

Newsletter

June 2025

T'IT'Q'ET JUNE 2025 ISSUE

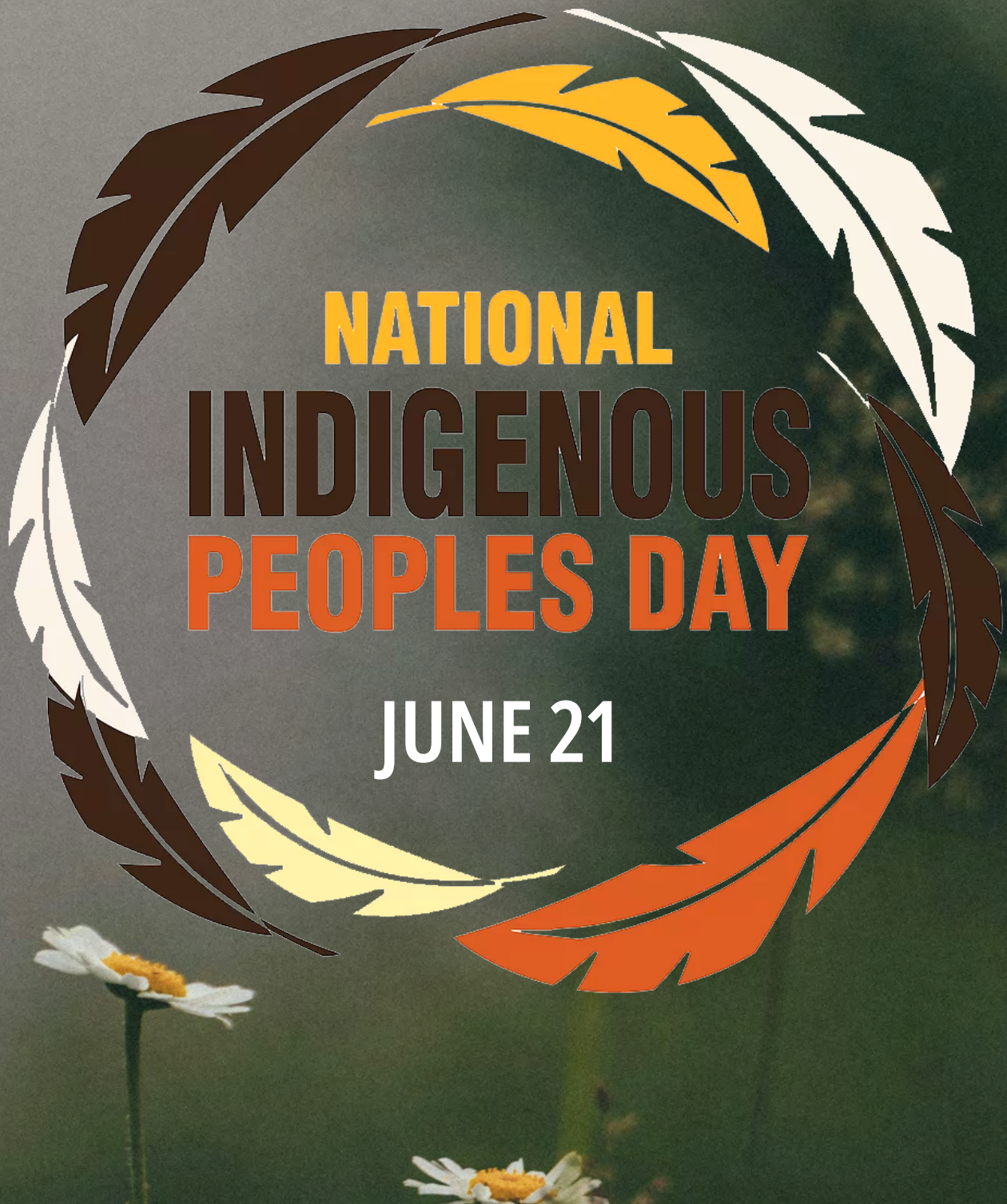
Bike Rodeo – Page 5

Ucwalmicw Garden Opportunity – Page 6

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TO SUBMIT TO NEWSLETTER

Please email us at: reception@titqet.org
details on page 21





Garbage Days

Mondays and Fridays

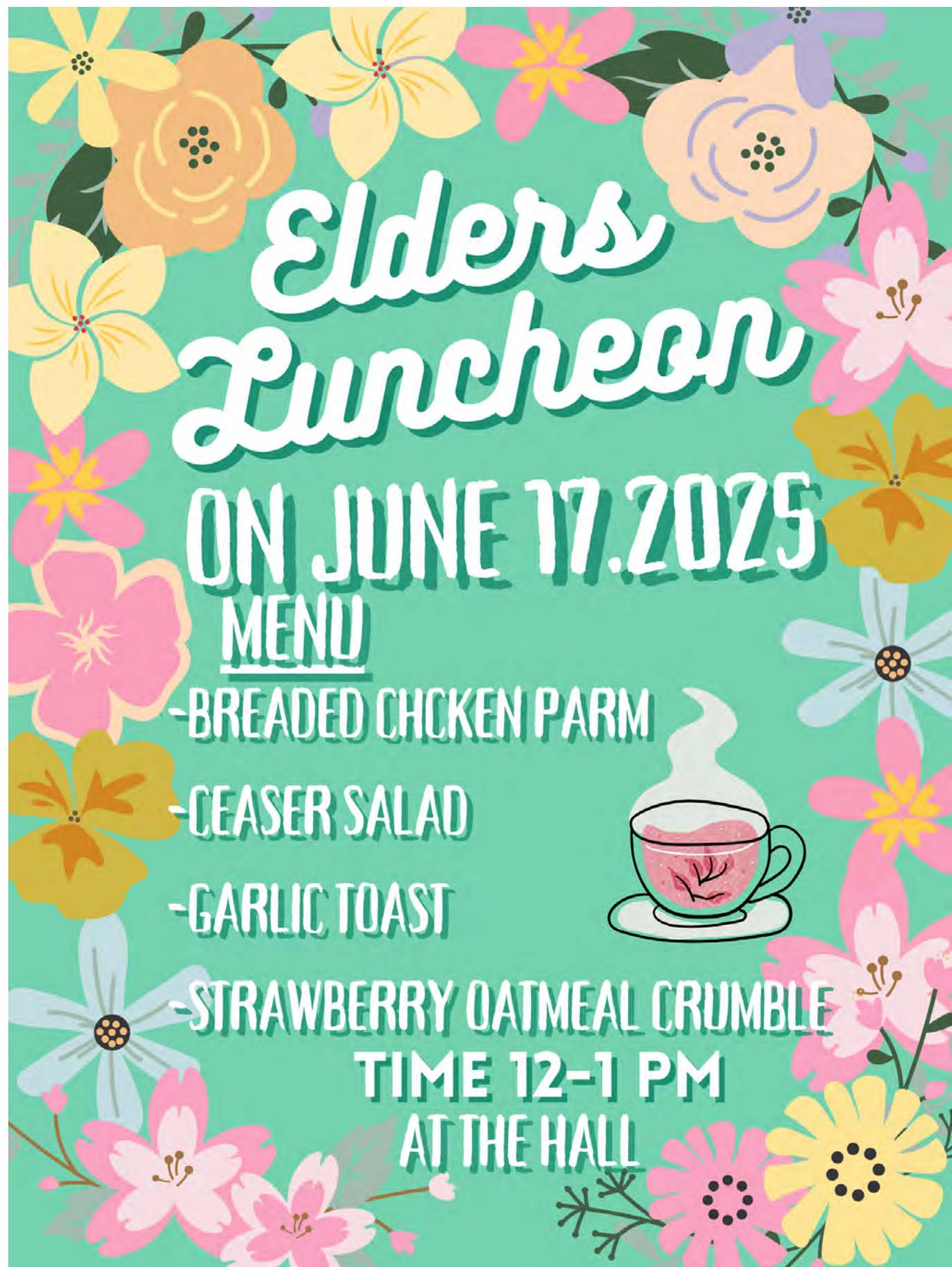
Recycle Days

Recycling will be once a week
and will have to be separated


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Heal our Spirits Workshop T'it'q'et Resource room 9–3:30pm	3 Heal our Spirits Workshop T'it'q'et Resource room 9–3:30pm	4 Heal our Spirits Workshop T'it'q'et Resource room 9–3:30pm	5 Culture Night	6	7
8	9	10	11	12 Culture Night	13	14 Bike Rodeo 1-3pm
15	16	17 Elders Luncheon 12-1pm	18	19 Culture Night	20	21 National Indigenous Peoples Day
22	23 Office Closed Stat Holiday	24	25	26 Culture Night	27	28
29	30			Culture Night		
NOTES					May 2025 Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	July 2025 Su Mo Tu We Th Fr Sa 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

