

Newsletter

Dec 2024

T'IT'Q'ET DEC 2024 ISSUE

Christmas Party – Page 3

Culture Night make a gift– Page 12

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TO SUBMIT TO NEWSLETTER

Please email us at: reception@titqet.org
details on page 35





Garbage Days
Mondays and Fridays

Recycle Days
Recycling will be once a week
and will have to be separated

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1		2	3	4	5	6
			Culture Night	7 sacred values viewing		7
8		9	10	11	12	13
			Culture Night			14
15		16	17	18	19	20
Christmas Party		Dr. Samad Elders Luncheon	Culture Night			21
22		23	24	25	26	27
		Christmas Eve	Christmas	Boxing Day		28
29		30	31	1	2	3
		New Year's Eve	New Year's Day			4

T'ít'q'et Christmas Party

December 15, 2024
3-6pm

P'egp'igla Community Centre

Dinner is at 3pm
Turkey/Ham Dinner with
all the fixin's!

4:30 pm
Santa
Arrives!

Parents/Guardians:
We will be setting up Gym starting Dec 12—
if you can spare some time to assist, some of our elf duties:

- ⇒ Setting up and decorating tables
- ⇒ Decorating Gym
- ⇒ Wrapping presents
- ⇒ Clean up after party
- ⇒ Goodie Bags

Santa Letter is attached to this poster,
\$30 maximum for the gift
Santa Letters Due Date Back to Santa by
November 29 at NOON
Ages—Babies to Grade 12
(Babies must be born before party and be in attendance)

This is a family friendly event, parents please accompany your children.

Children must be in attendance to receive their gift from Santa.



Jana Francis

Sharon Jones

Ken W.

Maddie
Councillor
T'it'q'et

**Merry Christmas and Happy New Year
From T'it'q'et Chief and Council &
T'it'q'et Staff**

Karen Kaufman
Wellness Coordinator

Merry Christmas!!
Shirley Edwards

Alana
don

Subrina James



Happy Holidays!
Megan Thorne

Merry Christmas!!
- Amber Nozick

Lesley
Napoleon

Merry Xmas Clev
Chad Alexander



Happy
Holidays
Kassandra
Dear Bill
Happy Holidays!!

Season Greetings
Susan N.

Happy
Holidays
Nancy

Seasons Greetings!
Vanessa Thivarge

Have a Safe and Wonderful Holiday Season

Merry Christmas
& Happy
Holidays!!
Tranny Alee
Dakota Leach
From T'it'q'et
Child Family Services

Merry
Christmas!!
Amber Nozick

Jana Francis



Merry Christmas and Happy New Year from
T'it'q'et Chief and Council and Staff



Missing: Councillor Adrianna Scotchman



O&M Missing: Kevin Whitney, Ken Christy, Xavier Copeland, and Murray Barney

Have a safe and wonderful Holiday Season





Wills + Estates Info Session

January 15, 2025

5pm

Dinner Provided

P'egp'igha Community Centre



Fun & Food: A Budgeting Workshop Night! January 23, 2025

Held at the P'egp'ig'lha Community Centre
Dinner provided at 5 PM!

"Bring your friends and family—don't miss out!"

Do you have a will?

Did you know?

- the INAC website has information about planning your estate
- your will differs if you live on- or off-reserve
- the Indian Act outlines what should be included in your will
- you can't gift your land on reserve to someone who is not a member of your First Nation
- you can change your will as often as you like
- writing a will doesn't have to be complicated or costly

<9%
Less than 9% of First Nation peoples on reserve pass away with a will

Why make a will?

- to provide for your loved ones, your children and grandchildren
- to decide who will get your home
- to clearly state who should receive your possessions
- to name who will take care of your children and dependents
- to leave instructions for end of life ceremonies
- to name who will take care of your estate

A will could provide peace of mind and clear direction about your wishes to your family and loved ones

Visit www.canada.ca/indigenous-northern-affairs for more information

This publication is also available in French under the title: Avez-vous un testament?

