

Newsletter

May 2025

T'IT'Q'ET MAY 2025 ISSUE

Community Clean-up – Page 3

Meet n Greet FNHA Nurse – Page 6

Mothers Day Lunch – Page 14

TO SUBMIT TO NEWSLETTER

Please email us at: reception@titqet.org
details on page 31





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																										
				1 Culture Night	2 Community Massage Day	3																																										
4	5	6	7 FNHA Nurse Meet n Greet 10am	8 Culture Night	9	10																																										
11 Mother's Day Lunch	12	13 Elders Luncheon	14	15 Culture Night	16	17																																										
18	19 Victoria Day	20	21	22 Culture Night	23	24																																										
25	26	27	28	29 Culture Night	30	31																																										
NOTES				<div>April 2025</div> <table><tr><td>Su</td><td>Mo</td><td>Tu</td><td>We</td><td>Th</td><td>Fr</td><td>Sa</td></tr><tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr><tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr><tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr><tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr><tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr></table>			Su	Mo	Tu	We	Th	Fr	Sa			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 * Regular Garbage * Recycling * Wood * Metals	6	7 * Wood * Metals * Tires without rims	8	9 * Regular Garbage * Wood * Tires without rims	10
11	12 * Regular garbage * Recycling * Metals * Wood * Tires without rims	13	14 * Wood * Metals * Tires without rims * Appliances	15	16 * Regular Garbage * Wood * Tires without rims * Electronics	17
18	19 Victoria Day Stat Holiday	20	21 * Recycling * Wood * Metals * Appliances * Electronics	22	23 * Regular Garbage * Wood * Metals * Electronics	24
25	26 * Regular garbage * Recycling * Wood * Metals	27	28 * Wood * Metals * Electronics	29	30 * Regular Garbage * Wood * Metals * Electronics	31
NOTES * No regular garbage on Wednesday during the month of May * June is back to regular garbage and recycling days						



T'it'q'et Administration
PO Box 615
59 Retasket Drive, Lillooet, BC
VoK 1Vo

Phone (250) 256-4118
Fax (250) 256-4544

RECURRING REMINDER: CHEQUE PROCESSING & PICKUP SCHEDULE

From: T'it'q'et Finance Department

Please be reminded of our regular cheque processing and pickup schedule:

Cheque Processing Days:

Cheques are processed only on Tuesdays and Thursdays by the Accounts Payable Clerk.

Cheque Pickup Days:

Processed cheques are available for pickup on Wednesdays and Fridays during regular office hours.

Office Hours:

8:00 a.m. – 12:00 p.m. and 1:00 p.m. – 4:00 p.m.
(Closed for lunch from 12:00 p.m. – 1:00 p.m.)

To avoid delays, please ensure all cheque requisitions are submitted to the Accounts Payable mailbox by end of day Monday or Wednesday.

We thank you for your ongoing cooperation and commitment to helping us deliver timely financial services to the community.

Finance Department
T'it'q'et Administration

Mileage update:

April 1, 2025, MT Benefit updates:

Mileage Rate Adjustment

FNHA is transitioning the temporary mileage rate adjustment to a **permanent increase** to better support Clients who use their private vehicles for medical travel. In response to the current economic environment, an additional \$0.04/km increase will be applied to the previously set April 1, 2025 adjustment.

As of April 1, 2025, the permanent mileage rates will be:

Standard Mileage Rate:	\$0.29 per kilometre
Special Mileage Rate (for remote communities, as specified in their Funding Agreements):	\$0.35 per kilometre

We have FNHA rates for hotel reimbursements, should client choose to reserve and book their own hotel rooms, the reimbursement may not be paid in full. We have FNHA rates provided to abide policy.

Patient travel program does NOT cover parking fees for hotel accommodations, that is the client's responsibility.

The following is from the current MT Benefit Schedule:

The fees listed below are meant as a guide for reasonable nightly rates.

Fee Schedule for Nightly Accommodation Rates		
	High Season (May–Oct)	Low Season (Nov–Apr)
Metro Vancouver	\$300	\$150
Victoria	\$200	\$125
Rest of BC	\$150	\$125

The patient travel program is a subsidy program meant to help clients to attend medical appointments that are covered under the MSP program or the FNHA health benefits program.

If an appointment is NOT covered under MSP, FNHA HEALTH BENEFITS, travel will be DENIED.

If you have questions or concerns please feel free to contact Medicalclerk@titqet.org

or call 250-256-4118. Ext.241.

