy Eating with Nutrient Dense whole foods • Successful Community Food action programs • Coordinating and supporting teachings in hunting, fishing and wildcrafting
Sept 12	Skeetchestn field practicum led by Tiffany Hunko
Sept 13	Morning: Skeetchestn Afternoon: Simpc field practicum led by Fred Fortier , Gardener, Medicine Maker and owner of Uncle Freddy's Hot House and Nursery (602 Dunn Lake Road, Barriere)
Sept 14	Classroom presentation at Elder House with Laura Kalina and Fred Fortier <ul style="list-style-type: none"> • Community Development Approach and conducting a Needs Assessment in your community • How to set up a Learning circle • Planning your community food action program by developing a workplan, budget, staff and volunteer recruitment, communication plan and much more!
Sept 15	Simpc field practicum led by Fred Fortier
Sept 18–22	Off
Sept 25	Tk'emlúps te Secwépemc (TteS)—Food Sovereignty programs hosted by Shelaigh Garson , Ttes Food Sovereignty Coordinator 4:30pm Interior region Indigenous Food Forum Dinner —Ttes Pow wow grounds <i>Register:</i> https://www.eventbrite.ca/e/interior-region-indigenous-food-forum-2023-tickets-642258230657?aff=oddtcreator
Sept 26	Interior Food Forum <i>continued</i>
Sept 27	Ttes Greenhouse, Berry walk, Kweiltken kitchen, QHS Healing Garden
Sept 28 & 29	Kamloops Food Policy and Partners programming, tour of Gardengate Mount Paul Food Centre, Community Gardens, STIR, Gleaning Abundance program
Sept 30–Oct 1	Weekend off— Kamloops Farmers Market on Saturday September 30; Kweselten Farmers Market on Sunday October 1.
Oct 2–6	Simpc Continuation of Field practicum led by Fred Fortier , traditional food and medicine walk, evenings of cooking and sharing stories.
Oct 24	Online wrap-up hosted by Laura Kalina , student presentations, workplan review, sharing of learnings and next steps, Student feedback and Evaluation.

Camping and cooking facilities are available during field practicum at Skeetchestn and Simpc. This will be a time of sharing, cooking and eating together, and reflecting on the stories and lessons learned. There is no cost for camping for sharing of food expenses.

Accommodations will be needed for the field practicum at Ttes and Interior Indigenous Food Forum (Kamloops).

REGISTRATION LINK...

<https://www.tru.ca/trades/continuing-studies/course-registration.html>

Please type in **"Food"** in the Find your course box for the course to drop down for registration.



Tłı̨t'q'et Administration

P.O. Box 615
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VoKıVo

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www.titqet.org

Notice from Housing regarding pets:

-There have been dogs roaming around on the road.
Please tie your dog's up or supervise them when you bring them out.
When they run on the road in front of vehicles it is a safety hazard for the driver and dog.

-All home owners/tenants are responsible for their dogs and pets that roam freely, bark incessantly and cause general annoyance to neighbors.
Please keep dogs fenced in or tired on a run.

-Dogs that bark constantly should be brought into the home especially during the evening.

-Home owners/tenants are advised to put in complaints in writing to administration if an animal is causing a nuisance for example: digging up gardens, taunting neighbor's pets that are fenced in, doing their business on neighbors' lawns etc.

8.2.1.8 As per the housing policy it states:

1st Warning is a writing to the owner from Council;
2nd Warning, the owner must pay the \$50 animal control surcharge;
3rd Warning, the pet owner must meet with Council;
4th warning is the removal of the dog.

Thank you,
Kassandra Doss
Housing Coordinator

Background

United Nations and Youth

In 1965, in resolution 2037 (XX), the General Assembly endorsed the Declaration on the Promotion among Youth of the Ideals of Peace, Mutual Respect and Understanding between Peoples.

From 1965 to 1975, both the General Assembly and the Economic and Social Council emphasized three basic themes in the field of youth: participation, development and peace. The need for an international policy on youth was emphasized as well.

In 1979, the General Assembly, by resolution 34/151, designated 1985 as **International Youth Year: Participation, Development, Peace**.

In 1985, by resolution 40/14, the Assembly endorsed the guidelines for further planning and suitable follow-up in the field of youth. The guidelines are significant for their focus on young people as a broad category comprising various subgroups, rather than a single demographic entity. They provide proposals for specific measures to address the needs of subgroups such as young people with disabilities, rural and urban youth and young women. (Source: resolution 50/81)

In December 2009, the United Nations General Assembly adopted resolution 64/134 proclaiming the year commencing 12 August 2010 as the **International Year of Youth**, calling upon governments, civil society, individuals and communities worldwide to support activities at local and international levels to mark the event. The Year will coincide with the 25th anniversary of the first International Youth Year in 1985.

