

# Newsletter

**March 2024**

**T'IT'Q'ET MARCH 2024 ISSUE**

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**TO SUBMIT TO NEWSLETTER**

Please email us at: [reception@titqet.org](mailto:reception@titqet.org)  
details on page 35



# March

## Garbage Days

Mondays, Wednesdays,  
and Fridays

## Recycle Days

Recycling will be once a week  
and will have to be separated

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25		26	28 Culture Night	29	1	2
3		4	6 Culture Night Acupuncture-PCC Comm. Massage Day	7	8 Q&A-Bill C92 Webinar	9
10		11	13 Culture Night	14	15	16
17		18	20 Culture Night	21 PC Meeting	22 Elders Luncheon	23
24 *T'it'q'et Preschool C&C meeting PC meeting and Daycare closed for Spring Break all this week.	25 C&C Meeting Saint Patrick's Day	26 PC Meeting	27 Culture Night	28	29 Good Friday Stat holiday	30
31 Easter Sunday	1 Easter Monday	2	3 Culture Night	4	5	6

### RECYCLE DAYS:

Mar 6—Plastics

Mar 13—Glass

Mar 20—Tins

Mar 27—Cardboard/Paper



Please have recycling  
rinsed and dried

Dr. Bolen, Podiatrist  
Is coming to  
T'it'q'et Community



**APRIL 12, 2024**



Please contact Medical Clerk

To book your appointment

[Medicalclerk@titget.org](mailto:Medicalclerk@titget.org)

250-256-4118 ext.241



*T'it'q'et Administration*

P.O. Box 615  
Lillooet, B.C.  
VoK iVo

phone (250) 256 4118  
fax (250) 256 4544  
[www.titget.org](http://www.titget.org)

T'it'q'et Community/Members:

There have been many vehicles parked on the side of the road on Scotchman Road. This is a safety hazard.

Please park your vehicles in your driveway so other vehicles can use the road safely.

Thank you in advance for your cooperation,

Kassandra Doss  
Housing Coordinator  
250-256-4118 ext. 240



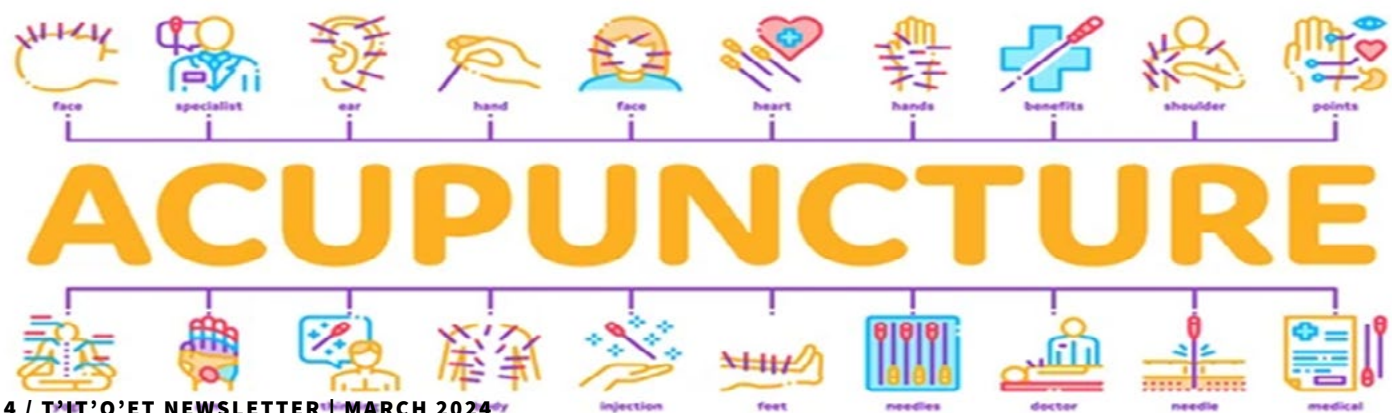


# Acupuncture

## March 5 & 6, 2024

T'it'q'et Health Wing

Sign up sheet  
with medical clerk  
**ADULTS ONLY**



Webinar – Bill C92 & Supreme Court Decision with Q&A

Published: February 22nd, 2024

Share this article on

Question and Answer session on the Supreme Court's ruling upholding Indigenous Rights affirmed in An Act respecting First Nations, Inuit and Métis children, youth and families (Bill C-92). Join us to discuss what it means for practitioners, communities, and Nations on Friday, March 8 from 10:00am PST. Click on the poster to register or register on Zoom – Meeting ID: 632 2778 4127, Passcode: 303526, Registration

Link: [https://ca01web.zoom.us/webinar/register/WN\\_moRycDzCTJuOAp7-eKOWYw](https://ca01web.zoom.us/webinar/register/WN_moRycDzCTJuOAp7-eKOWYw)

Indigenous Child & Family Services  
Directors  
Our Children Our Way Society

**EXPERT PANEL**

**Mary Teegee**  
Carrier Sekani Child & Family Services

**Cindy Blackstock**  
First Nations Caring Society

**Naiomi Metallic**  
Dalhousie University,  
Schulich School of Law

**WEBINAR • LIVE**

**Q&A  
ON C-92**

Question and Answer session on the Supreme Court's ruling upholding Indigenous Rights affirmed in An Act respecting First Nations, Inuit and Métis children, youth and families (Bill C-92). Join us to discuss what it means for practitioners, communities, and Nations.

**ON ZOOM**  
10:00AM PST  
1:00 PM EST/2:00 PM AST

**FRIDAY**  
Mar. 08, 2024

To submit questions in advance, please e-mail:  
[Ky.Scott@OurChildrenOurWay.ca](mailto:Ky.Scott@OurChildrenOurWay.ca)

**REGISTER**

Webinar Registration Link:  
[https://ca01web.zoom.us/webinar/register/WN\\_moRycDzCTJuOAp7-eKOWYw](https://ca01web.zoom.us/webinar/register/WN_moRycDzCTJuOAp7-eKOWYw)

This webinar is in preparation for  
*Loving Justice: Breathing Life into Our Laws Conference* -  
Coming September 2024 to Vancouver, BC



ELDERS



LUNCHON



**MARCH 22, 2024**

**FRIDAY 12:00 – 1: 00PM**

**EVERYONE WELCOME  
RESOURCE ROOM**



*T'it'q'et Administration*

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## **WILDLANDS FIRE FIGHTING TRAINING. 2024**

T'IT'Q'ET Administration will be holding a 7 day training for required certifications to be a certified Wildlands Fire Fighter. T'IT'Q'ET will be working with Community Adult Learning Center for funding and for required gear. Applicants must have a Status number, 18 years or older and must attend the full 7 day training to apply.