Community Meet and Greet

With FNHA nurse

Brandi Dekelver

May 7, 2025

10 a.m.- 12 p.m

P'egp'lg'lha

Community Centre Gym

Snacks and Drinks
Provided

T'it' q'et: (250) 256-4118 fax:250 256-4544

<u>Title</u>	<u>Name</u>	<u>Extension</u>	<u>Email</u>
Administrator	Janice Whitney	223	tfnadmin@titget.org
Accounting Manager	Lesley Napoleon	227	tfnfinance@titget.org
Bookkeeper		227	bookkeeper@titget.org
Accounts Payable	Sarah Scotchman	232	accountspayable@titget.org
Education		225	education@titget.org
Social Dev.	Ashley Stoneburgh	229	socialdev@titget.org
Building Maintenance	Ken Taylor	247	maintenance@titget.org
Reception	Susie Leech	220	reception@titget.org
Health Manager		234	healthmanager@titget.org
Medical Clerk	Nicole Napoleon	241	medicalclerk@titget.org
Home Care Nurse	Christine Friesen	258	homecarenurse@titget.org
Child & Family Support Worker		253	childandfamily@titget.org
Housing Coor.		240	housing@titget.org
L.N.R.O	Stephanie B.-Louie	243	lands@titget.org
O & M Supervisor	Kevin Whitney	248	omforeman@titget.org
O & M	Murray Barney	239	murrayb@titget.org
Director of Oper.	Christian A.	233	Director@peppiglh.org
Administrative Assistant		231	AdminAssistant@peppiglh.org
Fire Coordinator	Myrus Doss	252	firecoordinator@titget.org
Home/Com.Care	Shirley T/Tina/Amber	236	hccworker@titget.org
Wellness Coor		242	wellnesscoordinator@titget.org
Red Cross Coordinator	Michael Alexander	260	michaela@titget.org
Land Code Coordinator	Dean Billy	251	landcode@titget.org
Executive Assistant	Gail K-Leech	264	execassist@titget.org
Project Manager			projectmgr@titget.org
Natural Res.Spec.	Denise Antione	238	NaturalResources@peppiglh.org
LNRD		249	inrdirector@titget.org

Community Massage Day

with Marilyn Charlie

May 2, 2025

9-3p.m

Call Megan to book your appointment

250-256-4118

T'IT'Q'ET LANDS AND NATURAL RESOURCES

May 2025

The T'it'q'et Lands Committee is made up of 7 members. The Chairperson is Terence MacLellan, the Vice-Chair is vacant. The members are Genevieve Humphreys; Myrus Doss, Marilyn Napoleon, Joseph Copeland and Kevin Whitney and T'it'q'et Council representative Harold Pelegrin. The Lands and Natural Resources Department currently has two staff members: Lands and Natural Resources Officer Stephanie Louie and Lands Coordinator Dean Billy.

• Lands Committee

The committee made recommendations to T'it'q'et Council:

1. Allot a Certificate of Possession (CP) for the property lot to band members who have paid off their rent-to-own agreement;
2. Include a process for allotments of CP in the draft Allotment Law;
3. Rectify properties that are currently held as Certificates of Occupation/Ownership into CP and
4. Establish a business licencing system to ensure that CP holders and other interest holders enter into cost-sharing agreements with ISC for additional servicing requirements.

The purpose of these recommendations is to make this process fair to all members. This would be an inclusive process and decisions will not be made on an individual basis. These recommendations were approved by Council.

• Law-Making & Enforcement

Mandell Pinder has reviewed their latest draft of the allotment law with the committee. They will respond within a month with a new draft that incorporates their comments.

• Natural Resource Management

The Lands Coordinator has reviewed the 2025 Wild Parsnip Treatment Plan and is in contact with Ministry of Forests and Lillooet Regional Invasive Species Society to coordinate treatment of the Wild Parsnip in IR #1 wetlands area.

• Lands Administration

Lands Coordinator has moved his files and computer to room 207 and now shares office space with the Lands and Natural Resources Officer.

• Dispute Resolution

LAB will send a test scenario to the Lands staff and they will set a date to work through this land dispute scenario with the Lands Committee.



LILLOOET TRIBAL COUNCIL

JOB POSTING Day Treatment Helper

Position Summary

The Day Treatment Helper supports clients in the Day Treatment Program by mentoring clients, reviewing/suggesting program elements, and performing day to day tasks. The DT Helper may assist with the creation of client care plans and provide ongoing support in fulfilling those plans.

Knowledge Duties & Responsibilities:

- Ensures the physical and personal care and safety of client
- Evaluates and reports the effectiveness of program activities
- Cultivates supportive relationships between program participants.
- Develops and maintains effective working relationships with community members, colleagues, and outside agencies
- Able to prepare snacks and lunch for the participants
- Strong written and verbal communication skills.
- Has knowledge of the St'at'imc cultural protocols and traditional practices
- Knowledge of community resources available
- Strong Conflict Resolution Skills, compassionate, and organized
- Currently have their own self care and wellness program
- Respecting Confidentiality and privileged information
- Have reliable transportation and a valid driver's license
- Must clear a Vulnerable Sector Criminal Record Check

Contract: \$22 - \$25/hr @ 35 hours/week until June 27th, 2025

This position will be open until filled.