T'it'q'et: (250) 256-4118 fax: (250) 256-4544

Title	Name	Email	Ext.
Administrator	Andrew Leach	actingadmin@titqet.org	264
Accounting Manager	Lesley Napoleon	tfnfinance@titqet.org	226
Accounts Payable	Sarah Scotchman	accountspayable@titqet.org	227
Bookkeeper	Sarah Scotchman	bookkeeper@titqet.org	227
Building Maintenance	Ken Taylor	maintenance@titqet.org	225
Child & Family Support Worker		childandfamily@titqet.org	
Cultural Coordinator	Michael Alexander	michaela@titqet.org	258
Director of Operations	Christian Ahrenkiel	Director@peppiglha.org	233
Education	(Interim Alexis L.)	education@titqet.org	225
Executive Assistant	Gail Kreiser-Leech	execassist@titqet.org	223
Fire Coordinator	Myrus Doss	firecoordinator@titqet.org	
Health Manager	Megan Scotchman	healthmanager@titqet.org	241
Home/Com.Care Workers	Shirley/Tina/Amber	hccworker@titqet.org	242
Housing Coordinator	Michael J. Leech	housing@titqet.org	252
Land Code Coordinator	Dean Billy	landcode@titqet.org	243
Land Guardian	Sam Copeland		222
Land Guardian	Raymond Billy		222
Land Guardian	Ted Napoleon		222
Land Guardian	Luther Brigman		222
Lands and Natural Resources Officer	Stephanie Barney-Louie		234
Medical Clerk	(Interim Michael M.)	medicalclerk@titqet.org	260
Nurse			236
Natural Resources Specialist	Denise Antione	NaturalResources@peppiglha.org	
O & M Supervisor	Kevin Whitney	omforeman@titqet.org	248
O & M (Water)	Murray Barney	murrayb@titqet.org	239
Policy Advisor	Jasmeen K.	PolicyAdvisor@peppiglha.org	238
Project Manager		projectmgr@titqet.org	
Reception	Nancy/Susie	reception@titqet.org	220
Social Development	Shawn Scotchman	socialdev@titqet.org	251
Taxation	Stella O.		235
Wellness Coordinator	Lloyd Leech	wellnesscoordinator@titqet.org	240



Elders Luncheon
ON JUNE 17, 2025
MENU
 - BREADED CHICKEN PARM
 - CEASER SALAD
 - GARLIC TOAST
 - STRAWBERRY OATMEAL CRUMBLE
TIME 12-1 PM
AT THE HALL




T'it'q'et Bike Rodeo
June 14, 2025
P'egp'ig'lha Community Centre
1:00-3:00 pm

- Bike and helmet safety check station
- Bike decoration station
- Bike safety course
- Group bike parade

• Prizes
 • Food

Ucwalmicw Centre Society

Ucwalmicw Organic Community Garden Is **HIRING NOW!**

Open Positions:

- *Garden Supervisor*
- *Garden Assistant*
- *Two Garden workers*
- *One Receptionist*



Workers Needed Urgently!

Number: (250) 256 - 0101

 *Call for more information*

Garden Workers Needed! - Ucwalmicw Community Garden

Job Title: Garden Worker

Location: Ucwalmicw Organic

Job Type: [Full-time/Part-time/Seasonal]

About Us:

Job Description:

We are seeking dedicated and hardworking garden workers to join our team. The role involves maintaining and enhancing outdoor spaces, including planting, watering, weeding, pruning, and general landscape maintenance. This is a hands-on position that requires a passion for gardening and working outdoors in various weather conditions.