**The 7 day training will be on April 2 – 8, 2024**

### **Training will be:**

- S-100.** *Basic Suppression & Safety,*
- S-185.** *Fire Line Entrapment Avoidance.*
- S-211.** *Fire Weather.*
- S-212.** *Fire Communications*
- S-213.** *Bulldozers.*
- S-230.** *Crew Leader.*
- S-232.** *Pump Operations.*
- S-235.** *Burn & Back Burning.*
- ICS-100.** *Incident Command System.*
- Power-saw Operations**

**10 seats only be available.**

**To apply please contact:**

**Myrus Doss, Fire Coordinator**

**T'it'q'et Administration. @ 250-256-4118.ext 252**

T'IT'Q'ET LANDS AND NATURAL RESOURCES

Newsletter Report  
March 2024

The T'it'q'et Lands Committee is made up of 6 members. The Chairperson is Terence MacLellan, the Vice-Chairperson is Marie Barney, the members are Genevieve Humphreys; Myrus Doss, Marilyn Napoleon and T'it'q'et Council representative Harold Pelegrin. The Lands and Natural Resources Department currently has two staff members: Lands and Natural Resources Officer Stephanie Louie and Lands Coordinator Dean Billy. The committee and staff have been meeting twice a month on zoom.

Lands Committee

Has seen a proposal from a consultant to help the Lands Committee develop their Strategic Plan.  
The subject of law-making authority has been added to the committee's list of training objectives.  
The Lands Advisory Board Annual General Meeting has been set for August in Halifax, Nova Scotia. Further information on registration will be sent soon.

Law-Making & Enforcement

Representatives from the Lands Advisory Board and the Stl'atl'imx Tribal Police met with the Lands Committee to discuss the draft Enforcement and Ticketing Law. Next step is a meeting with Musqueam to ask them about their land laws and the Vancouver Police Department.  
The committee met with Mandell Pinder to discuss a draft Trespass law for T'it'q'et.

Natural Resource Management

The Lands Coordinator and the Lands and Natural Resources Officer are set to meet with the consultant for the Environmental Management Plan to discuss the final draft.

Lands Administration

The Lands Department has received referrals from BC Hydro on work they will be performing on their lines near and on reserve. A T'it'q'et member is available to perform monitor duties if there is a chance of ground disturbance during these works.

Financial Management

The Committee received and reviewed a draft budget for the Lands and Natural Resources Department for 2024-2025.

SUMMARY OF RECOMMENDATIONS FOR COLORECTAL CANCER SCREENING FOR INDIVIDUALS WITH A FAMILY HISTORY

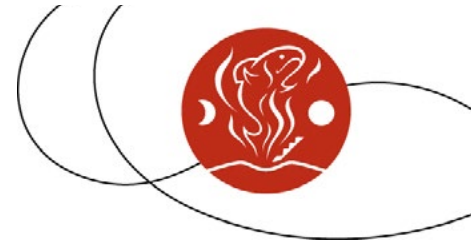
The following table summarizes the Canadian Association of Gastroenterology's recommendations for colorectal cancer screening among individuals who have immediate family members diagnosed with the disease. If you have an immediate family member that has been diagnosed with colorectal cancer, talk to your doctor to discuss your risk and determine the most appropriate screening plan.  
FDR = First-degree relative FDR, CRC = Colorectal cancer CRC, SDR = second degree relative

	Highest Risk				Lowest Risk
	2 or more FDRs with CRC	1 FDR with CRC	1 or more FDR with advanced adenoma (polyp)	1 or more SDR with CRC	1 or more FDR with any non-advanced adenoma (polyp)
Preferred test	Colonoscopy	Colonoscopy	No recommendation for a preferred test	According to average-risk guidelines	According to average-risk guidelines
Secondary test options		FIT	Colonoscopy or FIT are both options.		
At what age should screening start:	40y or 10y younger than age of diagnosis of earliest diagnosed FDR, whichever is earlier. For example, Jim's brothers were diagnosed with CRC at age 45 and 37. Jim will need to start screening at age 27, 10 years before the youngest diagnosis.	40-50y or 10y younger than age of diagnosis of FDR, whichever is earlier	40-50y or 10y younger than age of diagnosis of earliest diagnosed FDR, whichever is earlier	50y	
How often should screening happen	Colonoscopy: 5y	Colonoscopy: 5-10y FIT: 1-2y	Colonoscopy: 5-10y FIT: 1-2y	According to average risk guidelines	

Reference:  
Leddin, D. et al. (2018). Clinical Practice Guideline on Screening for Colorectal Cancer in Individuals with a Family History of Nonhereditary Colorectal Cancer or Adenoma: The Canadian Association of Gastroenterology Banff Consensus. Gastroenterology. 2018;155:1325-1347. [https://www.cag-acg.org/images/publications/CAG\\_CPG\\_CRC\\_Screening\\_Aug2018.pdf](https://www.cag-acg.org/images/publications/CAG_CPG_CRC_Screening_Aug2018.pdf)







## REPOSTING

### St'at'imc Education & Training Program Coordinator

Full-time Position

Two Year Term (Potential to extend)

**Position Summary:** The St'at'imc Education and Training (SET) Program Coordinator is responsible for coordination of the activities of the SET Program. This position works closely with the Data Entry Clerk, Implementation Manager and Relations Manager. The SET Program Coordinator is responsible for providing coordination of the SET Program for communities, including planning, implementation, supporting community capacity development, and reporting in consultation/collaboration with the SGS Administrator to the SGS Board and communities.

#### Key Responsibilities:

- » Coordinates the SET Advisory Committee and the SET Program Committee
- » Implements organizational systems, agreements, policies, and processes as it related to the SET Program and agreement.
- » Upon request from St'at'imc communities, will coordinate and facilitate processes to develop local training opportunities.
- » Coordinates annual planning and updates and adapts the Strategies and Actions in the long-term plan to meet the emerging needs of the communities and regional economy, in consultation with the SET Advisory Committee and SET Program Committee, and as approved by the Administrator.
- » Administer the St'at'imc Lifelong Learning Scholarship including, promotion, coordination of application process, and coordinating fundraising events to replenish fund.
- » Attend engagement events such as career fairs, community info sessions and other community events to provide information about the SET Program.
- » Performs other duties and responsibilities as necessary in the performance of the position and as assigned by the Administrator.

#### Preferred candidate will have:

- » A degree in a field related to education, capacity building and partnership development, or applicable diploma/training with applied working experience. Applicable experience working with indigenous communities is a desired asset.
- » Project management experience including design/planning, implementation (including financial management and budgeting), reporting, change management, and sustainment. Ability to prioritize and work within a program that has many deliverables and tight timelines.
- » Ability to communicate effectively both verbally and written in both one-to-one and large group environments.



- » Self-motivated individual who can work independently or as part of a team as required.
- » Working knowledge of related computer software. Experience with records and data management
- » Working knowledge of educational systems, prevailing indigenous academic research, and a network of professionals from the education and training system in BC an asset.
- » Prefer candidate with a strong understanding and responsiveness of St'at'imc communities, culture, including, perspectives, ways of knowing, protocols, and engagement practices to effectively manage and support the St'at'imc Education and Training Program.
- » Must be able to travel independently to remote communities as required.
- » Willing to work flexible hours, which may include weekends.