International Youth Day

International Youth Day is commemorated every year on 12 August, bringing youth issues to the attention of the international community and celebrating the potential of youth as partners in today's global society.

The idea for International Youth Day was proposed in 1991 by the young people who were gathered in Vienna, Austria, for the first session of the World Youth Forum of the United Nations System. The Forum recommended that an International Youth Day be declared, especially for fund-raising and promotional purposes, to support the United Nations Youth Fund in partnership with youth organizations.

In 1998, a resolution proclaiming 12 August as **International Youth Day** was adopted by the first session of the World Conference of Ministers Responsible for Youth, which was hosted by the Government of Portugal in cooperation with the United Nations (Lisbon, 8-12 August 1998). That recommendation was subsequently endorsed by the fifty-fourth session of the General Assembly, in its resolution A/RES/54/120 entitled "Policies and programmes involving youth" (17 December 1999).

The Assembly recommended that public information activities be organized to support the Day as a way to promote better awareness of the World Programme of Action for Youth, adopted by the General Assembly in 1996.

Security Council Resolution 2250 (9 December 2015) on Youth, Peace and Security represents an unprecedented acknowledgement of the urgent need to engage young peacebuilders in promoting peace and countering extremism, and clearly positions youth as important partners in the global efforts.



T'it'q'et Administration

*P.O. Box 615
Lillooet, B.C.
VoKíVo*

*phone (250) 256 4118
fax (250) 256 4544*

Notice to T'it'q'et Members

July 27, 2023

T'it'q'et Council would like membership to know the individuals listed below have been banned from the T'it'q'et community. The following bans remain in effect.

1. **Travis Harry (effective December 12, 2013)**
2. **Maxine Brady (effective date: May 23, 2019)**
3. **Fred Henry (effective date: March 18, 20004)**
4. **Mike Kane Jr. (effective date: December 21, 2017)**
5. **Christine Pfeiffer (effective date: December 21, 2017)**
6. **Billy Delorme (effective date: February 3, 2021)**

Billy Delorme (effective date: February 3, 2021) has a ban in place. However, T'it'q'et Council would like to know if there are any individuals who may have concerns if Billy Delorme's ban is rescinded. If there are concerns, please contact a member of Chief and Council or staff member who you feel comfortable expressing your concerns.

Contact: Chief Sidney Scotchman email: communitychief@titqet.org or phone (250) 256- 3635 or staff may be reached at (250) 256-4118. The staff list is on the back of this notice.

T'it' q'et: (250) 256-4118 fax:250 256-4544

<u>Staff List</u>		<u>Extension</u>	<u>Email</u>
Administrator	Janice Whitney	223	tfnadmin@titqet.org
Finance Manager	Sabrina James	226	tfnfinance@titqet.org
Bookkeeper	Lesley Napoleon	232	bookkeeper@titqet.org
Accounts Payable	Vivian Adolph	32	accountspayable@titqet.org
Education	Susan Napoleon	225	education@titqet.org
Social Dev.	Megan Bob(Casual)	229	socialdev@titqet.org
Building Maint	Ken Taylor	247	maintenance@titqet.org
Reception	Susie Leech	220	reception@titqet.org
Health Manager	Vanessa Thervarge	234	healthmanager@titqet.org
Medical Clerk	Nicole Napoleon	241	medicalclerk@titqet.org
Nurse	Subject to change	258	Changes with Ind.Nurse
Housing Coor.	Kassandra Doss	240	housing@titqet.org
Housing Assistant	Kirsten Alexander	259	housingassistant@titqet.org
L.N.R.O	Stephanie B.-Louie	243	lands@titqet.org
O & M Supervisor	Kevin Whitney	248	omforeman@titqet.org
O & M	Murray Barney	239	murrayb@titqet.org
Director of Oper(PC).	Christian A.	233	Director@pegpiglha.org
Referrals Clerk	Lacey LaRochelle	231	adminassistant@pegpiglha.org
Fire Coordinator	Myrus Doss	252	firecoordinator@titqet.org
Home/Com.Care	Shirley T	236	hccworker@titqet.org
Wellness Coor	Juanita Jacob	242	wellnesscoordinator@titqet.org
Culture Coordinator	Michael Alexander	260	michaela@titqet.org
Land Code Coordinator	Dean Billy	251	landcode@titqet.org
Executive Assistant	Charlene Napoleon	264	charlenen@titqet.or
Project Manager (CFS)	Fran Alec	253	projectmgr@titqet.org
Natural Res.Spec.	Denise Antione	238	NaturalResources@pegpiglha.org

Application Form for existing clients

UPCOMING APPOINTMENTS & REIMBURSEMENTS

For T'it'q'et & Community Members

Provide your request AT LEAST TWO WEEKS IN ADVANCE.