T'IT'Q'ET-P'EGP'IG'LHA 7 SACRED VALUES- VIDEO VIEWING

PRESENTED BY-PAT ALEC AND TEAM

ON BEHALF OF T'IT'Q'ET CHILD AND FAMILY SERVICES

Date: Dec 5, 2024

Time: 5:00-8:00 Dinner at 5:00, video veiwing at 5:30

Location: T'it'q'et P'egp'ig'lha Hall

If you have any questions contact T'it'q'et Child Family Services-Gail Kreiser Leech
Executive Assistant execassist@titqet.org or Franny Alec-Project Director
projectmgr@titqet.org



- Star Awards for main Characters
- Swag and more



Dr. SAMAD

17 December, 2024

T'it'q'et Health Dept

Start 2pm – 4 PM

***Each appointment is 15 min**

To book your appointment time

Please contact

medicalclerk@titqet.org

Call 250-256-4118 ext.241



culture



come make a
gift



make whatever you like
Dec 9-23
noon-8pm

T'IT'Q'ET LANDS AND NATURAL RESOURCES

Newsletter Report
December 2024

The T'it'q'et Lands Committee is made up of 5 members. The Chairperson is Terence MacLellan, the Vice-Chair position is vacant, the members are Genevieve Humphreys; Myrus Doss, Marilyn Napoleon and T'it'q'et Council representative Harold Pelegrin. The Lands and Natural Resources Department currently has two staff members: Lands and Natural Resources Officer Stephanie Louie and Lands Coordinator Dean Billy. The committee and staff have been meeting twice a month on zoom.

- **Lands Committee**

Have updated some of the goals' milestones and deadlines in their Work Plan. The Lands Coordinator will survey the committee members about their training goal and what knowledge gaps they need or would like to fill. The committee is awaiting confirmation from ISC that having a Certificate of Possession does not affect funding services for things like garbage pick-up, etc. The committee will review the Family Homes on Reserves and Matrimonial Interests or Rights Act to evaluate the pros and cons of T'it'q'et having its own matrimonial property law.

- **Law-Making & Enforcement**

The committee will meet with Mandell Pinder and the STP on Dec 3rd to discuss the Trespass Law, Banishment Law and Allotment Law.

- **Lands Administration**

T'it'q'et Administration has parted ways with Glen Guthrie and the Lands and Natural Resources Director position is now vacant. The Lands Committee will recommend that T'it'q'et land development procedures be updated in light of the adoption of our land code.

- **Dispute Resolution**

The Lands Coordinator will gather questions on this matter to submit to T'it'q'et Council.

- **Traditional Territory**

Lands Coordinator met with P'egp'ig'lha Council Director for information from the PC Guardians on access points that people use to bring off-road vehicles to IR #1 and IR #1A. The committee will recommend 'No Trespassing' signs be placed if the community decides to pass a Trespass Law.

ANTI-BULLY DAY DECEMBER 17, 2024

If you’re being bullied, you're not alone.

What is bullying?

It's not a fun game or a cool way to impress your friends. In fact, it's quite the opposite.

Bullying is when someone repeatedly tries to hurt or humiliate another person on purpose. It can be physical, like hitting, pushing or tripping someone, or it can be verbal, like calling someone mean names, spreading rumours, or making fun of someone's appearance, religion, or culture.

Bullying can happen at school, on the playground, in your neighbourhood, through texting, or even online. And I let me tell you, it's never a laughing matter. Bullying can cause serious harm to the person being bullied, both physically and emotionally. It can make them feel sad, scared, lonely, sick, or even depressed.

24/7 Support: Support@BullyingCanada.ca

I think I may be a bully.

How do I stop?

If you're worried that you might be a bully, it's important to take a step back and think about your actions. Here are some things you can do to stop and make things right:

Understand what bullying is. Bullying is when someone intentionally and repeatedly hurts or humiliates another person. This can be physical, verbal, or online. Think about your behaviour and ask yourself if you've been intentionally hurting someone else.

Apologize. If you've hurt someone, it's important to apologize and make things right. You can say something like, "I'm sorry for what I did. I know it was wrong, and I want to make things right."

Change your behaviour. It's important to change the way you act so that you don't hurt anyone else in the future. Think about what you can do differently, and try to make positive changes.