#### Conditions of Employment:

- » Must possess a valid Class 5 BC Driver's license and a reliable vehicle.
- » Willing to travel to remote communities as required
- » Willing to work flexible hours, which may include weekends
- » Submit a criminal record check
- » 2-year employment contract with potential to extend
- » 35 hour work week, extended benefits program available after 3 months of employment.
- » Salary range of \$49,140-\$54,600

#### How to Apply:

Please submit your resume and cover letter to the attention of Courteney Adolph-Jones, SGS Human Resources Assistant by email (preferred) or in person:

Mailing: St'at'imc Government Services, Box 2218 Lillooet, BC V0K 1V0  
Email: [HR@statimcgs.org](mailto:HR@statimcgs.org)  
Office Location: 10 Scotchman Road, Lillooet BC

Closing date: Friday March 15, 2024 @ 4pm

***We thank applicants for their interest; however, only those selected for an interview will be contacted.***

Do you need to relax?

Do you suffer from headaches or backaches?



### **MARCH 6<sup>TH</sup> 2024 EVENING SESSION**

COMMUNITY MASSAGE DAY 12:00 – 6:00 pm

Amawil'calahcw (T'it'q'et Health Centre)

Maytálhew (A place to Heal)

**To book an appointment contact medical clerk**

250-256-4118 Ext. 241

[MEDICALCLERK@TITQET.ORG](mailto:MEDICALCLERK@TITQET.ORG)

#### Please note

Your appointment is 20 minutes long

The schedule provided for the time management for both the client as well as the Therapist.

If you know you are going to be late please call ahead to the medical clerk

There will be seating available until your appointed time in the wellness room in the health wing



*T'it'q'et Administration*

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## **OCCUPATIONAL FIRST AID LEVEL 1 & TRANSPORTATION ENDORSEMENT APRIL 20 & 21, 2024**

T'it'q'et Administration will be having a 2 day training of Occupational First Aid Level 1 & Transportation Endorsement. T'it'q'et will be working with Community Adult Learning Centre for funding, to apply must have a status number and attend the full 2 days training.

**10 seats only be available.**

#### **Contact:**

Myrus Doss, Fire Coordinator.

250-256-4118-. Ext 252



MARCH 2024

# P'EGP'IG'HA COUNCIL UPDATE

## January 16, 2024 PC Meeting Summarized Minutes

PC = P'egp'ig'lha Council

### 1. Declaration Act Engagement Fund Workplan:

-PC was approved for Declaration Act Funding in December 2023. Declaration Act funding is provided for engaging with the Province in implementing the United Nations Declaration of Indigenous Peoples. The PC currently engages with the Province through the Archeology Branch & Natural Resource Department. PC reviewed and discussed themes in the workplan The Declaration Act funding will be discussed at the next Joint Council meeting.

### 2. PC Policy Development Consultant Proposal Review :

-The PC reviewed proposals from two Consultants for developing HR, Finance & Governance policies for the Council. PC will select on consultant proposals at the January 30, 2024 PC Meeting.

## January 30, 2024 PC Meeting Summarized Minutes

### 1. Scotchman Family Representative:

-There was a discussion on the Scotchman Family Representative.

### 2. Tribal Chief Report:

-Chief Sidney Scotchman mentioned a Miller family is looking to transfer to Títqet – their ancestor is Juliet Miller from Títqet, she is buried in the community graveyard – there is no other information about her because the records were burned in the 1971 fire. Chief Sidney is bringing the information to the PC to see if any families have info on the Miller family.

-Tribal Chief Sidney read through highlights of his report. Please see the separate report in the newsletter.

### 3. Rebuilding First Nations (FN) Governance Update:

-Satsan (Herb George) & Mason Ducharme from the Centre for First Nations Governance joined the meeting. They are currently working on the following projects: Section 35 of the Canadian Constitution & Inherent Rights, language and law-making, consultation and accommodation & constitution work are the projects Rebuilding First Nations Governance is working on. PC will review project information and decide which initiatives PC wants to participate in.

### 4. Policy Development Consultant Selection

-The PC selected Reciprocal Consulting to assist in creating and developing PC policies.

# GUARDIANS OUT ON THE LAND



PC GUARDIAN LUTHER BRIGMAN BESIDE WEWPÁLSKZA7 (MULLEIN)



PC GUARDIAN RAY BILLY SHOWING HOW THE BEAR TRAP WORKS 😊

## One line Highlights:

Next Regular P'egp'ig'lha  
Council Meeting:

MARCH 26, 2024 AT  
9:00A.M.  
COUNCIL CHAMBERS

Have any questions?  
HERES HOW TO REACH  
US!

CALL US AT 250-256-4118

PC DIRECTOR:  
CHRISTIAN AHRENKIEL EXT.233  
DIRECTOR@PEGPIGLHA.ORG

PC NATURAL RESOURCE  
SPECIALIST:  
DENISE ANTOINE EXT.238  
NATURALRESOURCES@PEGPIGL  
HA.ORG

PC ADMINISTRATIVE  
ASSISTANT: LACEY  
LAROCHELLE EXT.231  
ADMINASSISTANT@PEGPIGLHA.  
ORG





## P'EGP'IG'LHA COUNCIL MANDATE

- 1) CONDUCT GOVERNMENT TO GOVERNMENT AND NATION TO NATION NEGOTIATIONS RELATED TO ST'ÁT'IMC TITLE AND RIGHTS:
- 2) FINALIZE P'EGP'IG'LHA GOVERNING DOCUMENTS INCLUDING THE CONSTITUTION, LAWS, POLICIES AND PROCEDURES.
- 3) WORK WITH ELDERS COUNCIL TO CREATE A SYSTEM OF LAWS TO PROTECT THE TRADITIONAL TERRITORY; MAKE RULES REGARDING AND ADVOCATE FOR TRIBAL/TRADITIONAL TERRITORIES AND REPRESENT COMMUNITY ON THESE ISSUES.
- 4) WORK WITH THE T'ÍT'Q'ET COUNCIL TO ADDRESS COMMUNITY ISSUES AS REQUIRED.
- 5) WORK WITH THE YOUTH.
- 6) GATHER INPUT FROM STUDIES, NEEDS ASSESSMENT, AND THE LEGAL STATUS OF ISSUES RELATED TO THE TRADITIONAL TERRITORY, AND GENERALLY KEEP INFORMED ABOUT ISSUES.
- 7) NEGOTIATE ON BEHALF OF THE P'EGP'IG'LHA WITH ALL PARTIES WHOSE ACTIVITIES MAY IMPACT UPON THE P'EGP'IG'LHA
- 8) COMMUNICATE, INFORM, CONSULT WITH THE PEOPLE, AND MONITOR BROAD INPUT ENSURING ALL HAVE A VOICE.
- 9) SEEK ADVICE OF ELDERS COUNCIL TO ENSURE ST'ÁT'IMC PRINCIPLES ARE MAINTAINED.
- 10) SEEK RATIFICATION FOR DECISIONS FROM THE P'EGP'IG'LHA.
- 11) MAINTAIN INTRA AND INTER-TRIBAL RELATIONS ON BEHALF OF THE P'EGP'IG'LHA.
- 12) KEEP ABREAST OF AND ADDRESS INTERNATIONAL ISSUES EFFECTING INDIGENOUS PEOPLES.

