

P.O. Box 615 Lillooet, B.C. VOK 1V0 Phone (250) 256 4118 Fax (778) 784 4070

### **INTERNAL: JOB POSTING**

Position: Community Wellness Worker

Department: Health and Social Services

Hours: 35 hours per week

Compensation: Competitive salary based on experience

Location: T'ít'q'et Administration Office

Closing Date: April 18, 2025

#### **ABOUT US**

T'ít'q'et Administration is committed to supporting the holistic wellbeing of our community members through culturally appropriate services that address physical, mental, emotional, and spiritual health. We are seeking a dedicated Community Wellness Worker to provide frontline support and promote wellness initiatives throughout the community.

### **POSITION SUMMARY**

The Community Wellness Worker will support the overall health and wellbeing of T'ít'q'et community members through direct client services, community-based programming, and health promotion activities. This position works as part of the Health and Social Services team to identify community needs, develop responsive programming, and connect individuals with appropriate resources and supports. The Community Wellness Worker will incorporate traditional knowledge and cultural practices while delivering services that enhance individual and community resilience.

### **KEY RESPONSIBILITIES**

- Provide frontline support to community members experiencing challenges related to mental health, substance use, family issues, and other personal concerns
- Develop and deliver wellness programs and activities for various age groups within the community
- Conduct wellness checks with vulnerable community members, including Elders and at-risk individuals
- Organize and facilitate health promotion workshops, support groups, and community events



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- Provide basic counseling, support, and referrals to appropriate services
- Assist community members in navigating health and social service systems
- Support individuals and families during crisis situations through appropriate interventions
- Build trusting relationships with community members to promote engagement in wellness activities
- Coordinate with other departments and programs to ensure integrated service delivery
- Maintain confidential, accurate client records and program documentation
- Participate in case management meetings and client care planning
- Contribute to the development of culturally appropriate resources and materials
- Coordinate with traditional healers and knowledge keepers to incorporate cultural practices
- Promote healthy lifestyle choices through education and awareness initiatives
- Organize and support healing circles, talking circles, and other cultural healing activities
- Connect clients with external resources and services when needed
- Provide transportation for clients to appointments when necessary
- Assist with planning and implementing seasonal cultural activities and landbased programs
- Support community health assessments and wellness planning processes
- Participate in professional development activities to enhance skills and knowledge
- Work flexible hours as required to meet community needs

### **QUALIFICATIONS**

- Experience working in community wellness, health promotion, or related field (candidates with limited experience but strong potential will be considered)
- Experience working with First Nations communities and understanding of Indigenous approaches to wellness
- Willingness to learn about mental health, substance use, and family support best practices
- Commitment to practicing trauma-informed approaches to service delivery
- Interest in organizing and facilitating community-based programs and activities
- Strong interpersonal and communication skills



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- Ability to maintain strict confidentiality and professional boundaries
- Willingness to learn about community resources and referral processes
- Open to training in basic counseling and crisis intervention techniques
- Valid First Aid and CPR certification (or willingness to obtain)
- Valid BC driver's license with clean driver's abstract
- Criminal Record Check including vulnerable sector search required
- Basic computer skills with willingness to develop proficiency in Microsoft Office applications
- Organizational skills and ability to work independently
- Respect for and interest in learning about T'ít'q'et customs, traditions, and cultural practices

#### PREFERRED SKILLS AND EXPERIENCE

- Knowledge of St'át'imcets, St'át'imc culture, and healing practices
- Experience facilitating groups and community workshops
- Training in Mental Health First Aid, ASIST, or other crisis intervention programs
- Experience with case management and service coordination
- Background in addictions support or recovery programs
- Knowledge of child and family services and supports
- Experience working with youth in wellness programming
- Understanding of intergenerational trauma and its impacts
- Experience with land-based healing and wellness activities
- Knowledge of traditional medicines and healing practices
- Experience working with Elders and knowledge keepers

#### TRAINING AND DEVELOPMENT OPPORTUNITIES

T'it'q'et Administration is committed to supporting the professional development of our staff. The successful candidate will have access to:

- Ongoing training in mental health, addictions, and wellness support
- Professional development opportunities in culturally appropriate care
- Mentorship from experienced health and social services staff
- Support for pursuing relevant certifications and educational credentials
- Training in traditional healing practices and cultural protocols



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#### **HOW TO APPLY**

Please submit your resume, cover letter highlighting your interest in community wellness and willingness to learn, and three references to:

### hr@titqet.org

In your cover letter, please describe your commitment to community wellness and your willingness to pursue additional training and education to enhance your skills in this role.

This is an internal job posting for T'ít'q'et Administration and will be open to T'it'q'et members only. We thank all applicants for their interest; however, only those selected for an interview will be contacted.