Cheques will be available for pick-up on Wednesday or Friday.

PATIENT INFORMATION

Legal Name: _____
Last Name First Name Middle Initial

Contact phone number: _____ E-Mail: _____

APPOINTMENT INFORMATION

Business Name: _____

Business Address: _____

Business Ph. # _____ **Fax#** _____

Doctor's Name/ Speciality Type _____

Purpose for Appointment: _____

Appointment Date: ____/____/____ **Time:** ____ AM / ____ PM
DD/MM/YYYY

(PLEASE CUT HERE)

Received by: _____

Submitted to: _____

Date: _____

Please STAMP received

TRAVEL INFORMATION

Do you require a "MEDICAL ESCORT" to your appointment? Yes / No

Has the PHYSICIAN ESCORT FORM stating the criteria been provided to medical clerk Yes / No
(This is necessary for record keeping)

Name of Driver: _____ Phone #: _____

Cheque Payable To: _____

Do you require Accommodation for your appointment? Yes / No

Special needs required. (i.e. Ground floor, handicap unit, etc.?)

MEDICAL PROCEDURE AGREEMENT

Initial T'it'q'et Health will cover the cost of medical transportation, meals, and accommodations.
We are **NOT** responsible to cover any costs of damages you or your guest(s) may have caused to your Hotel/Motel room during your medical stay. If there are any charges to T'it'q'et including "NO show" or damages you or your guest(s) may have caused, you will be invoiced by T'it'q'et for the full amount to cover the charges. It will be the client's responsibility to cancel the room reservation twenty-four hours or as Cancellation policy states per hotel, prior to the check-in date.

By signing this document, you are giving consent to release medical information to the medical clerk of T'it'q'et Administration.

Print Name: _____

Signature: _____ Date: _____

Received stamp/ INITIALED

August 2023 Horoscopes



Aries (Mar 21–April 19)

Longing for community, Aries? Tuesday's Full Moon in your Aquarius-ruled friendship zone wants to change your relationship to community and mutual reliance. Wednesday's Mercury-Saturn opposition helps you take a small step to integrate changes. The weekend shines just for you when the Moon enters Aries and lights you up!

Taurus (Apr 20–May 20)

Hoping for a career change, Taurus? Tuesday's Full Moon in your Aquarius-ruled career zone inspires you to make choices in the service of leadership, rewarding risks, and maybe even self-employment. Wednesday's Mercury-Saturn opposition helps you find belonging through more authenticity. This weekend's Aries Moon inspires rest, recharge, and healing reflection.

Gemini (May 21–Jun 20)

Bon voyage, Gemini! Tuesday's Full Moon in your Aquarius-ruled expansion zone takes you to new spaces (like schools?) that expand your thinking in big, positive ways. Wednesday's Mercury-Saturn opposition helps you find that delicate work-life balance with a bit more ease. This weekend's Aries Moon is a social, lively one, so reconnect with your friends!

Cancer (Jun 21–Jul 22)

What's your truth, Cancer? Tuesday's Full Moon in your Aquarius-ruled intimacy zone helps you find sexual satisfaction through more active truth-telling to people who need to know. Wednesday's Mercury-Saturn opposition empowers you to hold the big and small pictures to see a situation more clearly. This weekend's Aries Moon is an ambitious, productive one—so get it all done.

Leo (Jul 23–Aug 22)

Happy birthday, Leo! Tuesday's Full Moon in your Aquarius-ruled romance zone invites a new relationship, deepens the dynamics of one you're in, and/or completes a connection that has served its purpose in your life. Wednesday's Mercury-Saturn opposition empowers you to live into your values in a way that provides more integrity. This weekend's Aries Moon is an adventure waiting to happen, so enjoy!

Virgo (Aug 23–Sept 22)

Small goals only, Virgo! Tuesday's Full Moon in your Aquarius-ruled wellbeing zone reminds you that the path to achieving your goal is through small, slow steps that help you move gradually towards success. Wednesday's Mercury-Saturn opposition helps you find mutuality between your desires and the desires of others. This weekend's Aries Moon is an erotic one, so pursue pleasure for pleasure's sake!