THE TRIBAL CHIEF WILL REPORT TO AND CHAIR ALL P'EGP'IG'LHA COUNCIL MEETINGS. THE P'EGP'IG'LHA COUNCIL WILL MEET MONTHLY, AND WILL MEET WITH THE ELDERS COUNCIL AND T'ÍT'Q'ET COUNCIL QUARTERLY.

## Invasives-free Gardening.

### Planning your garden for Spring?

As you begin to prepare for spring gardening by planning what you will plant, it's crucial to be mindful and ensure you won't be planting any invasive species. Invasive species can easily get loose from gardens by spreading their seeds or roots. Your neighbours might not like it if your Japanese knotweed is found on their side of the fence causing cracks in their driveway. You might think that Oxeye Daisy will stay put until one of those town deer eat it and "deposit" into a local forest. Be careful of bringing soil or compost into your garden beds because they may contain invasive plant seeds. Many last in the soil for at least a few years and if it's that awful Parasitic Dodder, those seeds can last over 60 years and pop up when the conditions are just right.



### The Lillooet PlantWise Guide

Created in partnership by LRISS and Splitrock Environmental Native Plant Nursery, the Lillooet Plantwise Guide is an excellent resource for planning your garden. The guide is intended to provide gardeners and landscapers in the Lillooet Region with information on how to identify the top invasive garden plants while offering native alternatives to "Grow Instead".

Find the guide at [lriiss.ca/resources-and-links](https://lriiss.ca/resources-and-links)

In the guide, find beautiful native and non-invasive options for your garden.



Butterfly Bush



Wild Rose  
(wáxwaz')



Lewis Mock Orange  
(qel'q)

Join Us!

**Seedy Sunday- March 10, 2024**

11 - 3PM at the Lillooet Rec Centre

**Growing Community Connections**

*Admission \$2 or by Donation*

- Seed sales & swap
- Lillooet Seed Library
- Rainshadow Cafe
- Bring seeds for winnowing
- Local market vendors & display tables
- Raffle with great prizes!



**LILLOOET REGIONAL  
INVASIVESPECIESSOCIETY**







# Community Band Meeting

Date: April 28, 2024  
Time: 10:00 a.m.  
Location: PCC

Draft agenda

St'at'imc Trust  
Napoyet family



*T'it'q'et Administration*  
P.O. Box 615  
59 Retasket Drive Lillooet, B.C.  
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phone (250) 256 4118  
fax (250) 256 4544

**Memo To:** Band/Community Members/Staff  
**From:** Finance Department

## RE: CHEQUE DAYS

**Please note:** The Accounts Payable Clerk will **ONLY** be processing Cheques on **Tuesdays and Thursdays**. All Cheques will be ready for pick-up on **Wednesdays and Fridays** during regular office hours. Regular office hours are from 8 am to 12 pm, the office is closed from 12 pm to 1 pm, and open again from 1 pm to 4 pm.

To ensure that cheques are done on time, please make sure that your Cheque Requisitions are in the Accounts Payable mail box by the end of the day on **Mondays and Wednesdays**.

Thank you for your cooperation, so we can ensure you receive your cheque on time.

Finance Department





# T'it'q'et Health Department

P.O. Box 615  
Lillooet, B.C.  
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Phone (250) 256 4118  
Fax (778) 784 4070

## JOB POSTING

**Job Title:** Social Development Worker

**Department:** Health & Social Services

**Term:** Training opportunity

**Posted:** February 14, 2024      **Closes:** Until successful candidate is found

### GENERAL DESCRIPTION

The T'it'q'et Social Development Worker (TSDW) is acting on behalf of the T'it'q'et as the Administering Authority responsible for administering the *Social Development Policy & Procedures* for the Income Assistance programs as prescribed by Indigenous Services Canada (ISC). The TSDW plays an important role in assisting clients to become financially independent through continued employment and provide participants with information on services that may be available to them such as childcare, training, employment opportunities and services for people with disabilities.

### RANGES OF ACCOUNTABILITIES

#### Income Assistance

- Administers the Income Assistance program as prescribed by ISC; Takes applications and completes assessments by interviewing Applicants; completes Budget and Decision forms to determine eligibility; Issues assistance as prescribed by the program;
- Keep clients informed of all Program requirements and obligations and all beneficial resources that may help Clients become self-sufficient;
- Facilitates the instruction on budgeting, Facilitates the enrollment of recipients in training or educational programs that will enhance employability;
- Assists and/or refer employable recipients to the local employment service to update, create, and produce a resume, and cover letter(s) for jobs, practice interview questions, job search tips and resources;
- Ensures recipients maintain a progression training/employment plan to facilitate the return to work, work in collaboration with the Education Coordinator, other employment coaches, and facilitates access to job fairs;
- Maintains secure and organized filing systems; Ensures all Policies and Procedures set out by ISC, T'it'q'et and other relevant Ministries are being followed;
- Maintains close relationship with ISC's BSDW Support representatives;
- Completes quarterly income assistance reports, annual statistical reports and provide reports as requested by Council and/or Administrator.

#### Social Development

Training Opportunity Social Development Worker Job Posting

Page 1 of 2

# T'it'q'et Health Department

P.O. Box 615  
Lillooet, B.C.  
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Phone (250) 256 4118  
Fax (778) 784 4070

- Assists in the development of community resources, capacities, and services designed to enhance the social functioning of individuals and the T'it'q'et community as a whole by:
- Participating in committees, teams and working groups functioning towards the alleviation or resolution of social problems;
- Assisting with preparation of documentation for the Work Opportunity Programs and employment training initiatives, and assisting in the administration of approved projects as requested;
- Participating in seminars, workshops, and training programs to upgrade skills and knowledge relevant to the position and stay knowledgeable and current regarding all income assistance policy and procedures;
- Maintains ISC's Assisted Living program
- Participating and assisting during community events and activities as requested.

Services are provided in the community between the hours of 08:00am and 4:00pm, Monday-Friday, up to 35hrs. per week; however, some after hours or weekend hours may occur dependent on the client's needs. Flexibility and understanding is key for this position.