Get help. If you're having a hard time changing your behaviour, talk to a trusted adult or reach out to BullyingCanada. They can help you figure out what to do and get the support you need.

Remember, it's never too late to make a change and do the right thing. If you're worried that you might be a bully, take action now. You have the power to change the way you treat people, and make a positive difference in the lives of others



Notice

Please put garbage out on garbage days only. The birds and bears are getting into the garbage Thank you.

NURSE PRACTIONER

IS IN T'IT'Q'ET HEALTH DEPARTMENT

Third
MONDAY of
the month
1PM -4PM



Sort it Out



Notice from O&M

Keeping the community clean:
Please bag up your recycling to keep your recycling contained, so it does not end up all over your street on windy days or if your recycling is accidentally dumped when being collected.

Please only put recycling out on pick up days (Mondays unless otherwise stated).

Thank you.



Hello all my name is Gail Kreiser Leech-Red Hummingbird

It is an honour to work with the People of T'it'q'et-P'egp'ig'lha-Community of the St'at'imc Nation as the Executive Assistant for T'it'q'et Administrator-Janice Whitney and Project Director of T'it'q'et Child Family Services-Franny Alec.

T'it'q'et Administration, Assisting Janice with Administrative Assistant office duties and financial skills, service with community members, networking with Lillooet and St'at'imc Communities and working as a Team with the Staff.

T'it'q'et, CFS, Assisting Franny in Fulfilling the Dream of The P'egp'ig'lha how it relates to People of all ages, Jurisdiction, Justice, Health, Culture, Lands, Generations and Laws in many areas and for services.

Working with youth, families and communities in-Lillooet Friendship Society Center Engaging Youth for Stronger Communities Step-UP program for 5 years, (LFCS) Board member 4 years, Victims Assistance 5 years-(LFSC), Emergency Essential Services, 2 years, Women's Leadership Council (LFCS) 1 year, Occupational Health and Safety (LFCS) 4 years, T'it'q'et Elders Council 1 yr., Ucwalmicw Center for Doreen Whitney as Assistant and with the Agricultural course 1 yr., Wholistic Health owning my own business and teaching 13 years, Lifelong interest of Traditional herbs and medicines.

Interests are working with many cultures for Unity and how it relates to the effects on the earth and communities, Vegetarian and other types of cultural cooking, Traditional medicines, beading, carving, ribbon skirt making, gardening, painting, nature and animals.

My home is in T'it'q'et Qwixen-McCartney Flats area of the St'at'imc Nation for 16 years, I am Cree from Wabasca in Bigstone Nation in Slave Lake Alberta, Lakota and Soto, born in Edmonton and lived in BC for 28 years.

COMMUNITY MASSAGE DAY



--THURSDAY--

05 December 2024 Evening Session

12:00 – 6:00 pm

Amawil'calahcw (T'it'q'et Health Centre)

Maytálhew (A place to Heal)

To book an appointment contact medical clerk

250-256-4118 Ext. 241

MEDICALCLERK@TITQET.ORG

Please note

Your appointment is 20 minutes long

The schedule provided is for the time management for both the client as well as the Therapist.

If you know you are going to be late please call ahead to the medical clerk

There will be seating available until your appointed time in the wellness room in the health wing

Hello to the people of T’it’q’et.

My name is Karen Kauffman, I am the New Wellness Coordinator at T’it’q’et band office.

I graduated from Rhodes Wellness College in Vancouver in 2017

Prior to coming to T’it’q’et I was employed part time as a Victim Assistance Counsellor @ Lillooet Friendship Centre for people who have been a victim of crime, death and other forms of violence. I also worked part time as a P.E.A.C.E. Counsellor with the Friendship Centre. P.E.A.CE stands for (Prevention, Education, Advocacy, Counselling and Empowerment) for kid’s ages four years to 18 years old who have witnessed or experienced abuse.

My passion is helping people who are dealing with stress from abuse, death and other uncomfortable circumstances effecting their daily life.

I look forward to meeting you to introduce myself.

Thank you,
Karen Kauffman
Wellness Coordinator



Hello I am Amber Naziel. I have recently graduated from a HCAP Program that was held here in Lillooet by Okanagan College. In August of this year I officially became a care aide! I am now a new Home Support Worker for T’it’qet’ Band.