Libra (Sept 23–Oct 20)

What's the story in your heart, Libra? Tuesday's Full Moon in your Aquarius-ruled courage zone wants you to share substantial feelings, desires, hopes, and/or fears with someone who needs to know. Wednesday's Mercury-Saturn opposition liberates you from a low-level habit with a bit of discipline. This weekend's romantic Aries Moon helps you connect to your opposite!

Scorpio (Oct 23–Nov 21)

What is "home" to you, Scorpio? Tuesday's Full Moon in your Aquarius-ruled belonging zone helps you find the people and places that provide you with a greater sense of emotional safety and belonging. Wednesday's Mercury-Saturn opposition wants you to lead your friends to new thinking. This weekend's Aries Moon inspires you to cross things off your to-do list, especially if it pertains to your own admin tasks!

Sagittarius (Nov 22–Dec 21)

Balance speaking AND listening, Sag! Tuesday's Full Moon in your Aquarius-ruled communication zone helps you leverage language through listening and careful word choice. Wednesday's Mercury-Saturn opposition reminds you that your emotions are professionally instructive. This weekend's Aries Moon boosts your confidence in unexpected way!

Capricorn (Dec 22–Jan 19)

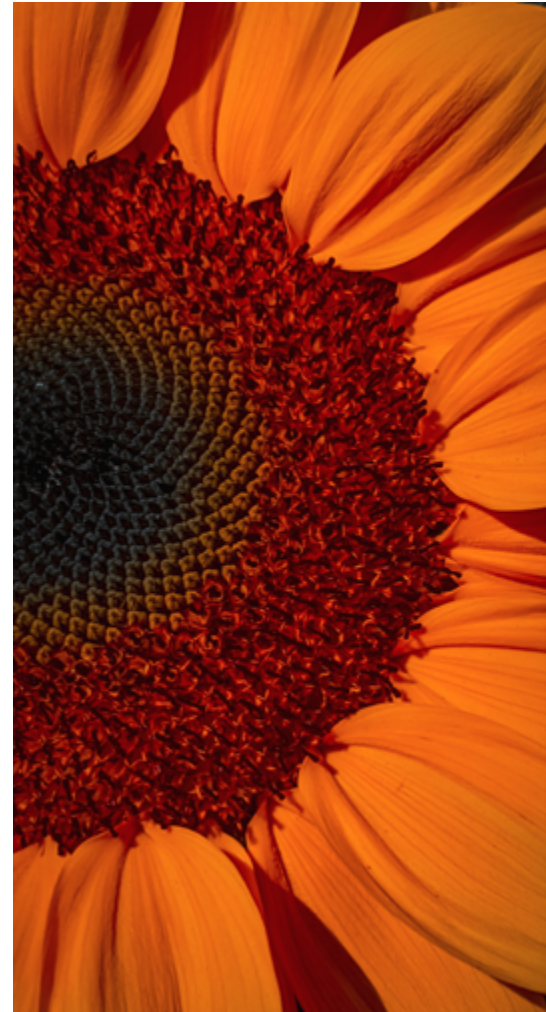
Live into your values, Capricorn! Tuesday's Full Moon in your Aquarius ruled integrity zone inspires you to practice what you preach and teach for amazing results in your somatic and financial sectors. Wednesday's Mercury-Saturn opposition wants you to incorporate both vision to what could be and mindfulness to what is. This weekend's Aries Moon is a tender one so be gentle on yourself and others!

Aquarius (Jan 20–Feb 18)

Begin again, Aquarius! Tuesday's annual Full Moon in your sign offers you a half-birthday check-in on what you'd like to begin and/or find a sense of closure from. It's a powerful reset just for you! Wednesday's Mercury-Saturn opposition helps you notice the details in an effort to find who you can trust. This weekend's Aries Moon is a curious one, so follow it to exciting places.

Pisces (Feb 19–Mar 20)

It's safe to let go, Pisces. Tuesday's Full Moon in your Aquarius-ruled closure zone wants you to release limiting patterns, behaviors, and relationships that keep you in tough holding patterns. Wednesday's Mercury-Saturn opposition wants you to normalize difference in relationships. This weekend's Aries Moon asks you to listen to the wisdom of your body.



September 2023 Newsletter Submission Deadline Thursday, August 24th at Noon

anything submitted outside of this date will not be included in the newsletter.

Want to submit to the newsletter? Please email us at reception@titqet.org

(PDF or Word documents are preferred.)



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