### Job qualifications:

- Prefer Grade 12 or equivalent OR willing to obtain while employed.
- Ability to establish and maintain effective working relationships with IA Clients and their families as well as Client support programs and/or other agencies.
- Ability to maintain strict confidentiality. Ability to use tact and good judgment in dealing with sensitive and complex issues. Ability to communicate effectively both orally and in writing.
- Previous experience in financial management and ISC OR First Nations Social Development Society (FNSDS) BSDW training.
- First Nations and cross-cultural experience an asset.
- Ability to work independently or with limited supervision and also to work in a team setting.
- Must be computer literate with MS word, Excel, Internet, Emails.
- Valid BC Driver's License and access to a reliable vehicle
- Will undergo a Criminal Record Check upon hiring
- Post-secondary diploma/certificate would be an asset.

We invite applicants to submit their Resume and Cover Letter to T'it'q'et Administration, attention: Vanessa Thevarge, **open until successful candidate found.**

Via Email: [reception@titqet.org](mailto:reception@titqet.org)

Fax (250) 256-4544

OR

PO Box 615

Lillooet, BC V0K 1V0

☐ Did you attach your Resume?      ☐ Optional, attach this Job Posting

☐ Did you attach your Cover Letter?

Training Opportunity Social Development Worker Job Posting

Page 2 of 2



## P'egp'ig'ha Council

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fax (250) 256 4544

### Tribal Chief Report – January 2024

Tribal Chief Sidney Scotchman

#### Shared Area Meeting with Chief Bonnie – December

Christian and I met with Chief Bonnie back in December before the PC meeting, we discussed our shared areas up Texas Creek and Duffy lake. We discussed issues that came up in the past with discussions going to Sekwelwas and not to T'it'q'et. Chief Bonnie has expressed that she is open to working with the P'egp'ig'ha Council for our shared areas. Discussed that we could work on a shared area agreement.

#### Heritage Site Highway 9 across river

Christian and I have reached out to Doug Grossler. Doug has mentioned the site was registered, but is still selling the land. When we reached out, he stated he is open to meeting with us but he is currently not home, and he is not expected to return until March where we will then reach out to him to follow up with setting a day to meet with him and for a site visit.

#### Arbitration

With the appeal received, we met with the Arbitrator this month, initially we were expected to go 3 days, but we ended up doing a 4<sup>th</sup> day. Full results of the arbitration are included in the PC Package for PC's files. Summary of results, Arbitrator has determined that he has seen no material breach of election code and that the Tribal Chief Elections at the By-Election was valid.

#### SCC

This months meeting was set to two days as the previous SCC meeting was postponed. Here is a breakdown of some of the discussions:

- Unification Ceremony: Will be rescheduling for the spring. Currently, the location is still set in Lil'wat, but with their policies stating that all meetings and events be cancelled in the event of a passing. This has caused all the postponements of the Unification Ceremony, some of the chiefs believe that the location should be moved to one of the northern communities to avoid any further postponements as many people have had to schedule time off work to attend then had the event cancelled last minute. SCC staff will be meeting with Chief Darrel and Frank Andrew's to discuss the idea of moving the ceremony, or if we should keep it in Lil'wat.
- Graveyard Valley ceremony with Chilcotin, This event is currently being planned for July 2024. Ongoing issues with transportation of elders as the roads don't go right into the area. Helicopters are still being discussed. Pending fire situation.
- Declaration Act Engagement Funding, SCC has applied for this funding as well, but will not know if they have been successful until April.
- Boundary: it was brought to SCC's attention last year that other territories are claiming parts of the St'at'imc Territory as their traditional land. Recently, Sea Bird is claiming land leading all the way to Bridge River. SCC will discuss this at next meeting on what can be done.
- Telus/Rogers: waiting to hear back on dates to meet with SCC to discuss territorial compensation.



## P'egp'ig'ha Council

P.O. Box 615  
Lillooet, B.C.  
VoKíVo

phone (250) 256 4118  
fax (250) 256 4544

- SCC Guardians: applied and approved for funding. Watersheds will be the main priority for SCC Guardians. Will be hiring a coordinator. Conference end of February, SCC will send staff to connect with other guardians.
- Kathleen Smith SCC Executive Assistant is planning to retire this year, and will be developing a Student Job Description which will have the new worker job shadow Kathleen before she retires. Then this worker will take over her role.
- Former Chiefs Advisory Group: Will work as advisors to the SCC. A TOR has been drafted and will be reviewed at next SCC meeting in February. This group will not be a decision making group, only advisory. Consisting of 11 reps of former chiefs (elected or hereditary) or elders knowledgeable in St'at'imc culture/traditions way of life. These reps will be selected and appointed by each community.
- First Nations Fisheries Council has announced a new Scholarship called Lorraine Loomis Memorial Scholarship which will be available on a yearly basis for students to apply for, successful candidates will be eligible for \$5,000.

#### St'at'imc Fisheries Forum

- Joint Planning Forum
  - Meets monthly or more if needed to insure implementation of projects and mitigation through the high flow agreement.
  - Seton Canal will be shut down soon for repairs, this will cause higher flow along Cayoosh River.
  - Gates Creek
    - Repairs on concrete raceways have been successful to increase capacity to grow more fish
    - Continuing talks with DFO to expand coho assessment numbers under Brgmon 1
      - Numbers are showing to be very low for returns
      - Project biologists are alarmed
- Xwisten Falls
  - Thousands of Salmon rescued from low waters
  - Pacific Salmon Foundation have paid for this project and work
  - Water levels dropped, this allowed crucial work for a spider excavator to get into work on the boulders to widen the path for Salmon to swim through.
  - The water levels documented to an all time low in 2023
  - DFO has stated they would work on the area during the winter, but have not received an update on if work has started or is planned to start.
  - With the effects of Climate Change hitting the river, this should be brought to the Ministry of Environment as this is a complex problem with Climate Change.
  - Lot of concerns with DFO was brought up from those in attendance. Each year it gets worse with the lower numbers of salmon. DFO was not in attendance on the first day.
  - Some in attendance have noticed that Salmon could be adapting to climate change and the warmer waters by migrating later in the season when water temperatures are cooler. This could change fishing season for the St'at'imc if this continues.
- Upper Fraser Fisheries and Conservation
  - Big Bar
    - Chinook survival has been better than sockeye