I really enjoyed learning on how to help and work with the elders of Lillooet. Learning on how to communicate with my coworkers, teachers, classmates and especially the elders. I am very excited about joining the T’it’qet’ team. It feels great having the opportunity to be able to work in my own community and working with some of the elders that I’ve known my whole life, learning more and more about them, seeing them in a whole new light!

Some of my interest outside of work are spending time with family and friends, learning carpentry, reading, hiking and travelling!

My hope for my new career down the road is to keep gaining experience and becoming more knowledgeable in healthcare as its always changing. To maybe someday move on up in the healthcare field!

Sincerely, Amber Naziel

Meal rate changes effective December 2, 2024

In response to community feedback and our ongoing review of food costs, the FNHBS will be increasing meal rates under the MT Benefit effective December 2, 2024. These adjustments reflect rising food costs across the province and aim to ensure Clients have access to healthy meals while receiving medical care away from home.

The daily rate will be increased to cover the cost of two meals for Clients on same-day trips and a daily rate for children will be introduced, to align with the existing nightly rates. The daily rate applies to same-day travel lasting more than six hours, including appointment time. Please note that Clients traveling for less than six hours who have a medical condition requiring regular meals, such as diabetes, may also qualify for the daily rate.

Additionally, the FNHBS is implementing inflationary increases to address the rising food prices in restaurants across BC.

The updated meal rates, effective December 2, 2024, are shown in the table below

Fee Schedule for Meal Rates		
Rate type	Previous rate	Updated rate <i>effective December 2, 2024</i>
Daily rate for same-day trips lasting more than six hours.	\$17.00 per person	\$35.50 per person (5+ years)
		\$17.00 per person (under 5 years)
Nightly rate for trips up to six nights duration.	\$68.00 per night per person (5+ years)	\$70.50 per night per person (5+ years)
	\$29.00 per night per person (under 5 years)	\$30.00 per night per person (under 5 years)
Weekly rate for overnight trips of seven nights or more.	\$283.00 per week per Client	\$283.00 per week per Client
	\$425.00 per week per Client and approved escort*	\$425.00 per week per Client and approved escort*

Reminder:

Any information or requests for programs and services are to be sent directly to administration staff rather than T’it’q’et Council. This includes requests for food or gas cards.

Weekly AA/NA Meetings

Monday
AA Meeting (Log Cabin)
1414 Pit House Road Xwisten
7:00PM-8:00PM
250 256 7725

Tuesday
AA Meeting (Shop Talk)
667 Industrial Place Lillooet
7:00PM-8:00PM
778 209 7589 or 778 939 9765

Wednesday
NA Meeting (Community Cares)
76-5th AVE Lillooet
8:00PM-9:00PM
250 256 4146

Thursday
AA Meeting (12 & 12)
577 Main Street Lillooet
7:00PM-8:00PM
604 708 5961

Friday
AA Meeting (Friendly Friday)
76-5th AVE Lillooet
8:00PM-9:00PM
250 256 4146

Saturday
AA Meeting (Big Book Study)
930 Main St Lillooet
11:30AM-12:30PM

<https://www.bullyingcanada.ca/what-should-kids-know-about-bullying>

ANTI-BULLY DAY DECEMBER 17, 2024

What is cyberbullying?

It's when someone uses technology, like a phone or computer, to hurt or embarrass someone else. For example, someone might text you mean messages or post hurtful or threatening comments about you on social media. Cyberbullying can also include spreading false rumours about you or posting embarrassing pictures or videos online without your permission. Cyberbullying can be really hurtful because it can be public, and it can happen anytime. The bully doesn't have to be near you to be mean. It can scary because you may feel like you can't get away from your bully.

What do I do if I'm being cyberbullied?

You have the right to be treated with respect and kindness, both in person and online. If someone is being mean to you online, it's not your fault and you don't have to put up with it.

1. Block the person who is bullying you on social media. Block their phone number if they are texting or calling you.

2. Keep proof that you're being bullied. Screenshot the hateful messages or posts so that you can show them to a trusted adult, like a parent or teacher.