How to apply: Please submit cover letter, resume and three references to Andrea Leech, Administrator Lillooet Tribal Council 650 Industrial Place Lillooet BC or email to info@lillooettribalcouncil.ca

Questions: Andrea Leech at (250) 256- 7523 ext. 103 or andrea.leech@statimcltc.ca
Or Matilda Fenton at 250-256-7523 ext. 255 or matilda.fenton@statimcltc.ca

Pursuit to section 41 of the Human Rights Code, preference will be given to applicant of St'at'imc or Aboriginal Ancestry.

CLIENT RESPONSIBILITY

Clients who access medical transportation through the FNHA Health Benefits program, either at the community level or Health Benefits Operations are responsible to:

- Give at least 5 days notice. Upon receipt of notice, transportation arrangements can be made.
Note: Clients who do not provide sufficient notice may be required to reschedule their appointment or pay for the travel and get reimbursed
- Attend their medical appointment as scheduled. Clients who do not attend medical appointments may be required to pay back any benefits they have received and/or pay for their travel costs on subsequent medical travel
- Get a signed confirmation of attendance from the health professional and return it to the Transportation Coordinator after the medical appointment.
- Give notification when cancelling an appointment prior to the date of the appointment; including 24 hours notice to cancel any hotel arrangements
- Retain and submit all necessary receipts required
- Not damage property or abuse accommodation arrangements, such as excessive noise
- Not become verbally abusive or threatening to the patient transportation clerk or coordinator

Clients may be required to pay for their own travel arrangements and submit a client reimbursement form with the appropriate documentation or may have charges deducted off their next travel arrangements, in such cases as:

- a) Client is verbally or physically abusive;
- b) Client fails to provide the required medical documentation (referral or confirmation of attendance) or receipts
- c) Client is no longer accepted in commercial establishments or on commercial transportation because of inappropriate behavior
- d) Client does not make it to their scheduled appointment
- e) When FNHA or a First Nation organization is charged for damages; billed for keys; or no shows.

MAY’S MENTAL WELLNESS BINGO

B	I	N	G	O
Light a candle	Get a good night sleep	Read a book	Listen to Music	Jumping Jacks
Hold ice	Create a to do list	Deep Breathing	Play with a pet	Bake a treat
Play a sport	Go for a run	FREE	Go for a walk	Use a fidget toy
Boxed Breathing	Color or Draw	Play an Instrument	Mindfulness	Ask for Help
Eat a healthy meal	Eat a mint or sour candy	Clean up your space	Tense & Release Muscles	Drink Water

Submit your bingo card with: - 1 line, 2 lines, Half a book, Blackout

medicalclerk@titqet.org

submit before May 30.2025 at noon

Winners to receive a prize at the end of the month

ONE entry per person



The highly contagious disease measles has been confirmed in British Columbia. First Nations Health Authority recommends measles vaccines for all child care providers, children and parents to ensure they are protected against measles.

What does this mean for you?

Check your child's immunization records as well as your own.

If you or your child needs the measles vaccine, or if you have any questions, please contact your community health nurse at:

(250)256-7017

5 Mindful Practices for the Month of May:

1. 1. Mindful Breathing:

Focus on the sensation of each inhale and exhale, noticing the rise and fall of your chest or abdomen. Acknowledge any thoughts that arise and gently redirect your attention back to your breath.

2. 2. Body Scan Meditation:

Bring your awareness to different parts of your body, noticing any sensations, whether physical or emotional, without judgment. This helps increase body awareness and can be a helpful practice for those who experience stress or anxiety.

3. 3. Walking Meditation:

Pay attention to the sensations of your feet making contact with the ground, the movement of your body, and your surroundings. This practice can help you become more present and mindful while moving throughout your day.

4. 4. Mindful Eating:

Pay attention to the taste, texture, and aroma of your food, without rushing or multitasking. This can enhance your enjoyment of meals and improve digestion.

5. 5. Moment of Quiet Reflection:

Dedicate a few minutes to simply sit quietly, allowing your thoughts and feelings to pass without getting caught up in them. This practice can foster self-awareness and help you cultivate a more peaceful state of mind.

[5 Minute Mindfulness Meditation](#)
[Mindfulness Exercises to Reduce Stress | Mutual of Omaha](#)
[Daily Meditation: 5 Tips for a Regular Practice](#)

T’it’q’et May SUGAR Challenge

List Natural Sweeteners:

1)

2)

3)

4)

5)

List Sugar Alternatives:

1.

2.

3.

Novel sweeteners:

1)

2)

3)

4)

Send in your submission to medicalclerk@titqet.org

Participations that submit are eligible for a prize

Deadline is May 30.2025 at noon

Winners will be contacted to pick up a prize

BC is Wildlife Country



Stay safe and help keep wildlife wild



Avoid surprise encounters. Make noise by clapping your hands and using your voice. Watch for scat and other signs of wildlife. Avoid walking alone, carry bear spray and know how to use it.



Keep pets on a leash in wildlife country. Not only can dogs displace wildlife, dogs that chase after bears can bring them back to their owners or be killed. Wolves and coyotes can perceive dogs as a potential threat or prey.