## P'egp'ig'ha Council

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- Upper Fraser Sockeye has been listed as endangered
  - Monitoring and tagging projects occurred over the last few years to monitor fish numbers.
- Invited those involved in Mount Polly lawsuit, but they declined invitations as they may be questioned on what is happening with the lawsuit, and they are unable to discuss it currently due to the case still being examined.
- Was discussed that a Ceremony be planned for Bridge River to acknowledge the work done by those who helped rescue the salmon. Bridge River Band is working on planning a ceremony.
- Issue was brought up that forestry companies are blowing up beaver dams in BC, these dams are highly beneficial for the forest/land ecosystem. This was just brought up for concern, and to ensure this isn't happening in the St'at'imc territory.
- SCC
  - Discussions included historical cases such as Bradley Bob case, 1902 record low numbers of salmon in the Fraser due to over fishing at mouth of the river by the thousands of fishing boats.
  - White Sturgeon – Xu7t'
    - Collecting stories of creatures in Seton Lake, some stories have the creature named Manoman (not correct spelling). These stories talk of the creature resembling a giant Sturgeon.
    - The White Sturgeon was depicted to be an excellent source of food and even for medicine and traditional purpose.
    - Hoping to prove that the White Sturgeon was in Seton Lake and Anderson Lake.
      - Ways to prove, they are doing E-DNA testing which a process that involved collecting samples in the water to scan for DNA of the White Sturgeon, and to see what other species of aquatic life could be in the Lakes. Issue is that Sturgeon don't shed DNA like us, their DNA begins to degrade faster in water as it is broken down by other microbes. But the E-DNA process is constantly updated to help collect better samples.
- Fish Hatchery
  - Salmon caught are tested for diseases and tagged. The biggest concern is Bacterial Kidney Disease.
  - In 2023, 43% of salmon caught were part of the 2019 of salmon released from the fish hatchery. Big accomplishment
  - Big issue is lower water levels in the Fraser, more salmon are arriving with lot of wounds on their head of them getting smashed against the roads.
    - Other possible reasons for some of the damage to the salmon are Hydro Dam turbines.
- State of the salmon
  - Fish are dealing with more issues every year due to climate change. Increased water temperatures caused by Drought, lower water levels due to decrease in snow pack on mountains and lack of rain for extended time.
  - 2024 forecast was shared. El Niño expected to last for a couple more months, will weaken by end of April, leading to a neutral phase before La Niña hits in July which could bring a wetter weather for our area. Great for the fish, but I brought up the concern of increased landslides due to the 2023 wild fires. Need to prepare for potential landslides that could effect the river this year.



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- Some good news, one of the most nutritious foods for Salmon have been seen to be making a big return. Plankton numbers have been seen to be growing again.
- Concern brought up from participants asking if the floods following the head dome in 2021 affected the salmon numbers along the Fraser river with the increased strength of rapids. No answer given, but will be studied.
- Another concern brought up that Water at Seton Dam was seen to get up to 22 degrees which is lethal temperatures for salmon. This issue could also be caused by the Dam with increased power usage from people using their Air Conditioners.

### Finance Committee

Met twice this month, once for a special meeting to prepare recommendation to PC which is on the Agenda and in packages for Arbitrator cost splitting with T'it'q'et. Second was to begin work on 2024/2025 PC Budgets.

# Message from T'it'q'et Housing:

## Yard maintenance:

Housing Policy- 9.1.1.1 Owners and residents be encouraged to maintain and keep up their yards, properties and housing in a way that would make the community proud.

## Visitors:

Friendly reminder that in the rental units as per agreement signed:

8. Except for casual guests, no other persons shall occupy the premises without written consent of the Landlord.

Housing needs to be contacted when you move someone into your rental unit.

Then it needs to get approved by administration, and council that this ok.

If approved a new rental agreement will need to get filled out and signed.

## Garbage:

O&M picks garbage up on Mondays and Fridays. Wednesdays they pick up recycling. On recycling days, the garbage will be picked up as well for now.

Animals are getting into garbage, if an animal gets into your garbage it is your responsibility to pick it up.

Please do not throw food waste outside your home, throw it in the garbage. This will help from animals going into your yard, and mice trying to find a way into your home.

Thank you,

Kassandra Doss

Housing Coordinator.

Do you want to receive  
information and news  
about events via email  
from P'egp'ig'lha  
Council ?



P'EGP'IG'LHA MEMBERS, SEND US  
AN EMAIL AND WE CAN ADD YOU  
TO OUR DISTRIBUTION LIST!  
EMAIL LACEY AT:  
ADMINASSISTANT@PEGPIGLHA.ORG  
OR CALL 250-256-4118 EXT.231





INTERIOR REGION

First Nations Health Authority

## FNHA First Nations Health Benefits: Mental Health Providers

### Lillooet, BC

The following is a list of Mental Health providers that have met the First Nations Health Benefits (FNHB)'s eligibility criteria (<https://www.fnha.ca/benefits/mental-health-providers>) and are actively registered with the FNHA.

<b>Yolanda Hall RSW</b> <ul style="list-style-type: none"><li>• (778) 554-2332</li><li>• Accepting New Clients</li></ul>	<b>Lorrinda Casper RSW</b> <ul style="list-style-type: none"><li>• (250) 256-9126</li><li>• Less Than 1 Month Waitlist</li></ul>
<b>Joanna Warren RCC</b> <ul style="list-style-type: none"><li>• (250) 256-4906</li><li>• Askom Counselling</li><li>• Accepting New Clients</li></ul>	<b>Brandy Kane RSW</b> <ul style="list-style-type: none"><li>• (604) 728-1574</li><li>• Eagle Spirit Counselling</li><li>• 1-2 Month Waitlist</li></ul>
<b>Alanah Woodland RSW</b> <ul style="list-style-type: none"><li>• (778) 209-0956</li><li>• Amham Therapy</li><li>• Accepting New Clients</li></ul>	

**Tsow-Tun-Le-Lum Society (cultural support and counselling):**  
1-888-403-3123

**Indian Residential School Survivors Society:** 1-800-721-0066  
or 604-985-4464

**KUU-US Crisis Line Society:** Adults and Elders at 250-723-4050;  
Children and Youth at 250-723-2040; Toll-free at 1-800-588-8717



INTERIOR REGION

First Nations Health Authority

## FNHA First Nations Health Benefits: Mental Health Providers

### Kamloops, BC

The following is a list of Mental Health providers that have met the First Nations Health Benefits (FNHB)'s eligibility criteria(<https://www.fnha.ca/benefits/mental-health-providers>) and are actively registered with the FNHA.

<b>Marian Anderberg RSW</b> <ul style="list-style-type: none"><li>• (250) 851-5155</li><li>• Accepting new clients</li></ul>	<b>Heather Anderson CCC</b> <ul style="list-style-type: none"><li>• (250) 314-0377</li><li>• Accepting new clients</li><li>• Seasons Health Therapies</li></ul>
<b>Wade Alexander CCC; RCC</b> <ul style="list-style-type: none"><li>• Telehealth Only</li><li>• (778) 472-0388</li><li>• Accepting new clients</li></ul>	<b>Robbyn Bennett RCC</b> <ul style="list-style-type: none"><li>• (778) 779-7376</li><li>• Accepting new clients</li></ul>
<b>Nicole Befurt RCC</b> <ul style="list-style-type: none"><li>• (250) 319-8596</li><li>• Accepting new clients</li><li>• Seasons Consulting Group</li></ul>	<b>Robert Dolson RCC</b> <ul style="list-style-type: none"><li>• (250) 319-0101</li><li>• Accepting new clients</li><li>• Center for Response Based Practice</li></ul>
<b>Kym Daley RCC</b> <ul style="list-style-type: none"><li>• (236) 852-1431</li><li>• Accepting new clients</li><li>• Center for Response Based Practice</li></ul>	<b>Marilee Draney RSW</b> <ul style="list-style-type: none"><li>• (778) 257-2433</li><li>• Accepting new clients</li></ul>
<b>Leita McInnis RSW</b> <ul style="list-style-type: none"><li>• Telehealth Only</li><li>• (672) 999-7969</li><li>• Accepting new clients</li></ul>	<b>Pete Grinberg RCC</b> <ul style="list-style-type: none"><li>• (250) 318-9455</li><li>• Accepting New Clients</li><li>• Centre for Response Based Practice</li></ul>