3. Talk to a trusted adult or contact BullyingCanada. Get the help you need to figure out what to do and how to keep safe.

Remember, you have the right to feel safe and respected. If the cyberbullying doesn't stop, don't give up. And don't feel bad about asking for help!

How can I avoid getting bullied online?

1. Only give out personal information to people you trust. Don't share your full name, address, phone number, email address or any other personal information with people you don't know in real life.

2. Choose strong passwords. Make sure your passwords have capitals and lower case letters, numbers and special symbols so they are hard to guess. Don't use the same password for every account.

3. Be careful what you share online. Think twice before sharing pictures, videos, and messages that may be embarrassing if seen by the
- wrong people. Remember that once you share something, you can't control who sees it, because it can be copied or shared without your permission.
4. Set your social media accounts and online profiles to "private" so that only people you know and trust can see what you post.

5. Don't meet up with people you meet online. Not everyone is truthful about who they are. Even if someone seems nice online, it's not safe to meet with them in person without a trusted adult's permission and supervision.

Remember, the internet can be a great place to have fun and learn new things, but it's important to stay safe while you're online. If you ever have any questions or concerns, don't be afraid to talk to a trusted adult or ask BullyingCanada for advice!

24/7 Support: Support@BullyingCanada.ca

Securing your Cheques after you have E-deposited them

The best practice after e-depositing your cheques directly through your Banking App, we recommend that you secure your cheques after it confirms your cheque has been deposited into your account.

- Draw a line on the front of the cheque once confirmed it has been deposited into your bank. Or write "DEPOSITED" in the front. This will prevent it from being double cashed in the future.
- Sign and write "FOR DEPOSIT ONLY" on the back



- After you have made your deposit please retain the cheque for 14 days to ensure it clears and there were no issues with the deposit. After 14 days, please shred the cheque to dispose of it safely.

There are too many double cashed cheques happening and fraudulent activity.

The bank reconciliation is done daily by the Finance Manager. Any cheques that are double cashed will be reversed by the bank immediately. Any suspicious fraudulent activity will be reported to the Stl'atl'imc Tribal Police and to CIBC Bank.

If you lose or misplace your cheque, Finance will reissue you a cheque as long as you cover the **\$12.50 STOP PAYMENT**. The Stop Payment will prevent you from cashing the original cheque if it is found. If you are unsure that you have cashed the cheque, please call or email me at the office to confirm.

Thank you,

Sabrina James, Finance Manager

Phone: 250-256-4118 Ext. 226 Email: tfnfinance@titget.org



T'it'q'et Administration

P.O. Box 615
59 Retasket Drive Lillooet, B.C.
VoK iVo

phone (250) 256 4118
fax (250) 256 4544

Memo To: Band/Community Members/Staff

From: Finance Department

RE: CHEQUE DAYS

Please note: The Accounts Payable Clerk will **ONLY** be processing Cheques on **Tuesdays and Thursdays**. All Cheques will be ready for pick-up on **Wednesdays and Fridays** during regular office hours. Regular office hours are from 8 am to 12 pm, the office is closed from 12 pm to 1 pm, and open again from 1 pm to 4 pm.

To ensure that cheques are done on time, please make sure that your Cheque Requisitions are in the Accounts Payable mail box by the end of the day on **Mondays and Wednesdays**.

Thank you for your cooperation, so we can ensure you receive your cheque on time.

Finance Department



Message from T'it'q'et Housing



Yard maintenance:

Housing Policy- 9.1.1.1 Owners and residents be encouraged to maintain and keep up their yards, properties and housing in a way that would make the community proud.

Visitors:

Friendly reminder that in the rental units as per agreement signed:

8. Except for casual guests, no other persons shall occupy the premises without written consent of the Landlord.

Housing needs to be contacted when you move someone into your rental unit.

Then it needs to get approved by administration, and council that this ok.

If approved a new rental agreement will need to get filled out and signed.

Garbage:

O&M picks garbage up on Mondays and Fridays.

IF an animal gets into your garbage it is your responsibility to pick it up, even if the animal drags it to someone else's yard.