Responsibilities:

- Prepare and cultivate soil for planting
- Plant, water, and care for flowers, shrubs, and trees
- Weed, mulch, and maintain garden beds
- Use tools and equipment safely for landscape maintenance
- Assist in general outdoor upkeep and seasonal garden tasks

Qualifications:

- Experience in gardening, landscaping, or a related field (preferred but not required)
- Ability to lift and carry tools, plants, and other materials
- Willingness to work in different weather conditions
- Strong work ethic and attention to detail
- Ability to work independently and as part of a team

Benefits:

- Competitive hourly wage
- Flexible work hours
- Opportunity to learn and grow in a garden-focused environment
- Friendly and supportive team atmosphere

How to Apply:

If you're passionate about gardening and looking for a rewarding outdoor job, we'd love to hear from you! Please send your resume and a brief introduction to Terry MacLellan Ph. 2050-256-0101.

Healing Our Spirits, Hearts, Bodies and Minds Together
"On our final journey, our Spirits travel Home with peace and dignity." Community Healing Circle



Date: June 2-3-4-5/25

Facilitated by: Secwepemc Elder JA Gottfriedson and Knowledge Keeper, Laurie Lubin Gottfriedson M. Ed

Location: P'egp'ig'lha Community Centre Resource Room

Time: 9:00 am -3:30 pm

Healing Our Spirits, Hearts, Bodies and Minds Together is a culturally grounded workshop that offers sacred space for healing, sharing, and transformation. Through Indigenous-led practices and community-based learning, facilitators and participants will explore:

- ♦ Circle healing & grief wellness
- ♦ Healing techniques for holistic wellness
- ♦ Developing tools to support healing in your community
- ♦ Advancing personal self-care and individual healing
- ♦ Creating & following personal healing plans
- ♦ Community-based strategies to support long-term wellness

For more information : Contact Megan Thorne or Michael Machell

T'it'q'et First Nation

Office (250) 256-4118

Email: healthmanger@titqet.org

Education

Certificates

Student Achievements

Please let us know what you would like included on your child's certificate.

To celebrate how proud we are of our children for completing another school year, we will be holding an end-of-year BBQ, during which certificates will be presented.

Example

- Attending everyday
- improvement in ___(subject)___
- Positive attitude in class
- helping others

Deadline: June 13 2025

Send to

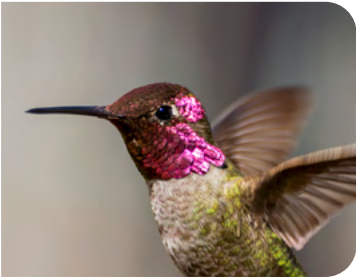
adrianna.scotchman@gmail.com

skip the invasives this spring

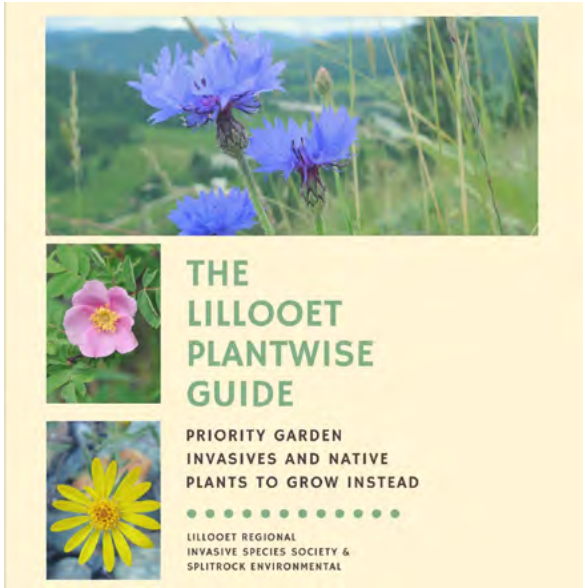
As you get ready for spring planting, it's important to think beyond just what you're growing—consider how your choices can impact local ecosystems. One simple but crucial step is checking your seeds before planting. Seeds can carry invasive plant species or fungal pathogens that spread to new areas. By removing debris and ensuring your seeds are from a trusted, local source, you can prevent unwanted plants from taking root in your garden and beyond. Wildflower mixes can contain invasive plants so check the list of plants found in these mixes prior to planting. Batchelor's buttons (*Centaurea cyanus*) is common culprit.



Another key consideration is selecting native pollinator-friendly plants instead of invasive species. While some non-native flowers may seem attractive, they often provide little to no benefit for local bees, butterflies, and birds. Worse, certain invasive plants—Scotch Broom or oxeye daisy—can outcompete native vegetation, reducing habitat and food sources for pollinators. Choosing native plants supports biodiversity and helps maintain a balanced ecosystem.