## INTERIOR REGION

First Nations Health Authority

# FNHA First Nations Health Benefits: Mental Health Providers Kamloops, BC

<b>Jennifer Dustin RSW</b> <ul style="list-style-type: none"><li>• (250) 554-4747</li><li>• Accepting New Clients</li><li>• C &amp; C Resources for Life</li></ul>	<b>Katherine Gulley CCC/RCC</b> <ul style="list-style-type: none"><li>• (250) 819-2989</li><li>• Accepting New Clients</li><li>• Katherine Gulley Counselling</li></ul>
<b>Dave Freeze RCC</b> <ul style="list-style-type: none"><li>• (250) 318-1099</li><li>• Accepting New Clients</li><li>• Ripplerock Consulting</li></ul>	<b>Betty Lapeyre RCC</b> <ul style="list-style-type: none"><li>• (250) 320-4877</li><li>• Accepting New Clients</li><li>• River Walk Counselling Services</li></ul>
<b>Jennifer Friend RSW</b> <ul style="list-style-type: none"><li>• (250) 828-2698</li><li>• Accepting New Clients</li><li>• Lighthouse Expressive Therapy LTD.</li></ul>	<b>Randine Mariona-flor RSW</b> <ul style="list-style-type: none"><li>• (778) 360 2605</li><li>• Accepting New Clients</li><li>• Healing Spaces</li></ul>
<b>Jeff Goodrich RCC</b> <ul style="list-style-type: none"><li>• (250) 640-6487</li><li>• Accepting New Clients</li><li>• Jeff Goodrich Counselling</li></ul>	<b>Kalie McIntosh RCC</b> <ul style="list-style-type: none"><li>• (250) 574-1426</li><li>• Accepting New Clients</li></ul>
<b>Sandip Sadhra RCC</b> <ul style="list-style-type: none"><li>• (778) 257-0480</li><li>• Accepting New Clients</li></ul>	<b>Crystal Munegatto RSW</b> <ul style="list-style-type: none"><li>• (250) 819-0234</li><li>• Accepting New Clients</li></ul>
<b>Sun Peaks</b>  <b>Karen Lara CCC</b> <ul style="list-style-type: none"><li>• (250) 299-8543</li><li>• 1 Month Waitlist</li></ul>	

**Tsow-Tun-Le-Lum Society** (cultural support and counselling): 1-888-403-3123

**Indian Residential School Survivors Society**: 1-800-721-0066 or 604-985-4464

**KUU-US Crisis Line Society**: Adults and Elders at 250-723-4050; Children and Youth at 250-723-2040;



## INTERIOR REGION

First Nations Health Authority

# FNHA First Nations Health Benefits: Mental Health Providers

## Merritt & Ashcroft, BC

The following is a list of Mental Health providers that have met the First Nations Health Benefits (FNHB)'s eligibility criteria (<https://www.fnha.ca/benefits/mental-health-providers>) and are actively registered with the FNHA.

### Merritt

<b>Jennifer Dustin RSW</b> <ul style="list-style-type: none"><li>• (778) 639-0107</li><li>• Telehealth Only</li><li>• Jen Dustin Counselling &amp; Supports</li><li>• Accepting New Clients</li></ul>	<b>Christina Gibson CCC;RSW</b> <ul style="list-style-type: none"><li>• (250) 462-0360</li><li>• Accepting New Clients</li></ul>
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### Ashcroft & Logan Lake

<b>Ashcroft</b>  <b>Christina Gibson CCC;RSW</b> <ul style="list-style-type: none"><li>• (250) 462-0360</li><li>• Accepting New Clients</li></ul>	<b>Logan Lake</b>  <b>Carrie McNeely RCSW</b> <ul style="list-style-type: none"><li>• (250) 819-0268</li><li>• Dragonfly Counselling</li><li>• Accepting New Clients</li></ul>
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**Tsow-Tun-Le-Lum Society** (cultural support and counselling): 1-888-403-3123

**Indian Residential School Survivors Society**: 1-800-721-0066 or 604-985-4464

**KUU-US Crisis Line Society**: Adults and Elders at 250-723-4050; Children and Youth at 250-723-2040; Toll-free at 1-800-588-8717





## T'it'q'et Administration

P.O. Box 615  
Lillooet, B.C.  
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phone (250) 256 4118  
fax (250) 256 4544

T'it'q'et: (250) 256-4118 fax:250 256-4544

Staff List		Extension	Email
Administrator	Janice Whitney	223	<a href="mailto:tfnadmin@titget.org">tfnadmin@titget.org</a>
Finance Manager	Sabrina James	226	<a href="mailto:tfnfinance@titget.org">tfnfinance@titget.org</a>
Bookkeeper	Lesley Napoleon	227	<a href="mailto:bookkeeper@titget.org">bookkeeper@titget.org</a>
Accounts Payable	Jeanette John	232	<a href="mailto:accountspayable@titget.org">accountspayable@titget.org</a>
Education	Susan Napoleon	225	<a href="mailto:education@titget.org">education@titget.org</a>
Social Dev.	Vacant (contact Vanessa)	229	<a href="mailto:socialdev@titget.org">socialdev@titget.org</a>
Building Maint	Ken Taylor	247	<a href="mailto:maintenance@titget.org">maintenance@titget.org</a>
Reception	Susie Leech	220	<a href="mailto:reception@titget.org">reception@titget.org</a>
Health Manager	Vanessa Thervarge	234	<a href="mailto:healthmanager@titget.org">healthmanager@titget.org</a>
Medical Clerk	Nicole Napoleon	241	<a href="mailto:medicalclerk@titget.org">medicalclerk@titget.org</a>
Nurse	Subject to change	258	Changes with Ind.Nurse
Housing Coor.	Kassandra Doss	240	<a href="mailto:housing@titget.org">housing@titget.org</a>
L.N.R.O	Stephanie B.-Louie	243	<a href="mailto:lands@titget.org">lands@titget.org</a>
O & M Supervisor	Kevin Whitney	248	<a href="mailto:omforeman@titget.org">omforeman@titget.org</a>
O & M	Murray Barney	239	<a href="mailto:murrayb@titget.org">murrayb@titget.org</a>
Director of Oper.	Christian A.	233	<a href="mailto:Director@peppiglha.org">Director@peppiglha.org</a>
Referrals Clerk	Lacey LaRochelle	231	<a href="mailto:AdminAssistant@peppiglha.org">AdminAssistant@peppiglha.org</a>
Fire Coordinator	Myrus Doss	252	<a href="mailto:firecoordinator@titget.org">firecoordinator@titget.org</a>
Home/Com.Care	Shirley T	236	<a href="mailto:hccworker@titget.org">hccworker@titget.org</a>
Wellness Coor		242	<a href="mailto:wellnesscoordinator@titget.org">wellnesscoordinator@titget.org</a>
Red Cross Coordinator	Michael Alexander	260	<a href="mailto:michaela@titget.org">michaela@titget.org</a>
Land Code Coordinator	Dean Billy	251	<a href="mailto:landcode@titget.org">landcode@titget.org</a>
Executive Assistant	Charlene Napoleon	264	<a href="mailto:charlenen@titget.org">charlenen@titget.org</a>
Project Manager	Fran Alec	253	<a href="mailto:projectmgr@titget.org">projectmgr@titget.org</a>
Project Researcher		253	<a href="mailto:projectresearcher@titget.org">projectresearcher@titget.org</a>
Natural Res.Spec.	Denise Antione	238	<a href="mailto:NaturalResources@peppiglha.org">NaturalResources@peppiglha.org</a>