Keep a safe distance. View and photograph wildlife from a safe and respectful distance of at least 100m for bears and at least 30m for other large non-predatory animals. If you cause an animal to move, you are too close.



Respect wild animals. Never feed wildlife and always keep attractants secure and out of reach. Feeding wildlife can lead to conflicts and tragic consequences.

If you encounter a bear:



Stay calm, do not yell or run. Speak in a low voice. If you have bear spray, pull it out and remove the safety.



Move away slowly. If the bear charges, stand your ground and discharge the bear spray.



Leave the area slowly and report the encounter.



Bear attacks are rare but be prepared. Learn more about bears, bear spray and other wildlife safety.



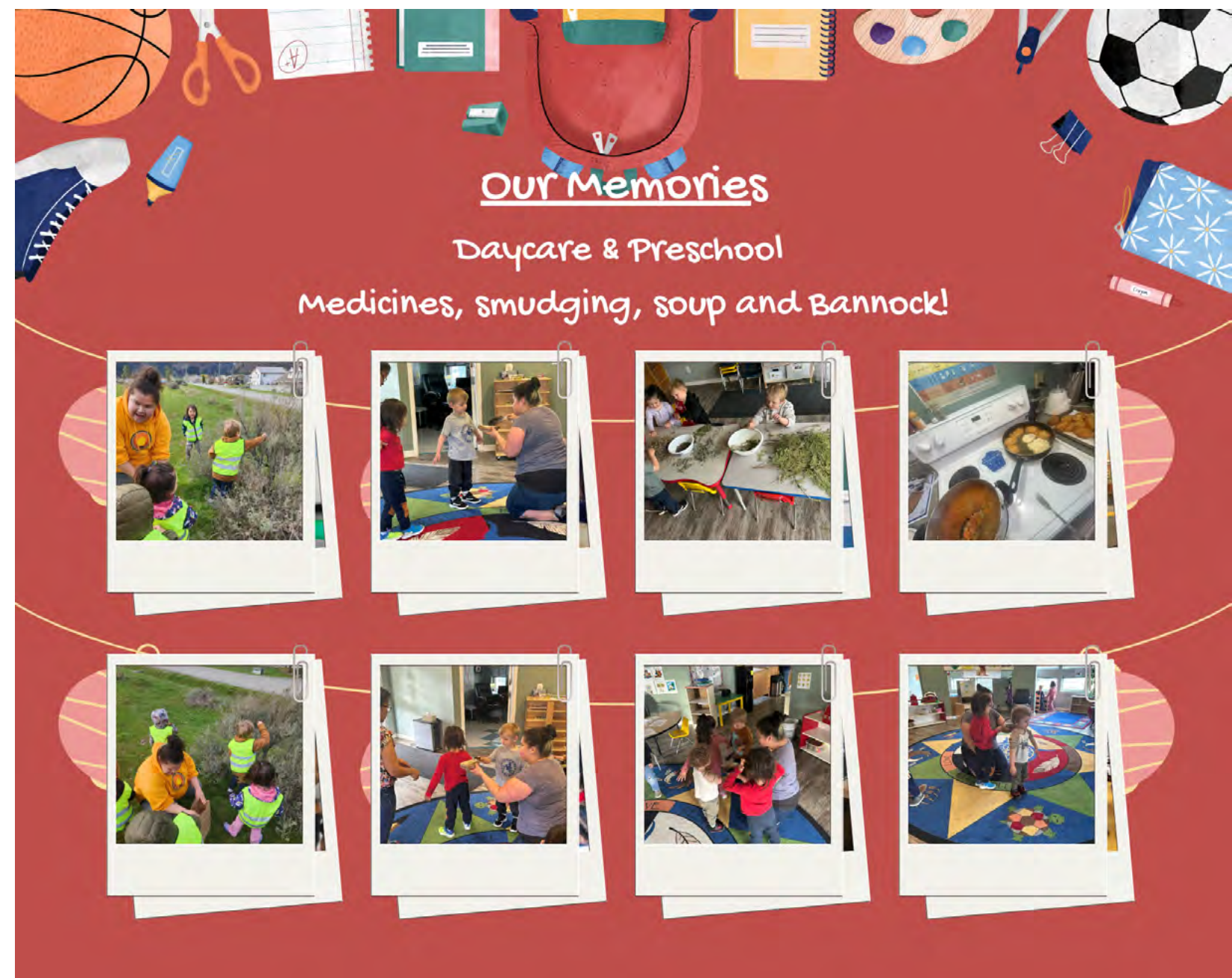
Learn more about
wildlife and safety
wildsafebc.com



Report all conflicts with wildlife to the
BC Conservation Officer Service:



1.877.952.7277



Safer Deer Fencing

A Guide to Reducing Human-Wildlife Conflict



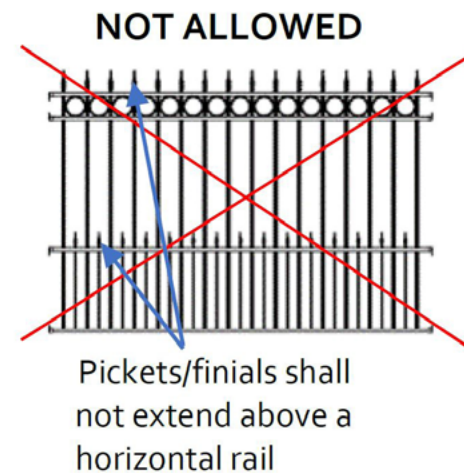
Fencing that is installed without consideration for wildlife can lead to unnecessary pain, suffering, and death for these animals. Every year, the Conservation Officer Service responds to calls of deer that have become impaled on decorative wrought-iron fences and have the gruesome task of euthanizing and removing those animals.



White-tailed and mule deer draw their legs under their bodies as they leap a fence. If one, or both, of their hind legs fail to clear the top rail, the legs may catch between the top two rails as the deer continues over the fence. If a deer gets entangled in this manner they often become severely injured and die as a result.

Since over 20 deer are killed every year in the Okanagan as a result of these types of fences, the City of Kelowna has introduced a bylaw prohibiting the use of fences with pickets or finials extending beyond the horizontal rail.

While this bylaw only applies to new construction, there are easy solutions for current fence owners to use to help prevent needless suffering to wildlife.



WildSafeBC Guide:
Safer Deer Fences
Version 1.0 2021

**Learn more about
BC wildlife and safety at
wildsafebc.com**



Report all conflicts with
wildlife to the
Conservation Officer Service
RAPP Line

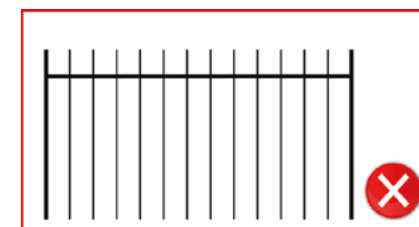
Safer Deer Fencing

A Guide to Reducing Human-Wildlife Conflict

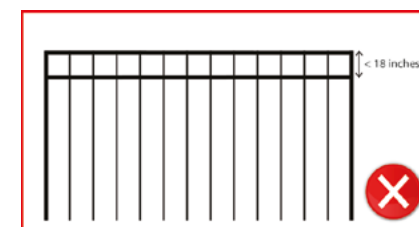
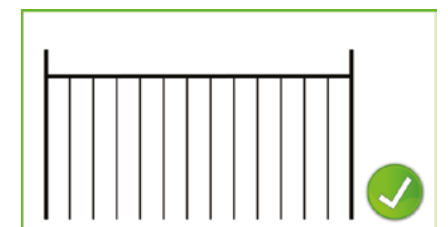


Before erecting any fencing, check with local bylaws. To exclude deer, use chain-link or woven-wire fencing that is at least 2.5 m high on level with the ground. Solid fences can be lower at 1.5 m since deer are less likely to jump into an area they cannot see. Flexible mesh netting can also be used for individual plants but ensure deer cannot become entangled. Chicken wire can be used to wrap around trees and prevent deer from rubbing. In winter, shrubs and plants can be wrapped in burlap to prevent browsing.

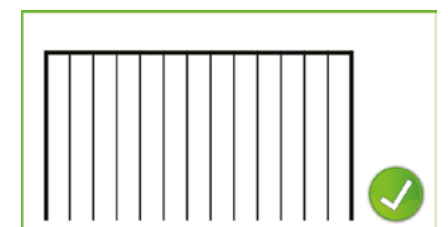
Most deer are injured or killed December through April. A temporary solution is to place a board across the top to cover the pickets, finials or double rails that can lead to impalement or entanglement.



**Remove pickets
and/or finials
to prevent
impalement.**



**Remove bottom
rail to prevent
entanglement.**



**Learn more about
BC wildlife and safety at
wildsafebc.com**



BRITISH COLUMBIA
CONSERVATION
FOUNDATION



St'át'imc Government Services

Reviving Tsi7 Habitat: A Path to Restoration

ST'ÁT'IMC



Wednesday, April 30, 2025

10:00 AM – 3:00 PM

Location: Ts'kw'aylaxw CCHC Gym
Guest Speaker: Holly Bikadi

Join us for a hands-on workshop rooted in St'át'imc values, where we'll explore traditional plant knowledge, fire ecology, and the impact of wildfires on Tsi7 (mule deer) winter range and traditional foods.

Led by St'át'imc voices and grounded in community experience, this gathering is part of our Post-Wildfire Food Security Project.

Together, we'll share stories, build knowledge, and take steps toward land restoration that centers St'át'imc perspectives.

Open to all St'át'imc members and staff

- Door prizes for attendees!
- Lunch will be provided
- A safe, inclusive space for sharing land-based experiences and cultural teachings
- Strengthening community connection and accountability through engagement

RSVP if you can—drop-ins are gladly welcomed.