By taking these steps—checking seeds and planting native pollinator species—you can enjoy a thriving garden while protecting local landscapes from invasive threats. Gardening responsibly helps keep natural spaces healthy for future generations.



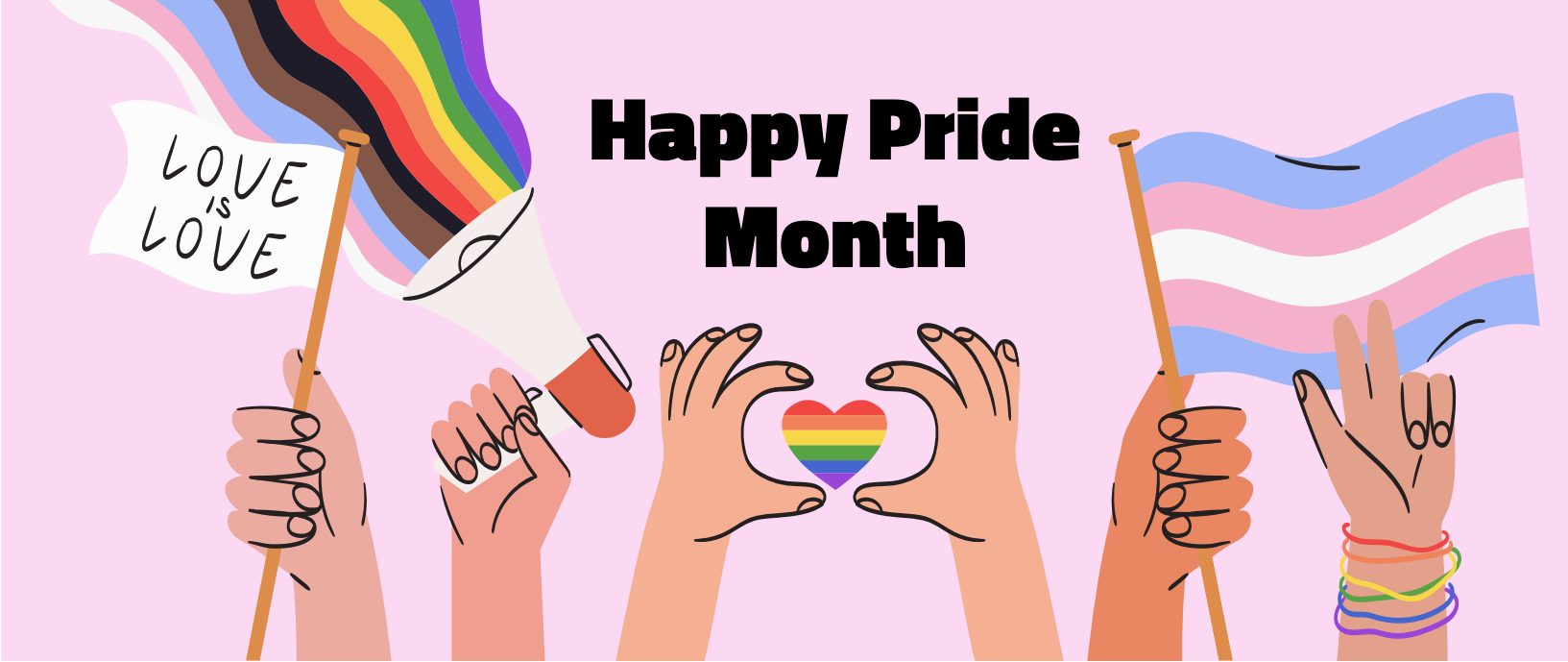
GROW ME INSTEAD!

There are plenty of beautiful native and non-invasive options you can plant in your garden to stop the spread of invasives and lend your local pollinators a hand. Like Large leaved lupine, a favourite for bees and hummingbirds.

Check out our Plantwise guide to learn about plants that are invasive to Lillooet and alternatives for your garden.



Find this guide at iriss.ca/resources-and-links



Why is Pride Month in June?

Pride Month is celebrated every June to honour the Stonewall Uprising—a turning point in LGBTQ+ history. In June 1969, New York police raided the Stonewall Inn, a gay bar in Greenwich Village. This sparked six days of protests led by LGBTQ+ community members resisting discrimination and violence.