Please do not throw food waste outside your home, throw it in the garbage. This will help from animals going into your yard, and mice trying to find a way into your home.



Message from T'it'q'et Housing



Road Safety:

There have been several vehicles parked on the road within the community, which is a safety hazard. Please move your vehicles to your yard/driveway so others may use the road safely.

Nuisance/vicious Pets:

Administration has received complaints concerning vicious dog attacks and nuisance pets. Once a written complaint is received concerning dogs or other pets it goes on file.

All home owners/tenants are responsible for their dogs and pets that roam freely, bark incessantly and cause general annoyance to neighbours. Please keep dogs fenced in or tied on a run.

Dogs that bark constantly should be brought into the home especially during the evening.

Home owners/tenants are advised to put in complaints in writing to administration if an animal is causing a nuisance for example: digging up gardens, taunting neighbor's pets that are fenced in, doing their business on neighbours' lawns etc.

8.2.1.8 As per the housing policy it states:

1st Warning, is a writing to the owner from Council:

2nd Warning, the owner must pay the \$50 animal control surcharge;

3rd Warning, the pet owner must meet with Council;

4th warning, is the removal of the dog.



Message from T'it'q'et Housing

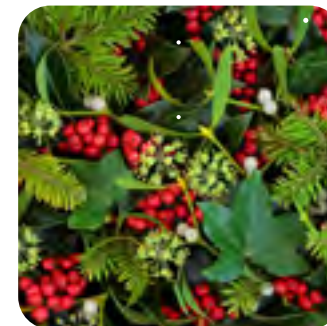


-There are free home maintenance books, for pick up at the reception desk.



Have Yourself an Invasive-Free Holiday Season

This holiday season, let's celebrate in a way that keeps our environment merry and bright. Invasive species can sneak into our festivities in unexpected ways, causing long-term harm to local ecosystems. By making thoughtful choices for decorations and gifts you can help protect the environment while creating meaningful traditions.

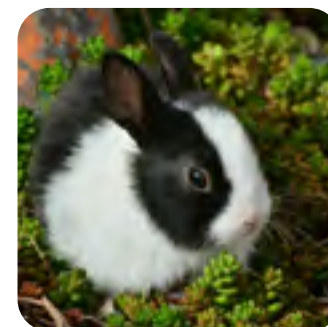


Avoid Invasive Species for Holiday Décor

Many traditional holiday decorations, like wreaths, garlands, or floral arrangements, can introduce invasive species if sourced irresponsibly. Plants such as Common Ivy, Holly, and Baby's Breath can spread seeds that harm local ecosystems. Instead, opt for native alternatives such as cedar boughs, pinecones, and berries from local shrubs. Not only are these safer for the environment and often last longer in displays.

Give the Gift of Conservation

Make your holidays even more meaningful by giving back to the environment. Consider donating to a conservation-focused charity in someone's name or organizing a family volunteering day to remove invasive plants, plant trees, or clean up natural areas. Gifts that support local ecosystems not only protect the environment but also inspire a legacy of care and stewardship.



Think Twice Before Gifting a Pet

Pets may seem like a thoughtful gift, but they come with a lifetime of responsibility. Rehoming exotic pets or releasing them into the wild—whether fish, reptiles, or small mammals—can wreak havoc on native wildlife and ecosystems. If you're considering gifting a pet, make sure the recipient is ready for the commitment and understands the pet's needs. It is important to spay/neuter cats, dogs bunnies, etc. And remember, never let it loose! If the pet can no longer be cared for, consult a local organization like the Lillooet Animal Advocacy Society for support.



Iriss.ca



@Irinvasives



info@Iriss.ca



LILLOOET REGIONAL
INVASIVESPECIESSOCIETY



T'it'q'et Administration

P.O. Box 615
Lillooet, B.C.
VoKíVo

phone (250) 256-4118
fax (250) 256-4544

Notice to T'it'q'et Members

September 30, 2024

T'it'q'et Council would like membership to know the individuals listed below have been banned from the T'it'q'et community. The following bans remain in effect.