For more information and registration please contact us at:

Elhe Black
eblack@statimcgs.org
(226) 620-1593



Reviving Tsi7 Habitat: A Path to Restoration

Join us for a hands-on workshop rooted in St'át'imc values, exploring traditional plant knowledge, fire ecology, and how wildfires impact Tsi7 (Mule Deer) habitat and traditional foods.

Agenda

10:00am

Welcome, land acknowledgement, opening prayer

10:45am – 11:45am

- Introductions and brief overview of day goals and themes
- Overview of Tsi7 habitat concerns and SGS's Food Security Project -Darwyn John

Holly Bikadi: Traditional medicine making demo # 1

- St'át'imc perspective of the land and what they do to prepare to harvest

11:45am – 1:00pm

Community voices – land-based practices circle discussion

1:00pm – 2:00pm

Holly Bikadi: Traditional medicine making demo # 2

2:00pm – 2:45pm

Community voices – land-based practices circle discussion

2:45pm – 3:00pm

Door prizes!
Cabelas gift cards!
T'swan! Local Literature!





HUMAN-BEAR CONFLICTS

- Black bears account for approximately 14,000 to 25,000 reports to the Conservation Officer Service every year.
- Garbage and residential fruit trees are the most reported attractants cited.
- Bears that learn that they can forage for foods left accessible by people can become “food conditioned”. These bears may linger in communities and become human habituated. Bears that spend time in communities foraging on human-provided foods may start breaking into structures and/or vehicles.
- Bears that become highly food conditioned, and habituated to humans, are often killed because of concerns for human safety.
- Relocating bears is not an effective way of addressing human-bear conflicts. They may struggle to adapt in their new environment or need to compete with other bears already established in the area. As such, they often return to their home ranges.
- The most effective way to keep communities safe and reduce the number of bears getting into conflict, and being killed, is to address the root causes.



MANAGE YOUR ATTRACTANTS

If you manage the bear attractants around your house, worksite or campsite, you play an important part in keeping your community safe and preventing bears from being killed. Here are some things that you can do:

1. **Keep all solid waste securely stored** until collection day. Placing solid waste at the curb before collection day makes it easily accessible to bears. Many communities have bylaws that have strict set out times to prevent this.
2. **Manage your fruit trees and berry bushes** responsibly. Pick all fruit as it ripens and ensure that windfalls do not accumulate. Consider using electric fencing to protect your harvest (check local bylaws first).
3. **Bird feeders often become bear feeders.** Only feed birds during the winter months.
4. **Feed pets indoors.** If fed outdoors, bring in dirty bowls and uneaten food immediately after feeding.
5. **Keep your barbecue clean** and free from odours. Burn off the grill after use and clean out the grease traps.
6. **Manage your compost properly** so it doesn't smell. Add fruit slowly and never add meat, grease or other animal products.
7. **If you keep chickens, bees, or small livestock, use a properly installed and maintained electric fence.** Store all your feed in a secure location and ensure feeding areas are clean and free of attractants.



BEAR SAFETY TIPS

Avoid surprise encounters with bears by being aware of your surroundings and not using headphones. Watch for signs of bear activity and talk or sing to make bears aware of your presence. Avoid hiking alone and use extra caution in bear habitat with ripe berries, spawning salmon, or other areas bears are known to frequent. If you find a carcass, leave the area immediately.

Do not allow dogs to chase after bears or other wildlife. This may bring an angry bear back to you or your pet may be injured or killed by wildlife defending themselves.

Carry bear spray and learn how to transport it and use it safely. Take training offered by WildSafeBC.



Black bears are the smallest of the three bears found in North America but can still grow to over 300 kg! They are excellent tree climbers and often use the forest to avoid potential danger.

Bears inhabit most ecosystems throughout BC and you should consider **the entire province to be “bear country.”** Black bears are mostly solitary **omnivores** that will travel through their home ranges to eat a variety of seasonal food sources from plants, insects, salmon and carrion. They may also prey on small mammals or young ungulates such as deer, elk, moose or caribou.

Bears **mate in June** and their embryos do not implant until the fall. Embryo implantation depends on whether the female has sufficient stores of fat to nurse and care for her young. While denning, sows will give birth to up to five young in either January or February. Two offspring is more common. She will care for them their entire first year and may also den with them a second winter.

Black bears have adapted to low food availability by **hibernating over the winter**. They do not eat, drink, urinate or defecate during this period. They become lethargic, their heart rate drops, and their body temperature lowers by about 3 °C. However, bears can be roused while denning and female bears will be alert enough to care for their newborns.

In preparation for winter denning, bears go through a period of “**hyperphagia**” when they consume upwards of 20,000 calories per day from late summer onwards.



WHERE'S THE BEAR?