### Notice to T'it'q'et Members

September 23, 2023

T'it'q'et Council would like membership to know the individuals listed below have been banned from the T'it'q'et community. The following bans remain in effect.

1. Travis Harry (effective December 12, 2013)
2. Maxine Brady (effective date: May 23, 2019)
3. Fred Henry (effective date: March 18, 2004)
4. Mike Kane Jr. (effective date: December 21, 2017)
5. Billy Delorme (effective date: February 3, 2021)
6. Leonard Mitchell Jr (effective date: August 28, 2023)
7. Colby Adolph (effective date: August 28, 2023)

If you see any of these individuals, please contact the Stl'atl'imx Tribal Police (STP) at (250) 256-7767. If you have any questions, please contact: Chief Sidney Scotchman email: [communitychief@titget.org](mailto:communitychief@titget.org) or phone (250) 256- 3635.

# March 2024 Horoscopes



### Aries (Mar 21–April 19)

March 2024 Horoscope of Aries states that you will have good news in terms of your career and finances. However, you have to wait for some time to get good news about the business idea you have been thinking about for a long time. In addition, you should take care of minor inconveniences in your health to avoid big problems in future.

### Taurus (Apr 20–May 20)

Even though they have to face a lot of challenges, they will find love and will see growth in their career. The Taurus monthly horoscope foresees a positive impact on your career which will push you to the top, according to your career horoscope.

### Gemini (May 21–Jun 20)

When it comes to a career, you might get a chance to turn your passion into an additional source of income. Finance and health are the two things that a Gemini will struggle with as per their horoscope for March 2024.

Finances will be stable this month without any negative impact, still, it's better to stick to a plan. You also have to be careful about your health to avoid problems in future.

### Cancer (Jun 21–Jul 22)

There will be peace and tranquillity in your personal life when you make efforts to settle the problems with your partner and focus on strengthening the relationship. In the middle of the month, you will get time to relax and recharge yourself. At the end of this month, you might see changes related to your place of residence. According to Cancer monthly horoscope, always ensure to make a decision that benefits you to avoid uncertain situations in future.

### Leo (Jul 23–Aug 22)

During the middle of the month, you should take care of your finances by not making any huge investments or purchases. This will help you to keep you financially stable. Finally, you should practise meditation for good mental health.

### Virgo (Aug 23–Sept 22)

Virgos are more likely to find love this month when they let their emotions guide them. In the middle of the month, they might face some problems in their career, but they will see good progress by overcoming those problems. The finances are also good this month as per Virgo monthly horoscope for March 2024. There is a chance of getting an additional income source which will increase their finances. It is important to learn to see the positive side of every little thing.

### Libra (Sept 23–Oct 20)

This emotional fluctuation will also impact your professional life, but you can overcome this by giving priority to your career. When it comes to your finances, one wrong decision can have a huge impact, so make sure to avoid risks. You need to pay close attention to your health, as the position of Mars in Pisces will have a negative impact on your health. Finally, pay attention to new opportunities for a better impact in your life.

### Scorpio (Oct 23–Nov 21)

March 2024 will be a transformative month for Scorpios as it is filled with opportunities for personal growth, career advancement, and financial stability. This is a time for Scorpios to focus more on self-discovery, maybe through journaling or art therapy. Their strong will, which is amplified by Venus in Aquarius, will guide them through challenges and help them achieve their goals.

### Sagittarius (Nov 22–Dec 21)

The Sagittarius monthly horoscope for March 2024 predicts that there will be times of great joy and happiness, as well as times of uncertainty and doubt this month. Sagittarians might get the chance to take their relationship to the next level, as per their love horoscope. You will be full of energy and productivity in the first half of this month.

### Capricorn (Dec 22–Jan 19)

March 2024 horoscope promises to be a transformative month for Capricorns. There will be a positive and energetic atmosphere that will bring opportunities for growth and

success. Capricorns will experience a surge in passion and romance, and they will be successful in business and career. However, they should be cautious and avoid impulsive decisions, and they should take care of their health, especially their skin. By embracing the opportunities that come their way and focusing on their goals, Capricorns can make March a truly successful month, as per Capricorn monthly horoscope.

### Aquarius (Jan 20–Feb 18)

Aquarius March's horoscope predicts these people in terms of their personal and professional lives. The Aquarius monthly horoscope suggests that Aquarians will have the opportunity to let go of the past and embrace the new with a stable financial position, harmony and peace. However, Aquarians should be mindful of making difficult decisions, avoiding reckless behaviour, and missing opportunities due to a lack of focus.

### Pisces (Feb 19–Mar 20)

Pisces is in for a transformation in March, according to Pisces monthly horoscope. While the beginning of the month may be challenging due to certain astrological reasons, focusing on positive goals and visualisation can overcome these hurdles. The Worm Full Moon offers an opportunity to start afresh and make positive changes.

Early March presents an opportunity to invest in personal development, including education and appearance. A stylish business wardrobe will boost confidence, but Venus in Aquarius may stir restlessness and the need for change, disrupting your habits. Psychological training can help adapt to these changes and achieve inner harmony and peace.



## April 2024 Newsletter Submission Deadline Thursday, March 21<sup>st</sup> at Noon

anything submitted outside of this date will not be included in the newsletter.

Want to submit to the newsletter? Please email us at [reception@titqet.org](mailto:reception@titqet.org)

(PDF or Word documents are preferred.)





**TRIBAL POLICE**  
**(250) 256-7767**

**RCMP**  
**(250) 256-4244**

**FIRE DEPT.**  
**(250) 256-7222**

**AMBULANCE**  
**(250) 256-7111**

**POISON CONTROL**  
**1 (800) 567-8911**

**REPORT WILDFIRE**  
**1 (800) 663-5555**

\*Please post where visible in case of emergency

**EMERGENCY CONTACTS**