- 1. Travis Harry (effective December 12, 2013)
- 2. Maxine Brady (effective date: May 23, 2019)
- 3. Fred Henry (effective date: March 18, 2004)
- 4. Mike Kane Jr. (effective date: December 21, 2017)
- 5. Billy Delorme (effective date: February 3, 2021)
- 6. Leonard Mitchell Jr (effective date: August 28, 2023)
- 7. Colby Adolph (effective date: August 28, 2023)

If you see any of these individuals, please contact the St'átl'imx Tribal Police (STP) at (250) 256-7767. If you have any questions, please contact: Chief Sidney Scotchman email: communitychief@titqet.org or phone (250) 256- 3635.

T' it' q'et: (250) 256-4118 fax:250 256-4544

Title	Name	Extension	Email
Administrator	Janice Whitney	223	tfnadmin@titqet.org
Finance Manager	Sabrina James	226	tfnfinance@titqet.org
Bookkeeper	Lesley Napoleon	227	bookkeeper@titqet.org
Accounts Payable	Jeanette John	232	accountspayable@titqet.org
Education	Susan Napoleon	225	education@titqet.org
Social Dev.	(Contact Vanessa)	229	socialdev@titqet.org
Building Maintenance	Ken Taylor	247	maintenance@titqet.org
Reception	Susie Leech	220	reception@titqet.org
Health/Social Mgr	Vanessa Thevarge	234	healthmanager@titqet.org
Medical Clerk	Nicole Napoleon	241	medicalclerk@titqet.org
Home Care Nurse	Christine Friesen	258	homecarenurse@titqet.org
Child & Family Support Worker		253	childandfamily@titqet.org
Housing Coor.	Kassandra Doss	240	housing@titqet.org
L.N.R.O	Stephanie B.-Louie	243	lands@titqet.org
O & M Supervisor	Kevin Whitney	248	omforeman@titqet.org
O & M	Murray Barney	239	murrayb@titqet.org
Director of Oper.	Christian A.	233	Director@pegpiglha.org
Administrative Assistant		231	AdminAssistant@pegpiglha.org
Fire Coordinator	Myrus Doss	252	firecoordinator@titqet.org
Home/Com.Care	Shirley/Tina/Amber	236	hccworker@titqet.org
Wellness Coor	Karen Kauffman	248	wellnesscoordinator@titqet.org
Culture Coordinator	Michael Alexander	260	michaela@titqet.org
Lands Coordinator	Dean Billy	251	landcode@titqet.org
Executive Assist	Gail K- Leech	264	execassist@titqet.org
Project Manager	Franny Alec		projectmgr@titqet.org
Natural Res.Spec.	Denise Antoine	238	NaturalResources@pegpiglha.org
LNRD		249	Inrdirector@titqet.org

December 2024 Horoscopes



Aries (Mar 21–April 19)

You're thriving right now. You're growing, changing, and acquiring new knowledge for the next month, but you don't feel stressed or under pressure—instead, these experiences are seamlessly entering your life and you feel like you're able to breeze through them, even if you don't love the experience. Make a point to try something new every day. Not every single one will stick, but you're pretty likely to find something new that really, really, really interests you. It might even become your next passion!

Taurus (Apr 20–May 20)

You exist primarily in the material realm. You're not cold or emotionless, but you're great at looking at things through an intellectual lens. Right now, you're being encouraged to dive deep into your feelings. Really experience your emotions, the good and the bad, because this allows you to gain a more profound understanding of yourself on a meaningful level. Relationships are becoming dee-

per and more intense now, too—for good and for bad. You're being urged to deal with your emotions instead of pushing them to the side. Intimacy, both with yourself and others, is the theme of this next month.

Gemini (May 21–Jun 20)

This is cuffing season for your sign—but this goes beyond romantic relationships. This is an amazing time for romance, but it's also a great time for hooking up, making new friends, and transforming already-existing relationships into more profound, secure connections. Any time you share with another person is time well-spent right now, and I encourage you to cooperate and collaborate with others as much as possible.

Cancer (Jun 21–Jul 22)

You can actually get a ton accomplished right now by leaving your comfort zone. Your regular routine has become more of a rut lately. Unhealthy habits, wasteful spending, and poor work ethic are all creating HUGE negative symptoms in your life, and it's up to you to get your shit together! Go to bed at a reasonable time, quit biting your nails, pay your cell phone bill, and stop showing up late to everything. The healthy habits you set now will stick around for a long time, and the bad habits you cut will be gone for good!