Visit our website to find the Wildlife Alert Reporting Program, also known as WARP. This is an interactive map that shows where you can find information on bear reports. You can also sign up for Wildlife Alerts that are customized to your community and by species of interest.

www.wildsafebc.com



BLACK BEAR FACTS:

- Males are called boars, females are called sows, and their offspring are known as cubs.
- Adult males measure between 60 to 90 cm at shoulder height and weigh anywhere from 80 to 300 kg. Females are smaller weighing 40 to 140 kg.
- Bears can live over 30 years but 15 to 20 is more common.
- Black bears, despite their name, can be white, bluish-grey, black and various shades of brown. Some are called cinnamon bears for their reddish-brown coat. Black bears may have unique white blazes on their chests.
- Bears have good vision, hearing, and an exceptional sense of smell far greater than that of dogs. It is this sense of smell that helps them locate food at great distances.
- Black bears are extremely fast and can run equally as well uphill or down.
- Black bears are excellent tree climbers and female bears will often send their cubs up a tree for safety.
- Bears may lose approximately 30% of their weight over the winter.
- Black bears will enter their dens in early winter, anywhere from October to December, and typically emerge around April. If human sources of food are plentiful, some bears may remain active over the winter.



www.wildsafebc.com



T'it'q'et Administration

P.O. Box 615
Lillooet, B.C.
VoKíVo

phone (250) 256 4118
fax (250) 256 4544

Notice to T'it'q'et Members

September 30, 2024

T'it'q'et Council would like membership to know the individuals listed below have been banned from the T'it'q'et community. The following bans remain in effect.

1. Travis Harry (effective December 12, 2013)
2. Maxine Brady (effective date: May 23, 2019)
3. Fred Henry (effective date: March 18, 2004)
4. Mike Kane Jr. (effective date: December 21, 2017)
5. Billy Delorme (effective date: February 3, 2021)
6. Leonard Mitchell Jr (effective date: August 28, 2023)
7. Colby Adolph (effective date: August 28, 2023)

If you see any of these individuals, please contact the St'at'imc Tribal Police (STP) at (250) 256-7767. If you have any questions, please contact: Chief Sidney Scotchman email: communitychief@titqet.org or phone (250) 256- 3635.

WILDLIFE DANGEROUS TREE ASSESSOR'S CERTIFICATE TRAINING (DTA) WITH UNBC

REGISTER TODAY!

LIMITED SEATS

 WILDLAND FIRE SAFETY

INCLUDES BOTH IN-FIELD & IN-CLASS TRAINING

Prerequisites:

- Three or more years of practical field experience in the area of forestry, resource management, parks management, wildland fire protection, arboriculture, or a related field
- Grade 10 equivalency in reading, writing and arithmetic skills (including the ability to calculate percentages)
- Ability to identify tree species native to BC
- Proven forestry measurement skills to determine tree diameter, height, lean, stem cross section, and skill in distance measuring.

Additional prerequisites for fire module:

- Recent fire line experience of a minimum of 10 days in the past three years
- Experience in assessing trees in harvesting/silviculture or parks(min of five days of documented assessment in previous year)

Date: May 7 - 9, 2025

Time: 8:00am - 4:00pm

Location: T'it'q'et Administration
- Resource Room

Contact us at:

Fire Coordinator, Myrus Doss

Phone: 250-256-4118 ext. 252

Email: firecoordinator@titqet.org



Funded by LTC/CALC for eligible participants, set up appointment with CALC

May 2025 Horoscopes



Aries (Mar 21–April 19)
Ready to live life on your terms, Aries? May kicks off with Venus and Neptune bringing dream-big energy to your sign. Taurus season boosts your finances, while the May 12 full moon invites deep transformation. Gemini season lights up your ideas and connections from May 20. Saturn says: take yourself seriously. By the May 27 new moon, the message is clear—dream big. You're ready, and the world is too.

Taurus (Apr 20–May 20)
Your birthday season is here, Taurus, and so is your moment to leap forward. Pluto retrograde asks you to reflect on your career dreams, while Mercury brings momentum. The 12 May full moon highlights the power of support—don't go it alone. Gemini season sparks self-belief, and Saturn reminds you to prioritize your well-being. Dream big on 27 May—especially financially. Why not you? Treat yourself. Mantra for the month: Just do it.

Gemini (May 21–Jun 20)
Big shifts are coming, Gemini, and you're ready for them. Venus meets Neptune on 2 May, boosting collaborations. The 12 May full moon urges you to align your daily habits with long-term goals. Gemini season begins 20 May, spotlighting your personal dreams. Saturn highlights the power of your circle—choose wisely. Mercury in your sign from 26 May fuels fresh starts. Set intentions on the 27 May new moon. Mantra: Go your own way.

Cancer (Jun 21–Jul 22)
May brings magic to your social life, Cancer—spend time with those who uplift you. The 12 May full moon lights up your creativity, urging you to ditch self-doubt and pursue what inspires you. Gemini season from 20 May offers healing and closure. Ready to level up? Saturn enters your success zone on 25 May. Take charge of your future. Dream big on the 27 May new moon—the best is yet to come.