Marsha P. Johnson, a Black gay rights activist and self-identified drag queen, was one of the first to take action. She became a prominent advocate for queer and trans youth, helping fuel a global movement for equality and justice.

The Stonewall riots weren't just a moment—they were a catalyst. They helped ignite the ongoing fight for LGBTQ+ rights and laid the foundation for Pride Month: a time to celebrate identity, visibility, and community.

Indigenous Pride and Two-Spirit Identity

Long before colonization, many Indigenous nations on Turtle Island embraced fluid understandings of

gender and sexuality. These traditions were violently suppressed through laws, church doctrine, and the Indian Act. Many Two-Spirit people were forced into hiding—even within their own communities.

The term Two-Spirit was introduced in 1990 at a gathering in Winnipeg by Elder Myra Laramee. It translates the Anishinaabemowin term *niizh mani-doowag*, meaning "two spirits," and represents the presence of both masculine and feminine spirits within one person.

It's important to remember that not all Indigenous nations share this concept, and Two-Spirit is not a term non-Indigenous people can adopt or claim.

Centering 2S Voices

As we mark both Pride Month and Indigenous History Month, it's vital to recognize the shared resistance against colonialism and heteronormativity. Always center, listen to, and uplift Two-Spirit voices—not only in June, but every day.



T'it'q'et

P.O. Box 615
Lillooet, B.C.
VoKíVo

phone (250) 256 4118
fax (250) 256 4544

May 14, 2025

T'it'q'et Chief and Council Motion

Whereas, T'it'q'et has enacted the Sxeks Ta Nt'akmensa I P'egp'ig'lh.ha (Traditional Laws of the P'egp'ig'lh.a) and the T'it'q'etmec Xekmens ta Tmicwa (People of T'it'q'et Law of the Land);

Whereas, T'it'q'et has the responsibility to maintain, protect and govern T'it'q'et Lands, resources, members and community wellbeing;

Whereas, T'it'q'et has an inherent right to self-government which emanates from the culture, language and land of our people, and which is recognized and affirmed by section 35 of the Constitution Act, 1982 and the United Nations Declaration on the Rights of Indigenous Peoples;

Whereas, T'it'q'et will no longer tolerate drug trafficking within our community;

Whereas, T'it'q'et Council is working closely with the St'átl'imx Tribal Police to address the drug trafficking issue in our community;

Whereas, T'it'q'et is revising the housing policy, rental housing agreements and drafting other laws to address this matter.

Therefore, Be It Resolved that, T'it'q'et Council is banishing anyone who is trafficking drugs within the T'it'q'et reserves including IR 1, 1A, 1B, 2, 3, 4 and 5 effective May 14, 2025.

T'it'q'et Chief and Council

Chief Sidney Scotchman

Councillor Harold Pelegrin Sr.

Councillor Adrianna Scotchman

Councillor Patrice Pelegrin

Councillor Megan Thorne

CONGRATULATIONS!

PRE-K TO GRADE 12

T'IT'Q'ET GRADUATES

JUNE 27TH 2025

SETON LAKE

11:00 AM - 2:00 PM

JOIN US FOR AN END OF THE YEAR CEREMONY.

WE WANT TO HONOUR ALL OUR CHILDREN THAT HAVE GONE TO SCHOOL.

You've hit a big step in your education journey, and we're really proud of what you've accomplished.

ROBBY BURNS HIP HOP HEALS WORKSHOP & PERFORMANCE

JOIN VANCOUVER'S HIP HOP LEGEND ROBBY BURNS FOR A
WORKSHOP AND LIVE PERFORMANCE!

HIP-HOP HEALS IS AN INTERACTIVE
MUSIC THERAPY EXPERIENCE WHERE
YOU CAN DROP YOUR THOUGHTS,
FEELINGS, AND EMOTIONS STRAIGHT
ONTO THE PAGE. THROUGH THE
POWER OF RHYTHM AND RHYME,
YOU'LL GO ON A CREATIVE HEALING
JOURNEY—FROM YOUR HEAD TO YOUR
HEART TO YOUR PEN. NO EXPERIENCE
IS NEEDED; JUST BRING YOUR VIBE!