Leo (Jul 23–Aug 22)

You're more able to find love, either by upping your self-love or by finding a passion for someone else. Even negative experiences will have a silver lining. You're having an easier time determining who/what in your life is

draining you, and who/what fills you with passion. Focus on the love you feel, distance yourself from negativity and toxic people, and you'll have oodles of fun and an extremely successful Sagittarius season.

Virgo (Aug 23–Sept 22)

Sagittarius season is here to tell you to hit pause, take a load off, and engage in some much-needed R&R. This isn't a time to go out in the world; this is a time to dive into your inner world, learn more about yourself, and take a trip down memory lane. How has your past shaped the person you are today? You tend to focus on the negative and things that should be "fixed," But let's look at the positives, shall we? Focus on your support system and lean into that. Take this month to observe (and celebrate!) how far you've come..

Libra (Sept 23–Oct 20)

This next month is busy, busy, busy. Your phone's always buzzing, the emails are constant, and your DMs are full. But you don't feel overwhelmed because so many of these messages are about things you enjoy! Tons of new connections are coming your way, and as a social air sign, you're going to really enjoy these new faces. You're doing tons of learning and growing as a result, but you don't feel like you're changing—the vibe is effortless! Just by connecting with people and visiting new places, you're expanding your worldview a ton. You'll have a much wider perspective and tons of new acquaintances by the end of the season.

Scorpio (Oct 23–Nov 21)

The stars are now telling you to pick the new things/people that matter the most to you and focus your attention on them. This doesn't only apply to the things introduced during Scorpio season; it applies to everything. You're viewing life in a more transactional way at the moment, and you're determining which of your investments—monetary, emotionally, etc.—have good returns. You're realizing that there are some shitty connections in your life, and you're being urged to distance yourself from them. That way, there'll be plenty of room for new growth and positive changes.

Sagittarius (Nov 22–Dec 21)

Happy birthday! As far as you're concerned, the world is your oyster and people are playing by your rules. You're always on the move, looking for new experiences, and that's especially true right now. This next month promises you plenty of opportunities for newness and excitement. Go wild when planning your birthday month! I want you to take the people and things you already love and bring

them with you as you dive into these new experiences. That way, you can learn, grow, and change together, all while deepening your relationship.

Capricorn (Dec 22–Jan 19)

This next month represents the end of a cycle. The people, projects, and jobs that you abandoned over the past year (for good or bad reasons) are becoming relevant again. You're being confronted with the question: Do you let them back into your life, or do you take this month as an opportunity to find closure and move on? It's a big decision, but it's a necessary decision. Your birthday is right around the corner, and with it comes plenty of new experiences and opportunities for growth. But if you're inundated with exes, old jobs, and expired passions, you can't experience any of that positivity.

Aquarius (Jan 20–Feb 18)

The next month is full of opportunities to make a variety of new connections. Sagittarius season is the most social time of year for you, so you're less likely to meet new crushes/lovers/partners, but the new

acquaintances and colleagues you make now promise to be very important in your future. Be sure to keep a smile on your face, because this is the time of year where you're most likely to make friends in high places. Who you thought was just a nice person at the bar might actually be a leader in whatever professional field you're interested in, and on top of a new friend, you can also get your dream job!

Pisces (Feb 19–Mar 20)

All eyes are on you right now, especially at work! Your boss, your boss's boss, and their boss are all keeping an eye on your career performance, so it's important for you do your absolute best. Sagittarius season can throw some unpredictable problems your way, and I encourage you to keep your cool and problem-solve by thinking outside of the box. Even if you miss the mark, your ability to think on your feet, make a plan, and execute it will certainly impress the higher-ups. This could easily lead to you getting a big bonus, a raise, or even a promotion!

January 2025 Newsletter Submission Deadline Friday, December 6^t at Noon

anything submitted outside of this date will not be included in the newsletter.

Want to submit to the newsletter? Please email us at reception@titqet.org

(PDF or Word documents are preferred.)



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