Leo (Jul 23–Aug 22)
May is your month to focus, Leo—career goals get a cosmic boost while travel dreams may begin to unfold. Pluto retrograde from 4 May invites a fresh look at a key relationship. The 12 May full moon urges you to release anything blocking peace at home. By Gemini season, your social life lights up. Saturn inspires bold moves. The 27 May new moon says: break free and prioritize joy. Mantra: Prioritise joy.

Virgo (Aug 23–Sept 22)
Things are moving fast in Virgo world this May. A choice is calling—do you commit fully to a path you started earlier this year, or pivot toward something new? Either way, a dream is within reach. Pluto retrograde from 4 May asks you to reassess your habits and wellbeing. The 12 May full moon could bring big news around writing or communication. Gemini season and Saturn both fuel a powerful career shift. By the 27 May new moon, it's time to aim high. Mantra: Put yourself out there.

Libra (Sept 23–Oct 20)
Change is in the air, Libra, and May invites you into a bold new chapter. Trust your gut and lean on those who love you. Pluto retrograde from 4 May asks you to rethink what fun means to you, while the 12 May full moon urges radical self-love. Gemini season sparks adventure, and Saturn from 25 May levels up relationships. The 27 May new moon inspires bold plans. You're ready—go explore.

Scorpio (Oct 23–Nov 21)
Love takes centre stage for Scorpio this May as Taurus season lights up your partnerships zone. Unsure if you're ready? Stay open—you might surprise yourself. Life has felt unbalanced for a while, but this month offers a chance to shift that. Reflect on your home, work, and lifestyle, then take bold steps forward. The 12 May full moon in your sign brings magic and clarity. Gemini season from 20 May fuels transformation. Saturn and the 27 May new moon push you to dream—and act—bigger.

Sagittarius (Nov 22–Dec 21)
This May, it's time to commit to the changes you started last month, Sagittarius. Taurus season spotlights your daily routines—how you work, live, and care for yourself. Prioritize your own dreams over others'. Pluto retrograde from 4 May revives an old idea or writing project—trust your gut. The 12 May full moon brings healing and closure. Gemini season lights up romance, while Saturn from 25 May urges you to take your passions seriously. The 27 May new moon invites collaboration.

Capricorn (Dec 22–Jan 19)
Life lightens up this May, Capricorn, as Taurus season brings joy, creativity, and fresh inspiration. Follow your curiosity—something exciting is waiting. Pluto retrograde from 4 May asks you to revisit a financial goal—does it still align? The 12 May full moon urges you to release draining connections. Gemini season from 20 May boosts focus, and Saturn highlights home matters. The 27 May new moon is your moment to set bold goals for the rest of 2025.

Aquarius (Jan 20–Feb 18)
Home is the theme for Aquarius this May—whether it's a place, a feeling, or the people you choose. Taurus season asks you to reflect on where and with whom you feel most grounded. Bright ideas and connections may shift your path. The 12 May full moon in your success zone invites career growth—let go of old narratives. Gemini season from 20 May brings lightness, while Saturn on 25 May adds depth to key conversations. The 27 May new moon sparks creative magic.

Pisces (Feb 19–Mar 20)
Expect magic this May, Pisces. Taurus season boosts a project that connects you with others—your voice matters, so don't undersell yourself. A financial opportunity could offer real freedom if you stay confident. The 12 May full moon urges you to release fear and believe in yourself. Gemini season brings focus to home and family, while Saturn from 25 May encourages you to own your worth. Make a wish on the 27 May new moon—your star is rising.



June 2025 Newsletter Submission Deadline Thursday, May 22nd at Noon

anything submitted outside of this date will not be included in the newsletter.

Want to submit to the newsletter? Please email us at reception@titqet.org

(PDF or Word documents are preferred.)



EMERGENCY **911**

TRIBAL POLICE **(250) 256-7767**

NON-EMERGENCY **(250) 256-7784**

R.C.M.P. **(250) 256-4244**

LILLOOET FIRE DEPARTMENT **(250) 256-7121**

AMBULANCE **(250) 256-7111**

POISON CONTROL **1-800-567-8911**

REPORT WILDFIRE **1-800-663-5555**

OR *5555 on your cellphone

HEALTH ADVICE (Speak to Nurse) **811**

BC HYDRO OUTAGES **1-800-224-9376**

VICTIM LINK (Domestic Violence Help Line) **1-800-563-0808**

KIDS HELP LINE **1-800-668-6868**

INDIAN RESIDENTIAL SCHOOL SOCIETY **1-800-721-0066**

1-800SUICIDE **1-800-784-2433**

310MENTAL HEALTH SUPPORT **310-6789**

REPORT-CONSERVATION OFFICE **1-877-952-7277**

DAWSON ROAD MAINTENANCE **1-800-842-4122**

*Please post where visible in case of emergency

EMERGENCY CONTACTS