JULY 5, 2025
WORKSHOP 1:00PM - 3:00PM
LIVE PERFORMANCE 6:00PM
LILLOOET FRIENDSHIP CENTRE
59 RETASKET DRIVE, LILLOOET, BC



ROBBYBURNSVC.COM

To Pre-Register for the workshop:
Call or email Megan at
250-256-4146 | meganc@lfcs.ca
Workshop 14+. Performance for all ages.



Engaging Youth for Stronger Communities

Volunteer experience, resume
building, offering support for life
expenses, and more! 💰



Program is inclusive of youth
participants between the ages
13 - 30 years

Offers the following empowerment and cultural workshops:

- Work Ethics
- Occupational Health & Safety Certificates (Bright HR)
- Self Awareness – Personal Mission Statements – Individual Action Plans
- Understanding Culture
- Mentorship & Leadership
- Communication and Networking
- Life Skills

Open to youth in Lillooet, St'at'imc, Goldbridge, Bralorne, and surrounding communities

MAY INTAKE 2025

Location: The Lillooet Friendship
Centre, 737 Main Street, Lillooet BC

More information:
Contact Jade and Connie at:
250-256-4146

FUNDED BY
**CANADA
SERVICE
CORPS** | **Canada** 🇨🇦





THE
LILLOOET
FRIENDSHIP
CENTRE

DO YOU NEED VOLUNTEERS?

EYSC (Engaging Youth for Stronger
Communities) WANTS TO HELP YOUR
ORGANIZATION BY VOLUNTEERING

VOLUNTEERS!

FUNDED BY

**CANADA
SERVICE
CORPS**

Canada

EYSC Volunteers
can do:

- Painting/ gardening
- Event set-up/ tear-down
- Outdoor work/
beautification
- Food preparation
- Cleaning/ organizing
- & many other tasks!

CONTACT US NOW

250-256-4146

Location: 737 Main Street, Lillooet
BC

INVASIVE SPECIES ACTION MONTH

50/50 RAFFLE

WIN BIG AND HELP FIGHT INVASIVE SPECIES

By buying a ticket, you're not only entering to win half the jackpot—you're also supporting the important work we do at LRISS. Every dollar raised helps us protect local ecosystems through our education, outreach, and hands-on action.

Get your tickets at lriiss.raftlenexus.com





T'it'q'et Administration
PO Box 615
59 Retasket Drive, Lillooet, BC
VoK 1Vo

Phone (250) 256-4118
Fax (250) 256-4544

RECURRING REMINDER: CHEQUE PROCESSING & PICKUP SCHEDULE

From: T'it'q'et Finance Department

Please be reminded of our regular cheque processing and pickup schedule:

Cheque Processing Days:

Cheques are processed only on Tuesdays and Thursdays by the Accounts Payable Clerk.

Cheque Pickup Days:

Processed cheques are available for pickup on Wednesdays and Fridays during regular office hours.

Office Hours:

8:00 a.m. – 12:00 p.m. and 1:00 p.m. – 4:00 p.m.
(Closed for lunch from 12:00 p.m. – 1:00 p.m.)

To avoid delays, please ensure all cheque requisitions are submitted to the Accounts Payable mailbox by end of day Monday or Wednesday.

We thank you for your ongoing cooperation and commitment to helping us deliver timely financial services to the community.

Finance Department
T'it'q'et Administration

Mileage update:

April 1, 2025, MT Benefit updates:

Mileage Rate Adjustment

FNHA is transitioning the temporary mileage rate adjustment to a **permanent increase** to better support Clients who use their private vehicles for medical travel. In response to the current economic environment, an additional \$0.04/km increase will be applied to the previously set April 1, 2025 adjustment.

As of April 1, 2025, the permanent mileage rates will be:

Standard Mileage Rate:	\$0.29 per kilometre
Special Mileage Rate (for remote communities, as specified in their Funding Agreements):	\$0.35 per kilometre

We have FNHA rates for hotel reimbursements, should client choose to reserve and book their own hotel rooms, the reimbursement may not be paid in full. We have FNHA rates provided to abide policy.

Patient travel program does NOT cover parking fees for hotel accommodations, that is the client's responsibility.

The following is from the current MT Benefit Schedule:

The fees listed below are meant as a guide for reasonable nightly rates.

Fee Schedule for Nightly Accommodation Rates		
	High Season (May–Oct)	Low Season (Nov–Apr)
Metro Vancouver	\$300	\$150
Victoria	\$200	\$125
Rest of BC	\$150	\$125

The patient travel program is a subsidy program meant to help clients to attend medical appointments that are covered under the MSP program or the FNHA health benefits program.

If an appointment is NOT covered under MSP, FNHA HEALTH BENEFITS, travel will be DENIED.

If you have questions or concerns please feel free to contact Medicalclerk@titqet.org

or call 250-256-4118. Ext.241.

June 2025 Horoscopes



Aries (Mar 21–April 19)
If you concern yourself too much with what other people think about you it will leave less time and less energy to invest in the things that really matter. Pretend you can't hear a word your critics are saying and listen to your instincts instead.

Taurus (Apr 20–May 20)
Why are you looking so serious? Whatever the reason you need to lighten up a bit, because you will only make a success of what you are working on if you have a smile on your face. Good humour is essential for good results.

Gemini (May 21–Jun 20)
You may find it hard to put your feelings into words over the next few days but your body language will speak volumes and friends and colleagues will be left in no doubt what you think of them. Hopefully it's good thoughts only!

Cancer (Jun 21–Jul 22)
The moment a friend or family member interferes in your personal affairs you must tell them to mind their own business, and make sure they can see that you mean it. Make it abundantly clear to them that your private life is off limits.

Leo (Jul 23–Aug 22)
You may have fallen behind a bit in your schedule but it's no big deal. In fact it could work in your favor as it gives you time to reassess your aims and make some major adjustments. Not even a Leo always gets it right the first time.

Virgo (Aug 23–Sept 22)
Your thinking can be a bit too rational at times and that could cause problems when you are called on to deal with someone whose outlook on life is almost entirely emotional. You can't help them if you are, in effect, talking a different language.

Libra (Sept 23–Oct 20)
You may think that a falling out with a friend or work colleague is trivial in the extreme but from their point of view it's a pretty big issue. Pay attention to their complaints and find ways to defuse the situation without either of you losing face.

Scorpio (Oct 23–Nov 21)
The planets warn if you dwell too much on the past over the next few days you could miss out on a rare opportunity to cash in on your talents. Like it or not life has moved on and you must move with it or get left behind.

Sagittarius (Nov 22–Dec 21)
If you give ground over a minor matter it is inevitable that rivals will see that as a sign of weakness and put even more pressure on you to abandon your goals. Stand firm and let them know you are not the easy touch they think you are.

Capricorn (Dec 22–Jan 19)
Avoid people who only ever come up with reasons for not doing something. If you are going to reach the lofty goals you have set yourself you will need to surround yourself with like-minded souls, the ones who believe that all things are possible.

Aquarius (Jan 20–Feb 18)
If someone whose judgment you don't think highly of comes up with an interesting idea don't reject it out of hand. Even a stopped clock tells the correct time twice a day and this could be their one big insight



July 2025 Newsletter Submission Deadline Thursday, June 26th at Noon

anything submitted outside of this date will not be included in the newsletter.

Want to submit to the newsletter? Please email us at reception@titqet.org

(PDF or Word documents are preferred.)



EMERGENCY **911**

TRIBAL POLICE **(250) 256-7767**

NON-EMERGENCY **(250) 256-7784**

R.C.M.P. **(250) 256-4244**

LILLOOET FIRE DEPARTMENT **(250) 256-7121**

AMBULANCE **(250) 256-7111**

POISON CONTROL **1-800-567-8911**

REPORT WILDFIRE **1-800-663-5555**

OR *5555 on your cellphone

HEALTH ADVICE (Speak to Nurse) **811**

BC HYDRO OUTAGES **1-800-224-9376**

VICTIM LINK (Domestic Violence Help Line) **1-800-563-0808**

KIDS HELP LINE **1-800-668-6868**

INDIAN RESIDENTIAL SCHOOL SOCIETY **1-800-721-0066**

1-800SUICIDE **1-800-784-2433**

310MENTAL HEALTH SUPPORT **310-6789**

REPORT-CONSERVATION OFFICE **1-877-952-7277**

DAWSON ROAD MAINTENANCE **1-800-842-4122**

*Please post where visible in case of emergency

EMERGENCY CONTACTS

